

WE ARE.....



ISLANDER
2002

WE ARE

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500 CITY HALL AVENUE
POQUOSON, VIRGINIA 23662-1996

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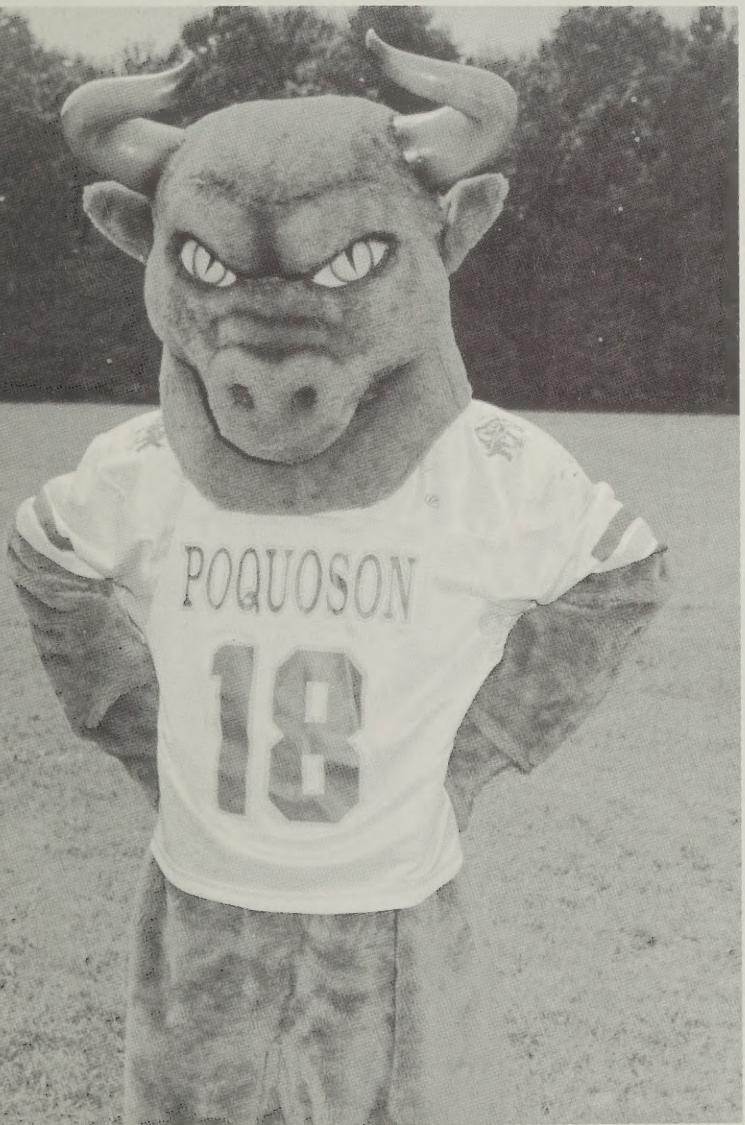
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WE ARE...



Poquoson High School

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Student Population: **842**
Faculty Population: **64**
Islander Volume **48**

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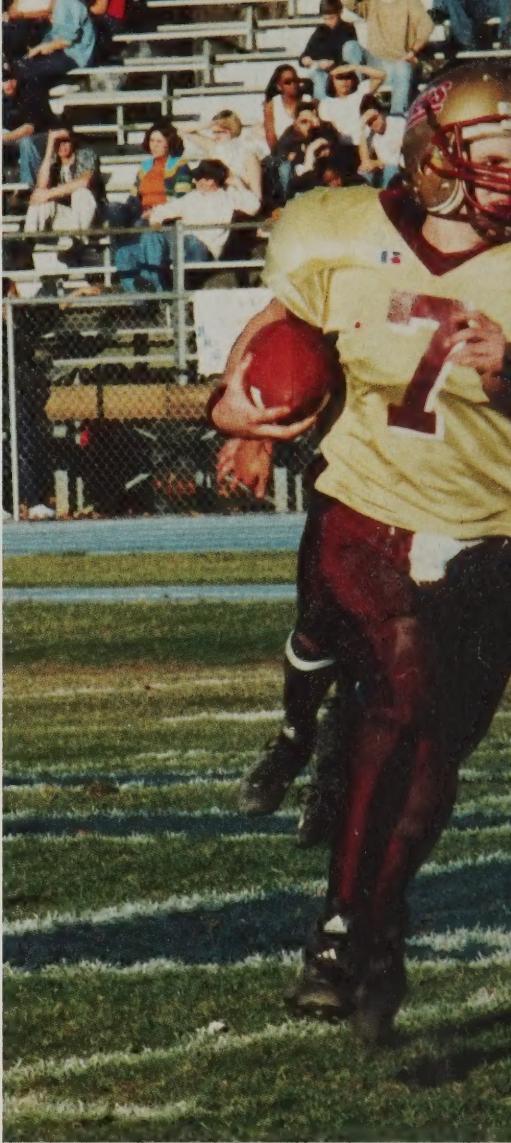
Raising spirit around the school, the bull, freshman David Patterson, Jr., attended pep rallies, the homecoming parade, and football games. "I would have to say I have two favorites about being the bull. One is it gives me a chance to live in my own little world, able to act like a kid. The second thing is seeing the little kids' faces when they see me; they are just so happy. It's really cool," David said. The bull helped cheer on sports teams and raise students' school spirit.

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Buzzing in during Academic Challenge, senior William Fithian gives the answer to a question. "I think our best asset was probably our experience with the game and with each other. The

most special aspects for me were the sense of tradition and the camaraderie among team members,"

William said. The team won at the district and regional levels and placed third at the state level.



Performing with the band, freshman Kat Olson awaits her entrance during the "Ireland" performance. "I really don't know what made this year so successful, maybe cooperation among each other. The exciting part was getting out on the field and playing the show for the audience," Kat said.

The band met their goals when they earned a superior rating at the state festival.





During the state semi-final game against Heritage, senior Jonathon Farmer runs for yardage. "Hard work, dedication, teamwork, and experience made the season successful. In the end, we all felt like we had done something great. All of our hard work paid off, and I was really proud of the team," Jonathon said. The season was the most successful one in decades.



Serving drinks at the Seafood Festival, sophomore Courtney Simón volunteers for Key Club. "Key Club service projects offer a great opportunity to interact with people and do something good for the community. Participating in them builds character and gives me a sense of accomplishment," Courtney said. The Key Club celebrated 25 years of service.

WE ARE... The Lead Bull

Irom day one to day one hundred eighty, we have confirmed that **We Are The Lead Bull**. Not only the symbol for our mascot, we demonstrate our **Bull Islander** pride with an array of accomplishments. A third place finish at the state level in academic challenge, Region I football champions, a superior rating at the state marching festival, and twenty-five years of community service combined to produce a remarkable year.

Students understood the factors which resulted in so many wonderful accomplishments. "We have always had a standard of excellence. I think it began with strong academics, and we just improved in other areas. There is always a dedication of teachers, coaches, and participants to their activities," senior Joel Sanderson said.

Academics. Sports. Music. Service. We did not simply participate in each aspect of high school, we excelled in what we did. With so many extraordinary accomplishments, we have proven that **We Are The Lead Bull**.

WE ARE Running With The Bulls

By David Knight

The Bulls could be described as a family. They went to movies, browsed at the mall, and tanned at the beach together. However, the activity did not matter, as long as they spent time with friends.

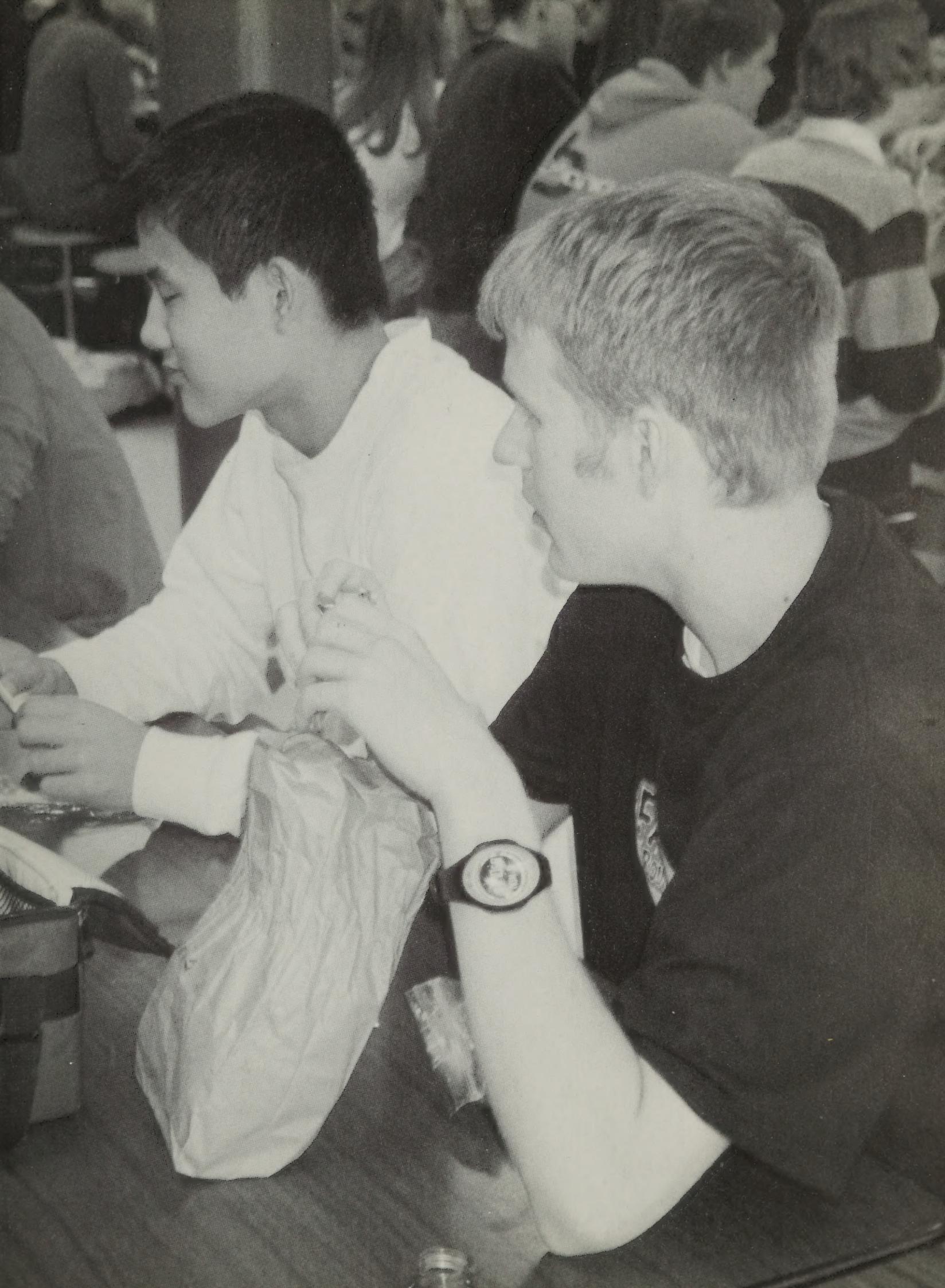
Living in a military community, they were accustomed to welcoming students each year. "A few people approached me and welcomed me to the school. At first it was lonely, but after a few months I was able to make some friends. I appreciate the fact that those people made an attempt to make me feel welcomed," senior Maria Zagursky said.

The Bulls also welcomed incoming freshmen. "When I came to high school, I was really excited, but I didn't think the upperclassmen would be helpful. On the first day, everyone was really nice," freshman Kate Leeming said. The friendly atmosphere created by the Bulls made the high school transition easier for incoming students.

Outside of school, the Bulls enjoyed hanging out with friends. "My friends and I like going to see the latest movies or eating lunch at each other's houses. We always find some way to have fun together on the weekend," freshman Lindsey Beadle said.

The small-town setting made the Bulls feel like a family. They made newcomers feel welcome and befriended them. In and out of school, We Are Running With The Bulls.

Relaxing during lunch, seniors Daisaku Azuma and Chris Zagursky converse with friends. Students looked forward to the well-deserved break everyday. "Lunch is a lot of fun. I get to eat and talk with my friends," Chris said. Daisaku was one of many who welcomed new students like Chris to Poquoson. The friendly atmosphere helped all new students adjust to their different school.



Summer was a time to take trips and learn new things for sophomore Aulden Burcher. "I had been to Atlantis before, but I never tried SCUBA diving. After seeing my friends dive, I decided to try it. I had to take lessons before I could go out in the ocean. Even after I took lessons, I wasn't very good," Aulden said. Aulden had been to Atlantis four times before he decided to SCUBA dive.

While rowing a boat in Scotland, sophomore Stewart Pierce-Gardner shares his frustration with his cousin. "After my cousin and I began rowing, we found out we couldn't row. We kept going in circles," Stewart said. Stewart visited Scotland and England with his parents, his brother and his cousin.



Traveling overseas was a change for some students. "While I was in Paris, my family and I were walking along the river, and we found a bunch of used book stalls. The book stalls sold old books as well as old magazines. Since I collect vintage movie magazines, I decided to browse," sophomore Kaitlyn Gardy said. Kaitlyn and her family also traveled to London and Brussels.



SUMMER VACATION

WHAT WAS SPECIAL ABOUT YOUR SUMMER?



"During my summer vacation I went to Nags Head a lot. The best part was when I got to go to Florida. The car trip was almost as fun as the trip itself."

Rosanna Dominguez, 12



"My family and I usually don't take large vacations, but this summer we went to New Orleans. My parents let me bring a friend since my brothers weren't coming. We had a blast, and I plan to go back there sometime soon."

Katie LaRue, 10



"The most enjoyable thing about my summer vacation was my trips to various places because I got to meet new and interesting people."

Kelly Hinshaw, 11



"I went to field hockey camp with my high school chums. Everybody on the Poquoson team really bonded. I hope I have that same special feeling next summer."

Heather Moore, 10

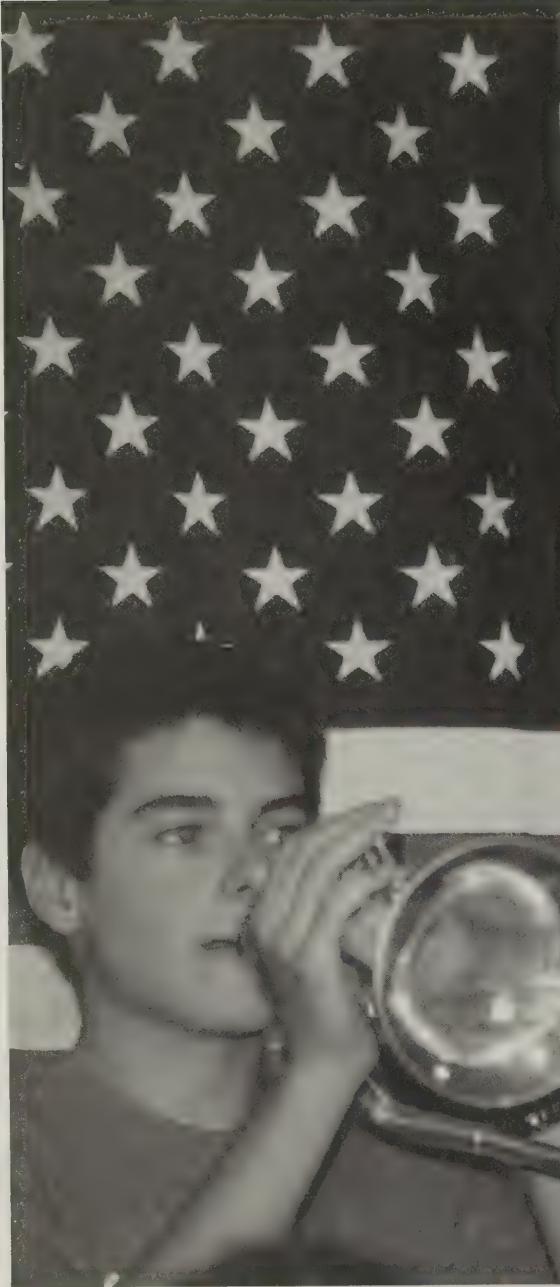
Wildlife refuge at a wildlife refuge, freshman Joseph Edmonds holds a wild bird. "I extracted wild passerines and some accipiters from mist nets at the Hiptopeke Landing Station on the Eastern Shore of Virginia," Joseph said. Joseph worked at the landing station for three summers.



Driving the summer, sophomore Leslie Couvillion learned how to drive. "Over the summer I got to drive for the first time. My grandparents came to visit and let me drive their car. I was excited to finally have the opportunity. Luckily, I didn't get in any accidents," Leslie said. Leslie got her learners' permit in April.

September 11 had an impact on everyone one way or another. Sophomore Chris Maxwell shows his patriotism along with sophomore T.J. Gelles. "September 11 made me stop and think about how precious life is, and it made me proud to be an American," Chris said. As a result of the events, students expressed pride in their country.

At Patrick Henry Mall, senior Kristen Lindsay is questioned by a reporter from Channel 3 News. "The reporter asked me what inspired me and my friends to come and give blood. I said that we wanted to help the victims from September 11," Kristen said. The blood was to be sent to aid the attack victims.



Students like senior Richie Wightman who had family at the Pentagon during the attack never forgot hearing the news. "When I was pulled out of class by a teacher and told that the Pentagon was under attack, my heart stopped. My Dad works at the Pentagon, and I had no idea if he was OK. It was one of the scariest days of my life," Richie said. Richie's dad returned home unharmed.

While giving blood, senior Casey Grimes keeps her blood pumping by squeezing a ball. "I felt really good about myself when I gave blood. I also helped others out by my high spirits if they were scared. I squeezed the ball so my blood would come out faster so I could go eat in the recovery room," Casey said. Food and drinks were offered to anyone who donated blood.



WHAT IS INITIAL REACTION?



"I felt sorry for all the people involved and fearful of what might come in the future."

Bryan Heldreth, 12



"I first heard the news from a guy in my class and I thought he was joking, but then Mr. Bock came on the intercom and told us about it. I was really surprised and didn't know what to say. I felt really sorry for all the people who lost their lives and their families."

Erin Wallis, 10



"I thought about all the lives that would be changed, but I never thought we would join together like we did."

Ben Holloway, 9



"First, I couldn't believe it. It was like a movie, so unreal. I went through the whole day in shock and disbelief. It didn't quite hit me until later in the day when I saw the pictures on CNN."

Erika Azuma, 11

Spread created by Amy Turnage



On a bus trip only months after the attack on New York City, sophomore Tyler Crockett got to experience the destruction first hand. "I was shocked by the destruction and touched by the affection left by others," Tyler said. Tyler was not able to get very close to the site, but took pictures of what he saw.

Volunteers at the long blood-donation lines helped to make the wait go by faster for senior Christina Black and her friends. "We met this sweet man while waiting in the long line to donate blood. He could tell that I was a little nervous about the new experience, so he put a flag in my hair to lighten the situation," Christina said. People volunteered in any way possible to help their nation.



friends at the homecoming dance, junior Laurie Kern's dress attire is acceptable for this occasion. "I think the dress code should be exempt from dances. Especially the sleeveless rule, because it's hard to find a formal dress and proper dance attire that conforms to the dress code," Laurie said. No girls were denied admission into the dance because of their dress.

were helping to make a sign for the senior hall after school, senior Alexis Hanna and Meredith Hick's dress attire didn't apply to the dress code. "My style changes when I go to home. I love wearing old sweats and tanktops. I just like to be comfortable," Alexis said. Short shorts and tanktops were acceptable for this after school meeting.



government class, senior Rodnev Johnson shows off his new hair do. "The administrators actually enjoy my hair. They always tell me I should do this or that to it, even ask what color it will be next," Rodney said. His hairdo went from jet black to green/blue to red and black over a period of four weeks.



EE

DRESS CODE

WHAT IS APPROPRIATE?



"I believe all kinds of clothes are appropriate. Clothes are the least distracting part of school."

Jonathon Farmer, 12



"Honestly, I understand how the dress code is important the way it is and I mostly agree with it. However, I think tank tops are appropriate to wear to school, as well as sports uniforms without sleeves."

Jessica Bulles, 12



"I feel that the dress code is just fine. With some of the dress styles now a days, the ladies can look pretty ridiculous and gross."

Kyle Garvey, 12



"I think that all types of clothing are appropriate to wear to school. We should be able to wear what we want when we want."

Amanda Bulles, 9

At a pep rally, senior Jessica Tuten breaks the dress code by wearing a uniform that shows her shoulders. "I understand why certain items of clothing were banned, but I disagree with the banning of such items like cheerleading or softball uniforms. As an athlete, I am proud to wear my uniform, as are other athletes," Jessica said. Uniforms were only forbidden during school hours.



an oceanography exam, senior Lindsey Bomba breaks the dress code by revealing her shoulders. "In some cases tank tops are a distraction to the learning environment. Some girls take advantage or manipulate the dress code policy but, others know their limits," Lindsey said. Lindsey's tanktop was a blatant infraction of the dress code.

Trying to eat and drink water at the same time, junior Jeff Laarz relaxes at Subway. "I love eating at Subway; I especially enjoy the water and cookies served there. The one hundred percent purified water complements the highly nutritious cookies," Jeff said. Jeff was in a rush, so he gulped down his food.

Out to lunch with a girl she baby-sits, senior Crystal Hudson enjoys a taco. "My friends and I usually go out locally to eat, either at Taco-Bell or Subway. This time I had to baby-sit so I brought her along for the ride," Crystal said. Crystal's little friend, Caroline, enjoyed a big Pepsi and a mini-pizza.



Talking about colleges, senior Jonathan Moore and his girlfriend eat at Mr. C's Pizza. "Sometimes we go out to Mr. C's after I get off work, or when it is our anniversary time, I'll take her out somewhere special," Jon said. Jon discussed his future plans of becoming a fire fighter while his girlfriend discussed how she will attend CNU.

Talking with friends at the local McDonald's, junior Patrick Rollins eats some fries. "I either chill right after school or after work around five. I don't really have a clique, so I chill with many different people. The chill-out spot varies from Poquoson to Newport News," Pat said. Many of his friends that night were out eating, enjoying the free time.



DINING OUT

WHERE DO YOU LIKE TO EAT?



"I love to eat at Applebees. It's my favorite restaurant because of the Tequila Lime Chicken. I try to go there every few weeks."

Kim Kovac, 11



"The best place to eat would be Fridays. The waiters are awesome, the food is great and the atmosphere is awesome. It's really sad because Shana and I are known by name there."

Candice Felker, 12



"My favorite is Golden Corral because it has everything that I like to eat. Also, it is all-you-can eat, and I can eat a lot."

Nick Franck, 11



"My favorite place to eat is Subway. I love to eat the veggie subs on country wheat bread. The real reason I go is because Mrs. Choi is my best friend."

Tanya Myers, 12



On a break from working at Taco Bell, sophomore Bobby Hazelwood takes a bite out of a steak taco. "I like eating here because I get a five dollar free meal for working each day. My favorite thing to eat is a personal pan pizza and the steak tacos," Bobby said. Along with the Taco Bell, there was a Pizza Hut and a Kentucky Fried Chicken in the building.



At Ruby Tuesdays, junior Pat Healy and senior Kathryn Ricklefs eat dinner before the Sadie Hawkins Dance. "I decided to go to Ruby Tuesdays for Sadie Hawkins. Kathryn and I had a great time dressing down for a dance," Pat said. After the dinner, they went to the dance to hang out with all their friends.

LASTING TRADITIONS

HOW DIFFERENT ARE THEY?



"Every year since I was born, my family and I have gone camping. We go to Sherando Lake, a camp ground in the Shenandoah Mountains. We usually stay for four or five days."

Evan Hoye, 11



"Every year my family goes to a Christmas Eve service at our church. After church everyone comes back to our house and we have a big party. My neighbors come over after they get out of church too. We usually end up with 30 or 40 people at the party."

Kaitlyn Gardy, 10



"Being Greek orthodox, for New Years my family has a tradition where we put a coin in a loaf of sweet bread. The person who gets the coin will have good luck for a year. I have found it once in my piece of bread."

Bill Kaoudis, 12



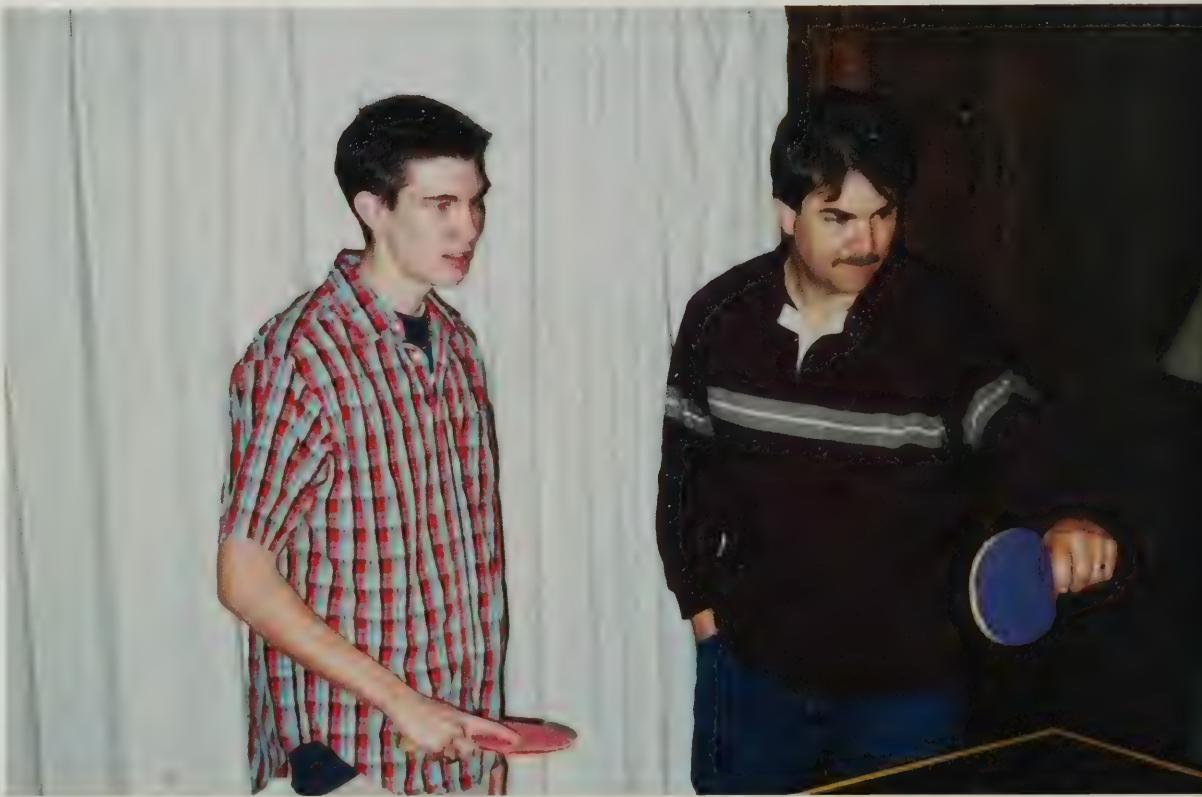
"Every Christmas my family always goes out to eat Chinese food. Then we all go to the Midnight church service. We have been doing this for as long as I can remember."

Ellen Thomas, 11



Spending family members was often a rare occurrence during the school year. Junior Ryan Holloway and his family set aside one day a week as a family day. "My family and I try to spend time each Thursday doing things together. We've been doing this for about a year. Even though we're not always successful every week, we always try to set aside some time from our other activities," Ryan said. Time with family was a valuable tradition which Ryan and his family planned to continue.

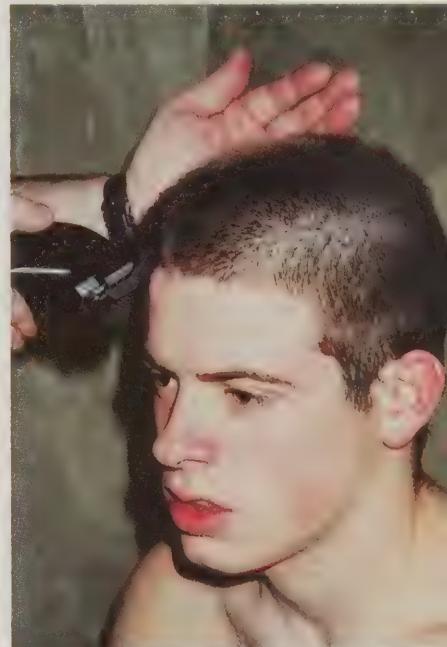
Spread created by Amy Turnage





part of a tradition for sophomore Leslie Couvillion. "Every year my family buys a new chicken. It all started when my mom hatched some baby chickens and we fell in love with them. They actually make good pets. Most of them have even learned their names," Leslie said. Leslie's chickens were named Carol, Cindy, Mrs. Tuck, Bobina, and Marcia.

At the state swim meet, senior Matt Beagle shaves his head as a good luck charm. "I always shave my head the day of States. I have done this ever since Adam Steele shaved my head for the first time my freshman year. It is a good luck ritual," Matt said. Matt was the only one on the team to carry on the tradition after the boys swim team started it four years ago.



game of football to start off the weekend became a tradition for junior Nick Franck and his friends. "We have been playing football on Fridays for a little over a year. When we first started playing there were only about six people. Now we get about 20 people so it is a lot better," Nick said. Playing football was a way to meet people from all grade levels and start off the weekend.

Taking a break before hiking back down a mountain, sophomore Courtney Simon rests on a fallen tree. "Over break, my family and I went camping. During a long hike, I decided to take a quick break before continuing down," Courtney said. Courtney was hiking on the Apple Orchard Falls Trail in the Blue Ridge Mountains.

Relaxing on his bed, junior Canon McCray plays an Incubus song on his guitar. "I spent a lot of break learning some new songs. Playing my guitar was a good way to pass some time," Canon said. Music was a popular way the students relaxed over the break.



Spring Break went by too quickly for students. Sophomores Holly Smeltzer and Ann Swanson spend the last weekend of break watching movies. "Ann and I were bored Saturday night, so we got together and went to a friend's house to watch some movies," Holly said. Getting together with friends helped students to enjoy the last days of the break.

Throwing a softball back and forth, freshman Josh Campbell and sophomore Krista Benedetto practice for a church softball game. "Over Spring break, our church started a youth softball league. Our games were on Saturdays, so a couple of us practiced some during the week," Josh said. Josh's team won two out of three of their games that week.



“ SPRING BREAK WHAT DID YOU DO OVER SPRING BREAK?



“I want to work over the summer, so I took a lifeguarding course with Riverside so that I can be certified.”

Stephanie Grimes, 9



“This year I stayed home, but last year I went to Florida, so this was pretty boring. All during break, I hung out with friends who were in town.”

Crystal Pruitt, 11



“I took a 14 hour drive and spent a week at Disney World. We went to a different park every day. It was great.”

Nick Thayer, 11



“Over break, I went to England with my family. We saw Big Ben and Buckingham Palace. It was really cool. We stayed there the whole week.”

Doug Wilson, 10



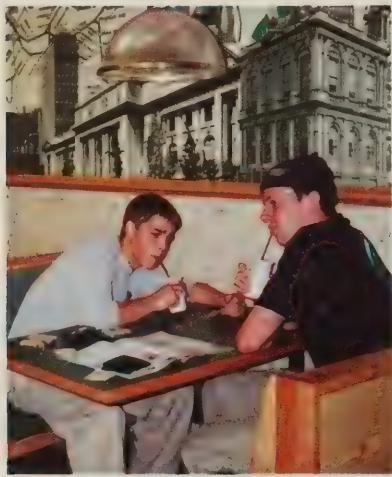
While on vacation in Maryland, sophomore Liz McClendon paddles a canoe. “I went up to Maryland to visit my best friend, Katie Jank. We were canoeing in the creek behind her house, and I was in back steering,” Liz said. Since it was Liz’s first time canoeing, it took several minutes before she was able to steer it on her own.



Board games provided amusement for free over break. While playing Guesstures, sophomore Fred Bowers picks up a card after his teammates guess his charade correctly. “Guesstures is one of my favorite games to play with friends. It is a neat version of charades. Even though my team lost, I had a good time,” Fred said. Fred and his friends decided to play a game because they had spent all of their money shopping and at the movies.

sleepovers were not the only ways students relieved the stress of the school week. Sophomores Katie LaRue and Stephanie Harvin engage in a foam fight. "After my friends and I went to a movie, everyone came over to my house. They found some sparkly foam I had in my room and started spraying it everywhere. It developed into a massive foam fight," Stephanie said. Stephanie's room had sparkles for weeks.

Dare was a common game students played at sleepovers. While dancing with a broom, sophomore Ann Swanson does one of her dares. "At a sleepover, I was dared to go in the kitchen and dance with a broom. It was embarrassing, but I had to do it," Ann said. After playing Truth or Dare, Ann and her friends settled down and played board games.



Subway is a popular place for students to relax over the weekend. Seniors Sam Allen and Tommy Warren read a magazine at Subway. "Tommy and I enjoy the quick service that Subway provides. Also, we take time to talk about what we have been doing and what we are going to do over the weekend," Sam said. After eating, Sam and Tommy went to a friend's house to watch a movie.



WEEKEND ACTIVITIES

HOW DO YOU SPEND
YOUR WEEKEND?



"For me the weekend is a time to unwind or relieve the stress of the week. Usually, I just listen to soft music, read, and if I am really worked up it helps to go running or jogging."

Kelly Gemmill, 10



"Over the weekend, I mostly like to hang out with my friends. We'll either go to a basketball or football game, to the movies, or to somebody's house and just hang out there. I also like to do a lot with my church on Sundays."

Brian Shields, 11



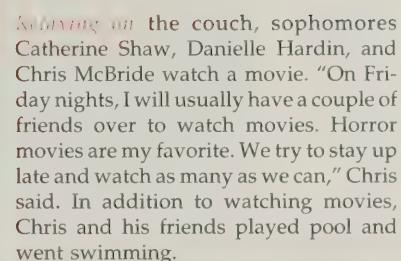
"I like to kick back, listen to some punk rock, and play video games with my friends. Since my friends and I can't drive, we like to hang out at each other's houses and just relax. Sometimes we will go to a show and watch our favorite bands."

Evan Smith, 9



"My favorite thing about the weekend is definitely sleep. School and homework take up most of my weekdays, so the weekend is time to relax. I like waking up on Saturday mornings knowing I don't have anything to do that day."

Sherry Duncan, 11



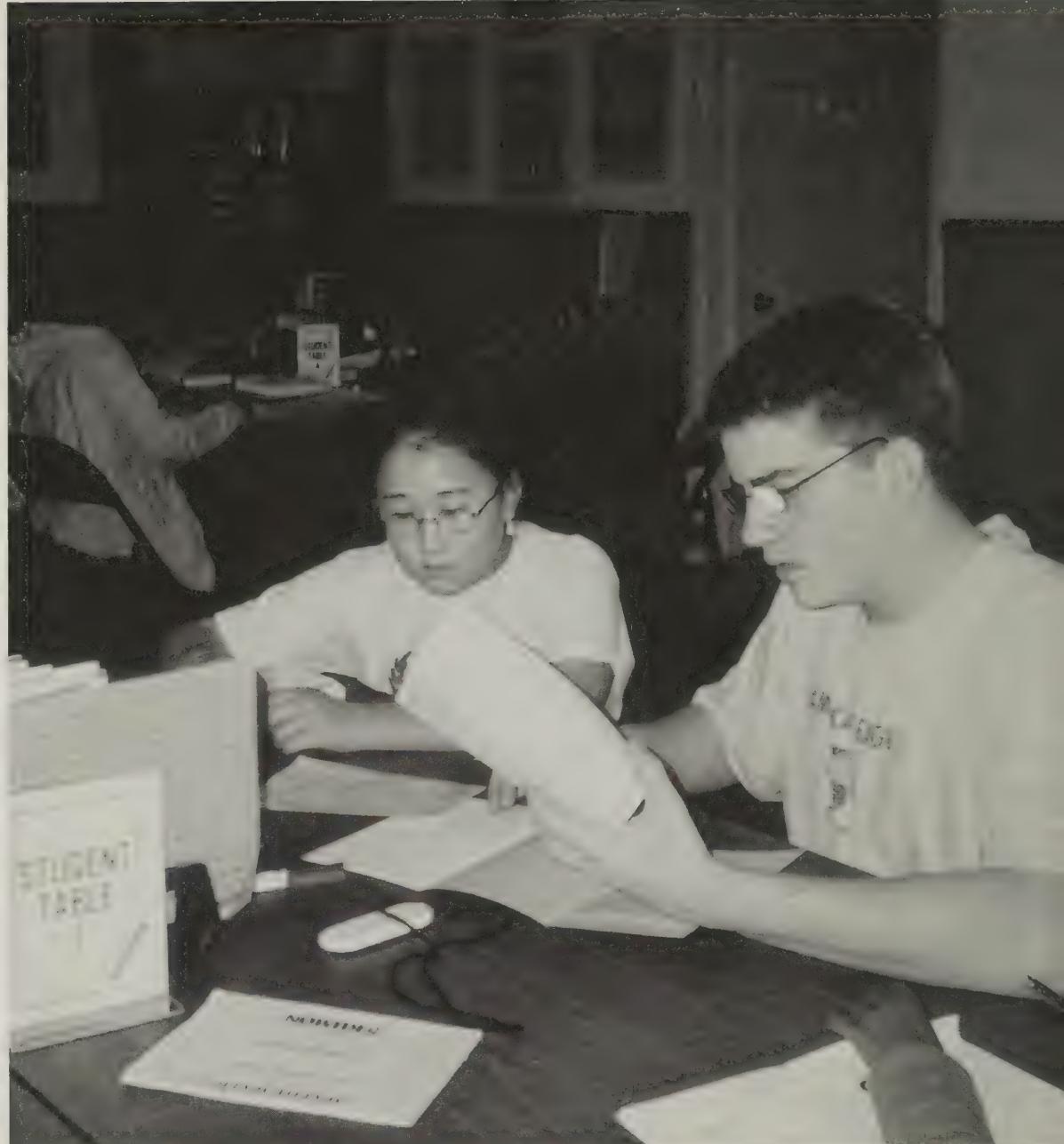
Relaxing on the couch, sophomores Catherine Shaw, Danielle Hardin, and Chris McBride watch a movie. "On Friday nights, I will usually have a couple of friends over to watch movies. Horror movies are my favorite. We try to stay up late and watch as many as we can," Chris said. In addition to watching movies, Chris and his friends played pool and went swimming.



While reviewing their notes, juniors Nick Longstreet, Lesley Hunt, and Kyle Frail prepare for an AP History test at a weekend study group. "Study groups relieve stress by going over all the material with several different sources. We get it over with, leaving more time for review and not stressful braincramming," Lesley said. Study groups allowed students to relieve stress over the weekend.

Students who were unable to work at jobs that required long shifts found a solution by working at the local Kumon Math and Reading Center. Sophomore Jake Grohs helps a student with her math assignment. "I really enjoy the flexibility of my job. I have light hours, and I only work two days a week. Also, helping the kids makes for a great atmosphere," Jake said. Jake began working at Kumon after a friend informed him of the light hours.

Whenever possible, students opted for jobs in Poquoson. While working at Food Lion, junior William Murphy brings in carts from the parking lot. "I work because I need the money to pay for stuff. I like working in my hometown," William said. William also worked at Subway.



Working at his job at Food Lion, junior Michael Bourlotos scans groceries. "I decided to start working mainly just to make money because I need to pay for clothes and pretty much anything else," Michael said. Michael found working in Poquoson with several of his friends convenient for driving purposes.

At her job at Capstone Video, sophomore Katie LaRue types in a customer's phone number. "I really like working at Capstone because I get to see a lot of people from school. Plus, who can beat watching movies while you work?" Katie said. Katie was often visited by friends, which helped to pass the time.



MAKING MONEY

WHY DO YOU HAVE AN AFTER-SCHOOL JOB?



"I work at Kumon Math and Reading Center. It's a great place to work. I have flexible hours, and I only work twice a week, so I can be involved in other activities, like sports and after-school clubs."

Courtney Simon, 10



"I have an after school job at Dominion Village so that I can make money. I need money to pay for a variety of things, like my car, spring trip, and other expenses."

Rita Anderson, 12



"In the summer, I worked at Busch Gardens. It was great to have a job because it provided me with my own spending money, and it taught me something about the real world and working."

Aaron Hopkins, 11



"I had a job over the summer at McDonald's because I wanted some extra money to spend, and I had to pay for gas for my truck."

Tyler Ayers, 10



While preparing a sub for a customer, junior Matt Caratachea puts turkey on the bread. "It is nice getting to work with other people from Poquoson. Also, Subway is a great place to work because we get to listen to whatever music we want," Matt said. Matt worked at Subway for over a year.



While ringing up a customer's order, junior Melissa Moore prepares to get the change. "The pharmacy is a nice, convenient place to work. I know most of my customers and the job is not very demanding," Melissa said. Working at the Poquoson Pharmacy was Melissa's first job.



BAD HABITS

WHEN DO YOU SNEAK UP?

“

Spread created by Stefanie Fortier



"I usually say 'um' and 'like' when I am stumped with a hard question. Saying them stalls for time while I think of a good answer."

Fred Bowers, 10



"I twist my rings the most in Spanish class when I'm bored. Most of the time I don't realize I'm doing it because they are just kind of there and easy to twist."

Lesley Hunt, 11



"I shake my leg whenever I'm sitting still, listening in class, and when I'm trying to think of something I don't know."

Jennifer Berg, 12

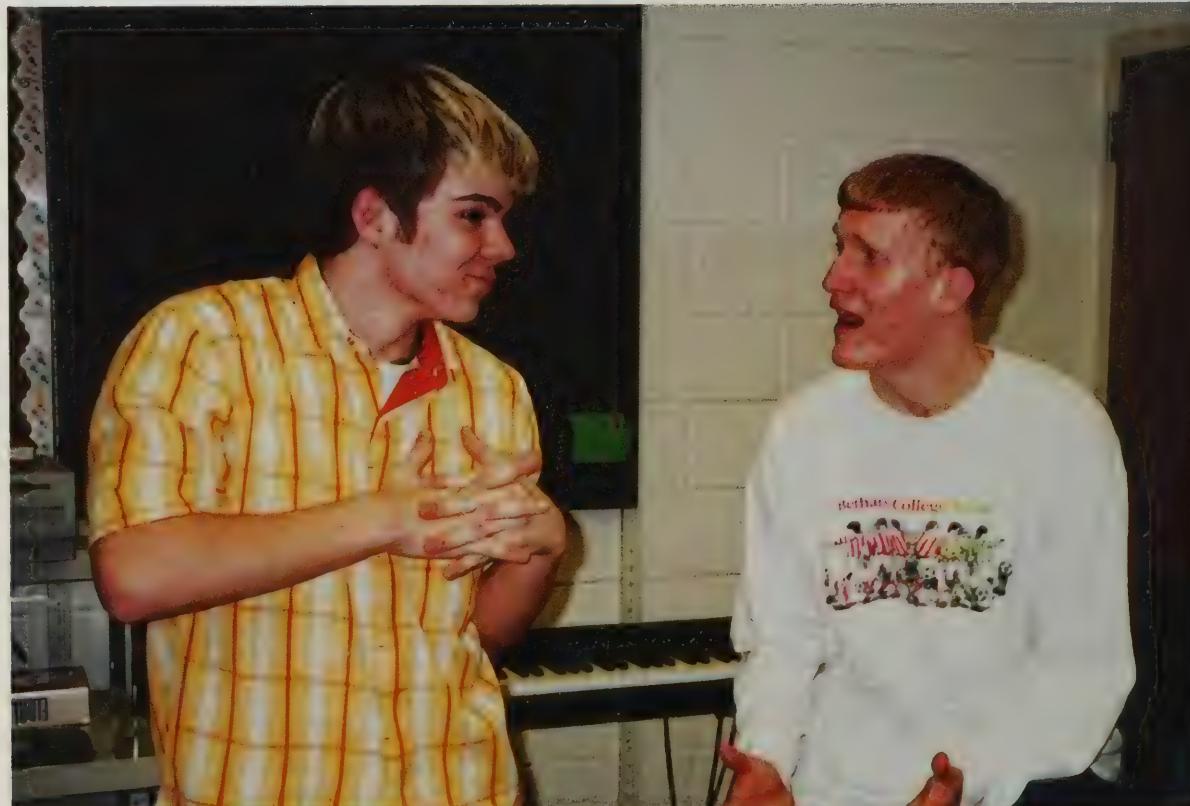


"I find myself tapping my pens in French II class. My friends usually tell me to stop but I don't until my teacher threatens me."

Vinny Pedulla, 10



As sophomore Sonny Washburn pops his knuckles, senior Joel Sanderson protests. "I can't understand why Sonny cracks his knuckles. I feel pain with each knuckle he cracks, but he just laughs at me," Joel said. Popping knuckles was a popular stress reliever among students.





Disagreeing with one of her friends, Casey Kluge braids her hair. "I don't realize that I am twisting my hair until I have to use that hand, or until there's a knot," Casey said. Casey's friends were interested in learning how to braid their hair like hers.

Expanding a point to his fifth period government class, teacher Mr. Kip Flynn gestures to the class. "I think using my hands while teaching helps get my point across. Plus, if someone throws something at me, my hands are in proper position to deflect it," Mr. Flynn said. Using gestures provided a visual for students during class.



At work on a deadline in journalism class, freshman Mika Mulligan bites her nails. "I have been biting my nails for as long as I can remember. I only bite my nails when I am under stress," Mika said. Mika shared her bad habit with many students.

Concentrating while doing double arm curls, junior Ben Kurtz keeps himself in shape. "I lift weights mainly to stay in shape for sports and increase strength; the feeling of being strong raises my self-esteem," Ben said. The main reason Ben kept himself in shape was to excel during the track season.

With his arm cocked back, sophomore Tyler Dezern serves the volleyball. "Volleyball is fun and all, but I would rather be playing basketball with my friends," Tyler said. Other than Tyler, most students did not have a problem with playing volleyball.



Preparing a salad at the newly established salad bar, sophomores Kristen Tignor and Mallory Laxton eat healthier. "The salad bar has been a nice addition to the school. Mallory and I like to get salads instead of junk food," Kristen said. The salad bar was a big hit with students in both lunches.

While doing sets of leg presses for the weight training class, junior Crystal Pruitt enjoys keeping herself in shape. "All my life I've done different sports, but this is my first year of lifting weights consistently," Crystal said. Along with leg presses, Crystal did a number of other lifting techniques.



HEALTH AND FITNESS

HOW DO YOU WORK OUT?



"I do circuit training in the weight room to prepare for the upcoming baseball season. Also it helps to impress the ladies with my manly guns."

Andrew Putnam, 10



"I like to run on my treadmill for about two miles a day, then work my upper body on my Bowflex every other day. It's really convenient to have all the workout equipment on my back porch, too."

Debi Wilkinson, 12



"Including softball practice every day of the week, I would say I exercise three hours a day. Then sometimes I run on my treadmill and elliptical machine."

Diana Kaoudis, 9



"I exercise five to six times a week for baseball. I try to keep my routine balanced, so I lift three days a week, and do lower body three days a week."

Jimmy Greene, 11



Pacing himself, junior Brian Shields gets ready for the upcoming sports in the spring. "The reason I started running cross-country was to help improve my speed and endurance, and to get in shape for other sports. Running for the past two years has really helped me improve for baseball," Brian said. Running and training got Brian a spot on the baseball team.



After a set of butterfly curls, senior Tommy Warren takes a short breath. "I would have to say that I work out about three times a week, when it is not basketball season. My favorite kind of lifting would probably be bench pressing," Tommy said. After the basketball season, Tommy had time to relax, but also do more lifting.

WE ARE . . . Charging The Scene

By David Knight

Each day at 2:00 students sat on the edges of their seats waiting for the glorious sound of the bell. This released them to go home, right? Definitely not. From filling bleachers at football games, to attending Saturday night dances, to producing the play "The Dining Room," the **Bulls** were everywhere.

Many found the week of Homecoming to be the most memorable of all. "Homecoming Spirit Week is by far my favorite event of the school year. Spirit week brings our school together and in doing so helps create great memories. It is the highlight of the year and an event I brag about to friends in other school systems," senior Jessica Tuten said. Between decorating halls, participating in the parade, cheering at the football game, and attending the dance, students joined together during this significant event.

Although they upheld an incredible academic reputation, they definitely were involved after school hours and on the weekends in a wide assortment of school activities. Having outstanding participation in so many events, the **Bulls** showed their **Islander** spirit and joined together as a student body. With so many activities, **We Are Charging The Scene.**

During the Homecoming pep rally, seniors paraded into the gym wearing their togas. "The pep rally offered an opportunity to be recognized as finally becoming a senior. Achieving the spirit stick was a well deserved award for our class. The pep rally was something I will never forget," SCA president Jeremy Jordan said. Students also enjoyed the parade, football game, and dance during Homecoming festivities.



The Homecoming Dance was an opportunity for friends from different schools to get together. Freshmen Ariel Monroe, Lindsey Beadle, and Morgan Shearn dance with two friends from Tabb. "Dancing was my favorite part of the Homecoming Dance. Even though my friends and I went stag, we still had an awesome time," Lindsey said. After dancing through this song, Lindsey decided to take a break.



14
The number of points scored during the game.

2
The number of students denied admission to the dance due to dress code violation.

After being crowned Homecoming Queen, senior Amanda Cagle leaves the football field. "Being Homecoming Queen was probably the greatest honor ever! I felt so lucky and happy. Everything felt perfect and it was something I'll never forget," Amanda said. Amanda was chosen from three representatives of the senior class.



SHOW PRIDE

Cheerleaders, football players, fight song, touchdowns, dancing to music, time with friends establish Homecoming atmosphere

by Kaitlyn Gandy

Fans cheered, coaches shouted, and trombones blared as the band played the fight song.

These sounds made the atmosphere of Homecoming.

"By winning the Homecoming game it put our record at five and one. Smithfield was a good team.

I'm glad we won the game because it made that week special to a lot of people in our school,"

junior football player Matt Jeffery said. The football team, as well as most members of the student body, celebrated the team's victory at the Homecoming dance, which was held in the cafeteria on the following Saturday night.

For freshman Sara Yanello, the Homecoming dance was a new experience. "I loved the music at the Homecoming dance. The D.J. played great music. He didn't play too many slow songs, but there were enough. I like when music has a beat you can really dance to," Sara said. Sara enjoyed spending time with her friends during the dance.

The dance was extra special for sophomore Julianna Holmes. "The dance was the first time I went out with my boyfriend. He was such a gentleman the whole night. I really enjoyed the dance, even though I didn't really like the music," Julianna said.

After a long week, going to the Homecoming game and the Homecoming dance were nice changes of routine for most. It was the first of a long list of last experiences for the seniors, who felt that homecoming belonged to them specifically.



At the Homecoming Dance, sophomore Hannah Kanter moves to the music with her date, Brant Priest. "I had a good time dancing with my date and friends," Hannah said. The Homecoming Dance was an opportunity to unwind after a long week. The dance was held in the cafeteria and students of all grades attended.

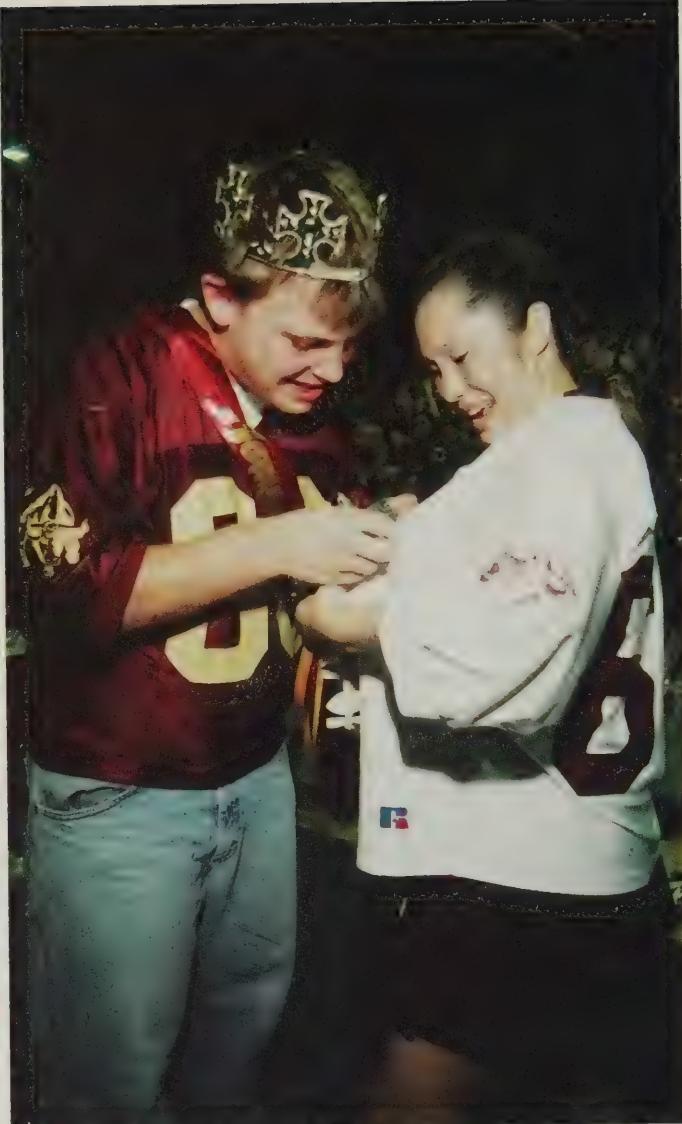
Just before being tackled by the opponent, senior Jonathon Farmer makes a pass. As quarterback, throwing passes on the spot and taking hits was a familiar occurrence for Jonathon. "I made passes under pressure often during the Homecoming game. I completed this pass but paid for it," Jonathon said. The Islanders won the game against Smithfield, 14-0.



"My favorite part of the Homecoming dance was spending time with my friends. I really enjoyed the night and the music was great to dance to." sophomore Cecile Kormanik

After winning the drawing for homecoming king, senior Chris Fox pins a corsage on senior Natasha Kormanik to carry out the tradition. "I was pumped up for the game and ready to play," Chris said. The cheerleaders performed a skit for the football players at the homecoming pep rally.

To some students, being in the homecoming parade was more than a chance to represent their class. "I was excited about the parade but nervous about the game. It was really hot that afternoon. I tried to make sure I gave everyone candy. It was a neat experience seeing all the kids," junior class representative Julie Miller said.



SPREAD SPIRIT

Pop rally parade, costumes, tee-shirt making, sleepovers on weekdays,

hallway decorating set stage for Spirit Week



"My favorite part about the *pep rally* was the fact that the whole school came **together** and cheered our team on." freshman **Savannah Eck**

Homecoming

Let's go juniors! Come on freshmen! Rise up sophomores! Seniors rule!

Different classes shouted and cheered in the gym at the Homecoming pep rally. This was the final event for spirit week.

Each class shouted as loud as they could to win the spirit stick. Cheerleaders divided into their individual classes and tried to get their class to get as loud as possible. "There was a lot of spirit in all the classes I think, because everyone was getting pumped throughout the week. Everyone was loud and rowdy as usual, which makes it even more fun," junior Laurie Kern said.

Hallway decorating, tee-shirt making, and sleepovers on weekdays were how students spent day and night for Homecoming spirit week. "I painted the Nickelodeon character Auto Rocket. It was pretty cool to know that I was part of the winning team," freshman Jesse Moshur said.

Different groups of friends got together the night before the pep rally to work on spirit items. "The best part of Homecoming was when everyone got together to make spirit shirts," sophomore Heather Moore said.

When it came time to decorate the trucks, each class once again worked together. "The trucks worked out really nice. It was cool because everyone worked together," junior Melissa Steele said. Homecoming spirit week was great for all classes to get together and show school spirit.



Pep rallies were a new experience for most freshmen. Showing her class spirit, freshman Amanda Gurtis cheers with some of her classmates. "The freshmen class was pumped for our first pep rally. We were determined to get at least one vote for the spirit stick," Amanda said. The freshmen ended up getting only one vote for the spirit stick.



Wondering how the audience would react, senior Jessica Bulles prepares to rap in front of the students and faculty at the Homecoming pep rally. "It's my senior year so I wanted to do something everyone would enjoy and I enjoyed it too," Jessica said. She also said that she enjoyed the audience's involvement and didn't mind all the compliments.

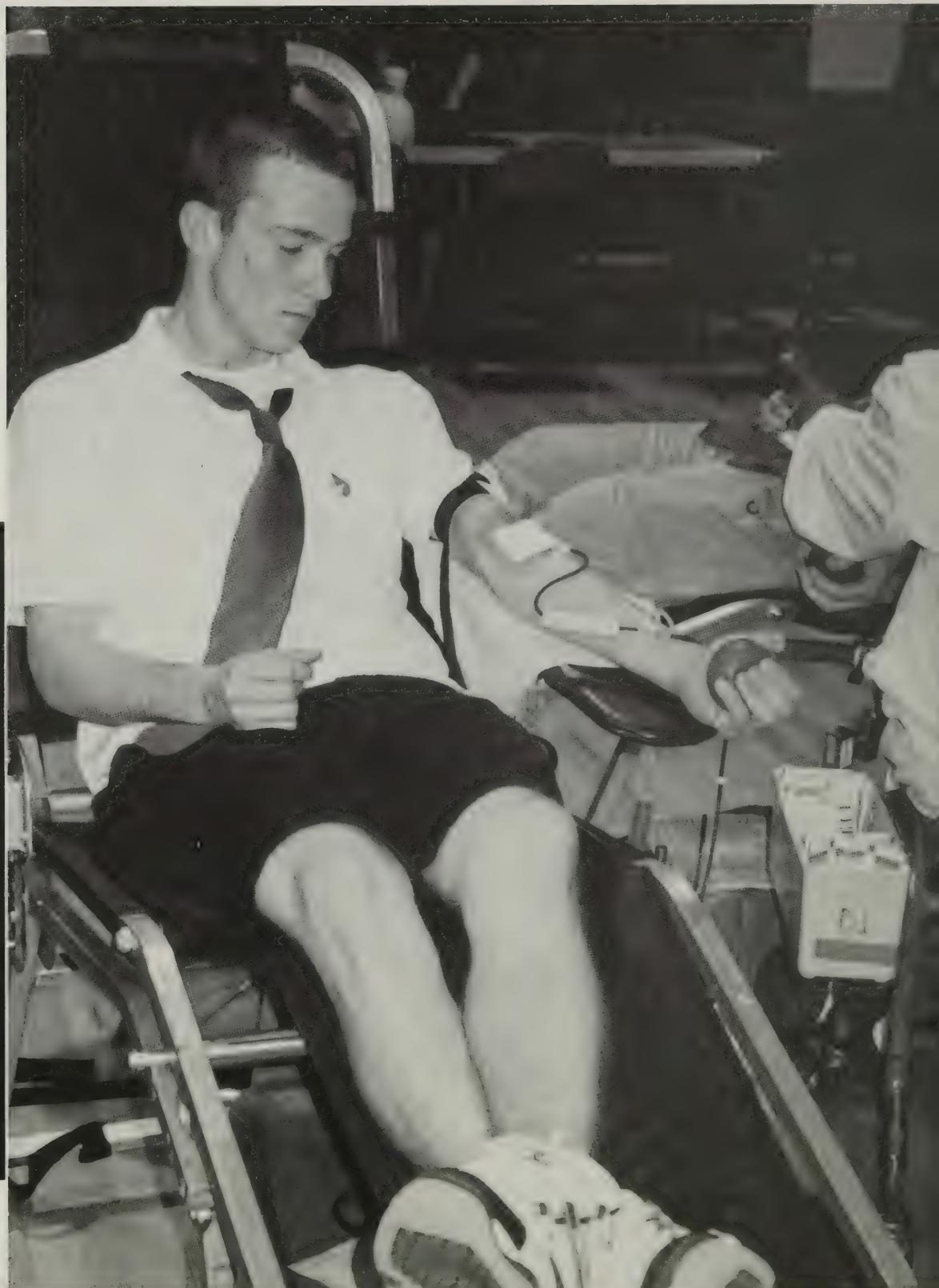
Before giving blood, junior Collin Wilson watches as his health history form is verified. "I gave blood because I like to help people in any way I can. Giving a little of my blood to help others is fine with me," Collin said. Collin planned to give blood again as soon as he was eligible.



65
The number of pints of blood donated

18
The number of students turned away from giving blood

While having his blood taken, Michael Bielenberg pumps the ball to keep the blood flowing. "Most kids, including me, decided to give blood because of the time out of the class and the food. Since September 11, I think I have gained a different perspective on giving blood," Michael said. Fears and concerns were discarded when students thought about the importance of giving blood.



GIVE BLOOD

Needles, blood, cookies, Red Cross, fainting, time out of class, Key club, nurses, helping others part of blood drive

Julie Miller

You can drink soda, eat cookies, relax in a chair and get fanned at school? Where did that happen?

The Key Club Blood drive. Giving blood was a good way for students to help others. In order to give blood, students had to meet two requirements. They had to be at least 17 years old and weigh at least 110 pounds. "I have been wanting to give blood ever since I found out why people were giving blood. It makes me feel good to know I'm helping others," senior Kellyn Larrabee said.

Students also gave blood for other reasons. "It was free to give blood and it got me out of class," junior Thomas Smith said.

After giving blood, some students felt a little sick, so refreshments were served by Key Club members who could give blood. "After I gave blood I felt normal like any other day, but I got free food and drink, so I was happy," senior Son Eng said.

Several students were turned down as blood donors. The reasons were varied. "I wanted to give blood to help other people, but I take too much medication that flows through my blood stream so I couldn't give blood," senior Becca Bunch said.

Despite the thirteen deferred students, eighty-five student donated blood. Giving blood was a good way for students to help others. With the cooperation of workers and students, the Key Club's blood drive helped the Red Cross and the community.



Before giving blood, senior Diane Barnes fills out the health history form. "The form asked questions about my medical history and if I had traveled outside the country," Diane said. As a senior, Diane had never given blood before. Students had to be 17 years old to donate blood, so only juniors and seniors qualified.

As she gives blood, senior Amanda Cagle reflects on the reasons for giving blood. "I decided to give blood because I knew it would benefit someone and it made me feel good to walk away knowing that I helped others," Amanda said. After giving blood, students received free refreshments.



"I felt a little *weak* after giving **blood**, but I didn't faint. I took a two hour **nap** after I got home and I felt fine after I *wake* up."
senior
Lindsey
McDaniel

While judging pillows, Mrs. Shelby Scott stops for a minute to take a closer look. "I was looking for creativity in the actual pillow and the poem. I saw some very creative pillows and choosing was tough, but the winner's pillow was innovative," Mrs. Scott said. Megan Clifford's pillow took first place in the competition.

As a circle forms around sophomore Matt Burns, he performs a dance he and some friends made up. "Michael Scott, Michael Bourlotos and my dance came to us at a rather spur of the moment," Matt said. The dance was performed to AC/DC's "You Shook Me All Night Long."



"Sadie Hawkins turned out to be a lot of fun because I got a chance to wear overalls. They are the greatest article of clothing ever invented." junior David Jensen

DRESS HICK

Pillows with poems, pillow contest at lunch, straw hats, flannel shirts, dancing with friends wind down Spring Spirit Week

By: Stefanie Fortier

Decorative pillows, country music, and tacky overalls were far from peculiar during the Sadie Hawkins southern hick event.

Part of the Sadie Hawkins tradition was girls creating homemade pillows for their dates. A contest was held in each lunch to find the best pillow. "We looked for creativity, originality, craftsmanship when deciding the best pillows," Mrs. Becky Morrison said. Five pillows placed in each lunch during the contest.

For some students, the Sadie Hawkins dance was a welcome change to the semi-formal dances during the year. "My favorite part of the dance was comparing 'hickish' outfits with my friends," senior Rita Anderson said.

Other students liked the dance because it was optional to dress up. "I really enjoy this dance because I don't have to dress-up. Dressing up and I don't get along. This dance is laid back and gives me a chance to relax with my friends," junior Josh DiGennaro said. Students came dressed in overalls, flannel shirts and bandannas.

Overall, the part of Sadie Hawkins enjoyed the most was spending time with friends. "The dance was enjoyable because it gave me time to spend with my friends and my girlfriend Lauren at the same time," sophomore Matt Barnes said. The Sadie Hawkins dance was a fitting way to end Spring Spirit Week.



Dancing with her friends, senior Eliza Greenman and junior Katie Lorenz, junior Cory Ragsdale does the body wave. "My friends and I danced really dorky the whole time; otherwise, the dances wouldn't be fun," Cory said. Creative dance moves were a fun way to spice things up.



After learning her pillow won fifth place, senior Amy Turnage pins her pillow onto her date, senior Matt Beagle. "The supplies for my pillow cost about seven dollars and it took me about an hour and half to make it. It actually took longer to think of something to write on it because not much rhymes with 'Beagle,'" Amy said. Amy's pillow said, "to my dog's leash I'll hold on tight cuz I know I found Mr. Right."

The entire play centered around a single prop - a dining room table. Freshmen David Patterson and Stephanie Grimes and junior Becky Dashiell rehearse their lines around the table. "My favorite part of the play was performing. After all the rehearsing and hard work, everything really paid off. I loved working on the show and performing in front of an audience," Becky said. Becky played a total of six characters.



10
The number of cast members in the play

2
The number of acts in the play

During a dress rehearsal, sophomores Matt Liles and Brian McLellan practice one of their first scenes. "The play was a good chance to get to know different people. The characters didn't have very big parts, so it wasn't too hard to learn the lines," Brian said. This was Brian's first year acting in a school play.



Act Roles

Learning lines, rehearsing scenes, making costumes, building set, setting lights help prepare for "The Dining Room"

by Leslie Convillion

here's nothing I'd rather do than enjoy some of Bertha's fine celery soup.

This was one of the lines spoken by junior Brandon McPherson's character Standish in the play, "The Dining Room." Standish was only one of Brandon's many characters. Each cast member had anywhere from four to six different characters.

"The Dining Room," which was directed by Mrs. Kate Goddin, opened on November 30 and had three showings. The play was two acts long and consisted of various scenes that occurred in a dining room. "It was a different concept, with some scenes going on at the same time. It took some practice, but we finally got it right," junior Steve Knudson said. This was the first time acting in a school play for some students. "Since this was my first year in a high school play, I was not sure what to expect. I was pretty nervous, but everything went fine. I also got a chance to meet some new people," freshman David Patterson said. The play provided more than an opportunity to improve upon acting skills. Freshman Stephanie Grimes was able to relax and spend time with friends during practices after school.

"It was neat just hanging out with everyone and noticing the progress we made from beginning to end," Stephanie said. After nearly two months of rehearsal, "The Dining Room" was ready for opening night.



"My favorite moments in the *play* were the breaks in between acts. During these breaks, we had cake and soda and just chilled out until the next act started. This always helped me calm down." junior Brandon McPherson



Delivering her lines in her first scene, senior Amanda Jenkins tries to calm her nerves. "Opening night is always nerve-racking, but I always feel better after the first few lines. After that I relax and get into the play. I hardly remember the audience is even there," Amanda said. The cast practiced for over six weeks before opening night.

While sitting at the dining room table between acts, sophomore Holly Smeltzer thinks about her upcoming scene. "Doing the play was a very rewarding experience, but it was also a lot of work. Luckily, I never got nervous during our performance. Instead, I had a great time doing it," Holly said. Holly's favorite role was Annie.

The undefeated faculty team stayed strong throughout the basketball game. Coach Jeff Gross's ball-handling skills came in handy while he tried to defend the faculty title against freshmen Nate Duman and Levi Elmore. "I thought these guys were basketball players," Coach Gross said. The faculty won the game 17-11.

Helping his class score points, junior Leland Beale makes a lay-up. "The game was easy because I was dunking and busting threes in a bunch of old men's faces," Leland said. As a varsity basketball player, Leland did not find the game challenging. However, the faculty remained undefeated, beating the juniors 18-14.



"Our powder puff team *lost*, but we didn't care. We went **wild** and goofed off. Our team had eye black under our eyes. I think we should definitely do it again." freshman **Kristin Semeyn**

PLAYBALL

Spirit points, touchdowns, three-pointers, teachers playing games, student/faculty basketball, powder puff football kickoff Spirit Week

By: Amy Turnage

The battle between students and faculty proved once more that skill comes with experience and age. The faculty came out of the basketball game tired, sweaty, and undefeated. "The game was a success and a great way to kick off to Spring Spirit Week. I was amazed that the faculty was still undefeated, despite an aging team," Activities Director Mr. Mark VanDervort said. The win came as a surprise to all the students, who believed that the faculty would not be much of a challenge to playing their elders.

The freshmen class finally found a time to shine with the victory against the upperclassmen in the basketball game. "It was easy because there was no competition," freshman Casey Richardson said. The freshmen team beat the sophomores 11-8 and the juniors 15-13. The win gave them 400 points towards the Coin Game.

Powder puff football gave the basketball players a much-needed break and the girls a chance to show off their football skills to the guys. The juniors beat the seniors 18-0. "I think the Student/Faculty basketball game and powder puff football game were great ways to get every class pumped up about Spring Spirit Week. Even though the seniors lost, we all still had a blast and made great memories," senior Jessica Tuten said.

The games were not about winning or losing, they were about having fun with classmates and faculty outside of the learning environment.



Trying to block senior Jeremy Jordan from scoring, sophomore Kristin Tignor helps her team to a victory. "The student/faculty game was a big success. The students and teachers were pumped," Kristin said. Kristin also participated in the powder puff football game. "It was OK, but kind of boring for the guys and others who were not involved," Kristin said. The sophomores won both the basketball game, 23-15, and the powder puff football game, 18-6.



183
The number of spirit points earned by the senior class during the game

10
The number of minutes teacher Mrs. Shelby Scott played in the student/faculty game

Leanin back for a pass, senior Kellyn Larrabee is blocked by junior Melissa Steele. "The powder puff football game was really intense, and even though we lost, we put some junior girls in a lot of pain," Kellyn said. The seniors lost to their underclassmen rivals, 18-0. The juniors received 100 points towards the Coin Game for their win.

At the academic challenge assembly, sophomore Alex Wilson looks on as his teammate, sophomore Stewart Pierce-Gardner, answers a question. "I thought it was a great idea to have an academic challenge assembly. It allowed people who normally never get to see a match a chance to play and be members of the audience," Alex said. Alex was a member of both the JV and the varsity academic teams so he could only play during the third round.



5
The number of days
spirit week lasted

100
The number of points
deducted for each
paper dollar placed in
a class jar

During lunch, junior Alana Smeltzer announces the winners of the pillow contest, while Activities Director Mr. Mark VanDervort holds the pillows. "The pillow contest seemed better than before, since the judges had a lot of time to look at and compare all the pillows. We were able to have five winners each lunch, instead of just one," Mr. VanDervort said. The winners of the pillow contest earned 200 points for their class.



SPRING SPIRIT

Money jars, earning points, academic challenge, tie day, class color day, scavenger hunt encourage school spirit

: Kaitlyn Gardy

Charity and fun. Spring Spirit Week provided a chance for students and faculty to help fight breast cancer and have fun at the same time.

The first-ever Spring Spirit Week gave students as well as members of the faculty an opportunity to show off school spirit.

"I really liked class color day. It was cool to see everybody wearing their class color. It really promoted class unity and helped raise spirits," sophomore Tyler Crockett said. Students could also show class unity participating in necktie day, the scavenger hunt at lunch, and other events during the week.

Spring Spirit Week also helped alleviate the redundancy of a regular school week. "I think Spirit Week was a good addition to our school because it made our class get together and raise money. It also made third quarter less boring," sophomore Brian McLellan said.

The students thought Spring Spirit Week was a good idea. "I definitely loved Spring Spirit Week. It was great to get a break from the grind of school, especially since third quarter is so long and everyone was starting to get antsy," sophomore Stewart Pierce-Gardner said.

Spring Spirit Week provided a change for most of the school. It gave students as well as teachers a chance to show school spirit and help out a great cause at the same time.



At lunchtime, students put coins in class jars at the front of the cafeteria. "I gave money because half of it went to charity. Even if the money didn't go to my class, it helped out in some way," sophomore Catherine Shaw said. When the money was counted at the end of the week, the student body had collected \$2,789.25.

Since members of the academic team were not allowed to compete until the third round, students who were not on the team got to play. "I think I might join the team. I had a lot of fun playing. It wasn't a negative experience," freshman Asher Goldman said. The freshman tied the sophomores, 215-215.



"I thought **spring** spirit week was a great asset to the year. It was *amazing* to see all the *clans* come together and earn **money** for a great cause." sophomore **Courtney** Simon

While she dances with her date Andrew Geary, junior Laura Wagner gets lost in the music. "My boyfriend and I had an awesome time on the dance floor. When it got too hot inside, the deck on the water was a nice place to go," Laura said. The deck provided a cool, quiet place to rest and relax.

Slow dancing with her date Ryan Lawson, senior Christine Kuchen enjoys the moment. "Prom was really special because my boyfriend Ryan came with me. It meant a lot because I know high school wasn't exactly his favorite place to be," Christine said. Bringing a date who had graduated or was from another school was an alternative to not attending.



"Prom was tons of fun, even though my date was ten times taller than me and we kept banging knees when we danced." senior **Ashley** Geissinger

GO VEGAS

Formal dresses, tuxedos, red carpet, life-sized Oscars, pictures, dancing with friends set tone for prom

By: Stefanie Fortier

Dancing, singing, dressing up, and taking pictures with friends all created a memorable Prom. In the wake of 9-11, Langley Air Force Base was forced to tighten security. "In my opinion the tightened security was a welcome change. It was comforting to know they were looking out for our well-being," senior Rita Anderson said. Each car was stopped by armed guards and checked for picture identification before entering the base.

Finding the right date was essential to having fun at Prom. "Prom this year was really special for me. I was lucky enough to go with my best friend in the whole world—David Knight. He did a great job making the night memorable," senior Emily Turnage said.

The theme was "A Red Carpet Affair." The Officers Club was decorated with life-sized Oscars, directors' boards, and a red carpet. "This being my second dance I have ever gone to, I thought the decorations were very nice. The decorations created a classy atmosphere," junior William Woodard said. The junior class hired Mrs. Kathy Fitch to decorate the Officers Club.

The Prom King, William Fithian, and Queen, Grace Hou, were presented with Oscars along with their crowns and tiara. After being crowned King and Queen, Grace and William shared a spotlight dance in their honor.



Sharing a dance with Sher date and Prom King, senior Grace Hou chats with William Fithian. "Being named Prom King and Queen was an honor neither of us expected to get our senior year. We were both so thrilled, especially because we each won our very first Oscar," Grace said. William and Grace will both be attending Harvard in the fall.



5
The number of guys in white tuxes

12
The number of people in Rebecca Balby's dinner group

As she moves to the beat, senior Emily Swortzel talks with senior Stacy Krantz. "Prom was an absolute blast. I was getting my dance on with my friend Stacy. We love to break it down at dances," Emily said. Prom was a welcome break before the final weeks of school and exams.

The last game of the night was called the "Newly Met Game." Four couples chosen at random competed to see who knew the most about each other. The winning couple, junior Ashley Woolard and senior Brent Huskey, had been dating for two years and four months. "I did think that we were going to win because we know a lot about each other," Brent said. The winners received generous prizes. "We won a free appetizer, two meals, and dessert from TGI Friday's. We also won two movie passes to AMC 24," Brent said. The other participants received Arby's meal certificates.



The number of couples who played the "Newly Met Game."

4

The amount of money junior Ryan Holloway spent at the prize table or \$10 gift certificate to Anna's Pizza

200

A new use for toilet paper and plungers was discovered by freshman Asher Goldman. "This was a challenging game. The object was to use the plungers to toss rolls of toilet paper into toilets," Asher said. Freshmen and sophomores were allowed to attend Prom and After Prom with an upperclassman date.



PARTY PLACE

Red carpet, Oscars, wall climbing, Newly Met Game, blackjack, toilet paper toss, caricatures end perfect night

: Amy Turnage

Toss a pool float around a mannequin head.

This was one of many unique games at After Prom. Senior Chris Davis cheated and stepped over the line while tossing a pool toy. "That game wasn't fair," Chris said. He did not win a prize, although he did say they were the best ones offered all night.

Students were grateful to have somewhere safe and fun to go with their friends after the Prom. "I think students at PHS are very fortunate to have such a wonderful After Prom that is set up by various citizens in the community. I overheard many students from other schools commenting on how they wish their school would provide After Prom like ours," senior Katie Rogers said.

Game ideas, decorations, prizes, chaperones, and music were all generously donated by local businesses, citizens, faculty, and parents. Some students even chipped in to decorate after school on Friday. Everyone who saw the remodeled school and awesome prize options had something to say. "Bring on the great prizes," junior Alex Forest said.

Poquoson teens had a place to hang out with all of their friends, stay off the road, and stay out of trouble on one of the most deadly nights of students' high school experience. That, along with an unforgettable all-nighter, was something to be thankful for.



Students spent time and money at the blackjack tables. Junior Veronica Montalvo has a streak of bad luck during the evening. "I was doing awful. I lost probably twice as much as I won. I only played for about 20 minutes," Veronica said. The money students won (or lost) at cards was used to purchase prizes at the end of the night that were generously donated by local businesses and corporations.

After Prom's grand prize, a 1996 Saturn, was on the minds of many seniors. Mr. Henry Ayer, Vice President of Pomoco Auto, and a 1980 PHS graduate, announced the winner. When senior Maria Zagursky's name was called, her expression said it all. "I was totally shocked that I won the car. I'm thinking about selling it because I really need the money," Maria said. The car was donated by Pomoco Motor Company.



"I thought After Prom was really well **planned** out.

All the games and events were a lot of fun, but I would have to say my **favorite** thing about it was the guy **drawing** the caricatures."

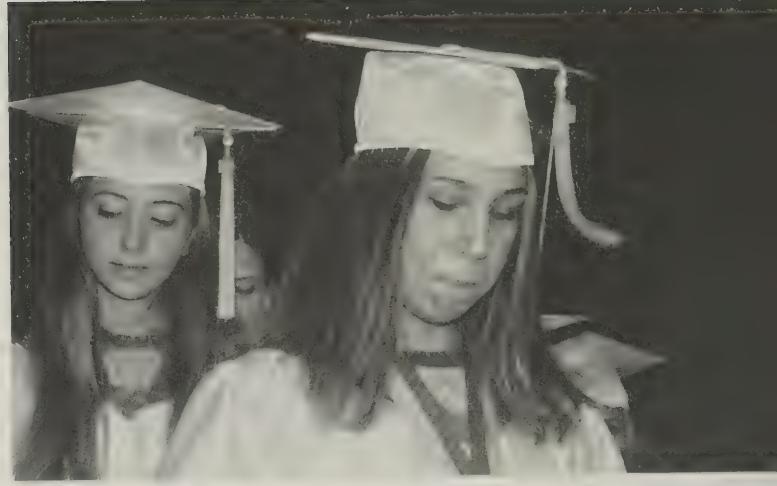
senior
Meredith
Hicks

172
Number of graduates
who walked across the
stage at Bethel Temple

2
Number of students
attending Harvard in
the fall

Arriving early to graduation gave students time to relax before their final walk across the stage. Senior Adam Wallis talks with teacher Mrs. Janet Knight while senior Eric Stovall watches the senior video. Matt Beagle created the video to be played at graduation from donated pictures.

As she walks off the stage, senior Missy Beimler watches her step. The boys were asked to wear dress shirts, dress pants and dress shoes under their maroon gowns. The girls were required to wear white dresses and white dress shoes. Some dress shoes made it difficult to make it down the steps without paying close attention.



SAY IT AGAIN

Caps, gowns, tears, smiles, surprise performance, pictures with family and friends, inspirational speeches make memorable graduation

Stefanie Fortier

Dream the Impossible Dream.

Will Fithian and Grace Hou performed one last time for their class as they sang the challenge from the musical *Man of LaMancha*.

Graduation was closing the door on high school for many students. Not everyone saw graduation as the end but a new beginning, an opportunity to start anew. "Graduation is more a beginning than end to me. It is time to start the rest of my life," senior Mitchell Craig said.

Graduation brought the realization of heavy responsibilities to come. "Graduation marks the beginning of the rest of my life. To me, it especially represents the time where I am given the chance to step forward and make my mark on the world independently," senior Casey Kluge said.

Students wore different tassels, cords, medallions and stoles to represent different academic achievements. A gold seal represented a student who had achieved a final GPA of at least 3.4. The valedictorian and salutatorian, along with the high honor graduates, received medallions.

While students waited for their name to be called to receive their diploma, they had time to reflect on their high school experience. "Graduating was an awesome event for me, looking back at all the changes this school year. As I watched one of my friends walk across the stage I could only think of how I can't express my gratitude and admiration. I will never forget them," senior Rebecca Dalby said.



Speaking to the audience and class of 2002, Valedictorian William Fithian gives his best wishes. William called on his fellow students to "use your intelligence and talent to accomplish great things." William's speech was followed by the Salutatorian, Grace Hou. There was not a formal graduation speaker, although there were several short speeches by a School Board member, the Superintendent, and the Principal, as well as the senior class president.

After receiving her diploma from principal Mr. Don Bock, senior Diane Barnes thanks him. There were a number of additional seals students could have earned for their diploma. Some of these included a seal for community service, National Honor Society, Quill and Scroll, and Mu Alpha Theta.



"The Will and Grace performance was an excellent addition to the graduation ceremony. It was a great surprise and I will remember it forever." senior Rita Anderson

WE ARE RUISHING THE RED FLAG

By David Knight

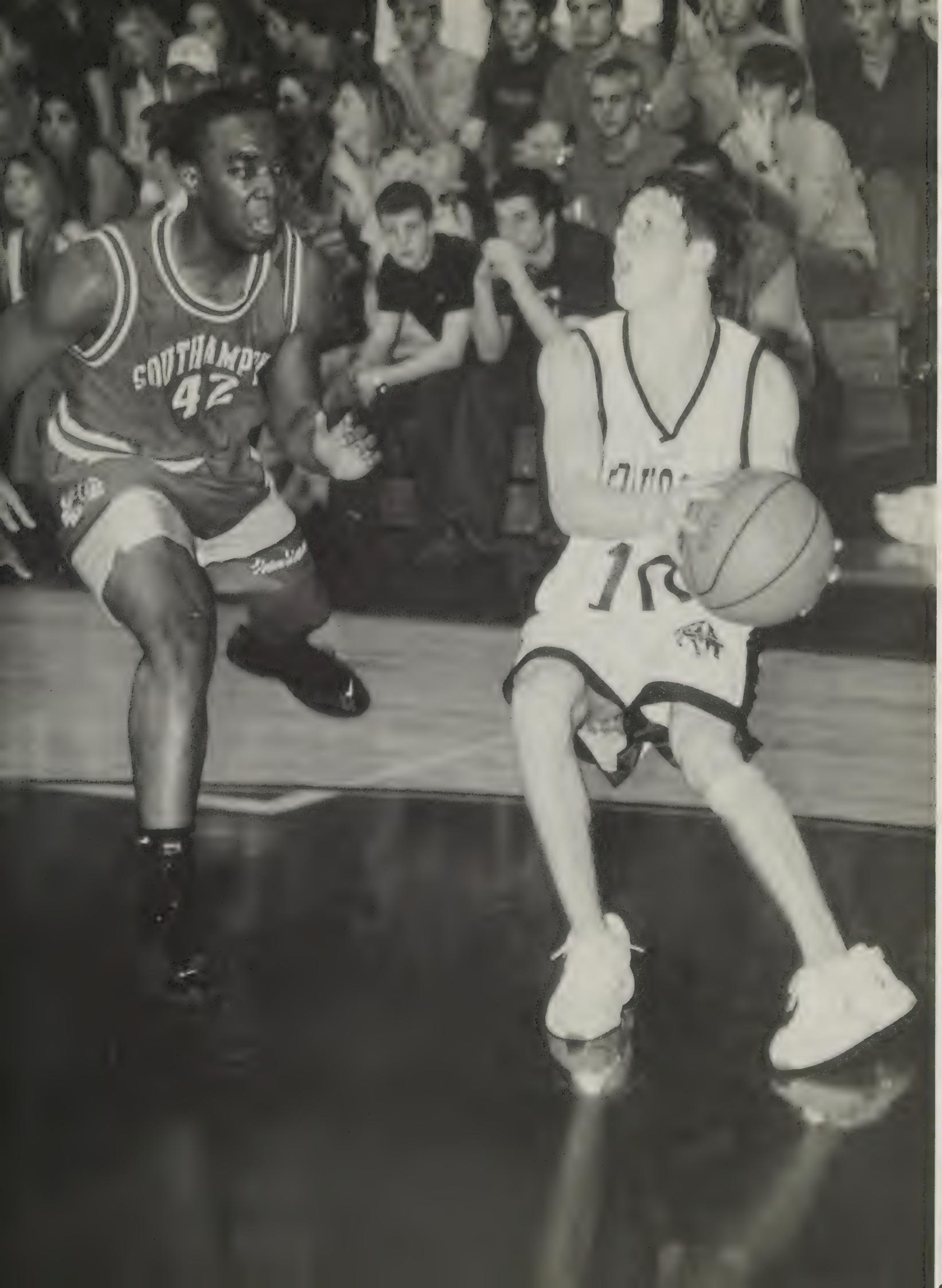
The crowd of Bull Islanders filled the bleachers of New Kent, cheering for the football team. As the underdogs, they were down in the fourth quarter in the first round of the Region I playoffs. Result: victory. The following week a swarm of Bull fans invaded Matoaca. Again the underdogs, they fell behind in the fourth quarter. Result: victory, the Region I title, and a berth in the state semifinals.

Resilience, determination, incredible fan support, and team traditions helped shape athletics teams' successful seasons. "The girls soccer team usually has team spaghetti dinners at a captain's house. It's really nice to all get together before big games and have some off-the-field bonding time," junior Erin Boyle said. For many teams, the bonding off the field helped bring successes during the season.

Other teams united during post-season competition. "We didn't start unified, but it all came together at Districts. Instead of swimming as individuals, we swam as a team," senior Matthew Beagle said. Camaraderie often led to triumphant seasons.

Whether in practices or competition, the Bulls always had the resolve to do their best. Having the drive to triumph, We Are Rushing The Red Flag.

Ifaking out an opponent, senior Brandon Tigar looks to score during a home basketball game against Southampton. "This season was so successful because of our experience. We had six seniors on the team. We worked hard in the off-season and were dedicated during the season," Brandon said. The team tied for second in the Bay Bathers District during regular season and qualified for regional competition.



STANDING ON THE tee box, senior Richie Wightman swings at the ball. "I was trying to crush the ball down the middle, hopefully. Then again, I had no idea where the ball would end up half the time," Wightman said. Wightman played on the team for four years, earning the number two spot.

PRACTICING BEFORE A tournament, senior Marc Famiglietti takes a few swings. "All it took was a few strokes to get me hooked on putting balls in the hole," Famiglietti said. Famiglietti used his practice time to work on his putting techniques.



"Overall this season I think we did really well. We were young, yet we made it to the regional tournament. Going to regionals even surprised Coach Spain."

~Senior Richie Wightman

GOLF

HITTING THE BALL off the tee, junior Pat Healy follows through his swing. "I played well in this tournament, so the ball probably ended up in the middle of the fairway," Healy said. Healy usually played as sixth man on the team.

Meeting Goals

Overcoming
frustrations
allows
players
success

By: Sherry Hood

The most frustrating thing about golf was not getting that little white ball to go where it was supposed to go.

Personal disappointment was felt as team members struggled to reach the team's goal of finishing third or fourth in the district.

"I never played as well as I would have liked to, but I'm in it for the fun anyway. Who can complain when you get to play free golf?" sophomore Jake Grohs said.

"As an individual I was disappointed. I worked hard in the off season, but for some reason it didn't show during the season," captain senior Richie Wightman said.

Although some members were unhappy with their individual scores, others were pleased with the season overall.

"They met my expectations I thought they had the talent to finish third or fourth place, which would get us to regionals. And they finished fourth, so they met their goal," coach Ed Spain said.

"As a team I felt we did extremely well. We were a young team, so going to regionals was a big achievement for us," Wightman said.

Even though the team was composed of mainly freshmen and sophomores, team unity was still a big issue for them. But even team unity could not put the team up to the standards set by the teams of the past.

"I think our team wasn't as strong as we have had in the past. But we worked well together, which was good, because we were a young team, and I think we did well to make it as far as we did," junior Bob McGee said.



VARSITY GOLF. Row 1: Jake Grohs, Chris Janson, Haegen Fuller, Will Nunnally. Row 2: Parker Stone, James Bryant, Pat Healy. Row 3: Richie Wightman, Chris Davis, coach Ed Spain, Marc Famiglietti, Bob McGee.

Golf - District Standings

| | |
|-----------|-------------|
| Tabb | Grafton |
| 3104 | 3452 |
| Jamestown | Bruton |
| 3136 | 3516 |
| Lafayette | Smithfield |
| 3278 | 3593 |
| Poquoson | New Kent |
| 3335 | 3612 |
| York | Southampton |
| 3363 | 3808 |



AT THE WILLIAMSBURG National, junior Bob McGee drives on the number nine. "After my drive I hit a four iron within four feet of the hole and made a birdie," McGee said. McGee shot 80 in this tournament. Early tee times helped McGee improve the game.

Running

Earning
success
requires
key
strategy

Rigors

By: Carl Griffiths

Boring. That was the word heard when people talked of cross-country. Truthfully, most people had never run at this level of competition and knew nothing of what it demanded.

People thought that all there was to cross-country was running. This was wrong. Running was a sport that took not only talent, but also strategy. Strategy indicated when to be patient, when to push, how to read the body, and know whether the pace was on. It required analyzing the body to make sure it could finish the race strong. A successful strategy made a good runner, a great runner. "We had a successful season. We accomplished this by breaking into running packs of equal ability. During practice we worked on getting consistent split times together," captain junior Crystal Pruitt said.

Another important key to strategy was what to think about while the team ran. Some runners thought about time and glanced frequently at their watches. Others thought of nothing important and tried desperately to keep their minds off running. "When I am running I think of all kinds of crazy things, like Mr. Bock as a lumberjack cutting wood to build a bridge to Jupiter," junior Austin Green said.

Cross-country was a grueling sport that demanded a will that few had in them. "Cross country is a mental sport. It takes hard work and determination. In the end it is very gratifying to finish the race," sophomore Ben Fenigsohn said.



PEN IN HAND, coach Joe Garrity reviews strategy with sophomore William Crockett. "The main strategy keys are to make sure runners are familiar with the course and to review goal times and pace," coach Garrity said. The day before the district race the team met at Newport News Park to familiarize themselves with the course.



CROSS COUNTRY. Row 1: Diane Barnes, Kristen Melton, Kelsey Boitnott, Laura True, Crystal Pruitt. Row 2: Jason Boyd, Alan Marks, Todd Hunt, Daniel Bulles, Austin Green, Asher Goldman. Row 3: Tyler Crockett, Coach Garrity, Carl Griffiths, Nick Thayer.

Cross Country Girls 4 - 5. Boys 3 - 6

| Boys | Girls |
|-------------|-------|
| Lafayette | 22-39 |
| 15 - 50 | |
| Grafton | 15-50 |
| 16 - 45 | |
| New Kent | 22-71 |
| 21 - 34 | |
| Jamestown | 75-71 |
| 21 - 38 | |
| Smithfield | 73-71 |
| 31 - 24 | |
| Southampton | 40-21 |
| 35 - 2 | |
| York | 19-38 |
| 19 - 35 | |
| Bruton | 32-40 |
| 28 - 27 | |
| Tabb | |
| 15 - 50 | 50-15 |

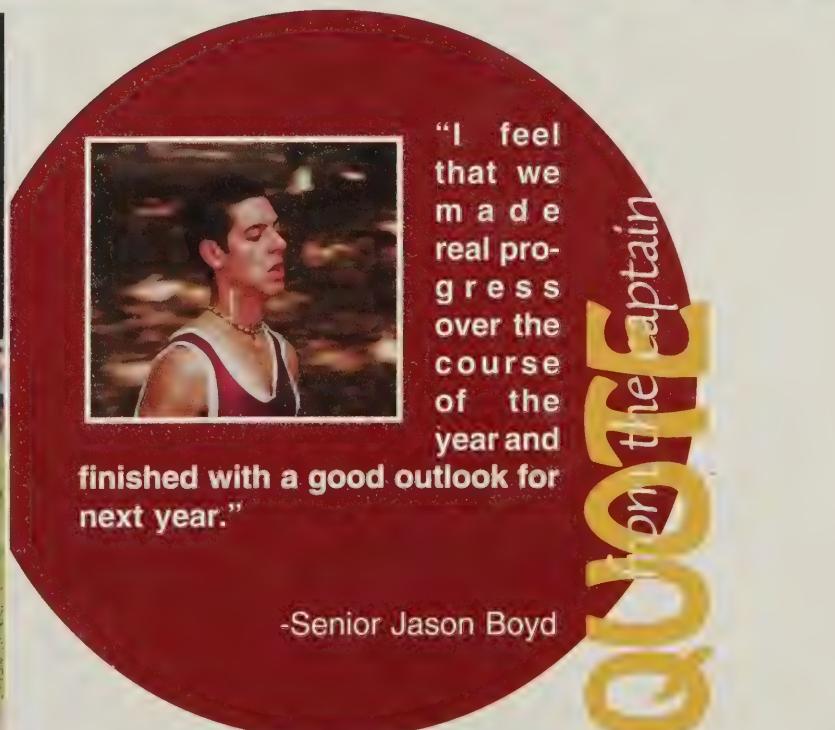
TRAINING IN THE summer, the team must withstand the heat and humidity. "Our team didn't perform well in our first meet because of the heat and lack of experience. We improved throughout the season through hard work," junior Crystal Pruitt said. Pruitt lead the girls' team and achieved many personal records.





STRIVING TO PASS people on the last leg of the district race, junior Carl Griffiths pushes himself past the point of exhaustion. "With all of the hard work during the summer, putting in the 10 and 15 mile runs, the team placed better this year than all of the years I have been at Poquoson," Griffiths said. Griffiths consistently placed in the top five for Poquoson.

WITH A RUNNER coming from behind, senior Alan Marks keeps his distance. "I did extremely well my senior season. It was all about working hard and being a leader" Marks said. Marks was able to qualify for the district race.



Learning Season

Young
players
rebuild
diminished
team

By: Kyle Garvey

Such a young team made an interesting season. With sophomore Megan Koptish being the only returning player on the girls basketball team, the Lady Islanders came into the season knowing it was a rebuilding year. "The beginning of our season was awesome. Everyone thought we would be horrible, so we went out and played hard. We ended up winning our first game and the next few after that. We just went out there and played our game," sophomore Veronica Wightman said.

During practice the Lady Islanders worked to improve their game and play better as a team. "No matter how our day had been before practice, we left it all behind us and were ready to work hard. We set out goals for ourselves at the beginning of the season, and we all came out ready to reach them at practices," Koptish said.

The new team was inexperienced. "We learned a lot and will be a lot better next year," sophomore Kristin Tignor said.

Similar to the varsity team's performance, the JV team did not win many games. However, they learned with each game. "I think that overall the team performed well. We had a lot of new players on the team and it was an enjoyable experience," freshman Alyssa Yeager said.

The JV team made friendships during practice. "I think our team played really well for only having four returning players. We are all good friends and just went out there and had a lot of fun, and worked really well together," freshman Amanda Gurtis said.

Most of the team had not played at such a high level of intensity. "Considering that most of us had never played this caliber of ball before, I think we did pretty well," freshman Evelyn Garcia said.

This rebuilding year turned out to be a learning time for both of the Lady Islander teams because everyone gained experience and confidence. The teams proved people wrong and achieved goals they set at the beginning of the season. The varsity team finished with a record of 5-17 and the JV finished with a record of 9-12.

| | | |
|-----------------|-------------|------------|
| Norfolk Academy | Jamestown | 31 - 51 |
| 26 - 46 | York | 39 - 50 |
| NSA | Lafayette | 31 - 51 |
| 45 - 48 | Southampton | |
| Catholic | 32 - 62 | |
| York | 53 - 48 | 38 - 54 |
| Lafayette | 44 - 53 | Tabb |
| Tabb | 24 - 56 | 32 - 64 |
| Smithfield | 60 - 50 | 37 - 41 |
| New Kent | 37 - 28 | 51 - 26 |
| Southampton | | Grafton |
| 45 - 56 | | 42 - 56 |
| Grafton | | Bruton |
| 42 - 33 | | 27 - 59 |
| Bruton | | Jamestown |
| 32 - 69 | | 39 - 51 |
| | | Smithfield |
| | | 46 - 51 |

Varsity Girls Basketball 5 - 12



AT THE BEGINNING of the second quarter, freshman Alyssa Yeager drives past a York defender for two points. "It was a very intense game. We went into overtime and kept our spirits high," Yeager said. The Islanders won the game 41 - 38 in overtime.



VARSITY GIRLS BASKETBALL: Row 1: Evelyn Garcia, Kristin Tignor, Veronica Wightman, Megan Koptish. Row 2: Coach Kenny Benne, Christine Keeter, Sara Griffith, Courtney Efird.



DRIVING THE BALL down the court, sophomore Megan Koptish prepares for opposition from York's defense. "I always like playing York. The team gets really pumped up and plays aggressively the whole game," Koptish said. The team defeated York 53 - 48 the first time they played them.



TEAM UNITY AND support was a key factor in winning. "This was my second year on JV and we only had 3 returning players. We were very young, but came together as a team and finished with a successful season," freshman Whitney Jackson said. Jackson surveys the scene before making her move in the game against York.

STEALING THE BALL from the York player, sophomore Kristin Tignor regains possession for her team. "The basketball season was a learning experience for everyone from the coach to the team. Having to start over with a new coach and a new team, which meant new philosophies and plays, ended out being a great learning experience," Tignor said. Tignor averaged 1.2 steals a game.



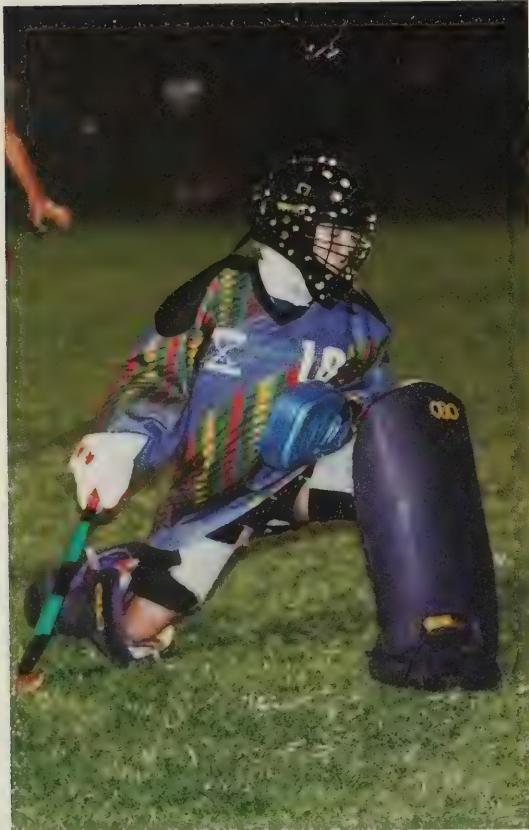
JV GIRLS BASKETBALL: Row 1: Bethany Bowen, Alyssa Yeager, Whitney Jackson, Whitney Green, Lauren Ward. Row 2: Coach Brooke Catlett, Amanda Gurtis, Katherine Hayes, Leslie Hunt, Allison McCubbins, Lindsey Halverson. Row 3: Helen Titcomb, Joy Sykes, Evelyn Garcia.

JV Girls Basketball 9-12

| | |
|---------------------|---------------------|
| Norfolk Academy | Bruton 30 - 40 |
| 45 - 19 | Jamestown 32 - 58 |
| NSA 38 - 21 | York 38 - 23 |
| Catholic 33 - 39 | Lafayette 31 - 45 |
| York 34 - 30 | Southampton 30 - 43 |
| Lafayette 24 - 22 | Tabb 29 - 51 |
| Tabb 43 - 45 | Smithfield 31 - 51 |
| Smithfield 7 - 38 | New Kent 38 - 26 |
| New Kent 27 - 16 | Grafton 39 - 37 |
| Southampton 25 - 28 | Bruton 37 - 48 |
| Grafton 32 - 29 | Jamestown 22 - 69 |

PERSONAL SKILL WAS a necessary part of the field hockey team. "Our team developed a lot of skill throughout the season by working together and communicating," sophomore Sarah Woodard said. Woodard gained valuable experience during her first year of varsity.

PREPARING TO BLOCK a ball, sophomore goalie Mallory Laxton kneels near the goal. "The team had a really good season. We won a lot more games compared to last year, and got along really well," Laxton said. Field hockey's teamwork earned them a winning season.



QUOTE From the Captain

"Our team was basically made up of underclassmen. It didn't really affect our abilities, but it made it more difficult for us to become closer.

-Senior Rosanna Dominguez



Coaching

Coaching
techniques
create
team
unity

Quirks

By: Jenny Eudy

Bo Diddley? Synergism? Helen Keller hockey? Strange as they sound, all of these were used by Coach Bill Scudder while coaching the field hockey team. "Bo Diddley is a little bull stuffed animal dressed in a field hockey uniform. Mr. Scudder had this song for it that we would sing while we ran laps around the field," junior Amanda Sanderson said.

Another point the coach concentrated on was team unity, and he included drills that psychologically united the team. "I don't think anyone on the team really knows what synergism means, but it has to do with team unity; the whole all-for-one and one-for-all idea. At the end of practices we would stand in a circle and hold hands while Mr. Scudder pumped us up for the next game," sophomore Danielle Hardin said.

"The weirdest drill I remember was 'Helen Keller Hockey.' We would get in pairs and one person would be blind-folded. This person would then have to try to dribble the ball from one end of the field to the other. The player who could see had to 'coach' her partner down the field. This drill made for an interesting practice every time we played it," sophomore Courtney Simon said.

"Coach Scudder had a lot of different ways to do things. Some helped the team, some did not," junior Laurie Kern said.



AS OPPPOSING DEFENDERS approach her, senior Emily Swortzel plays the ball down the field. "Our game against York was our most difficult game this season," Swortzel said. "At this point in the game, I kept telling myself to focus on the ball." Swortzel played field hockey for five years and was a senior captain.



VARSITY FIELD HOCKEY: Row 1: Sarah Taliaferro, Emily Swortzel, Rosanna Dominguez. Row 2: Cortney Simon, Sarah Woodard, Holly Smeltzer, Stephanie Harvin, Kim Kovac, Danielle Hardin, Catherine Shaw. Row 3: Coach Bill Scudder, Mallory Laxton, Beth Steele, Melissa Steele, Laurie Kern, Amanda Sanderson, Julie Miller.

Field Hockey 8-7-1

| | | | |
|----------------|-------|----------------|-------|
| Deep Creek | 3 - 0 | York | 1 - 0 |
| York | 1 - 4 | Tabb | 0 - 2 |
| Lafayette | 0 - 1 | HRA | 1 - 0 |
| Woodside | 1 - 2 | Denbigh | 2 - 1 |
| Southampton | 6 - 2 | Western Branch | 1 - 1 |
| Northumberland | 4 - 0 | Grafton | 0 - 4 |
| Fauquier | 0 - 4 | Bruton | 0 - 1 |
| Green Run | 3 - 1 | Jamestown | 1 - 0 |

BEFORE TAKING A free hit, junior Kim Kovac scans the field for an open player. "When taking free hits you have to be quick and make sure to find someone who is open. This can be a turning point in a game," Kovac said. Kovac and other members of the team attended the Premier Hockey Camp over the summer.

Getting Focused

Players
find
game
preparation
essential

By: Sherry Hood

Music blasting. Running up and down the field. Silence and meditation. These were all strategies players used to get psyched up before a game. Some players considered it important to be in the perfect mind set prior to a game, while others had superstitions they felt were necessary to carry out in order to achieve victory. The JV football team and the JV field hockey team both had similar ways to prepare for games.

"We listened to this CD we made. Everyone on the team loves it. Then we ran up and down the field to get the adrenaline pumping," freshman Megan Clifford said. The field hockey team also believed in not washing their socks before away games. They also felt that to play their best they needed to be as hyper as possible.

On the other hand, the JV football team used the time to get mentally ready. "It was all in the words of Coach Luther. He helped us get mentally focused," freshman Keith Huskey said.

"I focused on what I had to do for the game and how I could make it better. The coach normally took us into the auditorium where I could think in peace and quiet," freshman Chad Carlson said.

Freshman Tommy Doyle also used the time before games to get advice from the coach. "I put on my pads and my other gear. Then I listened to the coach for some pre-game advice," Doyle said.

But that was not the only way the football team got ready for a game. They also had superstitions that they carried out. "Keith Huskey and I went to Subway before every game. The one game we didn't go was the one game we lost," freshman Levi Elmore said.

Different teams found different methods of getting ready before a game. But no matter what the players believed would help them win, they all saw the importance of getting mentally ready for a game.



SLIPPING BY AN OPPONENT, sophomore Derek Goodson runs the ball in for a touchdown. "When we played Mathews, it was one of the few times I got the ball. I normally just block for the other players on the team," Goodson said. The JV football team beat Mathews 34 - 7.

| | |
|--------------|------------|
| Granby | HRA |
| 1 - 0 | 1 - 2 |
| York | Tabb |
| 3 - 0 | 0 - 0 |
| Lafayette I | Denbigh |
| 3 - 1 | 4 - 0 |
| Lafayette II | Grafton |
| 1 - 1 | 1 - 0 |
| Woodside | Bruton |
| 2 - 0 | 1 - 0 |
| Southampton | Kecoughtan |
| 4 - 0 | 2 - 2 |
| Lakeland | Jamestown |
| 1 - 3 | 1 - 2 |

JV Field Hockey 8 - 3 - 3



JV FIELD HOCKEY. Row 1: Kathryn Williams, Samantha Graham, Stephanie Rigney, Cherisse Jensen, Megan Clifford, Ashlynn Riley, Alexandra Boyce. Row 2: Emily Harker, Lauren Dond, Heather Moore, Rebecca Sanderson, Emily Schuller, Jessica Vest. Row 3: Callee Burns, Savannah Eck, Megan Black, Mollie Schieb, Kat Olsen, Kristin Semey, Coach Romano.



FOOTBALL. Row 1: Evan Smith, Mike Cox, Matt Burns, Ira Gallagher, Jeff Andriunas, Ryan McArthur, Nick Farmer, Jake Akers, Keith Huskey, John Fiedler. Row 2: Travis Messick, Beau Crockett, Bryan Fox, Jerry Barlow, Mike Insley, Levi Moore, Chris Maxwell, Vinny Pedulla, J.T. Farrington, Dustin Hudgins, Derek Woodson. Row 3: Tim Russell, Shaun Kelley, Brian Connelly, James Cain, Dustin Rice, Dusty Rabon, Chad Carlson, Tyler O'Connell, Tommy Doyle, Adam Marekman, Bobby Strickland. Row 4: Todd Korabek, Katie Rabon, Brian Helsel, Matt Luther, Darren Defendeifer, April Payne, Rachel Anderson, Katie Rogers.

DURING THE FIRST game of the season, freshman John Fiedler runs around the left side. "We had a good year and we could have gone 10 - 0 but we weren't ready," Fiedler said. Fiedler was the leading rusher for the JV team.



STEALING THE BALL from the opponent, freshman Cherisse Jensen uses stick handling to maneuver the ball away. "Hockey was great, and stealing the ball is one of my favorite things to do," Jensen said. The team ended with a record of 8 - 3 - 3.

RUNNING DOWN THE field, freshman Kristin Semeyn tries to regain control of the ball. "I had just got a break away, and the girl from Granby caught up to me," Semeyn said. Granby was the first team they played, and Poquoson beat them 1 - 0.



JV Football 8 - 1

| | Mathews | Smithfield |
|--|-------------|------------|
| | 34 - 7 | 26 - 0 |
| | York | New Kent |
| | 14 - 8 | 25 - 0 |
| | Lafayette | Grafton |
| | 35 - 6 | 0 - 28 |
| | Southampton | Bruton |
| | 33 - 6 | 32 - 6 |
| | Tabb | |
| | 25 - 7 | |

Posting

Traditional
style
brings
regional
championship

Pride

By: Kyle Garvey

Touchdown. Poquoson scores and scores often. The team set its goals and went after them.

"Our main goals of the year were to win state, play hard football, and keep winning. In the end we lost to Harrisonburg in the state semifinals," junior Matt Hayes said.

The team won 10 games and had only three losses. The losses were to Southampton, Bruton, and Harrisonburg. "Our biggest rival was New Kent. The only reason they were our rival is because they came up from single A and were beating teams by 50 points and we wanted to show them what AA is all about," senior captain Justin Mulkey said. The team beat New Kent twice, once in the regular season and again in the first region game.

Rituals were a big part of the warm-ups for the team. "I wore the same undershirt, big white 70's style socks, and underwear every game. I washed them of course. Before every game, I sat by myself for about 15 minutes and just cleared my head of everything but football. Justin Mulkey put on my shoulder pads and we rolled up our sleeves to show off our guns," senior captain Jake Hollingsworth said.

The team felt pride was back in Poquoson football. "It's something we haven't done for 25 years. We set our goals on the playoffs and we got there," junior Dave Porter said.



AFTER THE TEAM scores a touchdown, first team all-state senior captain Mitchell Craig congratulates second team all-region sophomore Josh Zidenberg. "We would celebrate by telling each other how much of a great job we did," Craig said. The team won the Matoaca game 28-22.



VARSITY FOOTBALL. Row 1: Irene Yannello, John Smith, Jake Hollingsworth, Marcus Chorik, Patrick Brooks, Chase McCray, Cory Carr, Jon Farmer, Ryan Martin, Chris Fox, Mike Simmons, Amy Turnage. Row 2: Katie Rabon, Ryan Warner, Mitch Craig, Justin Mulkey, Dave Stavely, Joel Sanderson, Kyle Tom, Jamie Insley, Justin Hollingsworth, Josh Zidenberg, Ryan McDougal, Travis Mulkey, April Payne. Row 3: Katie Rogers, Dave Porter, Josh Cooper, Travis Simmons, Cannon McCray, Chris Hoppe, Nick Jones, Eric Firman, Mason West, Matt Hayes, Jason Shaw, Josh Jordon, Todd Korabek (Trainer). Row 4: Coach Ward, Kurtis Kinser, Travis Woodard, John Martin, John Hogge, Matt Camp, Phillip Hobson, Alex Booth, Bubba Wynder, Allen Brooks, Patrick Dewitt, Adam Ferry.

Football 10-3

| | | | |
|-------------|--------|--------------|---------|
| Mathews | 34 - 0 | Grafton | 48 - 27 |
| York | 14 - 7 | Bruton | 14 - 24 |
| Lafayette | 19 - 7 | Jamestown | 63 - 14 |
| Southampton | 6 - 27 | New Kent | 19 - 12 |
| Tabb | 14 - 7 | Matoaca | 28 - 22 |
| Smithfield | 14 - 0 | Harrisonburg | 14 - 37 |
| New Kent | 14 - 0 | | |

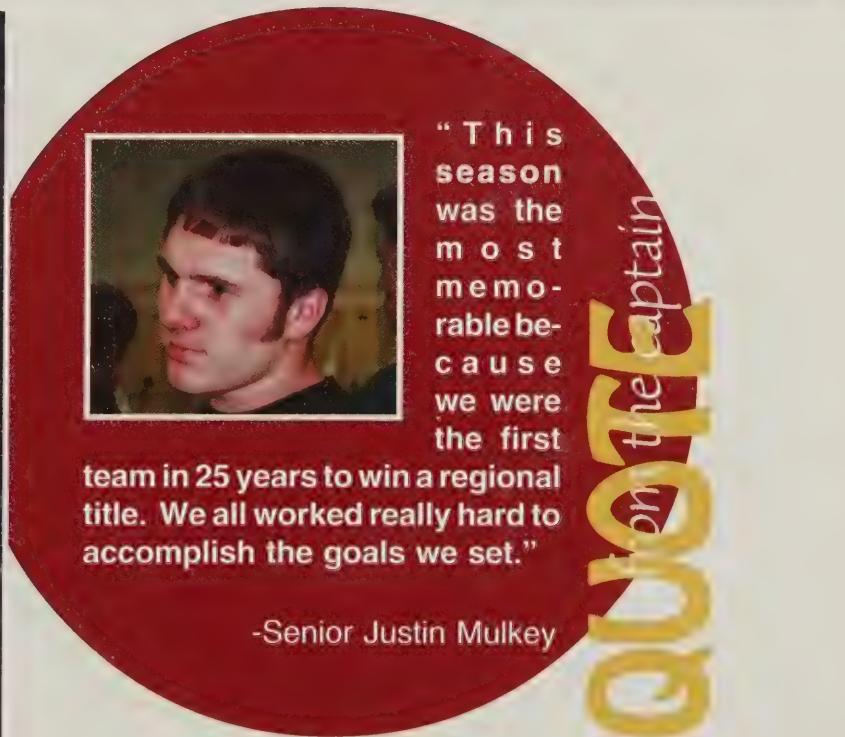
RUNNING AT THE defense, first team all district running back sophomore Josh Zidenberg gains a couple of yards. "I visualize where I am going, then when I see my hole, I explode through it and concentrate on going all the way," Zidenberg said. Zidenberg ran for 1051 yards in regular season play.





SPRINTING PAST THE falling defense, senior captain Jake Hollingsworth rushes for a first down. "I am sort of quick but I have no moves. I love to run over as many defenders as I can and punish," Hollingsworth said. Hollingsworth helped the team rush for over 3,000 yards during regular season play.

BEFORE THE SNAP. first team all district quarterback senior Jonathon Farmer yells the play to his teammates. "The coach called the plays, but when I came up to the line, I could audible the play, after I read the defense," Farmer said. Farmer threw for 65 yards against York.



-Senior Justin Mulkey

Captain
Goal

FLYING OFF THE starting block, sophomore Anthony Chung blows by the competition. "My start is usually the most important thing in my races. In my sprint events I really need a quick start for a lead. In my distance events I still need a good start, but I'll still have time to try to catch up if I fall behind," Chung said. Chung won the 500 meter freestyle event at states.

RACING TOWARD THE finish, senior Matt Beagle leads the pack. "I feel that my backstroke improved a lot. I started slow, but at district I got a personal best and placed," Beagle said. Beagle placed eighth with a time of 101.82 at districts.



Captain
Kathryn Anderson

"Our team is so small, it's unrealistic to compare ourselves to other teams. If we look at meet results though, we had a lot of best times, and to me, that means we performed really well."

-Kathryn Anderson, 12



Racing

Individual
swimmers
reach
personal
goals

Relays

By: Kyle Garvey

Small teams competed against bigger, stronger teams. The swim teams didn't win many meets, but were successful individually. "I think that as a team we competed very well. Despite the fact that we were a small team, we let everyone know who we were, and what we came there to do, which was to swim fast," sophomore Kim Loftus said.

The team had rituals and superstitions to give them luck before a meet. "We have a lucky dollar that was found four years ago. Before we swam, we all touched the dollar for good luck. Unfortunately, it did not always work, but it was fun to pretend," senior captain Christina Black said.

The teams liked relays, even though they did not always have enough swimmers to compete. "All of our relays were great. My favorite was the 200 medley relay, consisting of Anthony Chung, William Fithian, Jeb Bates, and me. Another great relay, I recall, was the 400 free relay against Grafton. It was Jeb Bates, Jon Forest, Adam Ferry, and Chad Carlson. The meet came down to this very relay and we won by out-touching them," senior Matt Beagle said.

The teams felt they competed with what they had. "The girls team swam really fast this season, especially at districts and states. I think that everyone swam so fast because the girls bonded so well and cheered everyone on," senior captain Kathryn Anderson said.

The team finished with a record of 2 - 5.



EACH SWIMMER HAD traditions before a meet. "I eat as much as I can without getting sick," sophomore Sara Griffith said. Racing against York High School, Griffith finishes fifth in the backstroke.



VARSITY SWIMMING. Row 1: Will Fithian, Matt Beagle. Row 2: Sara Griffith, April Payne, Ashley Heath, Alex Forest, Megan Black. Row 3: Jeb Bates, Anthony Chung, Chad Carlson, Zane Shuck, Josh Stephenson. Row 4: Coach Craig Griffith, Adam Ferry, Jon Forest.

Swimming Girls 2-5 Boys 3-4

| Boys | Girls |
|-----------|-----------|
| Jamestown | Jamestown |
| 25 - 69 | 31 - 62 |
| Goochland | Goochland |
| 74 - 5 | 81 - 11 |
| Bruton | Bruton |
| 69 - 18 | 71 - 23 |
| Tabb | Tabb |
| 14 - 80 | 19 - 75 |
| York | York |
| 33 - 61 | 45 - 49 |
| Lafayette | Lafayette |
| 25 - 69 | 31 - 63 |
| Grafton | Grafton |
| 49 - 45 | 35 - 59 |

COMING UP FOR a quick breath of air, freshman Megan Black dives back into the water. Black swam butterfly as one of her events. "Butterfly has been one of my best events since I was younger. Once I get the rhythm it's really easy," Black said. Black was one of the few freshmen on the team.

EMOTIONS RAN STRONG when playing a rival team, especially Bruton. "Playing Bruton is always a tough challenge. They have a great defense. It takes many passes to break apart their defense and score," senior Jonathon Farmer said. Coach Todd Bowden used time-outs to discuss tactics they thought would be useful against Bruton.

TRYING TO PASS the ball out to the shooters, junior Leland Beale looks to draw defenders. "Because Bruton is so athletic and fast, I had to keep the ball up high and get rid of it quickly," Beale said. Beale was the starting center for the team, playing varsity since his freshman year.



QUOTE from the captain

"I think our team had an outstanding season.



Going 16 - 5 and having one of the best records in school history is a season that I will never forget.

—senior Matt Hirschberg

DRIVING PAST A Southampton opponent, senior Tommy Warren moves to score. "We lost to Southampton the first time by one point, so the second time we played I wanted to beat them," Warren said. Warren averaged 18 points a game, and was one of the leading scorers on the team.

Satisfying

Player
experience
brings
victorious
season

Season

By: Sherry Hood

Only one minute to play and the home team has a fifteen point lead. At thirty seconds left, the home team fans start to pull their keys out of their pants pockets. They jingle their keys and chant "start the bus," "start the bus" to the opposing team. The buzzer sounds to end the game, and it's another home game victory for Poquoson.

This scene described one of the many wins the boys basketball team accomplished. "We had the most successful season in over fourteen years. We finished second in the district and had numerous players receive all-district status. The district was very strong and competitive all season long," senior co-captain Jeremy Jordan said.

Although the team lost in the first round of the regional championship tournament to King George, they were victorious over a team they had not beaten in eleven years. "We had a good season overall. We beat Bruton for the first time in eleven years, and we advanced to regionals, which is something the team hasn't done in years. We were very strong, but so was the rest of the district," senior Brandon Tignor said.

Other members of the team also felt good about the team's season. "We played hard and did our best. I think we could have gone farther than we did, but the district was really tough," junior Tommy Catlett said.

"The team was experienced. Four out of the five starters were seniors, and they were all very talented. All of the running and discipline during practice made the team as strong as it could have been," junior Carl Griffiths said.

"Since seventh grade the seniors had dreamed that with hard work in the off-season and intense practices, that we would be in the position we were in. It was a shame that the season ended the way it did, on two last-second shots in the regionals," Jordan said.

The boys ended the season with a 16 - 5 record. They also received the award for Sportsmanship in the state. Two players received district honors, and senior Tommy Warren got second all-regional.



AS HE HOLDS the ball away from his opponents, senior Brandon Tignor looks for an open player to pass to. "It felt great to snap our losing streak to Bruton, and start off the season with a victory," Tignor said. The team, which had not beaten Bruton in eleven years, beat them both times during the season.



VARSITY BASKETBALL. Row 1: Greg Frazier, Brandon Tignor, Jeremy Jordan, Matt Hirschberg, Carl Griffiths. Row 2: Tommy Catlett, Mike McConnell, Jon Farmer, Leland Beale, Josh McClaire, Tommy Warren, Chris Zagurski.

Boys Basketball 16 - 5

| | | | |
|-------------|---------|-------------|---------|
| Bruton | 64 - 49 | Lafayette | 56 - 53 |
| Lafayette | 48 - 39 | York | 53 - 48 |
| York | 40 - 61 | Smithfield | 59 - 37 |
| Smithfield | 63 - 35 | NSA | 66 - 43 |
| Tabb | 46 - 33 | Grafton | 51 - 57 |
| Grafton | 59 - 50 | Southampton | 68 - 61 |
| New Kent | 67 - 28 | New Kent | 78 - 50 |
| Southampton | 58 - 59 | Jamestown | 60 - 56 |
| Jamestown | 54 - 49 | Lafayette | 53 - 58 |
| Tabb | 44 - 43 | King George | 43 - 44 |
| Bruton | 44 - 40 | | |

Fouling

Players
cope
differently
with
frustration

Frenzy

By: Sherry Hood

Y

elling at the referee, fouling a player, or just trying to concentrate on winning the game. Players found different ways to deal with frustration.

There were many causes for JV volleyball and JV boys basketball players to have frustrations on the court.

"I get frustrated when the officials make calls that don't please me," freshman Savannah Eck said. In volleyball, there was often controversy on line calls the referees made. They had to use their judgment when deciding if the ball was in or out, and often the players and coaches disagreed with the referee's decision.

"I get annoyed when I miss my first shot and that makes me keep missing, so I get pulled out of the game," freshman David Quenville said. Coaches often pulled players out of the game when they were not doing as well as the coach expected them to, or if the team was in a slump.

Each player reacted to frustration in his or her own way. "I try to calm down when I'm frustrated and concentrate on winning the game," sophomore Mallory Laxton said.

While the volleyball team tried to focus on their game, the basketball team took more aggressive action when they were angry or aggravated. "I foul the kid and yell at the referee," freshman John Fiedler said.

"When I'm frustrated I usually foul the player I'm guarding and get pulled out to sit on the bench," freshman Levi Elmore said.

Although everyone got frustrated on the court, not all players were affected by their frustrations. "Sometimes it gets me more pumped up, and other times it doesn't affect me at all," freshman Megan Clifford said.

Players did their best to move on and not let their anger and disappointment affect the game. They didn't let their frustrations get to them, and they managed to leave their aggression on the court.



TO WIN. A volleyball player must be able to serve. There was no chance for points if no serves went in. "I usually had to serve first, and there was a lot of pressure because the first serve of a game is one of the most important," freshman Alyssa Yeager said. Yeager was one of the few returning JV players.

| | |
|-------------|-------------|
| Bruton | Tabb |
| 29 - 38 | 45 - 41 |
| Lafayette | Bruton |
| 43 - 30 | 27 - 33 |
| York | York |
| 31 - 39 | 52 - 59 |
| Smithfield | Smithfield |
| 42 - 33 | 35 - 36 |
| Tabb | Norfolk |
| 40 - 53 | 46 - 23 |
| Grafton | Grafton |
| 29 - 53 | 33 - 86 |
| New Kent | Southampton |
| 55 - 41 | 32 - 42 |
| Southampton | New Kent |
| 32 - 39 | 36 - 35 |
| Jamestown | Jamestown |
| 43 - 63 | 41 - 55 |

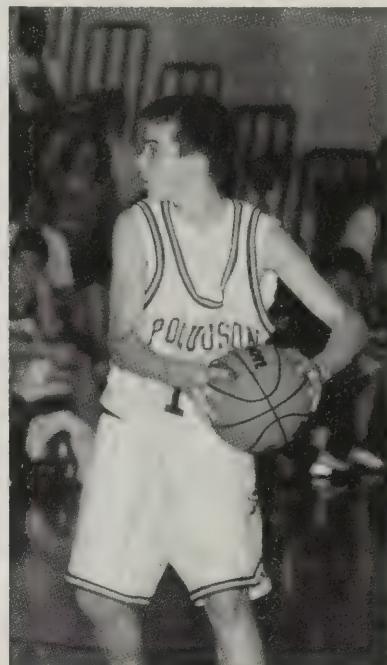
JV Boys Basketball 6 - 12



JV BOYS' BASKETBALL. Row 1: Chris Robbs, Ross Turner, Dre Akers, Matt Frazier, Jake Bollinger, Jacob Allen. Row 2: Joey Kova, Nate Duman, David Quenville, John Fiedler, Tyler Ayers. Row 3: Andrew Pao, Levi Elmore, Daniel Morgan, Zack Duman, Nick Farmer.

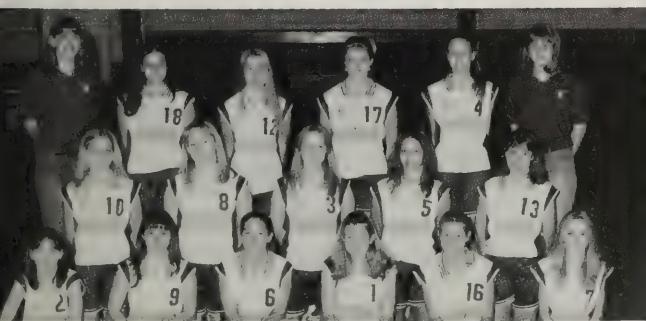


AFTER GETTING A break away, freshman Nate Duman sets up for a shot. "We didn't get as many wins as we wanted this year, but we were capable of beating anyone in the district," Duman said. Duman played on the JV basketball team for two years.



IN ORDER TO get ready for a game, players found various methods that helped them get pumped up. "I like to listen to music to get me pysched up. I listen to rap music more than anything else, but funk master Rick usually played his Limp Bizkit," freshman David Quenville said. Sophomore Rick Bryant usually supplied most of the music for winter sports, including JV basketball and volleyball.

TIME OUTS WERE called by the coaches for numerous reasons. "Heather and Nina would tell us what we were doing wrong and ways that the other team was scoring points on us. It was very helpful because we could then adjust to a better defense and focus more on scoring points," freshman Lindsay Bunting said. Often the coaches called for a time out when the team was in a slump.



VOLLEYBALL. Row 1: Sara Williams, Lindsay Bunting, Mandy Allen, Eriisse Jensen, Megan Clifford, Alex Boyce. Row 2: Mallory Laxton, Jessie Bayne, Danielle Hardin, Brenna Smith, Kathryn Hayes. Row 3: Anna Richardson, Diana Kaoudis, Alyssa Yeager, Kelly Ambrester, Savannah Eck, Heather Vaden.

JV Volleyball 3-15

| | |
|-------------|-------|
| Tabb | 2 - 1 |
| Bruton | 1 - 2 |
| Lafayette | 0 - 2 |
| Smithfield | 2 - 0 |
| Grafton | 0 - 2 |
| Southampton | 0 - 2 |
| Jamestown | 1 - 2 |
| New Kent | 0 - 2 |
| Tabb | 0 - 2 |
| Bruton | 1 - 2 |
| Lafayette | 0 - 2 |
| Smithfield | 2 - 0 |
| Grafton | 0 - 2 |
| Southampton | 1 - 2 |
| Jamestown | 1 - 2 |
| New Kent | 0 - 2 |

IN PREPARATION FOR the game, Coach Brian Bauer speaks to the team. "Before our games, we always had a huddle to pump us up. We started to focus, and Coach Bauer pointed out things we had to be ready for," senior Kellyn Larrabee said. The coach gave the team strategies for defensive and offensive plays during his pep talks.

BEFORE EVERY VOLLEYBALL game, the audience and players stood for the national anthem. "The first home game, there was no music, so we were asked to sing. We asked Mrs. Hanna to sing with us to add depth," senior Meredith Hicks said. Hicks was also joined by seniors Andreanne Gingras and Alexis Hanna.



QUOTE from the Captain

"Even though we struggled through most of the season, we improved our volleyball skills and learned to love the sport even more."

-Senior Lindsay Bomba

WHEN PLAYING FRONT row, team members usually specialize in hitting either strong side, middle or weak side. "I hit weak side but usually ended up tipping the ball over the net," senior Andreanne Gingras said. Gingras played on the varsity team for two years.

Practicing

Diminishing
numbers

cause
disappointing
practices

Problems

By: Jenny Eudy

Mononucleosis, bad wrists, sprained ankle, and move-aways. The girls' varsity volleyball team lost four of its twelve members. Junior Jessica Knaust was a German foreign exchange student and had to move back to Germany toward the end of the season. "I really loved to play. It's disappointing to leave," Knaust said.

Senior Katherine Lindberg continued to support the team after she found out that she would no longer be able to play because of bad wrists. "After the first half of the season, my doctor advised me not to play volleyball because it would further harm my wrists. I was still a part of the team in many ways, although I couldn't play. I still went to all the games and cheered the girls on. The girls still included me in all the dinners, so I never felt left out. Even though I didn't play, I was active in all the team activities," Lindberg said.

Senior Diane Barnes contracted mono at the beginning of the season, which left her unable to play.

Junior Jessie Martin sprained her wrist at one of the volleyball games because of a collision with a team mate. "It was my first year on varsity and the coach was letting me play. My wrist didn't take that long to heal; it's still getting better day by day. I'm still debating on whether or not to come back next year," Martin said.

Diminishing numbers limited the drills that the team was able to do at practice. "We could never scrimmage or practice drills as a full team because there was only eight people at the end of the season," senior Christina Zahn said.

"A full team is six players, and when you have only two more than that, it makes some aspects of practice difficult, but it also makes other drills much more effective. Not as much time is wasted standing around waiting, and the team can get more done," junior Jenny Eudy said.

"We managed to continue to perform well, but it was frustrating to end up with such a small team, although it wasn't anyone's fault that they couldn't continue to play," junior Elizabeth Hunter said.



IN A HOME game against Tabb, senior Alexis Hanna waits for the other team to serve the ball. "Tabb was definitely our biggest rival. Beating them gave us momentum at the beginning of our season," Hanna said. The momentum carried into the team's next game, against Bruton, where they achieved another win.



VARSITY VOLLEYBALL. Row 1: Kellyn Larrabee, Jessica Knaust, Lindsay Bomba, Amdreanne Gingras. Row 2: Heather Bahr, Diane Barnes, Alexis Hanna, Meredith Hicks, Katherine Lindberg, Christina Zahn.

Volleyball 5 - 13

| | |
|-------------|-------|
| Tabb | 0 - 2 |
| Bruton | 0 - 2 |
| Lafayette | 0 - 2 |
| Smithfield | 2 - 0 |
| Grafton | 0 - 2 |
| Southampton | 1 - 2 |
| Jamestown | 1 - 2 |
| New Kent | 1 - 2 |
| Tabb | 2 - 0 |
| Bruton | 0 - 2 |
| Lafayette | 0 - 2 |
| Smithfield | 2 - 0 |
| Grafton | 0 - 2 |
| Southampton | 1 - 2 |
| Jamestown | 0 - 2 |
| New Kent | 0 - 2 |

Finding Fun

Alternative entertainment available outside school

By: Jenny Eudy



STUDENTS FOUND WAYS to entertain themselves during the break at lunch. "Hacky-sac is fun because I can take it anywhere I go. Also, since no one's really good at it, it's a very relaxed, casual game to play with friends," junior Austin Green said. Students played frisbee and hacky-sac when the weather permitted.

Paintball, skiing, wakeboarding, dance; although they weren't considered scholastic sports, athletes participated in these extracurricular activities.

There were certain aspects that attracted students to a sport. "Skiing is exhilarating because I get to go so fast down the mountain, and it's scary at the same time, because the wrong movement will make me fall," junior Caroline Hallum said.

"I love dance because it's a type of therapy for me and it teaches me many different things. Some types may include Jazz, Hip-Hop, Tap, lyrical, and ballet. My personal favorite is Hip-Hop," junior Danielle Curtis said.

"My friends and I discovered disc golf earlier this year. It was easy to pick up and after a few weeks we were scoring under par. Disc golf is fun and less expensive than regular golf, and we try to play as much as we can," junior Andrew White said.

With the speed of skating, there were many dangers. "Skating is putting yourself through pain and pleasure all at once," senior Rodney Johnson said. Johnson had done it for three years. He often skated with friends at Evan White's house. All they needed was a skateboard to entertain themselves.

Whether therapeutic or entertaining, these alternative sports gave students a way to enjoy themselves.



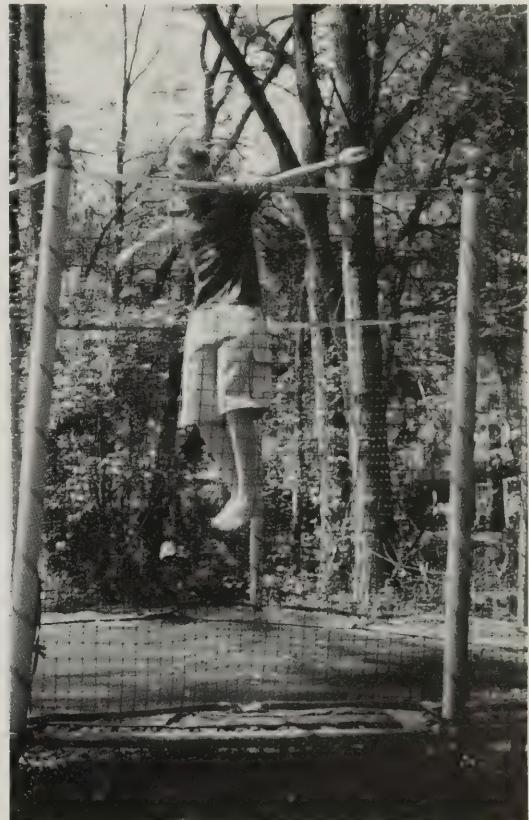
THERE WERE DIFFERENT advantages of disc golf. "Disc golf is an inexpensive way to have fun with friends and it is stress-relieving," junior Kyle Frail said. Frail and his friends played on the course at Newport News Park.

SOMETIMES EXTRACURRICULAR ACTIVITIES required travel. "I show on a regular basis, about twice a month, and travel from Lexington, Virginia to Fortworth, Texas and everywhere in between," junior Erin Walker said. Walker rode horses since she was five years old.



STUDENTS GOT INVOLVED in activities because of their friends. "My friends introduced me to frisbee golf (disc golf) and I've had a lot of fun working on my game. It's a fun thing to do on the weekends," junior Nick Franck said. Franck joined junior Ryan Holloway at Newport News Park.

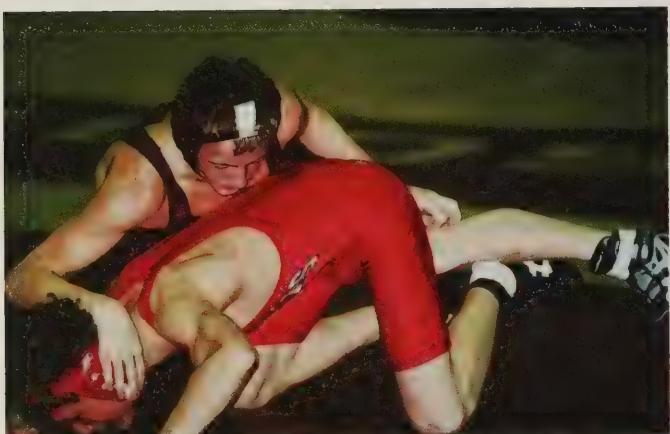
STUDENTS IN POQUOSON owned trampolines. "Jumping on the trampoline is good exercise and helps me keep in shape. The net around it makes sure no one falls off," freshman Eric Eudy said. Trampolines also provided something to do with friends.



ALTHOUGH SOME ACTIVITIES are more interesting with friends, skateboarding isn't one of them. "It's a solo sport. I don't need other people there to do it," junior Steven Knudsen said. Skateboarders skated at the middle school and the Farm Fresh parking lot.

AS HE KEEPS his opponent on the mat, sophomore Billy Sheridan works for position. "I didn't expect much from the team, considering we were so short handed, but people worked hard and exceeded my expectations. We had a strong, diligent team," Sheridan said. Sheridan wrestled at 130.

AFTER PLANTING HIS opponents face into the mat, senior Starkey Moore wins the match. "Running was the key to our success this year. We were in better shape than the other team, and in the third period came out on top," Moore said. Moore qualified for state, making it to the semi-final round.



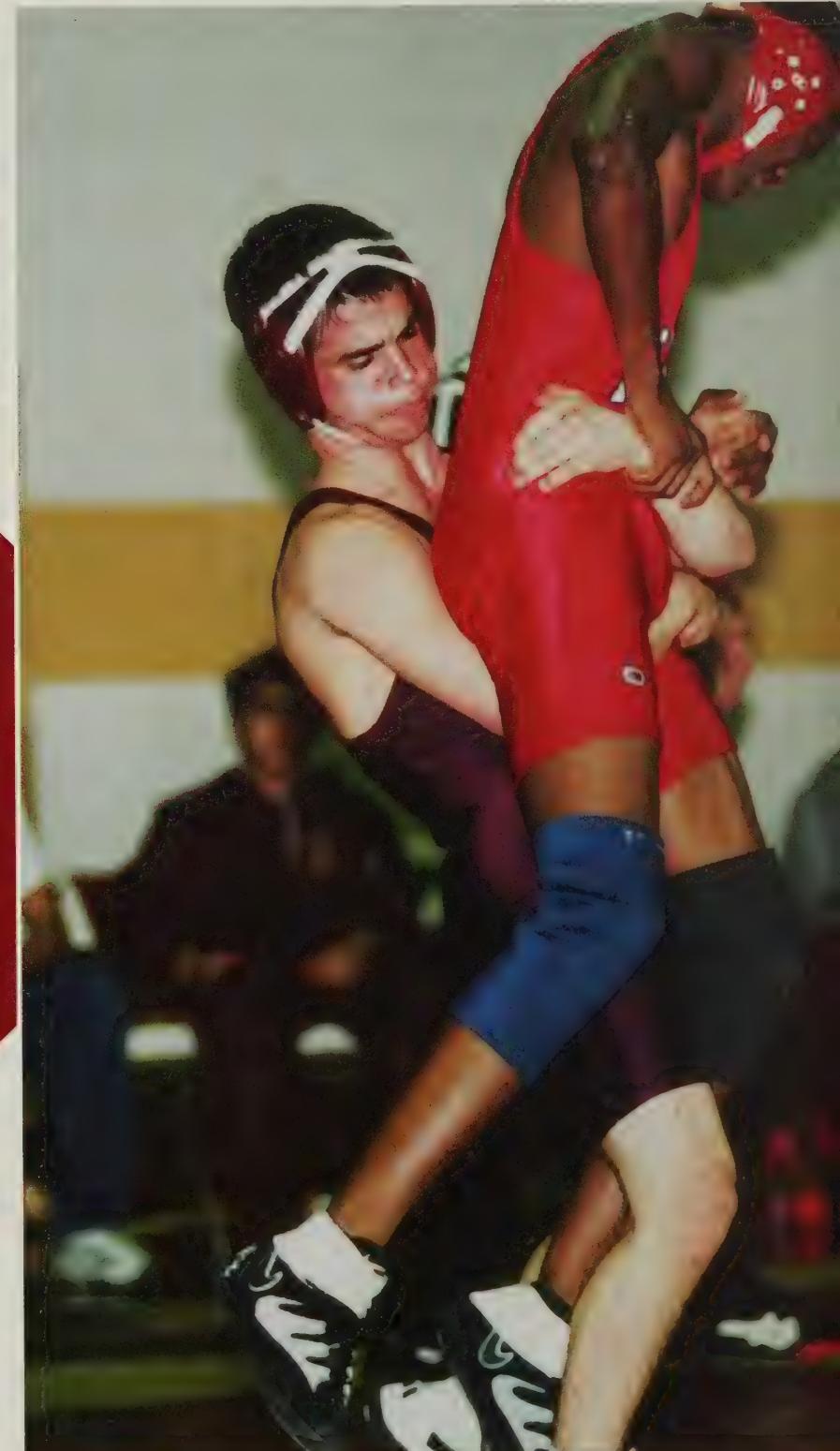
AVIATOR

from the captain

"It was a tough year overall, but it was fun and we worked hard and made the most of it."

-Sophomore Anthony Burke

WITH CONTROL OF his opponent, sophomore Anthony Burke hoists him into the air. "Hard work ethic and the desire to win helped me stay focused and determined," said Burke. Burke placed second in the state.



Overcoming Obstacles

Player
shortage
makes
team
wins few

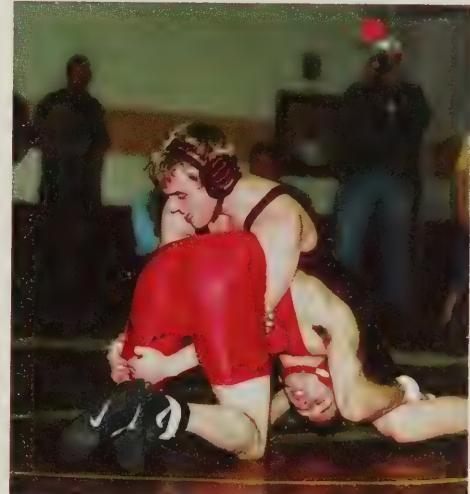
By: Carl Griffiths

The wrestling team won almost every match they wrestled as they again just missed coming out on top. This problem plagued the team for the entire season. Time and time again the team won the matches but lost the dual because of the shortage in wrestlers. With the team not having enough wrestlers at all of the different weight classes, it caused them to struggle because of the forfeits. "We did well for the most part, but the lack of kids held us back from going to states," senior Jason Eng said.

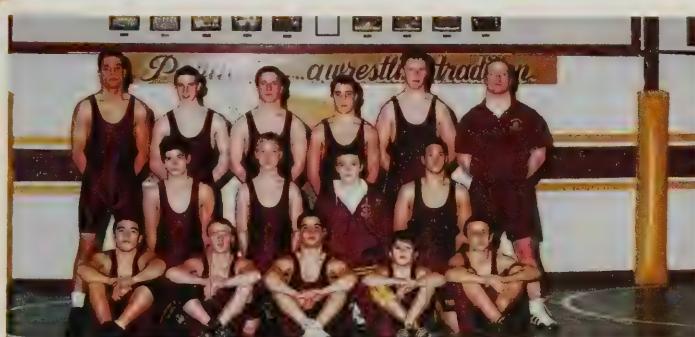
The team realized that they could still win many of the duals by working hard. In order for the team to be successful, it was imperative that the wrestlers were ready and capable of winning their matches by a lot of points, to offset the amount lost because of forfeits. "We had to work extra hard to get the pins to make up for the forfeits given to the other teams," freshman Keith Huskey said.

The wrestlers made sure they were in good physical shape by having all types of drills so they could out last the other teams late in the third period. "Out of all the drills we worked on, the shot-reshot drill helped me the most. As I blocked my opponent's shot, I immediately took a shot as they came up. This drill was very effective in helping my quickness," freshman Kyle Jones said.

Although the team struggled, the individual wrestlers progressed in the district, regional, and state levels. With the importance of earning every point for the team in the duals against other schools, it made the wrestlers push themselves to another level. Wrestling at this level was what prepared them for the big matches against their toughest opponents as they advanced through the tournament.



GAINING POSITION WITH moves he learned in practice, senior Nick Sutton reaches through to grab the leg of his opponent. "Live wrestling helped us get into position like we would in the matches," Sutton said. Sutton wrestled at 140.



VARSITY WRESTLING. Row 1: Kyle Jones, Starkey Moore, Anthony Burke, Jed Duncan, Karl Wood. Row 2: Daniel Bulles, Keith Huskey, Joey Russo, Jason Eng. Row 3: Ryan Martin, Keith Henley, Mike Simmons, Billy Sheridan, Adam Bearekman, Coach Fitzpatrick.

Wrestling 3-15-1

| | |
|-------------|---------|
| Bayside | 30 - 51 |
| Gloucester | 25 - 59 |
| York | 40 - 42 |
| New Kent | 33 - 45 |
| Southampton | 42 - 42 |
| Phoebe | 44 - 35 |
| Woodside | 22 - 48 |
| Hickory | 16 - 53 |
| Smithfield | 42 - 34 |
| Jamestown | 57 - 27 |
| Grafton | 30 - 43 |
| Bruton | 34 - 40 |
| Northampton | 33 - 48 |
| Hopewell | 31 - 36 |
| Tabb | 14 - 55 |
| Lafayette | 16 - 58 |

Speeding Sprinters

Running
track
increases
speed,
stamina

By the end of the season, I hope to have all of you ready for bathing suit season." These were the words of encouragement offered by track coach Mr. Jeff Gross to his team. Staying in shape was a motivation for students to join the track team.

"I ran track because I needed to keep in shape for field hockey. I knew that if I didn't commit to a sport I wouldn't do anything on my own," junior Kim Kovac said.

The team met for an hour and a half, five days a week. After warm-ups, they split into groups of sprinters, distance runners, and those who did field events. By focusing each runner on his or her particular event, practices were more effective.

"During practices, I was able to learn different styles of throwing the discus. I could also work on my basic form. They allowed me to find the method that was best for me," sophomore Alison Heck said. In addition to district meets, the team also participated in invitational meets, including the Captain's Classic and the Norfolk Invitational. Although having a young team composed of mostly first-time runners hindered the team's overall scores in meets, many runners improved their individual records over the season.

"Running track gets me into shape, and it's fun at the same time. I am able to get faster and have more stamina. That is what is important," freshman Jimmy Wright said.

By: Leslie Couvillion



FIELD EVENTS WERE a part of every meet. Senior Liz Herman clears the bar of the pole vault. "I definitely like pole vaulting better than running. It involves tons of technique and raw power. It's also such a rush to be flying through the air," Herman said. Herman pole vaulted for three years.



TRACK: Row 1: Matt Barrick, Jimmy Wright, Madeline Goodman, Cherisse Jensen, Leslie Couvillion, Holly Smeltzer, Lyndsie Junghans, Kim Kovac, Kristen Melton, Nicole Mekanik, Dustin Wainwright, Tony Brind, Daniel Mills, Nate Trantham, Callee Burns, Jessica Armstrong, Amanda Forrest, Ashley Harvin, Kristin Lindsay, Rachel Anderson, Manager Ariel Monroe, Manager Sabra Swilley. Row 2: Lisa Willis, Danielle Curtis, Achley Woolard, Christina Black, Shaun Kelley, Jason Shaw, Josh Jordan, Justin Edmonds, John Smith, Colin Wilson, Stacey Kimball, Chris Robbs, Savannah Eck, Meagan Black, Brandon Slavens, Whitney Jackson, Jake Akers, Kristen Semeyn. Row 3: Lindsey Beadle, Anna Munk, Zane Shuck, Liz Herman, Amanda Jenkins, Joseph Edmonds, Johnny Cowan, Ira Gallagher, Jon Goodman, Chris Rex, Brent Brundige, Tim Russell, Beau Crockett, Sarah Taliaterra, Crystal Pruitt, David Patterson, Jeff Andrilunas, Casey Rollins, Jon Moore. Row 4: Matt McGee, Nick Farmer, Matt Burns, Jason Boyd, Tyler Ayers, Nick Jones, Josh Zidenberg, Andrew Pao, Kyle Tom, Michael Bourlotos, Kyle Frai, Ryan Holloway, Adam Ferry, Nick Franck, Travis Messick, Wilf Henley, Scott Bell. Row 5: Paul Sokolowski, Mitchell Craig, Matt Rogers, Alan Marks, Jonathon Farmer, Chris Hoppe, Matt Hayes, Matt Jeffrey, Austin Bersinger, Curtis Cawley, Sean Brooks, Pat Brooks, Coach Jeff Gross. Coach John Forrest.

Track Girls 1 - 8, Boys 1 - 8

| Boys | Girls |
|--------------------|-------|
| Peninsula Catholic | |
| L | L |
| Jamestown | L |
| L | L |
| Smithfield | L |
| L | L |
| Catholic | W |
| W | W |
| Grafton | L |
| L | L |
| Lafayette | L |
| L | L |
| Tabb | L |
| L | L |
| Bruton | L |
| L | L |
| Southampton | L |
| | L |

COMING OFF THE blocks, sophomore Josh Zidenberg sprints ahead in the 100 meter dash. "I wanted to do a more individual sport, so I ran track. It also keeps me in shape for football," Zidenberg said. Running on the track team provided an opportunity for students to remain active and improve performance in other sports.





AFTER FINISHING HIS leg of the 4x100 relay, sophomore Tyler Ayers hands off the baton to senior Curtis Cawley. "We were behind when I handed it off to Curtis, but we ended up beating one of the fastest teams in our district. I love running track. It's a good experience," Ayers said. The relay team finished second place in the race.

WHILE PRACTICING BEFORE a race, junior Nick Franck leaps over a hurdle. "I like doing the hurdles. They give me a challenge," Franck said. In addition to hurdles, Franck also ran sprinting events.



Cheering

Work
ethic
brings
sweet
second

Champs

By: Carl Griffiths

Maroon, gold, and white, Bull team let's fight."

This was one of the chants heard yelled at football and basketball games as the cheerleaders helped get the crowd into the action. Whether the team was losing and trying to come from behind or winning and trying to hold on to the lead, the cheerleaders always made sure the team was supported. The cheerleaders yelled chants, put up stunts, and did gymnastics as a part of the process.

Although they cheered at games and wore their uniforms to school on game days, many people didn't know that the cheerleaders practiced for something other than to cheer on Poquoson teams. Even though they were always working to make up new ways to support the teams, they also practiced and prepared for the cheerleading competition. This competition was against the district, region, and state, like any other sport.

One way the cheerleaders prepared for the competition was conditioning. "At the beginning of the season we ran to build up our endurance and to strengthen our muscles so we could put up the flyers more easily," junior Kim Weston said.

It was important for the cheerleaders to be capable of completing physically demanding tasks in order for them to complete their routine solidly. "A cheerleader needs to be very athletic and have good endurance for the competition," senior Jessica Tuten said.

After the long season of cheering for the different sport teams and perfecting the routine, the cheerleaders placed second in the state competition. "We did very well because we came together as a team and used the talent we had," captain junior Darby Charles said.



WITH A BIG smile on her face, junior Kathryn Owen prepares for competition. "Second place was a great way to end the year. We accomplished both of our goals this year by beating Bruton and finishing in the top three at states," Owen said.



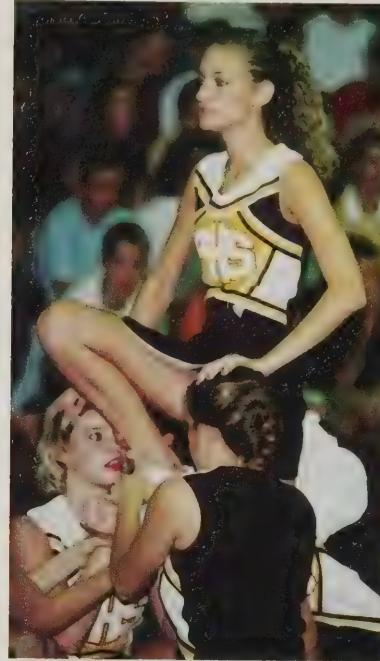
JUNIOR VARSITY CHEERLEADERS. Row 1: Kristina Emeny, Sarah McIntyre, Amanda Bulles, Gada Mughrabi, Jessica Armstrong. Row 2: Marybeth Shelton, Kristen Baughman, Virginia McGee, Molly Scheepers, LeeAnne Bertram, Sarah Dunlap. Row 3: Faith Burton, Lauren Potter, Brandy Shook, Liana Angelo, Virginia Martin.



VARSITY CHEERLEADERS. Row 1: Amanda Cagle, Ashley Geissinger, Jessica Bulles, Brooke Zidenburg, Jessica Tuten, Stacie Tenkley, Nata Kormanik, Lindsey McDaniel. Row 2: Adrianna Kelly, Missy White, Kim Weston, Ellen Thomas, Kathryn Owen, Sherry Duncan, Samantha Lars, Jenna Stout, Briana O'Dell. Row 3: Coach Julie Pitman, Jessica Har, Cecile Kormanik, Chris Hoppe, Tim Lawson, Austin Bersinger, K. Woody, Brittany Geissinger.



AS THEY WORK on their routine, senior all-American Brooke Zidenberg is boosted into the air. "We practiced really hard to try to get everything ready for games and pep rallies. We practiced everyday for two hours just trying to get things all together for the year," Zidenberg said. The team earned second at Regionals.



PREPARING FOR HER teammates to hoist her into the air, sophomore all-American Kelly Woody cheers with the crowd. "Right before the stunt goes up, I think about all the things I need to do up in the air, like staying tight, and counting, but most of all, I'm hoping that I don't fall," Woody said. The team earned second at district competition.



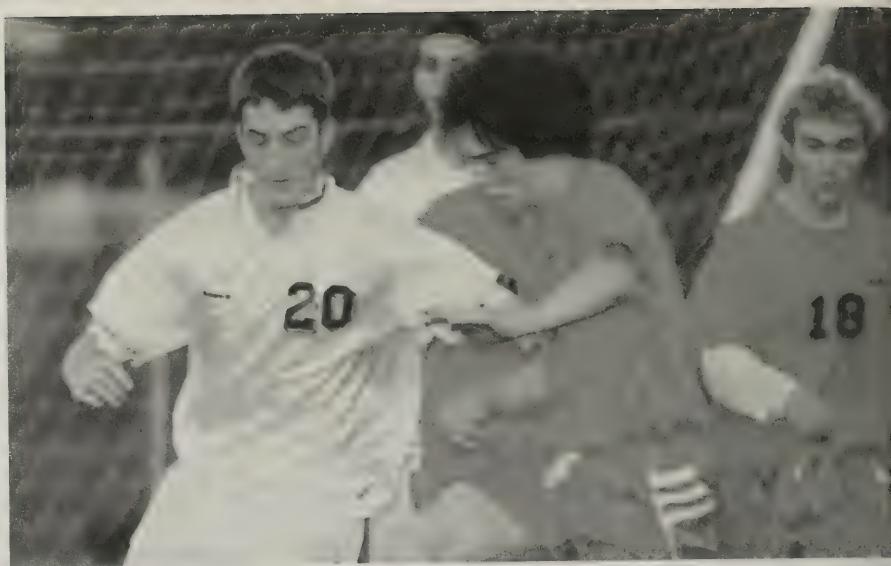
WHEN THE JV cheerleaders cheered with the varsity squad at the Homecoming pep rally, sophomore Marybeth Shelton energized the crowd. "The pep rally was a lot of fun and I think all the cheerleaders did a great job raising school spirit," Shelton said. The JV team did a short routine at the pep rally.



STAYING SYNCHRONIZED WITH the rest of the squad, senior Amanda Cagle yells out the words to the chant during practice. "Practice was crucial in preparing for competition. We practiced 4 times a week and I guess it paid off," Cagle said. The team's nearly daily practice helped them advance to the state tournament.

HOLDING THE BALL off the defender, senior Allen King keeps possession. "Usually I put a lot of body on them and over power them physically. Then I use my superior foot skills and beat them. It's all about leverage and wits," King said. King was named first team all district.

WITH THE DEFENDER on his back, senior Kyle Garvey passes the ball to junior Will Woodard. "I feel the team did well in the tournament, even though we didn't make it to the final. The team bonded that weekend," Garvey said. The team tied twice and won once during the Christine Garvey Memorial Soccer Tournament.



"We played awesome at times, like against Lafayette. But other times we played horribly, like against Grafton."



-Senior Nathan Finch

DRIBBLING PAST THE defender, senior Brandon Tignor fakes out the two Lafayette defenders. "I beat my defender using ball movement and quickness. It seemed to work during games," Tignor said. Tignor scored the tying goal to send the game into overtime.

Teaching Tactics

Scottish
coach
brings
foreign
flavor

By: Kyle Garvey

New tactics, young players, and fast plays brought success to the boys varsity soccer team. With only five returning seniors, the soccer team was young. They picked up four freshmen, which brought new faces to the team. "I enjoyed playing with the freshmen; they brought a new style of play to our team," senior Kyle Garvey said.

The team had many practices without playing any soccer, where they just ran all day. "I felt the running helped the team. It kept us in shape, so we could outrun the other teams," second team all-district junior Carl Griffiths said.

The team strategy was to kick it long and let the team's fast, skilled forwards score goals for the team. "Being a forward I enjoyed this strategy. I scored 25 goals for the team," second team all-regional senior Brandon Tignor said.

The biggest rival was Tabb. The team came back from four goals down to tie them the first time they played, and then beat them in the first round of the district tournament. "Our biggest rival was definitely Tabb. Most of the players on our team played select with players from Tabb and have grown up playing with them since we were five. Both of the best games we played all season were against Tabb because everyone got so pumped up for the game," junior Andrew White said.

One of most important games in the season was against Lafayette, the first place team in the district. The team rallied together and took Lafayette into overtime. They lost to Lafayette on a header by the Lafayette forward. "The team really came together that night, we all played really well, only to come up short," sophomore Joey Kovac said.

The team made it to the first round of the regional tournament. "I was surprised to see the team do so well, considering we lost three of our starters to injury," junior Will Woodard said.

The team lost in the first round of the regional tournament to a talented Courtland team, 4 - 2.



AS HE STEALS the ball from the midfield player, junior Andrew White controls it. "When we play good, like against Lafayette and Grafton, we play more defensive and try to score off the counter-attack. It worked very well against Lafayette and we should have won," White said.



VARSITY BOYS SOCCER. Row 1: Nathan Finch, David Quenville, Asher Goldman, Ben Fenigsohn, Ryan MacArthur, David Auslander. Row 2: Joey Kovac, Jarrett Freeman, Carl Griffiths, Andrew White, Brandon Tignor, Michael Bielenberg, Will Woodard. Row 3: Kyle Adams, Sal Russo, Kyle Garvey, Stephen Hahn, Allen King, Daniel Morgan, Chris Davis. Row 4: Trainer Toshia Soapis, Coach Alex MacDonald, Manager Shelby Zanks.

Boys Soccer 10 - 5 - 3

| | | | |
|-------------|-----|-------------|-----|
| Gloucester | 3-3 | Bruton | 7-1 |
| Kecoughtan | 2-2 | Smithfield | 7-0 |
| Denbigh | 2-0 | Tabb | 4-4 |
| Northampton | 7-3 | York | 5-2 |
| Heritage | 3-0 | Southampton | 5-4 |
| Woodside | 1-0 | Jamestown | 0-4 |
| Grafton | 1-6 | Tabb | 1-0 |
| New Kent | 9-2 | Lafayette | 2-7 |
| Lafayette | 3-4 | Courtland | 2-4 |

Yelling Youth

Running,
cheers
creates
winning
season

By: Stefanie Fortier

Indian runs, pyramids, shooting drills, and scrimmaging were all parts of creating successful soccer teams.

During the season, both teams fell on hard times during their games. The JV boys coach, Bill MacArthur, gave pep talks at half time. "When our spirit and enthusiasm was low our coach would take us to a corner of the field and give us a pep talk; depending on how we played it could have been a pep yell," sophomore Vinny Pedulla said.

The JV girls team took it upon themselves to raise team spirit. "Our team would sing 'I Will Survive' and do our PHS cheer before going back out on the field," sophomore Erin Wallis said. Positive attitudes, along with team spirit, were an essential ingredient to success on the soccer field.

Both teams finished their seasons with winning records. Conditioning was key to the boys team. "I think the reason for our success was that our team was in shape all season. We ran so much all year, which helped us last longer than other teams," freshman David Marconi said. It was necessary for team members to have the stamina to withstand the 40 minute halves.

The JV girls team relied on commitment and teamwork to produce a winning season. "I think we had a variety of great players. We all tried our best on the field and that was key. We passed really well and worked great as a team," eighth grader Selina Hunt said.

Throughout the season, players took away skills that they could apply to their everyday lives. "It's hard to play a sport and not learn something that you can apply to everyday life. Whether it be how to work together as a team, the ability to use criticism to better myself, or the importance of dependability, I was constantly learning skills that I can apply to every day life and my future," sophomore Courtney Simon said.

| | |
|-------------|-----------------|
| Woodside | Lafayette |
| 2 - 0 | 8 - 1 |
| Lakeland | Bruton |
| 2 - 1 | 10 - 0 |
| Jamestown | Smithfield |
| 2 - 1 | 8 - 0 |
| Tabb | Tabb |
| 3 - 1 | 3 - 0 |
| Northampton | York |
| 4 - 0 | 3 - 1 |
| Heritage | Southampton |
| 5 - 0 | 7 - 0 |
| Grafton | Jamestown 1 - 1 |
| 3 - 0 | |
| New Kent | |
| 7 - 0 | |

JV Boys Soccer 14 - 0 - 1



AS SHE BLOWS past the defender, eighth grader Bethany Riggs passes the ball to her teammate. "We played fast and aggressive during the Tabb game. We didn't win this time but we have the potential and skill to beat them in the future," Riggs said. The JV girls tied Tabb 1-1.



JV BOYS' SOCCER. Row 1: Josh Stanfield, John Fielder, Brandon Knight, Michael Beagle, Billy Bruce. Row 2: Vinny Pedulla, David Marconi, Stephen Philip, Ryan Breck, Josh Schultz. Row 3: Evan Smith, Taylor Hunt, Chris True, David English, Austin White. Row 4: Bobby Hodges, David Myers, Chad Carlson, Mike Pappas, James Bryant. Row Manager Brian Fithian, Coach Bill MacArthur, Brandon Routten, Manager Chris Russo.



AFTER SHE TAKES the ball from her opponent, sophomore Melissa Wallisch keeps it in play. "This game was a real disappointment because it was so close. We lost after overtime in sudden death," Wallisch said. Melissa played on JV for three years.



HOLDING OFF THE defender, sophomore Chris True looks to pass the ball. "This game was an excellent game for the team. We came together and were the first team to win the Christine Garvey Memorial Tournament," True said. The JV boys won the game against Tabb 3-1.



GIRLS SOCCER. Row 1: Allison Yeager, Rebecca Sanderson, Linda ...z, Melissa Wallisch, Megan Clifford, Danielle Hardin. Row 2: Alexandra ...stian, Brittany Keeton, Erin Wallis, Courtney Simon, Sara Yanello. Row 3: Bethany Riggs, Selina Hunt, Mollie Scheib, Leeanne Bertram, ...ena Smith, Erika Watson. Row 4: Coach Don Torrenti, Coach Robby ...kins, Manager Ryan Cobb.

JV Girls Soccer 14 - 1 - 1

| | |
|--------------------|--------------------|
| Warwick | New Kent |
| 8 - 0 | 10 - 1 |
| Catholic | Peninsula Catholic |
| 2 - 0 | 3 - 0 |
| Norfolk Collegiate | Lafayette |
| 2 - 0 | 9 - 1 |
| Norfolk Academy | Bruton |
| 2 - 1 | 3 - 2 |
| Tabb | Smithfield |
| 0 - 1 | 10 - 0 |
| Oscar Smith | Tabb |
| 6 - 0 | 1 - 1 |
| Oscar Smith | York |
| 3 - 0 | 3 - 0 |
| Grafton | Jamestown |
| 3 - 0 | 6 - 0 |

Bonding

Reaching
regionals
makes
landmark
season

Bets

By: Jenny Eudy

Do you want to keep it real? Then join the girls soccer team. In order to keep soccer interesting, the girls varsity team had abstract methods to keep themselves entertained. For warm-up during practice and before games, they played drills and games to prepare themselves.

"The game 'keepin' it real' was started by Blair White and Lisa Schwenneker when I was a freshman. Someone starts to juggle the ball and everyone else just has to keep it going. The point is not to let the ball stop moving," junior Katie Lorenz said.

"Keepin' it real' provided some comic relief; it was fun to watch everyone, and it's something that wasn't so serious to do," junior Ashley Imgrund said.

"Keepin' it real' was a fun way for the team to warm up and keep a touch on the ball. It's also a good exercise for team bonding," junior Erin Walker said.

The team played "keepin' it real" regularly to compliment their other drills and games. It helped them practice ball control and gave opportunities for the team to bond.

The so-called locals found ways to add excitement to sitting on the bench. Before the game started, players made their bench bets.

"The bench bets were made by the people left on the bench. Each person wrote down who they thought would go on and in what order. It gave our team a little added fun, and the loser had to make cupcakes," senior Rosanna Dominguez said.

Those participating in the bench bets chose four people to put on their list. A point was received for every correct guess, and the person with the fewest points lost.

Despite having a new coach and numerous new players, the team was successful in placing third in the district. Because of its record, it was invited to play in the regional tournament. The girls played James Monroe in the first round of the tournament, and lost 2-4. This knocked them out of the tournament and finished their season.



DURING THE TOURNAMENT, the final score depicts how closely matched the teams are. "This game was intense. Everyone played hard and wanted to win," sophomore Sarah Woodard said. Players tended to be more aggressive when scores were close, and the game became more physical. Gloucester won with a final score of 1-2.



VARSITY GIRLS SOCCER. Row 1: Ashley Bailey, Lesley Hunt, Maria Zagursky, Stefanie Fortier, Sarah Woodard, Erin Walker. Row 2: Andy Torrenti, Megan Koptish, Rosanna Dominguez, Victoria Zagursky, Ashley Imgrund, Erin Boyle, Katie Lorenz. Row 3: Cory Ragsdale, Jenn Hunt, Courtney Efird, Clarence Korabek, Ashley Riggs, Jenny Eudy, Eliza Greenman.

Varsity Girls Soccer 9 - 5 - 2

| | |
|--------------------|--------------|
| Ocean Lakes | Bruton |
| 1 - 3 | 3 - 0 |
| Warwick | Smithfield |
| 2 - 1 | 10 - 0 |
| Denbigh | Tabb |
| 6 - 0 | 2 - 2 |
| Oscar Smith | York |
| 6 - 1 | 5 - 1 |
| Menchville | Jamestown |
| 0 - 1 | 2 - 1 |
| Grafton | Jamestown |
| 0 - 5 | 2 - 1 |
| Peninsula Catholic | Grafton |
| 11 - 1 | 0 - 2 |
| Lafayette | James Monroe |
| 2 - 2 | 2 - 4 |



BETWEEN PRACTICES AND games, players spent ten to fourteen hours a week playing soccer. "We've certainly been coming along as a team. We have a lot of talent and it's been a fun season full of many challenges and surprises. Without soccer, life would be lame. It's awesome that I have the chance to play for my school and with the caliber of girls on our team," junior Lesley Hunt said. Hunt played the sweeper position.

THE TEAM HAD traditions they carried out before games. "Before we go on the field, we do a team cheer. We put our left hand in because it's closer to our hearts. The cheers pump us up," senior Stefanie Fortier said. The tradition began at the Christine Garvey Memorial Tournament, which raised money for cancer research.



"The team has really stepped up to the competition. We had good team chemistry and were strong in all positions.

-Senior Eliza Greenman

From the captain
GOOGIE

FOR SENIOR MARIA Zagursky, soccer has been an important part of her life. "For me, soccer has been the highlight of my high school years. I know I'm going to miss playing school soccer and club soccer, but I hope to continue my involvement in college by either playing or coaching," Zagursky said. High school soccer players could participate in the Kick Start program, and helped coach younger kids, encouraging them to play soccer.

GETTING THE SIGNAL from catcher Justin Mulkey, junior Scott Parker keeps an eye on the runner. "It's important to keep a runner close so they don't steal the base, and get into scoring position on a base hit. I just hope I catch the ball and give myself an opportunity to tag out the runner," Parker said. Holding runners on was an essential strategy to keeping the other team from scoring.

HEAD DOWN, EYES on the ball senior Matt Hirschberg receives the pitch. "When I step into the batters box, I go up there with the mindset to get a good pitch to hit and if I don't I am usually patient. I bat in the sixth spot, which is some added pressure," Hirschberg said. Matt spent extra time working on his stroke after practice.



We are young, but we have a ton of talent. It is going to be difficult to defend our title because the teams are all good, but I think we can do it.

-Senior Justin Mulkey

DELIVERING TO THE plate, junior Jimmy Greene bears down. "I've learned to take it one batter at a time. Hitting spots and keeping the ball down is usually how I'd like to throw to the better hitters. I try to go right after the opponent by knowing their weaknesses," Greene said. Greene had the best winning percentage for a pitcher at 25-2.

State
title
repeat
falls
short

Following Footsteps

By: Jeremy Jordan

Championship teams breed success. This was the case for the varsity baseball team. Young but talented, the team defended their title all the way to the state tournament. The season began long before spring tryouts. Players conditioned and lifted weights throughout the winter to improve their chances of being on the team. Coach George Yeager had certain days when future prospects met in the weight room and worked on strength and endurance exercises. This preseason conditioning acted as an essential element. "Many things were done to help the team prepare. On Mondays and Thursdays, the pitchers and catchers came in to throw off the mound while the catchers worked on staying in front of the ball. The coaches also offered to those willing to tryout, dates of a few hitting camps, along with conditioning after school," senior Jacob Hollingsworth said.

After defeating Jamestown to win the regional title, the team lost the next game to Turner-Ashby, in a devastating loss in front of the home crowd. There was a chance to tie the game in the last inning when junior pitcher Jimmy Greene hit a long drive that came an inch too short and hit the top of the fence. Turner-Ashby then retired Matt Hirschberg on a hard line drive hit right back at the pitcher which, resulted in a double play. "We crushed the ball in the last inning, but had some bad luck and we ended up losing six to five. It was the end of another stellar season for our team," Greene said. Turner-Ashby went on to win the state title.



MAKING LAST MINUTE adjustments, varsity coach Kenny Bennett settles his pitcher down. "When I make a trip to the mound it depends entirely on the situation and person pitching. Most of the time I talk to the catcher more than the pitcher. If I leave the pitcher in the game, I remind them of the situation," Coach Bennett said.



VARSITY BASEBALL. Row 1: Justin Hollingsworth, Travis Mulkey, Brent Huskey, Brandon Hamlet, Andy Putnam, Christopher Dorney. Row 2: Greg Frazier, Jimmy Greene, Bob McGee, Jacob Hollingsworth, Matt Hirschberg. Row 3: Manager George Yeager, Justin Mulkey, Scott Parker, Michael McConnell, Brian Shields, Coach Rob Rollins, Coach Kenny Bennett.

| | | | |
|-------------|--------|--------------|--------|
| New Kent | 6 - 0 | Smithfield | 16 - 5 |
| Lafayette | 10 - 5 | Tabb | 5 - 6 |
| Grafton | 8 - 9 | York | 11 - 1 |
| Bruton | 12 - 2 | Southampton | 3 - 2 |
| Smithfield | 3 - 2 | Jamestown | 1 - 3 |
| Tabb | 16 - 1 | Lafayette | 3 - 2 |
| York | 10 - 0 | Jamestown | 9 - 5 |
| Southampton | 1 - 0 | Smithfield | 6 - 14 |
| Grafton | 3 - 7 | Powhatan | 11 - 0 |
| New Kent | 9 - 3 | Nottoway | 9 - 5 |
| Jamestown | 4 - 5 | Jamestown | 9 - 6 |
| Bruton | 11 - 1 | Turner Ashby | 5 - 6 |
| Lafayette | 9 - 2 | | |

Baseball 18 - 7

Young
teams
boast
winning
seasons

Hitting Hard

By: Stephanie Harvin

Every time we had a game, we were always talking about how big the girls on the other team were," freshman Kate Leeming said.

The majority of the players on both the JV baseball and JV softball teams were young. The girls on the JV softball team tried not to let the size of their opponents intimidate them.

"Even though we had a young team, I don't think that it effected our season in a bad way. We had an excellent team, and I think it was a wonderful experience for everyone," sophomore Virginia McGee said. The girls were able to pull off a winning season despite their comparative youth.

The JV baseball team focused on the basics. "Because everyone was so young, we had to practice our drills a lot. We didn't have a chance to do more complex plays," sophomore Ryan Warner said.

"We had a really young team. It hurt us in some of our games, but everyone improved their skills and technique a lot," eighth grader Jake Bollinger said.

The younger members proved to be valuable assets on both of the teams. "The younger girls really helped us out, they have a lot of talent, and we have all bonded over the season and become great friends with each other," freshman Maria Smith said.

More experienced players became leaders on the teams. "We did very well even though we had quite a few eighth graders. Having a young team, I had to be a good role model and teach them how to play the game," sophomore Heather Tabor said.

The teams practiced for two hours every day after school. The practices included going on team runs, as well as working on batting and catching. To help prepare before tough games, the players ran through plays and scrimmaged.

Despite having young teams, JV baseball and JV softball both had winning seasons. The players made new friends while learning and practicing their skills.



IN THE GAME against York, sophomore Daniel Hallinger runs around the bases. "This year was a great year, considering the talent that went up to varsity. We had many eighth graders and still had a mediocre record," Hallinger said. His run helped the team win the game 8-2.

JV Baseball 12-4-1

| | |
|-------------|--------|
| New Kent | 12 - 1 |
| Lafayette | 6 - 3 |
| Grafton | 3 - 11 |
| Bruton | 10 - 0 |
| Smithfield | 6 - 5 |
| Tabb | 0 - 3 |
| York | 13 - 1 |
| Southampton | 11 - 5 |
| Grafton | 7 - 4 |

| | |
|-------------|--------|
| New Kent | 9 - 8 |
| Jamestown | 6 - 6 |
| Lafayette | 4 - 6 |
| Bruton | 11 - 4 |
| Smithfield | 13 - 9 |
| Tabb | 6 - 7 |
| York | 8 - 2 |
| Southampton | 6 - 2 |



JV BASEBALL. Row 1: Matt Frazier, Ty Freeney, Jake Bollinger, Jack Allen. Row 2: Ryan Warner, Nate Duman, Keith Huskey, Drew Ake. Row 3: Daniel Hallinger, Derek Goodson, Ross Turner, Joe Dorney, Keeter. Row 4: Tommy Jaynes, Zack Duman, Chris Kutch, Coach Dave Bush, Coach Elliott Duty.



RACING TOWARDS HOME, eighth grader Gada Mughrabi aims for the plate. "It's an adrenaline rush running in home and hoping that I'm safe. There was a lot of pressure on me to be safe because our team really needed the point," Mughrabi said. Mughrabi was called safe, and her run helped to lead her team to victory against New Kent.



SOFTBALL. Row 1: Kathryn Hayes, Rachel Barber, Amanda Gurtis, Gada Mughrabi. Row 2: Kate Leeming, Mandy Allen, Heather Tabor, Maria Smith. Row 3: Amy McCubbins, Jackie Lucido, Bethany Bowen, Virginia McGee, Jessica McClaimire, Coach Bob Wheless.

JV Softball 10-4

| | |
|-------------|-------------|
| Grafton | 1 - 8 |
| 0 - 3 | New Kent |
| New Kent | 8 - 7 |
| 8 - 6 | Lafayette |
| Lafayette | 15 - 5 |
| 9 - 11 | Smithfield |
| Smithfield | 23 - 2 |
| 17 - 0 | Tabb |
| Tabb | 6 - 8 |
| 5 - 0 | Southampton |
| Southampton | 16 - 0 |
| 17 - 6 | Jamestown |
| Jamestown | 10 - 2 |
| 15 - 0 | |

MAKING THE CATCH, freshman Evelyn Garcia looks to see where the runner is. "I usually try to think about what I can do to make things better, and I yell a lot," Garcia said. After recovering from an injury that occurred during the first game, Garcia was the team's starting shortstop.

YOUNG MEMBERS AND few returning players taught the varsity softball team new lessons. "I think the most important thing the team learned was to focus hard and strive to win. Also, I believe in never giving up on yourself, but most of all never giving up on your team," freshman Diana Kaoudis said. Kaoudis caught and sometimes played as designated hitter.



Schooling

Young
team
experiences
learning
season

Season

By: Sherry Hood

Just a base hit, something to move the runners into scoring position.

These instructions came from varsity coach Todd Bowden during a team huddle between innings. "Coach Bowden would tell us what we did good and what we would need to do to improve the game. If we were up to bat he would tell us where we needed to hit the ball in order to take advantage of the other team's weaknesses," junior Ashley Fair said.

Team members felt what was said helped them better focus. "I think what Coach Bowden said helped us because one time we were losing and he told us something to boost our confidence and we came back and we won," Fair said.

And even though the team did not do as well as they had expected, they thought they gave a good effort. "I think we performed well. In the beginning we had a lot of injuries, but in the end everything turned out fine," sophomore Christy Keeter said.

The team made it to the district tournament, but they were shut out after one game. "The season ended on a disappointing note. We lost some games we should have won, but we had a very young and immature team. This was a rebuilding year and I think we learned a lot about getting along and becoming stronger," junior Sherry Hood said.

The team ended sixth in the district with a record of 8-12, and freshman Allyson McCubbins received second team all-district.



HOPING TO STOP a runner from moving into scoring position, sophomore Kristin Tignor blocks the ball. "This season has been full of surprises. Being as young as we were, we played from the heart and never gave up. We pushed ourselves and always gave it 110%," Tignor said. Tignor was the starting center fielder.



VARSITY SOFTBALL. Row 1: Katherine Lindberg, Kellyn Larabee, Lindsay Bunting, Kristin Tignor, Alyssa Yeager. Row 2: Christy Keeter, Diana Kaoudis, Evelyn Garcia, Julie Miller, Jessie Martin. Row 3: Kim Loftus, Joy Sykes, Ashley Fair, Allyson McCubbins. Row 4: Coach Todd Bowden and Coach Jimmy Walker.

Varsity Softball 8 - 12

| | | | |
|-------------|--------|-------------|--------|
| New Kent | 3 - 13 | Jamestown | 11 - 3 |
| Lafayette | 4 - 5 | Lafayette | 11 - 2 |
| Grafton | 2 - 1 | Bruton | 3 - 7 |
| Bruton | 0 - 4 | Smithfield | 0 - 15 |
| Smithfield | 0 - 9 | Tabb | 2 - 3 |
| Tabb | 3 - 2 | York | 7 - 8 |
| York | 0 - 2 | Southampton | 6 - 1 |
| Southampton | 3 - 1 | Jamestown | 9 - 0 |
| Grafton | 0 - 10 | Lafayette | 6 - 5 |
| New Kent | 0 - 7 | Tabb | 1 - 6 |

AS SHE STANDS at the plate, freshman Alyssa Yeager waits for the pitch. "The most stressful thing about softball is not playing up to our fullest potential. We're a young team with great ability, but we haven't done as well as expected," Yeager said. Yeager also found that support for the team, no matter the score, helped to deal with stress.

WHILE FIXING THE strings on his racket, junior Greg Marconi thinks about his next serve. "The tennis team had a successful season. We placed second in the district behind York. This is the second year in a row we've made it to regionals," Marconi said. Marconi played mostly consolation matches.

USING HIS BACKHAND, senior Daisaku Azuma returns the ball. "The highlight of the season would be the match against Lafayette. We have a bad relationship with the Lafayette coach, and we get a warning for verbal abuse every year, including this year," Azuma said. Azuma played the number two position and had key victories to help the team to regionals.



"We had a really good year in tennis. Not only did we have fun as a team, but we also did better than pre-season expectations.

~Senior David Knight

DURING A MATCH, junior Jeff Moore returns a serve with a backhand. "We had a really good season and we made it to regionals for the second year in a row. We also placed second in our district. This was my first season playing number one and it was a good experience for me," Moore said. Moore lost only three matches during the regular season.

Team places second in district

Reaching Regionals

By: Andrew White

Upset. No. Despite losing twice to York, the boys tennis team finished with only two losses. Going into the season, the team knew they were a contender for the district title. The other top contenders were York and Jamestown. The season started with six victories over the first six matches of the district. Then they fell to York, which spoiled the chance for an undefeated season. "York had a very strong team with their number one and two both returning. They were very talented and had an overall good team," junior Mark Myers said.

During the season the seniors took a leadership role on the team. David Knight took control of the conditioning part of practices. Knight took ten to fifteen minutes out of the beginning of practice to warm up. The other senior on the team, Daisaku Azuma, took the number one spot for doubles with Knight. "Both seniors had really good seasons. Daisaku played well, even though he missed three or four matches because he went to Japan to visit his relatives. So Knight was forced to move to the number two spot, and Mark Myers played in the number three position. Both Knight and Myers won all their matches during Daisaku's absence," junior Jeff Laarz said.

After beating Motoaca in the first round of regionals, the tennis team got another chance to get an upset when they met York again in the second round of the regional tournament. "York beat us five to one in singles during the season, but at regionals our five and six won their singles pretty easily, and Myers won his first set, but ended up losing in three sets. I was tied four to four in the first set with the regional defending champion after an hour of playing, but he pulled it out in the end. We gave them a scare but it was not enough to knock off one of the best teams in the state," junior Jeff Moore said.

The team finished second in the Newport News Invitational tournament at the beginning of the season. They also finished second in the district behind York, which defeated them during district play and first round at regionals. Jeff Moore was the only person from the team to make first team all district.



RUNNING BACK TOWARD the base line, junior Mark Myers jumps to return the ball. "I improved a lot throughout the season. I won most of my matches, and enjoyed the season," Myers said. Myers worked in the off-season to improve his game, which helped him gain the number four position on the team.



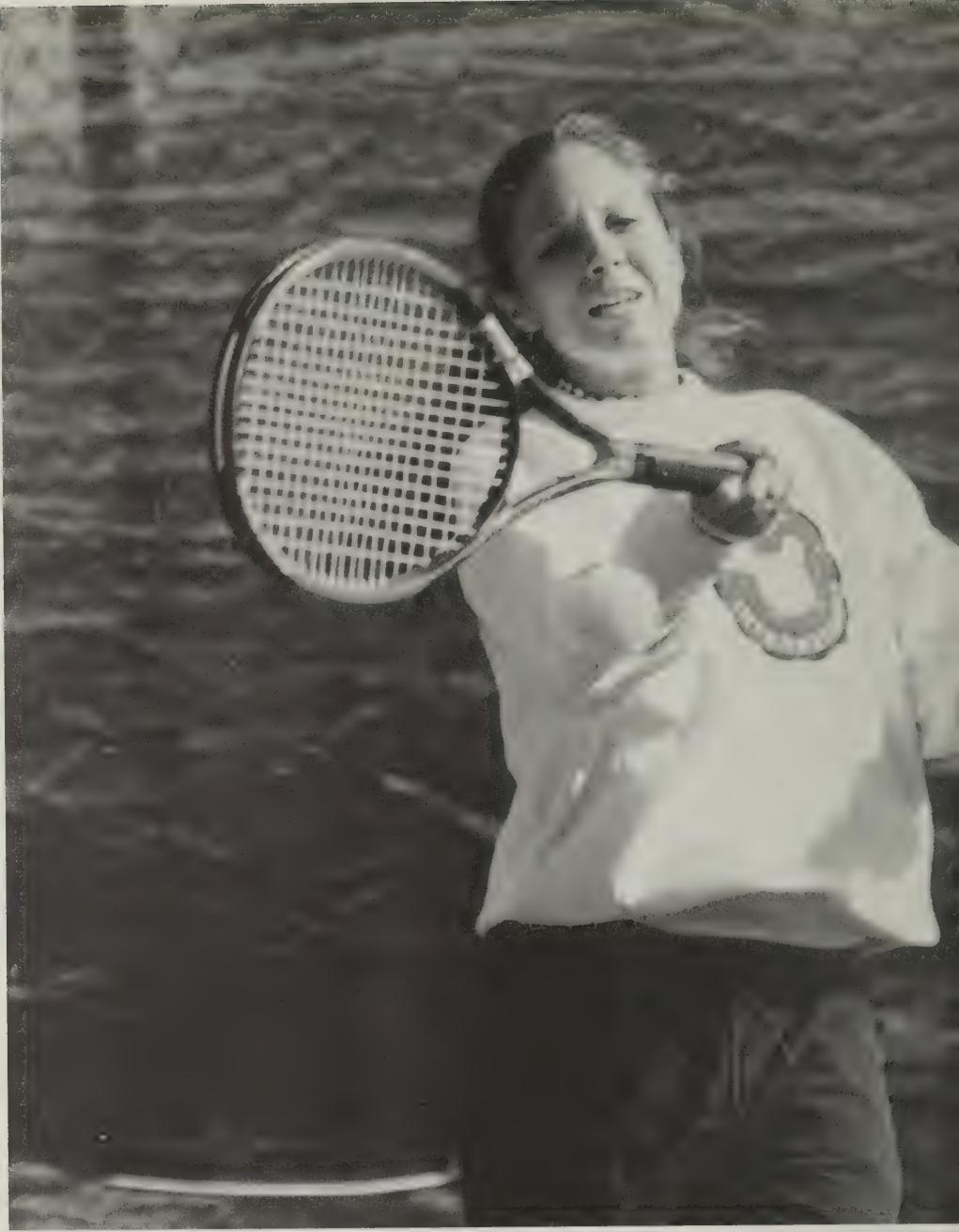
VARSITY TENNIS. Row 1: Ross Ligart, Brian McLellon, Richard Kanter, Chris Harris. Row 2: Will Nunnally, Eric Eudy, Jamie Benites, David Knight. Row 3: Chris McBride, Mark Myers, Greg Marconi, Jeff Laarz, Jeff Moore, Coach George Lewis.

Boys Tennis 9-2

| | | |
|------------|-------|-------------|
| Grafton | 8 - 1 | York |
| New Kent | 0 - 5 | |
| 6 - 3 | | Southampton |
| Lafayette | 8 - 1 | 8 - 1 |
| Bruton | 6 - 3 | Jamestown |
| 7 - 2 | | |
| Smithfield | 9 - 0 | Powhatan |
| 8 - 1 | | |
| Tabb | 2 - 7 | |
| 7 - 2 | | |

RETURNING A SERVE, junior Megan Hunter helps lead her team to another victory. "Jamestown has always been our best competition all year and we look forward to seeing them in regionals," Hunter said. Jamestown defeated Poquoson in the regionals.

WITH CONCENTRATION, junior Amanda Sanderson returns the serve. "Jamestown was the most difficult match of the year.. Even though we were beat really bad, it was a great experience to come against players of that caliber," Sanderson said. Poquoson and Jamestown were tied for first place in the district before the Poquoson loss 1-8.



Captain
"I don't
feel like
I have
taught
the
team
this
year, al-
though
I have put in a few words of
wisdom and encouragement."

-Senior Emily Swortzel



Young
girls
have
winning
season

Fighting for the first place in district; what does it take to make it? It took returning serves for the next point, hitting the ball right on the line for a hard-to-reach shot, and going the extra distance to return the ball.

This is what the girls tennis team did, but disappointment in regional competition was around the corner. Even though they did not have a single player reach states for the second year in a row, the girls learned about disappointment and how to bounce back from it. "Yeah it was really disappointing not making it to states this year, but the way I see it, I still have next year to make it to states," junior Megan Hunter said.

The only team that Poquoson struggled with was Jamestown, who beat them one-eight in regular season competition and again in the district tournament. "I definitely look forward to playing Jamestown next year; they were the only team that got under our skin and beat us at our own game," freshman Jessie Baynes said.

Even though they lost to Jamestown, a lot of experience was gained from the losses. "I feel I have learned a great deal about losing and learned what to do not to lose next time," freshman Lauren Ward said.

The winning record speaks for the team that went ten and one in the regular season. With many young players only having one year of experience, this was a rebuilding year for the girls tennis team.

By: Bill Kaoudis



AS PART OF her practice serve, sophomore Veronica Wightman gets ready to toss the ball into the air. "Normally, I don't prepare for a match at all, but before a big away game, I like to prepare my body by eating a huge cheeseburger and a large fry. It makes me feel more ready to win," Wightman said.



GIRLS TENNIS. Row 1: Amanda Sanderson, Emily Schuller, Jessie Bayne, Stephanie Harvin. Row 2: Manager Hannah Kanter, Megan Hunter, Lauren Ward, Veronica Wightman, Kelly Ambrester. Row 3: Molly Scheepers, Caroline Hallum, Mika Mulligan, Emily Swortzel, Coach Sandy Benites.

Girls Tennis 10 • 1

Mathews
8-1
Grafton
8-1
New Kent
9-0
Lafayette
8-1
Bruton
9-0
Smithfield
9-0

Tabb
6-3
York
6-0 (Rainout)
Mathews
9-0
Southhampton
9-0
Jamestown
1-8

WITH A BOTTLE of water to replenish her after the match, freshman Lauren Ward watches another match. "We watch the others play and encourage them, just like they do when we are playing. While we watch them, we usually do our homework or eat snacks," Ward said. Cheering on teammates kept up the team spirit.

WE ARE Aiming For The Bull's-Eye

By David Knight

They thrived in sports. They thrived in clubs. They thrived in the community. However, the school had always been built strongly on academics.

TStudents attributed the strong academic standing to the environment. "I think PHS does so well academically because of the student and parent involvement. The environment of our school has a lot to do with academics," junior Lesley Hunt said.

A diverse offering of classes helped create a positive learning atmosphere for everyone. "My favorite class is Pre-AP English with Mrs. Goddin. The Pre-AP class was new this year, and it gives us a chance to exercise intelligent debates and insight into the curriculum," sophomore Danielle Hardin said.

Students contributed to the high academic standing. "Poquoson seems to be endowed with a wealth of intelligent students. Both AP and non-AP students are very smart and perform well on standardized tests. What started out as a small group of very good students has grown into an excellent academic environment because parents of good students are attracted to Poquoson," senior Katie Northcutt said.

The Bulls kept the strong academic tradition alive. As students sought perfection, We Are Aiming For The Bull's-Eye.

As she works on an art assignment, junior Amanda Meyer enjoys her elective class. "I like art more than typical academic classes because I am able to be more independent, and it is something I would like to pursue," Amanda said. Elective classes, such as art, allowed students to display their unique talents. Many students looked forward to the change of pace these courses provided.



Preparing for the cat dissection, senior Sam Allen opens the bag to begin shaving. "I really liked the dissection. The smell was pretty bad, but well worth the experience," Sam said. Having Lauren Edmunds as his lab partner was a lot of help.

Dissecting cats was a new experience for biology students. "Dissecting was the best part of biology. My partners didn't even want to touch the cat so I did it all by myself," senior Jonathon Farmer said. It took several weeks of class time to dissect the cats.



DISSECTING CATS

Shaving skin, slicing kidneys, cutting intestines, help teach anatomy

What's that smell? The AP Biology cat dissection was a new addition to the science department curriculum. "It was pretty disgusting peeling the skin off the cat. The smell was overwhelming. The cat was ugly, so I didn't mind making a few cuts," junior Kim Kovac said.

Some students named their cats and felt bad about dissecting it. "We named our cat CoCo since it was black, but it was hard to grow attached to the cat because of its appearance. Its face was contorted and its tongue was hanging out; not very attractive," junior Amanda Sanderson said.

"My partner and I named our cat Fluffy. At first it was just a joke but the little guy was actually really cute. I would have to say it was really fun and I grew attached to Fluffy," senior Brent Huskey said.

Feeling unsure about dissecting a cat was many student's reaction. "At first I felt kind of bad about the whole ordeal, but upon noticing that the cats seemed somewhat malnourished, I decided that they must have had some pre-existences, and proceeded to dissect with pleasure," senior Andreanne Gingras said.

"I really didn't want to do the cat dissection. I don't enjoy cutting things so I did the written part of the lab," junior Ashley Woolard said.

The students enjoyed the cat dissection overall. "I loved dissecting the cat. It was a good experience and I would do it again," senior Nathan Finch said.

"It has been an exciting year in AP Biology. Dissecting cats has been my favorite project. It was something new and my class was the first to do it," junior Austin Bersinger said.



Biology labs

Dissecting cats was a new experience for me. I thought I wasn't going to be able to do it cause of the smell but it wasn't that bad. Overall I enjoyed the lab.

Rosanna Dominguez, 12

What was your reaction to dissecting cats?

The cat dissection lab was really gross. It was also exciting to learn all the parts of a cat while dissecting, but I think I'll stick to book work.

Trip Humphrey, 12

In order to write the cat dissection lab report, junior Austin Green looks up the body parts in his notes. "Dissecting cats was awesome. It was a lot of hard work. I really enjoyed studying the different parts of the cat's body," Austin said. Cat dissection was a part of the AP Biology curriculum.

After finishing the dissection, the students wrote up the lab. "The cat dissection was really complicated so I had to ask a lot of questions. Mr. LaRue was a big help though, and the dissection was actually kind of fun," junior Kim Kovac said.



Beginning her dissection, senior Katie Northcutt slices her cat down the middle. "In AP Biology we had to dissect cats. This was our big project. It was kind of gross at first, but then it was really interesting," Katie said. Dissecting cats was a new experience for biology students.

Working with her partner, senior Maggie Bowden, junior Laurie Kern holds the cat in place for Maggie to cut. "I think it is interesting to see all the muscles, organs, and systems in the cat, to see how it works," Laurie said.

PAINTING FACES

Cleaning brushes, spreading paint, thinking of new ideas develop artistic skills

Art III students finished their projects in record time. "We were given a quarter to complete our projects, but it went really quick because doing portraits was something the whole class enjoyed," junior Canon McCray said. Once completed, the portraits were displayed in the lobby of the school.



The Mona Lisa, Whistler's Mother, American Gothic, and Hendrix.

All were portraits and some were painted by world renowned artists, but the latter was done by a student in Mrs. Paula Bennett's Art III class.

"Mrs. Bennett told us to do a portrait and some of us asked why do it, but I painted all into it, because I love to paint," senior Jessye Abell said. The portraits in Mrs. Bennett's classes involved creating a monochromatic painting one color in different shades, of a subject chosen by the artist.

The first important decision of painting a portrait was deciding who to paint it of. "I wanted to have been a friend, parent, or a celebrity. "I chose to paint a portrait of my Dad, because I wanted to give it to him as a gift," senior Somer Hurr said.

Other students chose a subject for different reasons. "I chose to paint my niece who is very special to me. I really loved painting her, and because of this, it helped me turn it into a portrait," senior Tanya Myers said. Having a good subject was important to creativity and completion of the portrait project.

The portrait project in Art III class gave students a chance to express themselves by painting a picture of someone they enjoyed or admired. When the portraits were completed, they were put on display in the lobby area for the students and any visitors to the school to admire and comment on.



By staying after school, junior Melinda Ammons finishes a portrait. "I love drawing in art class because it really showcases my artistic abilities," Melinda said. Melinda used charcoal to draw her portrait.

After she mixed different color shades, junior Erika Azuma paints her portrait. "The background of the original photo was violet, so I used violet as my base color, using white to create seven different color values," Erika said. Once completed, Erika liked the way all the shades of violet blended together to create her picture.



Lasting art

How much time did you put into your portrait?

My portrait didn't take a lot of my time. I thought it was an easy project. I guess that just means art comes naturally to me.

Josh Jordan, 11

I put a lot of time into my painting. I thought it would be simpler than it was. I ended up working on it a lot after school and in class.

Tilly Wilkinson, 11



Art students in the more advanced art classes could choose which mediums to work with. "We only work on one project each quarter, but apply a lot of time and work. It was really hard to create a complete picture by cutting up many magazines and combining them together," senior Rosanna Dominguez said. Rosanna had been in art class for four years.



Filling in the different shades of red, junior Amanda Meyer applies paint to her portrait. "I enjoyed doing a portrait in art class. It was something that I had never done before," Amanda said. Amanda painted a portrait of a supermodel she discovered in a magazine ad.

As he concentrates on a photo of Jimi Hendrix, senior Scott Choi outlines the portrait. "I chose to paint Jimi Hendrix because I really enjoy his music. Even after his death, the radio still plays his music," Scott said. Scott's portrait was on display in the lobby.

Unusual

What fun and different things you do in your English class

events



Mrs. Fay's AP English 12 class is one of the best classes to take. The atmosphere is casual, but we worked hard all year. We have written poetry, read plays, and created games.

Jessica Tuten, 12

We read a lot of literature out of our books and we reviewed for the SOLs by taking tests from previous years.

Cory Ragsdale

While reading his English lesson, freshman Grayson McClary reviews for a quiz. "In Mr. Forrest's class, we study the main points of grammar to reinforce what we already know about the language," Grayson said of his advanced English class. Review of basic principles helped improve student writing.



In Mrs. Bonnie Fay's English class, freshman John Feidler examines his project. "We were working on a project on *The Time Machine* by H.G. Wells," John said. In-depth projects provided students the opportunity to further study literary works.

At the beginning of each class, either Mr. Mark VanDervort or one of the junior AP English students read a selection of his or her choice. "I am listening to Mr. VanDervort read *Tuesday's with Morrie*. It is an awesome book that gets us thinking early in the morning. The book had a lot of great life lessons," junior Lesley Hunt said. Reading aloud in class helped introduce new literature.





Pouring a glass of juice, junior Amanda Sanderson enjoys her second hour AP English class. "Every Tuesday in Mr. VanDervort's class, we brought in juice and doughnuts, a tradition that began when we won the canned food drive," Amanda said. Breakfasts gave students a refreshing break from their usual routine.

During his pre-AP English class, sophomore Jake Grohs passes out snacks to his classmates. "A few times a week, my friends and I bring snacks into Mrs. Goddin's class. It helps us to wake up, and the snacks are to die for," Jake said. Students found new ways to enjoy class with ideas such as morning snacks.



ENJOYING CLASS

Eating snacks, listening to discussions, reviewing for tests make English class pleasant experience

Doughnuts and juice, Tuesdays with Morrie, classroom discussions.

English Classes found new ways to make class time more fun and the material more interesting.

Every Tuesday in Mr. VanDervort's class we have doughnuts and juice for breakfast. The entire class looks forward to it," junior Laura Wagner said of her AP English

classroom discussions also made class time more interesting with input from teachers as well as students. By presenting new angles on material studied in class, teachers challenged students to understand the underlying meanings of literature. "Mrs. Fay presents theidian aspects of all the works we read in class," senior Andreeanne Gingras said. Mrs. Fay taught twelfth grade AP English.

Class review aided in test preparation. "Mrs. VanDervort goes over all of the stories and novels we read very thoroughly so we will be ready for the tests," junior Brian Shields said of his advanced English class.

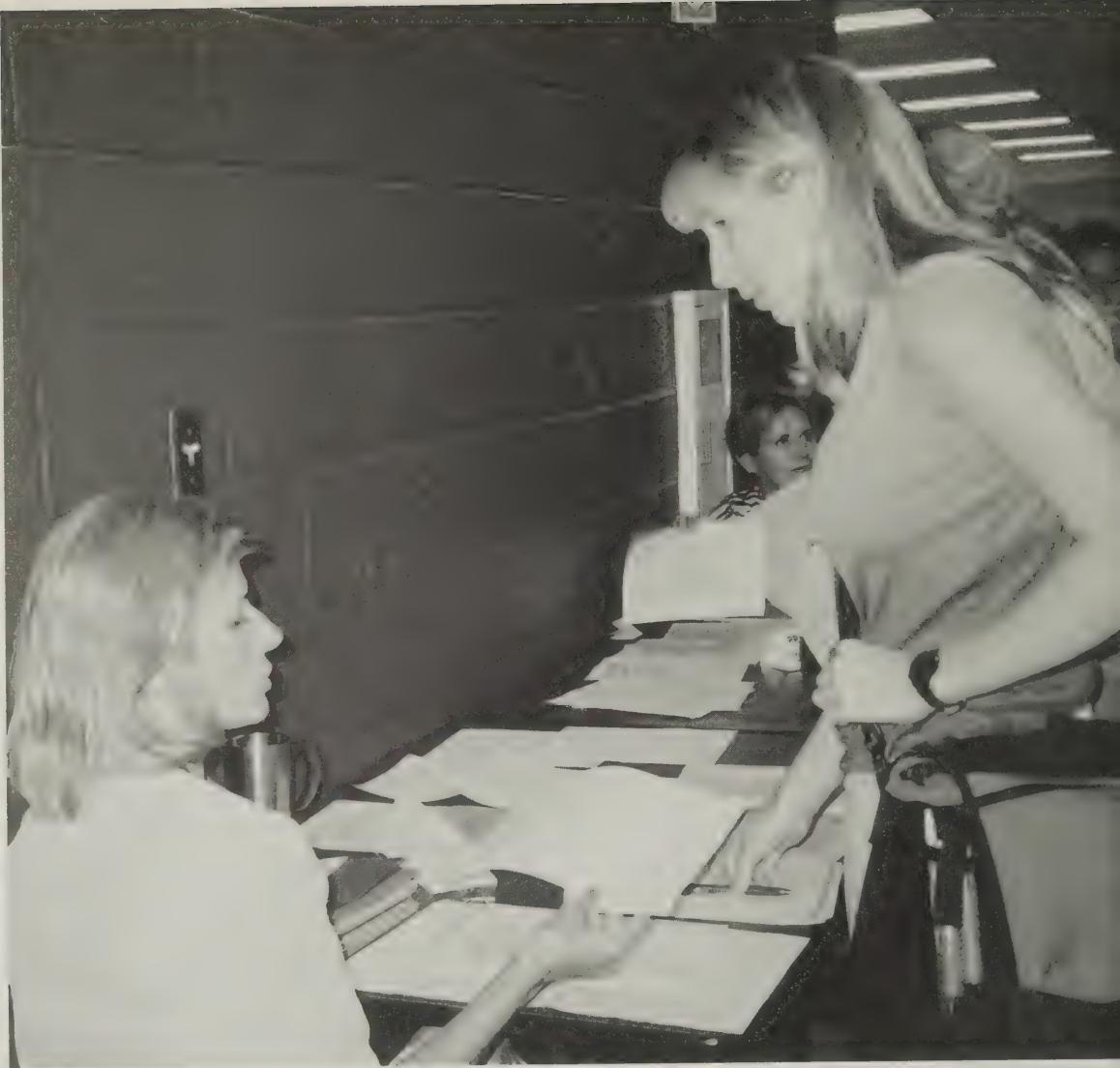
Reviews also brought unique angles to material. "In my class, Mr. Voegelin helps us review before our tests with funny and interesting stories," senior Diane Barnes said of her advanced English class.



Concentrating on her worksheet, sophomore Ashley Rutter completes her homework in her advanced English class. "I really enjoy Mrs. Shepherd's English class because it is always fun, but we still get a lot done," Ashley said. Fun classroom settings helped the work to be more enjoyable.

The community service fair offered ideas for students about volunteer work. "The community service fair was very helpful because it directed me to someone who could give me all of the information I needed," senior Casey Kluge said. Casey volunteered at the primary school as a special friend.

Talking to one of the representatives at the community service fair, senior Natasha Kormanik asked questions. "I'm supposed to get the community seal on my diploma, but that's only if I turn in my hours from being a candy striper," Natasha said. Natasha planned to continue volunteering at the hospital during the summer.



FINDING VOLUNTEERS

Joining Special Friends, helping with Key Club, raising money for Relay for Life provide opportunity to help

Why were there over fifteen tables set up down G-Hall during lunch one September afternoon?

The reason was the first annual community service fair. Representatives from numerous volunteer organizations throughout the area handed out brochures, answered questions and had sign-up sheets for student volunteers. During the community service fair, students signed up to become volunteers with organizations such as the SPCA, the American Red Cross, Menchville House, Poquoson City Schools, and the YMCA. "I think the community service fair was very helpful. It gave me some good ideas on how to get the volunteer hours I needed to get the community service seal on my diploma," freshman Nate Duman said. In order to obtain the community service seal on their diplomas, students must have completed fifty hours of community service for each year of high school.

The community service fair was also helpful to school volunteer organizations such as Key Club. "I did a lot of volunteer work through Key Club. Even though I was already a member of Key Club, the community service fair gave me ideas on what I could do to start my volunteer work. I hope the community service fair will become an annual event," sophomore Veronica Wightman said.

Bringing representatives to the school made finding volunteer work easier for students. "I think the community service fair was a big success. I probably would not have had the initiative to find volunteer work if the representatives had not been there to give me information on the organizations," junior Pat Healy said.





Service fair

What is your opinion on the community service fair?

Getting information about local volunteer groups was really helpful. It was interesting to talk to the representatives and find community service work to do after school.

Mike McConnell, 10

Since I was already doing service work before the fair, I didn't sign up to volunteer anywhere. However, it was still fun to learn about the organizations in our community.

Whitney Jackson, 9

Students also do volunteer work through school clubs. "I did my volunteer work with Key Club. We made cards for nursing home patients, and we helped raise money for needy families at Christmas. It was really rewarding," senior Lindsey Bomba said. Lindsey was a member of Key Club for all four of her years in high school.

Signing up to be a Menchville House volunteer, senior Shana Daniels talks to their representatives. "I did a lot of unrecorded volunteer work. I like to work with Menchville House because I try to help people as much as I can," Shana said. Shana did not fill out the paper work to get the community service seal, but she volunteered several days each week.



Looking through a pamphlet, junior Lesley Hunt decides where she will volunteer. "I think the community service fair was informative and worth the time," Lesley said. Lesley is continuing her volunteer work by going on a mission trip with her church youth group.

The SPCA had a display set up at the community service fair. "I found information on volunteering at the SPCA, and many other ways to get involved in the community," senior Lauren Edmonds said. Lauren also did volunteer work through her church.

BUILDING PCs

Running wires, installing software, making cables aid networking

What do multimeters, screwdrivers, cables, computers, and textbooks all have in common?

They are all a part of Mrs. Ann Rudy's new class- Computer Network Software Operations.

Mrs. Rudy's class was a different kind of computer class than the school had before, something with an inside look. "I learned how to fix and change things inside computer, which is a skill that could be useful to anyone. Mr. Young also showed me about the school network. It gave me a better sense of what goes on behind the scenes," junior Ian Wagner said. Students with all levels of computer ability could sign up to take Mrs. Rudy's class.

Students took the new class for various reasons, including interest. "I like computers. Computer Network Software Operations provided me different resources and media to work with and learn from," senior Patrick McIntyre said. The class covered a broad number of aspects involving computers.

Another reason for taking the class was to begin to cover future career prerequisites. "I leave with more knowledge of computers that will help me in my future career. Mrs. Rudy used positive reinforcement to teach the class," senior Patrick Brooks said.

The class prepared students to become A+ certified at the end of the year through an exam, a requirement for many computer-based jobs such as engineering, networking, and programming. Mrs. Rudy's students took the exam in May.



As junior Glen Barrett answers questions for a practice test before the A+ exam, he uses his text book as a guide. "I use the text book every time I do a practice test," Glen said. The class included hands-on activities in addition to textbook learning.

After she finishes up for the day, senior Lindsey Morgan takes a look at some of her handouts. "We learn a lot of networking concepts and study various hardware components, as well as their role in the overall performance of the computer," Lindsey said. Concepts and roles were taught along with physically breaking down the computers.



What set Mrs. Rudy's class apart from computer classes taken before?

The class was more interesting than I expected. It was more than just a 'textbook experience,' and I was able to get A+ certified.

Adam Wallis, 12

The class is different due to the hands-on aspect of the class. Very few classes allow us to take apart the computers to learn about the inside.

Joshua Montalvo, 12



Checking the reading on the multimeter, senior Jason Ernzen tests the computer's power. "I was testing the voltage to see if the power supply was putting out enough voltage," Jason said. The multimeter was one of the different tools used in breaking down, building, and testing computers.



Before the A+ exam, junior Kim Weston reviews her notes. "At the beginning of the year, I knew nothing about computers, but now I can say I know how they work and how to put them together," Kim said. Even students with no prior experience were able to take the Computer Network Software class.

While senior Justin Mulkey holds the computer, senior Bryan Heldreth makes adjustments. "Mrs. Rudy's A-class has been a great experience. The knowledge gained here can get you a good job right out of high school," Bryan said. Tests were run on the built computers to check things such as proper boot-up.

Speakers

What did you think of the idea of having guest speakers?

forum

Listening to the speaker, senior Kathryn Ricklefs waits for him to answer the questions about his job that are on her worksheet. "We had many questions to complete and the speaker gave us the answers to all of them," Kathryn said. After AP testing there was some extra time and several different speakers had a chance to speak.



I enjoyed the speakers very much. The city planner was really informative about the new housing and retail buildings coming to Poquoson soon.

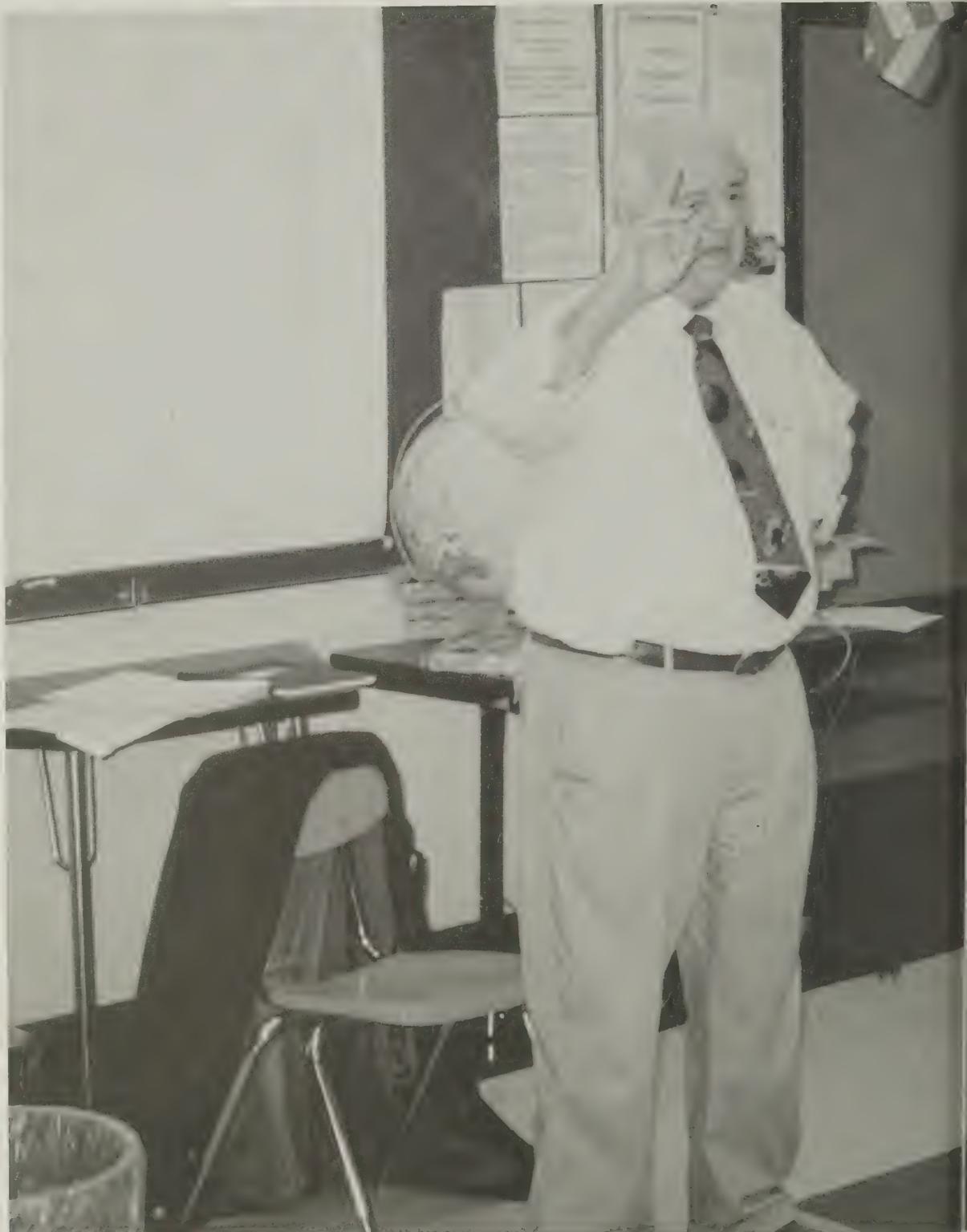
Matthey Beagle, 12

Having guest speakers in class has been a pleasant break from our regular work. The assistant fire chief did an excellent job at explaining his occupation.



With a question on her mind, senior Lisa Kennedy inquires about specific details of her speaker's profession. "I'm not really that interested in the local government because I would rather own my own business," Lisa said. Like most students, Lisa did not know that much about local government, so getting a first-hand account of what it takes to run the community proved to be very informative.

As he shares what it's like to be vice mayor, Mr. Roger Messier takes his turn informing Mr. Craige Stallings government class about the local government. "I think it's a great opportunity to come here and share with students how their local government functions, and it's goals, objectives and responsibilities," Mr. Messier said. The vice-mayor was one of several speakers who presented to the government classes.





Writing the answer to a question on her worksheet, senior Crystal Hudson, notes crucial information about the speaker's occupation. "The speakers were really helpful in educating me about our local government. I'm interested in learning about our local officials," Crystal said. Different speakers provided insight to different jobs within the local government.

As they talk with the speaker after class, seniors Jeremy Jordan and Rosanna Dominguez question him about his job. "Mr. Messier is the vice mayor and he discussed his roles and responsibilities. Our class really enjoyed it," Rosanna said. Asking questions after class was a way to find out specific details about the speaker's job.



SHARING THOUGHTS

Listening to speakers, being an audience, giving presentations provide learning experience

The local government has been overtaken by communists. Though a collapse this drastic was unlikely, without the proper fulfillment of local government positions, the community could find itself in disrepair.

Senior government classes were able to have some of the leaders of the community speak with them during class. "I learned a lot about the various duties and responsibilities the leaders of our community," senior Joel Sanderson said. While the speakers provided information about the community that was appreciated by students, they also provided a break from everyday classes.

After AP testing, the last few weeks of school provided time for teachers to participate in non-curricular activities. Guest speakers was a way to spend this extra time. "We don't have that much to do, and guest speakers is a way to pass the time," senior Lindsey Proctor said. Seniors liked the break from traditional classes, and some were interested in the positions the speakers shared.

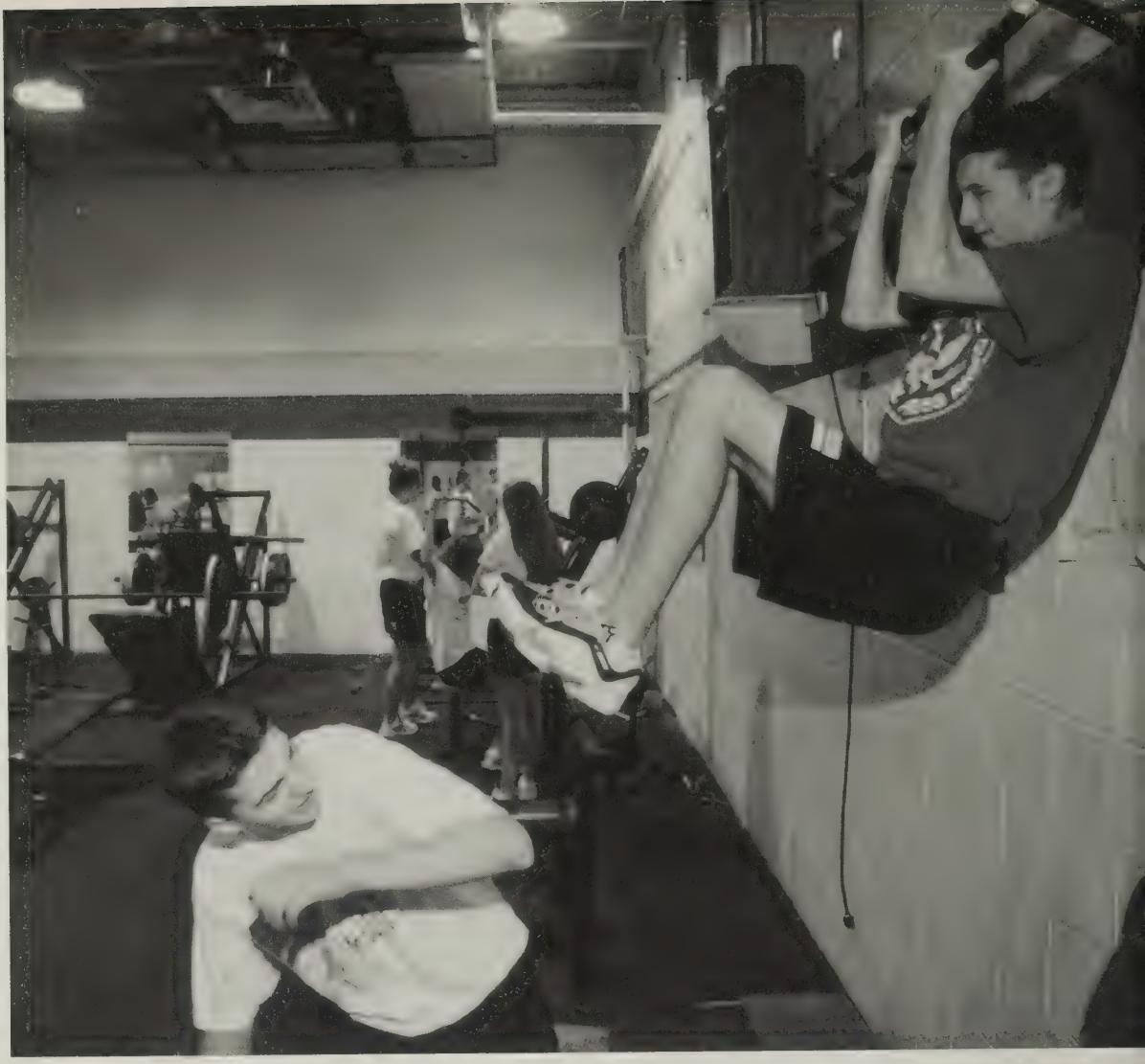
The variety of speakers ranged from the assistant fire chief to the assistant mayor, with each speaker telling the requirements of each job. "I enjoyed the finance director's speech because I had the chance to see and hear about the upcoming projects and costs," senior Jonathon Farmer said. Sharing about local government was seen as an opportunity to make government come alive, and the speakers were grateful to share their knowledge with young minds.



Introducing the Vice-Mayor, Mr. Craige Stallings shares with the class the importance of the speaker to the community. "Having guest speakers from the local government is an excellent way for students to gain insight into how their government functions," Mr. Stallings said. Mr. Stallings made arrangements for nine speakers to share, each about a different area of local government.

For a few students, achieving the presidential patch was not difficult. Athletes who participated in sports were already in shape. "I play soccer pretty much every day, so the test was pretty easy," sophomore Kyle Adams said. Kyle played on the varsity soccer team.

Besides playing games, gym students went into the weight room, but some did not work themselves too hard. "I like to take it easy in gym, so I can have extensive workouts and lift when I get home," sophomore Joey Kovac said. Joey spots Matt McGee so he doesn't waste energy.



TESTING FITNESS

Running the mile, stretching for v-sit, becoming fit encourage students to exercise

Playing, lifting, but most of all, physical fitness.

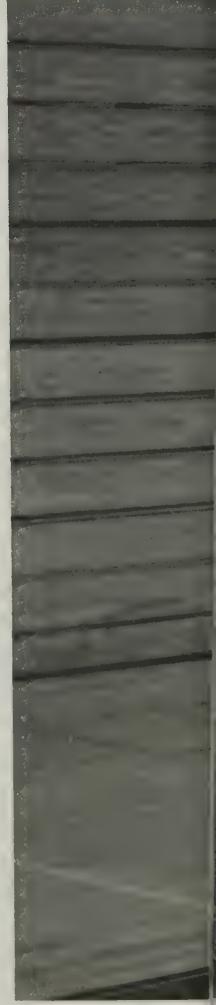
One of the most important parts of the gym semester was the physical fitness test. At the end of the semester there was a series of fitness tests to be completed, which included sit and reach, pull-ups, curl-ups, and the mile run.

Not everyone could breeze through every fitness test. For some, certain tests were more difficult than others. "The hardest test to pass in the sit and reach, because flexibility isn't everyone's strong point. If you have longer arms it's easier and if you have short arms you are in trouble," sophomore Melissa Wallisch said.

Every day during class, students participated in activities that helped them prepare for the physical fitness test, starting with a number of warm-up exercises at the beginning of class. They also had to give a little of themselves to get in shape. "Working hard during exercises at the beginning of class and giving 100 percent in the activities prior to the test helped me earn the blue patch," sophomore Mike McConnell said.

Besides the confidence and pride that were achieved for getting the presidential patch, the highest honor, students also received other rewards. "For getting presidential in gym, I get a shirt and a bumper sticker. I also don't have to take the exam at the end of the semester," sophomore Ryan Harris said. The fact that students were exempt from the final exam made them work harder to get the presidential patch.

The physical fitness testing in gym was a way for students to get in shape and have fun. It was also a time for them to show people what they were made of.





Physical tests

No, I think if you already play a sport or if you are someone that is in good physical condition, gym should not be required.

Sarah Woodard, 10

Should gym be a required course for students to graduate?

Yes, without it people would not get any exercise and gym is good for people. It forces some people to get along and work together.

Jeb Bates, 10

During the semester of gym, students learned and played a number of different games. "The games we play are enjoyable, so it is a free period to have lots of fun," freshman Josh Campbell said. Josh plays a game they called team handball in Mr. George Yeager's fifth hour class.

P.E. gave students a variety of activities, including lifting weights and playing games. "I would rather be playing a game because games are more exciting than sitting around and lifting weights," sophomore Matthew Liles said. Matt tries to get in a workout, even though it is not that enjoyable as playing a game.



When the weather was warm, gym classes liked to go outside, but sometimes rain forced them to play inside. For freshman Allyson McCubbins, outside was better. "Playing games like wiffle ball inside isn't that bad, but outside we are not limited to how far we can move. It's more exciting," Allyson said.

For freshman Nate Duman, playing a sport didn't help him in gym, gym helped him in the sport. "In gym there are a lot more things I can do to get ready for my game," Nate said. Nate played for the JV baseball team and a game of wiffle ball helped him work on his swing.

MAKING PROJECTS

Performing skits, creating brochures, designing posters employ foreign language skills

It's all foreign to me!

From projects to plays, foreign language taught students appreciate the different cultures. They spent hours working on scripts and preparing food.

Some teachers kept the foreign traditions alive by giving projects every month. "This year my Spanish class had a new project every month. It helped us to appreciate Spanish culture more. Sometimes it was time consuming, but it was worth it," sophomore Kim Loft said.

Other teachers gave students oral presentations to help them better understand foreign culture. "I had to make a poster for one project and get in front of the class and explain my topic. I think I learned a lot from the experience," freshman Savanna Eck said.

Students spent hours working on assignments. "It took me around two and a half hours to do one of my projects. I try to do my best on them so that I can keep my grades up. Projects are an easy way to raise grades," freshman Kristin Semeyn said.

Unique projects were something Spanish students looked forward to every month. An interesting thing that we do is called Cintas. Cintas are tape-recorded conversations about pictures. It was weird at first hearing my own voice, but I got used to it after a few times," senior Richie Wightman said.

Learning about different cultures has helped to open students up to new ideas.



Talking to Mr. Tom Fay, senior Christie McReynolds begins class work. "Spanish V has been a great class this year. Unfortunately, we could not participate in many projects, because a majority of our time was spent preparing for the AP Exam," Christie said. The AP Exams were optional, though recommended.

Projects such as class skits help to make foreign language more enjoyable. "In this skit, we are commentators on a TV station. We do these skits to have fun," senior William Fithian said about his Spanish V class. William planned to continue Spanish at Harvard where he will go in the fall.



school projects

What are the advantages of foreign language projects?

Even though I do not like how time consuming projects can be, they give me a chance to raise my grade. I always try my best on projects to keep my grade high.

Megan Black, 9

I think foreign language projects have lots of advantages. I always feel like I know the material better after I do a project in my Spanish class.

Josh Jordan, 11



Presenting her project, junior Kelly Hinshaw shows the class her brochure. "I had to make a brochure about a Latin American country for Mrs. Rowley. It took a lot of time, but I learned a lot about Guatemala," Kelly said. Studying different countries was a prevalent assignment in Mrs. Nancy Rowley's Spanish III class.



Sometimes teachers allowed students to work on projects at school. "I am grateful for the time spent in school on projects. I have a job, and it is sometimes difficult to find the time to do both," senior Joshua Montalvo said. Working on projects in school was common among classes.

Trying different foods, junior Chris Hoppe attends National Foreign Language Day. "My food for foreign language day was delicious. I bought all of my food from Taco Bell the night before," Chris said. German, French, and Spanish food was presented for the students to try.

Problem Solving

What do you like most about the project?

As time to build the car closed, freshman Haegan Fuller tries to recall his project design. "When the pressure is on, it is hard to concentrate, but I have to do it," Haegan said. It was essential to include an outline for every model to stay on track.



The cool part about it is that I can use all kinds of things like wood, rubber, plastic, tin-foil, or Legos. I think the best is wood, because it is the right weight for speed.

Ryan Strouth, 9

I actually don't enjoy any part of the project because it makes me use my head and think and that is always something I do not like to do that much.

Brandon Hargrave



Putting together the finishing touches, sophomore Scott Bell prepares to race his mousetrap car the next day. "Since each car has to have a mousetrap, I tried to incorporate it into my design," Scott said. Limitations were placed on the project to lessen potential problems.

While some students found the project to be dull, sophomore Dan Wood enjoys racing his car. "Even if I don't win, I still have a pretty good time trying to beat everyone else," Dan said. The thrill of victory gave students an interest in the assignment.





After designing the layout of the car, freshman Jeff Langhorne starts to build his vehicle in the shop. "Making the car, for me, is the easy part, and being able to use creativity is always fun," Jeff said. Creating the designs for the cars, along with solving problems, was one of the biggest parts of the project.

As a final activity, students put their cars on the starting line to begin. Freshman Kyle Jones awaits the whistle for his vehicle. "I already knew I was going to win, I just needed to prove it," Kyle said. He did not win, but did pass the project, along with the majority of the tech ed students.



RACING CARS

Gaining speed, designing structure, using mousetraps, challenge technology students

Mousetraps are important in controlling rodent populations. They also were essential tools in creating race cars.

One of the projects technology students developed was the mousetrap car design. Each student engineered an idea on what they wanted their car to look like, and then began to build it in the workshop. The objectives for the project included demonstrating problem-solving skills and defining potential and kinetic energy. "I took to have my students put together real world requirements, in terms of their public education process, while utilizing basic tools, such as science, and communication skills," Mr. Ommundsen said. Each car was made with a mousetrap, but the rest of the design was left up to the students. The main idea that was implemented was critical thinking.

It took time to design and create a vehicle that would cross the five-meter line that was set. "I like making the cars, but the brainstorming that is involved is really nauseating," senior Chase McCray said. Each car was scored based on appearance, speed, travel distance, and mechanical construction. After all designs were completed, the graded race was held in the Commons. Selected teachers and counselors were asked to grade and evaluate the cars and their performance. The winner in each category received an additional "A" test grade.

The student's viewpoints on the project varied. "I like to see my car win, and getting that extra test grade isn't so bad for me either," junior Chris Davidson said. Students developed better critical thinking skills and problem-solving strategies in the end.



Using critical thinking strategies, junior Mike Bourlotos tackles challenges in making his car. "There are a lot of open areas for faults, but the main idea is to try to overcome them," Mike said. Solving any problems with the cars was the key objective in the project.

WE ARE Talking The Bull By The Horns

By David Knight

Standing at attention in uniform, junior Jeff Laarz plays the tuba for the Lander band. "Being a part of a VA Honor Band is really neat. However, the tuba was my favorite part of band. Mine was snugly on my arm," Jeff said. The band was the first in school history and the only one in the district to receive the VA Honor Band Award, earning superior ratings in both the marching and concert aspects of competition.

The final bell's sound marked the beginning of an afternoon filled with extra-curricular activities. From clubs such as SCA and International Club after school to Key Club and marching band rehearsal in the evenings, the Bulls had a variety of after-school activities to join.

The Bulls became involved in academic clubs. "Debate offers an intellectually stimulating activity that allows me to be belligerent. In fact, debate often encourages clash and controversy, and both are delicious tidbits," junior Austin Green said.

The Bulls joined organizations dealing with issues important to them. "I enjoy being involved with Students Against Destructive Decisions because I feel strongly about it, and I feel it needs to be addressed to students," junior Elizabeth Hunter said.

The most popular club with 260 members was Key Club, the community service club. "I love Key Club because I get to do community service and hang out with my friends every other Wednesday," freshman Nicole Mekanik said. The Key Club was named Key Club of the Year out of five states for its contributions to the community.

The extra-curricular activities provided the Bulls with a way to become involved. With so much involvement, We Are Talking The Bull By The Horns.





SCA OFFICERS. Kristen Lindsay, Jeremy Jordan, Ashley Woolard, Alexis Hannah, Christina Black.



FRESHMAN REPRESENTATIVES. Front: Lindsey Bunting, Emily Schuller, Brett Baker, Stephen Phillips. Back: Kristin Semeyn, Meagan Black, Whitney Jackson, William Nunnally.



Sophomore Representatives. Front Row: Sarah Corneliusen, Cecile Kormanik. Back: Lindsay Kluge, Aulden Burcher, Kim Loftus.



Junior Representatives. Front Row: Kelsey Boitnott, Lyndsie Junghans, Erin Boyle. Back: Josh Jordan, Pat Healy, Carl Griffiths, Laurie Kern.



Senior Representatives. Emily Swortzel, Stephanie Fortier, Brent Huskey.

During an SCA meeting, sophomore Megan Koptish pays attention as the agenda is discussed. "I always try to attend every SCA meeting. We don't have too many meetings, but we always accomplish a lot when we do meet," Megan said. There was an average of 35 to 40 people at every meeting.

Counting money, senior Jessica Tuten helps out her class. "I stayed after school everyday during spirit week to help my class and the SCA count money. It was a lot of work, but it was really worth it. We made a lot of money," Jessica said. The winning class received half the money.



Decorating for Dances

Why do you enjoy dance setup?



Jessica Tuten



Meagan Clifford

“

My favorite dance to set up for is Holly Ball. We can sometimes get very creative with our ideas, but it always looks very nice.

”

"When I decorate for school dances, I feel like I am really helping out. My participation in decoration for school dances is something I always enjoy doing."

Rising Above

Leaders work to improve school

Ever wonder who sets up for the dances? Who were the students who thought to put a sidewalk beside the school? Those were the leaders of the SCA.

"Building a new sidewalk was something I had wanted for the school for a long time. Last Spring Break the sidewalk was supposed to be put in, but it just did not work out. I was astonished to find that it was finally being put in and the company gave us a great deal, thanks to Mr. Bock," senior SCA president Jeremy Jordan said.

Setting up for school dances was another event the SCA contributed to. "Decorating for school dances is a fun way to get the student body together to do something good for the school. We bring refreshments and decorate the cafeteria," junior Ashley Woolard said.

The newly established Spirit Week was also an event created by members of the SCA and students who attended the VHSL leadership conference. "This year's Spring Spirit Week was an opportunity to unite the classes to raise money. While counting money, we even helped the other classes if enough people were not there to count," junior Amanda Sanderson said. SCA's role in the project helped.

Throughout the year, SCA kept a strong involvement with school activities. Though changes in the SCA occurred, its tradition for planning activities for the student body and the community continued.

Spread by Christina Black



As the SCA president, senior Jeremy Jordan goes over the agenda. "I enjoy being SCA president. It is a lot of fun to run meetings, and plan the school's activities," Jeremy said. Meetings were held once a month, usually in the cafeteria.

Preparing the wall for paper, seniors Richie Wightman and Sam Allen apply the tape. "I am chairman of the dance committee so I always stay after school the Friday before dances to help decorate," Richie said. SCA tried to decorate the cafeteria to fit the theme of each dance.



FRESHMAN OFFICERS. Asher Goldman, Rebecca Sanderson, Todd Hunt, Alyssa Yeager.



SOPHOMORE OFFICERS. Veronica Wightman, Brian McClellon, Megan Koptish, Courtney Efird.



Junior Officers. Becky Dashiell, Leslie Hunt, Alana Smeltzer, Brandon McPherson.



Senior Officers. Amanda Cagle, Jessica Tuten, Richie Wightman, Maggie Bowden.



SYMPHONIC BAND BRASS. Front: David Knight, Collin Wilson, Ross Ligart, Katherine Rose, Douglas Wilson, Ashley Harrison. Row 2: Brian Burnham, Jason Ernzen, Jacob Grohs, Amanda McCuskey, Timothy Gelles, Kristal Newer. Row 3: Joshua Digennero, Spencer Mangum, Ira Gallagher, Lindsey Bomba, Aaron Hopkins, Jonathan Cowan. Back: Jamie Benites, Jeffrey Laarz, Adam Ferry, Tom Fairchild, Brandon McPherson, Chris Maxwell.



SYMPHONIC BAND WOODWINDS. Front: Amanda Griffin, Katie Luscomb, Liz McClendon, Kellyn Larrabee, Jessica Koons, Kelly Hinshaw, Julianna Holmes, Jaime Hanlon, Nicole Mekanik. Row 2: Mark Nicholson, Shelby Zanks, Dani Strout, Jessica Wood, Carin Losares, Patricia Adkins, Brandon Knight, Anne Cox, Maria Smith. Row 3: Liz Herman, Lindsey Beadle, Anneka Munk, Stewart Pierce-Gardner, Mike Cox, David DuBose, Allison Roncaglia, Christie McReynolds, Noreen Kehoe. Back: Katie Thomas, Alison Heck, Tim Wood, Ryan Remchuk, Patrick Brooks, Chris McBride, Alex Wilson, Brent Myers, Trip Humphrey, Kate Leeming, Eric Stovall, John Smith.



PERCUSSION. Front: Craig Meree, Daniel Wood, Zane Shuck, Joel Sanderson. Back: William Murphy, Bobby Hodges, Kevin Garris, Kat Olson.



DRUM MAJORS. Eric Stovall, Tom Fairchild.

Getting Honors

Band wins state honor award for first time

Spread by Brandon McPherson

There is a first for everything. There is a first word, first job, first kiss, and a first time to win the Virginia Honor Band award.

The Islander band, throughout its entire history, never won the Virginia Honor Band award. This award required that a high school band receive a superior rating in both concert and marching seasons. The Islander band, composed of about 100 students, ranged from brass to flags to pit crew. "The thing about band is that you can change from a flute to xylophone within a day. That is what happened to me, at least," senior Tom Fairchild said. The combined efforts of everyone helped to acquire this first statewide high school band award.

The band students felt proud of themselves for obtaining a new level of difficulty musically. "It was exciting to win the award because we were the only band on the peninsula that got the superior rating in marching," sophomore Doug Wilson said. A sense of school pride surrounded every person who participated in the competitions.

Along with a new award and recognition from other schools, there was also a newly created standard for the band. "It was great that our hard work finally paid off, but I also feel sorry for the underclassmen in the future, knowing that they have to live up to our standard," junior Brian Burnham said.

For the Islander band, focus and determination won them the new recognition.



While marching in a parade, junior Jeff Laarz rests his trombone, along with the rest of his section. "I really like marching in band parades because it is fun, and we look good, too," Jeff said. Parades allowed students to demonstrate coordination learned from practices.

In the middle of a performance, senior Kevin Garris glances over to the drum major to make sure he is on tempo. "Sometimes, if I don't pay attention, I really can lose track and get off beat, so I watch the drum major as often as possible," Kevin said. Tempo was critical to everyone in the band.





Performing the musical selections, the flute section exhibits the band pride through work and performances. "I really enjoy playing in the band, and I am proud of us when we work hard and accomplish what we set out to do," freshman Nicole Mekanik said. The students in band found enjoyment in practices and competitions.



He said, She said



Bobby Hodges, 10

"The drum line is very cool to be in. Sometimes, it does get a little rough, but the overall advantage is greater. When we won the Honor Band award, I felt really proud, knowing that I had contributed to the whole band's performance. I also like being in the front of the band."



Liz Herman, 12

"I like being on the color guard in the band. When we have parades and competitions, I always feel really good about how far we have progressed, and I like being able to show it through our routines. Our costumes and flags make me feel proud of our city, too."



FLAGS. Front: Liz Herman, Laura Wagner, Lacey Maguire, Tillie Wilkinson. Row 2: Jacqueline Matheny, Kelly Hinshaw, Sarah Harker, Sabra Swilley. Back: Jamie Buffett, Bryan Dezern, Shelby Zanks.



JAZZ BAND. Front: Collin Wilson, John Cowan, Liz Herman, Kevin Garris, Sabra Swilley, Josh Digennaro. Row 2: Jake Grohs, Brian Burnham, Alison Heck, David DuBose, Jaime Hanlon, David Knight. Row 3: Rick Bryan, Stewart Pierce-Gardner, Mike Cox, Doug Wilson, Mark Nicholson, Noreen Kehoe. Back: Sean Brooks, Jaime Benites, Chris McBride, Alex Wilson, Jeff Laarz.



THESPIANS. Front: Patricia Adkins, Corie Dumont, Casey Murphy. Back: Steve Knudsen, Michael Scott, Brandon McPherson.



Varsity Academic Challenge. Front: Laura Wagner, Katie Northcutt, David Knight. Row 2: Kyle Tom, Beckie Dashiell, Mike Cox, Brian Burnham. Back: Ronnie Parikh, Alex Wilson, Jeff Laarz, Jake Grohs.



JV Academic Challenge. Front: Chris Hairr, Annie Cox, Franny Cornelussen, Stewart Pierce-Gardner. Row 2: Jeb Bates, Kaitlyn Gardy, Aulden Burcher, David Patterson. Back: Chris McBride, Jaime Benites, Alex Wilson, Mike Cox, Mr. Kip Flynn.



Debate. Front: Austin Green, Ronnie Parikh, Bradley Kraft. Back: Alana Smeltzer, Alan Marks, Ravi Deepak.



Mu Alpha Theta. Front: Grace Hou, Vikas Vatsa, David Knight. Back: Kyle Tom, Alana Smeltzer, Ronnie Parikh.

As they listen to a question, sophomore Alex Wilson and senior David Knight wait to buzz in during a round, as they were taught by Coach Tom Fay. "Mr. Fay has made practices enjoyable, as opposed to the nuisances they can be in other activities. He provided an excellent model of sportsmanship," Alex said. Whether a match resulted in victory or defeat, the team always followed Coach Fay's example and congratulated the opposing team.

Searching his mind for an answer, senior William Fithian attempts to buzz in during a match against Jamestown. "What makes academic challenge worthwhile for me is the camaraderie among team members and coaches," William said. Whether in practices or actual matches, team members supported each other to success.



Success fun

Why Was The Team Fun?



Brian Burnham



Kyle Tom



Practices after school and in the evenings are challenging and fun. It's great to be with my friends.



"We had great coaches, great players, and great supporters. No matter what, we were always laughing and having fun."

Enjoying Wins

Academic Challenge
teams have fun
finding success

Who wrote Heart of ...? Buzz before the question was completed. A team member correctly responded with Joseph Conrad. Such occurrences were frequent for the varsity and junior varsity academic challenge teams.

As in other activities, the team's success did not come without practice. The difference between academic challenge and other activities was that academic challenge team members looked forward to attending practices. "The practices were my favorite part because we joked around in a light atmosphere while working hard at the same time," sophomore Jake Grohs said.

Being a part of the team was important for the members. "The ride up to the state competition was my favorite part. Obscure little times hanging out with the team were the best," junior Baiju Bhatt said.

Though the team enjoyed being together, actual matches were very competitive. The team found success as the Bay Rivers District Champion (regular season and tournament), Region I Champion, and third in the state. "The team was so successful this year because everybody worked really hard. We also had really good starters and a great coach," junior Beckie Dashiell said.

The academic challenge team formed friendships during the season. While having fun, the team found success in regular and post-season competitions.

Spread by David Knight



With spare time before competition, the JV academic challenge team takes some practice questions. "I had a great time on the JV academic challenge team. Trying to absorb as much information as possible was my favorite part. I think the team did well because we work well under pressure and are fast with the buzzers," sophomore Chris McBride said. The JV team finished the season as district champions.

While playing academic challenge matches, senior Katie Northcutt always pushes herself to win. "In practices, senior William Fithian and I have a friendly rivalry. York and Robert E. Lee High Schools are my biggest rivals in actual competition," Katie said. The team defeated York in each meeting but lost to Robert E. Lee in the state tournament.



VA MATH LEAGUE. Front: Grace Hou, Laura Wagner, David Jenson, Lauren Edmonds. Row 2: Vikas Vatsa, Brent Huskey, David Knight, Kelsey Boitnott. Row 3: Daisaku Azuma, Jake Grohs, Becky Dashiell, Alana Smeltzer, Ashley Woolard. Back: Kyle Tom, Ronnie Parikh, Chris McBride, Alex Wilson, Andrew Pao, Ryan Holloway.



JV. Front: Michael Merchant, Sarah Taliaferro, Kelsey Boitnott. Back: Ronnie Parikh, Kyle Tom, Joel Sanderson.



FORENSICS. Front: John Grothaus, Casey Jackson, Corie Dumont. Row 2: Ashley Rutter, Liz Herman, Kelsey Boitnott. Back: Beckie Dashiell, Alana Smeltzer, Brandon MacPherson.



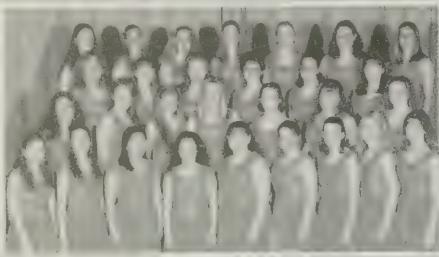
ASTRONOMY CLUB. Front: Rachel Chapman, Stephanie McKinney, Courtney Harris, Morgan Shearn. Row 2: Lolly Sommer, Kira Lantz, Kim Joyner, Kat Olsen. Back: Eddie Mann, Katie Thomas, Kiersten Mitchell, David Patterson.



FOUNDATIONS. Front: Casey Murphy, Sherry Duncan, Amory Hunt, Corie Dumont, Natasha Kormanik, Jenna Stout. Row 2: Matthew Ward, Colin Johnson, John Grothaus, Tim Lawson, Brent Brundige, Steven Knudsen. Row 3: Heidi Holloway, Jessica Bulles, Rita Anderson, Casey Kluge, Amanda Jenkins, Irene Yannello. Back: George Washburn, Bryan Dezern, William Fithian, Jonathon Farmer, Joel Sanderson.



ACAPPELLA. Front: Andrea Long, Ashley Geissinger, Kim Joyner, Tara Stead. Row 2: Clairee Bessell, Lolly Summers, Kyle Tom, Eddie Mann, William Sawicki, Alex Forrest. Back: Jenny Eudy, Sherry Hood, Tony Martin, Tim Byrd, Jonathan Zaremba, Carl Griffiths, Greg Marconi.



GARNET AND GOLD. Front: Melissa Wallisch, Liz McClendon, Sarah Woodard, Corie Dumont, Amanda Groves, Naomi Hunt, Kelly Gemmill, Casey Murphy, Megan Koptish. Row 2: Laura Wagner, Rita Anderson, Lindsay Kluge, Casey Kluge, Sarah Harker, Stacey Connell, Meghan Jones. Row 3: Sam Larson, Amy Turnage, Devon Chase, Kira Lantz, Catherine Shaw, Emily Turnage. Back: Becky Dashiell, Samantha Miller, Molly Scheepers, Kelly Woody, Heidi Holloway, Maggie Bowden, Courtney Efird.



ICA. Front: Sherry Duncan, Megan Hunter, Kristen Lyndsay, Lauren Edmonds, Lyndsie Junghans. Row 2: Pat Stamos, Andrew White, Christina Black, Crystal Pruitt, Carl Griffiths, Jenna Stout. Back: Emily Swortzel, Maggie Bowden, Bob McGee, Brian Shields, Jacob Holland, Brandon McPherson, Joel Sanderson.

Performing Live

Garnet and Gold competes for honors

Spread by Ryan Holloway

It is the final performance. Months of training for this very moment. Hours of practice and dedication perfecting the routine. This was the situation faced by Garnet and Gold during their competition.

Garnet and Gold combined singing with various types of dance. Routines were selected for the statewide competitions in Manchester and Hampton. "Everyone had a blast on stage and it showed in the energy and smiles when we walked off stage victorious," junior Alex Forest said. Having fun was an important key to success, as was preparation for competition.

Doing well in competition required hours of practice. Garnet and Gold met at least once a week after school for two hours to work on their routines as a group. For some girls, time spent practicing at home was even greater. "As competition got closer I spent almost thirty minutes a day practicing my part, but it was a good feeling knowing that I had it perfect," sophomore Megan Koptish said.

Working on the routine was not the only form of preparation. Every year the seniors decorated the chorus room to improve the morale of the team. "Decorating the chorus room helped set the mood before competition. It was a fun way to boost everyone's spirits and unite the team," senior Casey Kluge said. Garnet and Gold was able to work together and finished second overall with one superior rating and two excellent ratings.



Before her competition, senior Kathryn Ricklefs removes curlers from senior Maggie Bowden's hair. "To get ready for competition, I slept with my hair in curlers. Kathryn took my hair down so I could start getting ready," Maggie said. Getting hair ready was just one aspect of preparing for competition.

Taping a poster to be hung in the chorus room, seniors Kira Lantz and Lindsey Proctor work together decorating the chorus room. "This year we went all out, and it was a lot of fun to boost morale in such a creative way," Lindsey said. Though competition was often very stressful, decorations made the chorus room a fun place to be.





Touching up their make-up, juniors Becky Dashiell and Devon Chase prepare for their final performance. "We were at district chorus, and we had 30 minutes to change for our final concert. Devon and I took some of that time to touch up our makeup," Becky said. Many hours were spent in preparation for a concert.



He said, She said



Austin Bersinger, II

"I liked getting the opportunity to spend time with people in the group. I've found a lot of my closest friends in Soundsation, and it's also fun to be on stage. We got to travel to Lee Davis High School, Manchester and Richmond to compete."



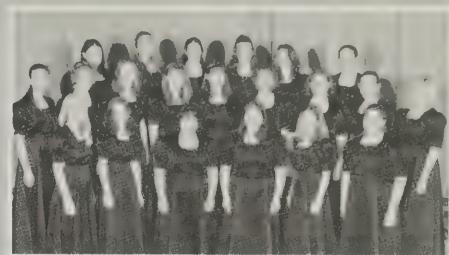
Casey Kluge 12

"My favorite competition with Garnet and Gold was when we competed as String of Pearls. We sang vocal jazz pieces and were against much bigger schools; but we did a really great job and won second place out of all the jazz groups and also received a superior rating."

As she practices for her Garnet and Gold competition, sophomore Kelly Gemmill perfects her routine. "At first, the dances were hard for me; some people learned really quickly, and it takes me just a little longer. But once I had practiced at home and worked with the group, we pulled everything together," Kelly said. Garnet and Gold provided a blend of singing and dancing that proved to be a difficult task for some students.



MIXED CHORUS. Front: Natalie Griffith, Amanda Boutwell, Stephanie McKinney, Adam Doernte, Cecile Kormanik, Kristen Baughman, Courtney Harris, Amanda Ray. Row 2: Abby Sharpe, Lorian Strickland, Mallory Creeden, Laura True, Martha Ricklefs, Hannah Kanter, Amanda Bulles. Row 3: Kelly Ambrester, Melissa Keesee, Ryan Patton, Chris Rex, Jeff Imgrund, Ariel Monroe, Marybeth Shelton. Back: Anna Russell, David Patterson, Henry Mast, Josh Campbell, Megan Wood, Sara Discoscia, Jessie Elliott.



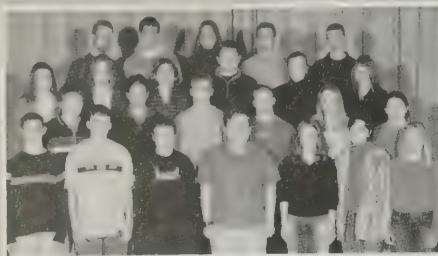
WOMEN'S ENSEMBLE. Front: Andrea Long, Krista Bennedetto, Tillie Wilkinson, Katie Luscomb, Madeline Anderson, Valerie Estep. Row 2: Rebecca Dalby, Andrea Torrenti, Virginia McGee, Karen Maddox, Emily Turnage, Kathryn Ricklefs, Anne Cox, Sarah Yannello, Ashlea Close. Back: Megan Smith, Caroline Hallum, Kim Joyner, Ashley Rutter, Mary Pike, Michelle Calcaterra.



NATIONAL HONOR SOCIETY. Front: Grace Hou, Vikas Vatsa, Kathryn Northcutt, Christina Zahn, Lauren Edmonds, Kristen Lindsay. Row 2: Elizabeth Herman, Emily Turnage, Adam Wallis, Sarah Taliaferro, Maggie Bowden, Christie McReynolds. Row 3: Brent Huskey, Jessica Tuten, Ronnak Parikh, Daisaku Azuma, Amanda Jenkins, Kathryn Anderson. Back: Melissa Beimler, Jessica Bulles, David Knight, William Fithian, Joel Sanderson, Eric Stovall, Ryan Gibson, Jason Boyd.



GERMAN HONOR SOCIETY. Brian Burnham, Christina Zahn, Sarah Taliaferro, Brian Shields.



FBLA. Front: Stephen Phillips, Thomas Johnson, Joshua Schultz, Andrew Maddox, Stefanie Fortier, Jamey Brown, Erin Walker. Row 2: Daniel Andreano, Frederick Bowers, Vincent Pedulla, John Fiedler, Rebekah Jones, Lindsey Morgan. Row 3: Alexandra Christian, Jenna Stout, Tanya Estep, Lester Humphrey, Lindsey Bomba, Jessica Mellott. Back: Samuel Ratcliff, Brandon Hines, Kristin Semeyn, Christopher Price, William Ward.



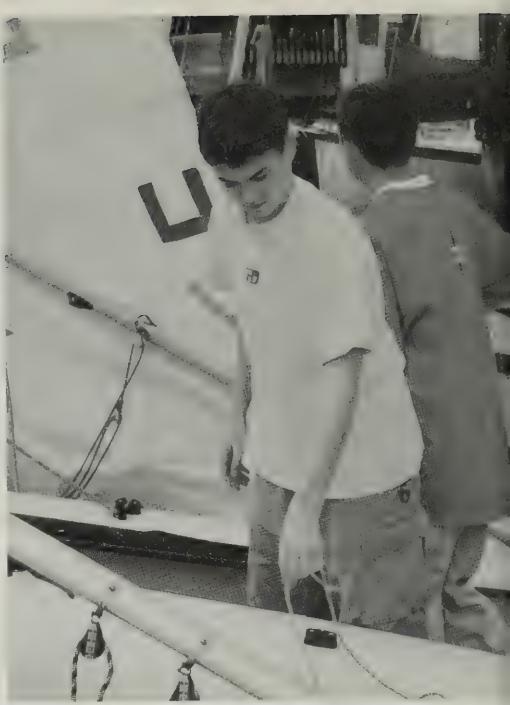
SAILING CLUB. Aulden Burcher, Stephen Phillips, Johnny Loftus, Jonathan Forrest.



SKILLS/VICA USA. Front: Christopher Walker, Cristoforo Russo, Savannah Elliott, Renee Withrow, Rebecca Perdue. Row 2: Daniel Clark, Michael Simmons, Timothy Epps, Rayna Wallace, Chanelle Suski. Row 3: Dustin Esposito, Katherine Lindberg, Rodney Bunting, Jason Haczewski, Tiffany Bunting, Krista Henley. Back: Joseph Butler, Robert Wilson, Jeff Duncan, Patrick Rollins, Deanna Light.

To prepare the boat to sail, freshman Jonathan Forrest gets an extra hand from fellow freshman Brett Baker. "It really doesn't take that long to get set up. The hardest part is getting there early enough to get a good boat. At max, I'd say it would take ten minutes, maybe a little longer if I do it myself," Jonathan said.

Focusing on their task, freshman Stephen Phillips and sophomore Aulden Burcher race on. "Stephen Phillips and I sailed together in the 2001 fall championship regatta at the Norfolk Yacht and Country Club. We placed overall second for the day and the fall season," Aulden said. Aulden had been sailing for as long as he could remember.



Partners

teamwork

Who Do You Like To Sail With?

G



Brett Baker



Tyler O' Connell

“ I like to sail with Brett Baker, mostly because we have been sailing together for about three years and we always have a lot of fun.

“ I like to sail with Jonathan Forrest because we have competed in all kinds of regattas. We also like to sail with each other on the high school team.

Sailing Ahead

Athletes work to improve times

Spread by Jeremiah Jordan

The sun glazing off the water, high tides, and the fresh air were a few experiences that members of the sailing team encountered.

The sport of sailing became very popular. "When I was 13 my parents bought me a Laser, a small sailboat as a Christmas gift. It's only a one-person boat, but it goes really fast and is fun to sail, especially in the summertime," sophomore Aulden Burcher said.

For a few team members this was a first-time experience on the sailing team. "I started sailing this year, actually. Amber Yarbrough encouraged me to join the team and told me how much fun it was. It truly is a lot of fun. Unfortunately, because I really don't know how to sail, I don't get to sail all that much. It sure is fun when I get to, though," senior April Payne said.

Sailing offered memories in the lives of the sailors. "I had a lot of fun sailing in my first year as a member of the team. My most memorable experience took place when my fellow team member Aulden Burcher ran into me and flipped," senior Tommy Warren said. Just like other members of the team, Tommy liked to sail in his free time, whenever he could.

The sailing team had only been in existence for two years and encouraged other students to join.



Raising the sail on his boat, freshman Brett Baker prepares for practice. "I have won many awards since I have been sailing. Currently I am ranked first for the state of Virginia and fifth on the Chesapeake Bay, not to mention having won several regattas and placed in many others. The good thing is there is some kind of a race each weekend," Brett said.

With instruction, first year team coach Kate Cheecheck explains the conditions on the sea. "Weather conditions affect sailors when they go out on the water, because they vary every time they go out; therefore, the sailors need to know how to adjust their sails and tactics according to each condition. Weather can vary from precipitation to temperature, or slightly from wind speed or wind direction to wave height," she said.



FCCLA. Front: Carrie Firman, Amanda Griffin, Casandra Newbold, Jamey Brown, Amanda Newbold, Kristina Emery, Jennifer Wood. Row 2: Amber Dean, Christopher Breeden, Serena Montalvo, Kristopher Henley, Christine Keeter, Carin Losares. Back: Stefanie Daniels, Jonathan Black, Michael McConnell, Kayla Haney, Crystal Hudson, Diane Barnes, Melissa Beimler.



NEWSPAPER. Front: Kimberly Gibbs, Mallory Laxton, Ellen Thomas, Erin Walker, Erin Boyle, Danielle Hardin. Row 2: Austin Green, Margaret Forrest, Natalie McBride, Melissa Steele, Amanda Sanderson, Elizabeth Steele, Courtney Simon. Row 3: Lesley Hunt, Jessica Tuten, Christina Dancy, Lisa Willis, Laura Kern, Maggie Bowden. Back: Maria Zagursky, Brett Nobile, Ronak Parikh, Aulden Burcher, Sam Allen, Joel Sanderson, Matthew Beagle.



YEARBOOK. Front: Leslie Couvillion, Stephanie Harvin, Lyndsie Junghans, Stefanie Fortier, Kristen Lindsay. Row 2: Andrew White, Emily Turnage, Sherry Hood, Christina Black, David Knight, Julie Miller. Row 3: Amy Turnage, Kaitlyn Gardy, Alan Marks, Evan White, Jeremiah Jordan, Jennifer Eudy. Back: Christina Dancy, William Kaoudis, Ryan Holloway, Kyle Garvey, Carl Griffiths, Brandon McPherson, Jacob Holland.



FRESHMAN SPECIAL FRIENDS. Front: Cherrisse Jensen, Lindsay Bunting, Whitney Jackson, Kristina Emeny, Amanda Newbold. Row 2: Kasey Jackson, Ben Holloway, Serena Montalvo, Katie Luscomb, Ben Kramer, Brett Baker. Back: Meagan Black, Levi Elmore, Lauren Ward, Richard Kanter, Ryan Bearekman.



SOPHOMORE SPECIAL FRIENDS. Front: John Woolf, Julianna Holmes, Alison Morgan, Krista Benedetto, Elizabeth McClendon, Melissa Wallisch, Hannah Kanter. Row 2: Amanda McKinney, Christy Keeter, Jennifer Wood, Heather Tabor, Stephanie Harvin, Erin Wallace, Lindsay Kluge. Row 3: Douglas Wilson, Keily Woody, Aulden Burcher, Ashley Rutter, Amanda Murphy, Sara Griffith, Megan Koptish, Amanda McCuskey. Back: Kaitlyn Gardy, Katie LaRue, Keith Henley, James Bryant, Mike McConnell, Josh Zidenberg, Ryan Warner, Ryan Remchuk.



JUNIOR SPECIAL FRIENDS. Front: Kathryn Owen, Amory Hunt, Ellen Thomas, Lyndsie Junghans. Row 2: Casandra Newbold, Collin Wilson, Kelly Hinshaw, Stacey Connell. Back: Heidi Holloway, Brian Shields, Natalie McBride, Ashley Woolard.



SENIOR SPECIAL FRIENDS. Front: Kathryn Ricklefs, Stefanie Fortier, Jessica Tuten, Emily Swortzel. Row 2: Carissa DeEramo, Casey Kluge, Katie Rabon, Christie McReynolds, Maggie Bowden. Row 3: Clariee Bessell, Eliza Greenman, Kevin Garris, Brent Huskey, Jeremiah Jordan, Christina Schultz. Back: Lisa Kennedy, Candice Felker, Elizabeth Herman, Bryan Heldreth, Chris Price, Justin Mulkey.

Helping Others

Volunteers work
to improve
community

Spread by Stephanie Harvin

Hard labor, difficult projects, little gratitude. That's what service projects are all about. Students in clubs like Key Club, Leo Club, and SADD volunteered their time to help out around the community.

"With Leo Club I did Meals on Wheels. It was interesting and sad to see all the lonely elderly people. It made me feel good to be able to spend time with them," sophomore Jenna Harklerode said. Students used their volunteer projects as learning experiences, as well as a way to gain volunteer hours.

"I worked at the Seafood Festival for the Key Club. Some friends and I manned the Barbecue stand. We enjoyed it, plus we got community service hours," sophomore Holly Smeltzer said. With the new Community Service diploma seal to work for, students took more initiative to volunteer.

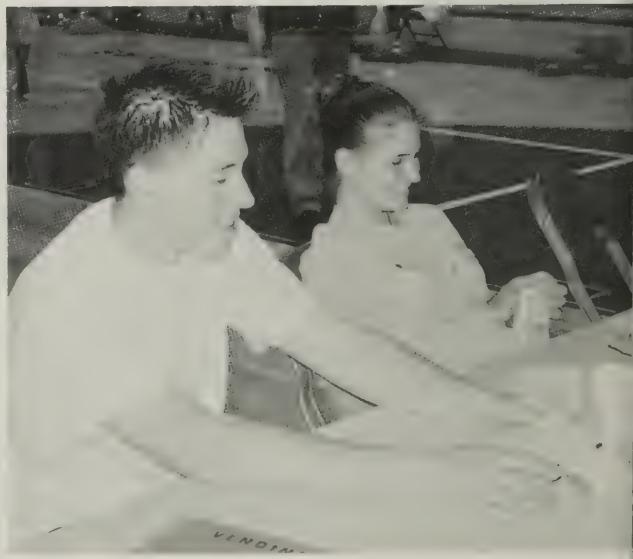
Not all students had positive experiences on their projects. "I love doing service activities, but my least favorite one was for Leo Club at the elementary school. We were supposed to watch over some kids. I guess I was a little too strict, though. They all called me a Nazi for being too mean," sophomore Aulden Burcher said.

"I enjoy being part of SADD. The service projects help me feel like I am making a difference in all the problems everyday students face, like underage drinking," sophomore Sarah Woodard said. Volunteers were able to look at their projects with a sense of pride and accomplishment.



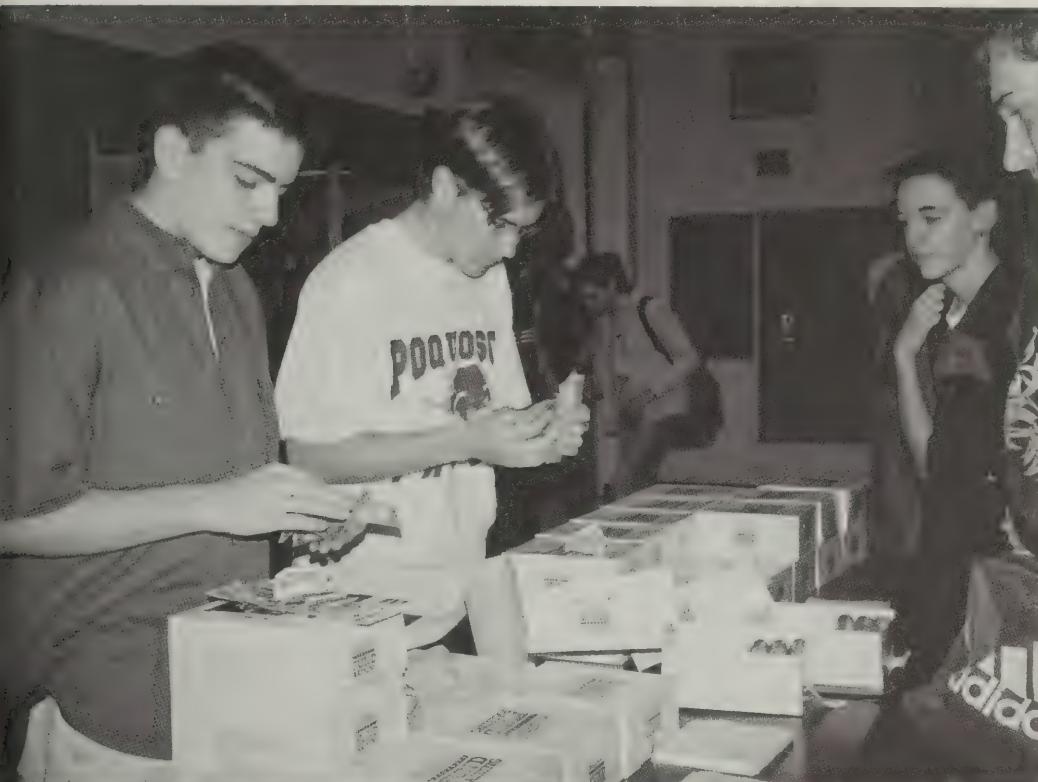
At a SADD meeting, senior Amber Yarbrough discusses Prom Promise. "I am strongly against drinking, driving, and other destructive decisions. I enjoy the activities we do that will hopefully have an effect on students in the community," Amber said. Prom Promise's goal was to convince students to be honest, act responsibly, and not drink or drive drunk.

After giving blood, senior Liz Herman has a snack with senior Kevin Garris. "Kevin and I ate pretzels and cookies and hung out with other volunteers. We decided to wait for a while before going to class because we were still dizzy and we wanted free food," Liz said. Key Club volunteers ran the blood drive.





Planting flowers at Kids Island, junior Paul Sokolowski assists juniors Christina Dancy and Jenny Eudy. "I enjoyed helping out by digging the holes the flowers would go in. It was great to see all the people helping out," Paul said. The Leo Club's project spruced up Kids Island for the spring.



He said, She said



Lindsay Kluge, 10

"I enjoy going to special friends after school. Going to help primary schoolers is a nice break from my high school life. I sometimes help them with their math, reading, or artwork. They always want to learn something new."

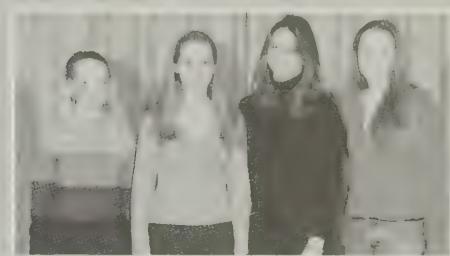


Ryan Remchuk, 10

"I am a special friend because I enjoy working with little kids. They are always energetic and excited to see me when I arrive. It gives me a sense of how I can be useful in the community."



INTERNATIONAL CLUB. Front: Sarah Woodard, Heather Tabor, Laura Wagner, Eliza Greenman, Ashley Geissinger. Row 2: Amanda McCuskey, Ashley Rutter, Katie Northcutt, Brett Nobile, Kyle Frail. Row 3: Ashley Dean, Christina Schultz, Brian Burnham, Sarah Taliaferro, Alana Smeltzer, Beth Hunter. Back: Tara Bunting, Aulden Burcher, Ryan Holloway, Jeb Bates, Nick Farmer, Jeremiah Shriver.



LEO CLUB OFFICERS. Jennifer Matzeder, Lisa Willis, Christina Dancy, Jenny Eudy.



KEY CLUB OFFICERS. Front: Grace Hou, David Knight, Kristal Newer. Back: Jessica Tuten, Aulden Burcher, Jake Grohs, Ronnie Parikh.



SADD. Front: Kim Gibbs, Kathryn Owen, Heather Tabor, Rebecca Perdue. Row 2: Andi Gingras, Amy Gaus, Christina Zahn, Curtis Savchenko, Ashley Dean. Row 3: Amber Yarbrough, Eliza Greenman, Stacy Kimball, Sara Yannello. Back: Amanda Murphy, Jon Black, Kyle Garvey, Ryan Holloway, Adam Ferry.

WE ARE An Incredible Herd

By David Knight

Every Bull had his or her own niche to fill. Some preferred to lead, while others contributed a special talent. The combination of unique qualities resulted in an incredible year.

Having award-winning show choirs occurred due to elected leadership. "Serving as vice-president of Soundsation has not only allowed me to stay active in the show choir, but it has given me a chance to help pull the group together as a team," senior Amanda Jenkins said.

Senior Maggie Bowden contributed as a leader. "Serving in SCA and as a class officer has been a great privilege throughout high school. I have relished the opportunity to help get classmates involved," Maggie said.

Many students contributed a variety of talents. "Being in band demands much participation. The band has made quite a name for itself, and I am proud that I helped put us on the map in the music world," junior Allison Roncaglia said.

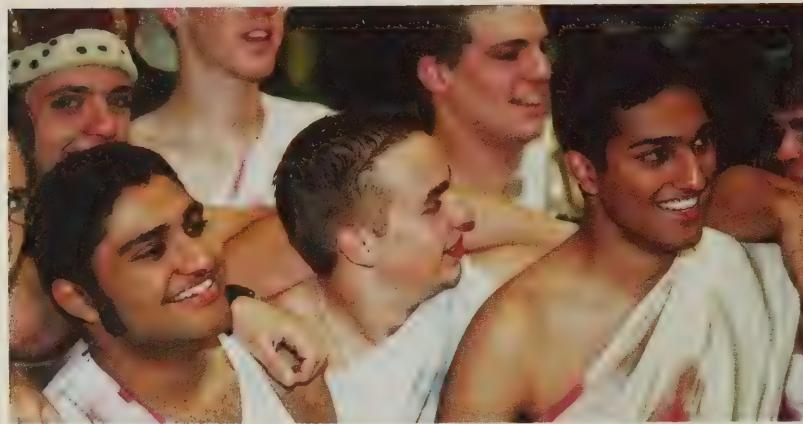
Each student brought a special quality to contribute to the Bull group. They took pride in what they did to represent the school. With so many wonderful qualities, We Are An Incredible Herd.

Playing the piano at a nursing home, senior Grace Hou demonstrated her talent. "Playing the piano makes me happy. I feel good and in another world when I'm playing. It's a gift I'm lucky to have, and I love sharing it with others. Playing in the community can brighten just one person's day, then all the harder work pays off," Grace said. Not only known in this community, Grace was nationally recognized for her talent.



Wearing the toga gave seniors more energy and spirit for the pep rally. "It made the pep rally more fun," Rebekah Jones said. Rebekah clapped and cheered for her class so they could win the spirit stick.

Making the toga and spending time with friends was important to Ronnie Parikh, Vikas Vatsa and Ryan Gibson. "The real tradition is not the actual wearing of togas, but the process of making them. We met at the Turnage's house to make them," Ronnie said.



*Jessica Elizabeth Abell
Courtney Ann Allen
Sam Hage Allen
Kathryn Frances Anderson*
Swimming 9,10,11; Captain 12; Key Club 9,12; FCA 10,12; NHS 11,12



*Rita Elizabeth Anderson
Daisaku Aruma
Heather Rae Bahr
Diane Michelle Barnes*
Tennis 9,10,11,12; Robotics 12; Boys State 11; Key Club 10,12; NHS 11,12
Band 9,10,11,12; Key Club 10,11,12; Athletic Trainer 9,10,11,12; Who's Who 12; SADD 9,10,11
Volleyball 9,10,11,12; Cross Country 11,12; Basketball 9,10; SCA 9,10; Key Club 9,10,12



*Matthew Scott Beagle
Melissa Dale Beimler
Lindsay Rae Bennett
Jennifer Jo Anna Berg*
Special Friends 9,10; FCCLA 9,10,11,12; SADD 10,11; NHS 11,12
International Club 10,11; Tennis 10; Key Club 9; Swimming 10



Skipping Out

Yes seniors should be allowed to skip, because we put three years in already and have earned that one day.

~ Mitchell Craig



CON

PRO

No senior should not be allowed to skip, because seniors take too many skip days. I suppose I shouldn't take it personally, but I resent it when I work so hard to present an interesting lesson and students don't even bother to show up. Again.

~ Ms. Helen Small

Show Spirit

Sheets, Paint Create Togas

As dawn approached, seniors awoke to the smell of spray-painted sheets. It was Toga Day. The class of 2002 was finally going to make the march into the gym wearing their togas. They formed a huge maroon and gold mass of school spirit.

All of the students agreed that the pep rally was the best part of the day. "Every senior had togas on and went crazy. It was an awesome day," Matt Hirschberg said. The seniors entered class song, "Good Your Life" was play-

Part of the toga day sleep-overs where friends. "Waking up bunch of my friends together put our togas was a great experience,"

Seniors wore their styles and colors. No same. "I decided to differently for various,"

In the end, all the pep rally settled were put away. The class of 2002 had used the tradition of Toga Day to officially begin their senior year.



The night before Toga Day, Kellyn Larabee and April Payne create their attire for the next day. "The best part about Toga Night was going to different people's houses and signing togas," Kellyn said. The togas were worn the next day.

tradition included they made togas with in the morning with a and helping each on was the best part. memory," Jennifer

togas in different two togas were the wrap my toga a little

Corie

parties were over, the down, and the togas



Clairee Joan Bessell
Cassie Elizabeth Bishop

Special Friends 10
Christina Elizabeth Black
SCA 9,10,11; Corresponding Secretary 12; Swimming 9,10,11, Captain 12; FCA 9,10,11,12; Key Club 9,12; Yearbook Section Editor, 12

Lindsey Jane Bomba
Volleyball 9,10,11,captain 12; Softball 9, 10, 11; Band 9, Section Leader 10,11,12; Key Club 12; FBLA 12



Maggie Kyle Bowden
Garnet and Gold 10,11,12; FCA 9,10, Co-Leader 11,12; SCA 9,10,11, Class Pres, 12; NHS 11,12

Jason Shriever Boyd
Cross Country 10,11,12; Track 10,11,12; NHS 11,12; Who's Who 11,12; New Horizons 11,12

Charles Frederic Breeden
Patrick Eugene Brooks
Football 12; Track 11,12; Band 9,10,11,12



Jessica Ann Bulles
NHS Historian 11,12; Cheerleading 9,10,11,12; Soundsation 10,1,12; FCA 12; Acappella 9,10,11,12
Rebecca Renea Bunch
Tiffany Sheree Bunting
Amanda Michelle Cagle
Cheerleading 9,10,11,12 ; SCA 9,10,11,12; Key Club 11,12; Class Tres. 12; Homecoming Queen



Cross Boundaries

Voting, Draft Serve Country

Receiving the voter ballot from the registrars, Jeremy Jordan prepares to vote. "I had been looking forward to voting and will vote again in the future," Jeremy said. Seniors were able to vote for the first time when they turned eighteen.



American flags were posted proudly on nearly every house, every business, and on every car. With war raging in other countries, our young men, now eighteen, considered the value of freedom. Like their ancestors before them, they were ready to register for the draft knowing that the ultimate sacrifice could be their destiny. "Before September 11th I was a little nervous about the draft. After the whole thing, I was completely ready for war. Being drafted would be an honor," Richie

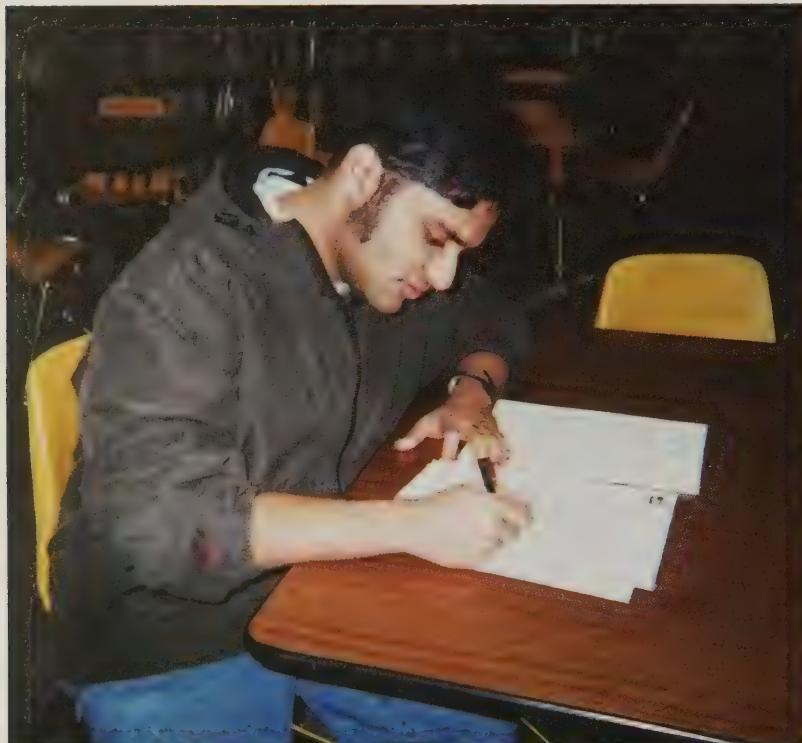
The importance of America was considered after recent events. choosing leaders honorable and count mount. American American freedom

Knowing that everyone brought young voters some were nervous. "It was neat to have personal opinion it wasn't much. I was supposed to do, directions," Rosanna

Voicing opinions eighteen year olds in other countries will never experience. The young American adults other countries fought to keep these freedoms alive.



Signing up for the draft made seniors feel patriotic. "When I signed up for the draft, I was very proud to be able to serve my country if need be," Bryan Dezern said. Age requirements qualified seniors for the draft.



Students are also eligible to vote when they turn eighteen. "Registering to vote was an awesome honor for me. I finally feel like my opinion counts for something," Vikas Vatsa said. Vikas planned to vote in all upcoming elections.

Wrightman said. good leadership ered in a different lig The significance who were intellige rageous were pa lives were on the li was at risk. ery vote count to the polls, although about the new exp knowing that my p counted, even thou didn't know what so I had to ask Dominguez said. was a freedom th

Being Eighteen



Being eighteen is great. Now I am responsible enough to vote. If I am feeling lucky, I can buy some lottery tickets. Also, I can register for the draft and serve my country if need be. I know I am responsible enough for these responsibilities.

~Ryan Gibson

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PRO



Being eighteen is not that much of a change for me. When I turned sixteen, I could finally drive, when I turned seventeen, I could go to 'R'- rated movies. Now, speeding tickets will go on my permanent record. Being eighteen carries more responsibilities for me, rather than my parents.

~Brandon Tignor



Alan Dale Carmine
Robert Corey Carr
Football 9,10,11, co-capt. 12; Wrestling 9,10,11, capt. 12;
Bowling 9; TSA 9,10,11,12
Curtis Wayne Cawley
Football 10; Track 11,12; TSA 9,10,11
Young W. Scott Choi



Marcus Eugene Chorik
Daniel Stephen Clark
Skills USA/VICA 11,12; Track 9,10,12; TSA 10
Erin Colleen Connolly
Mitchell Taylor Craig
Football 9,10,11,12; Track 11



Carissa Lee D'Eramo
Rebecca Lynne Dalby
Women's Ensemble 12
Shana Sea Daniels
Christopher Matthew Davis
Soccer 11,12; Football 11; Key Club 12; Golf 12



Bryan Ward Dezern
Band 9,10,12; Chorus 10,11,12; OM 9,10,11,12
Rosanna Hudgins Dominguez
SCA 10,11,12; FCA 9,10,11,12; Field Hockey 9,10,11,12; Who's Who 12; Soccer 9,10,11,12
Kristi Yvonne Duff
Homecoming Court 12; Skills USA/VICA 11,12; Happy Club 9
Corie Lee Dumont
Forensics 10,11,Captain 12; Garnet and Gold 10,11,12; Drama 9,10,11,12; Special Friends 10,11; Soundsation, Sec. 12



Lauren Patricia Edmonds
FCA 10,12; Basketball Manager 10,11,12; Cheerleading 11;
Band 10; Who's Who 10,11,12
Savannah Miles Elliott
Jason Michael Eng
Wrestling 10,11,12
Dustin Ryan Esposito



Thomas Holland Fairchild
Marc Stephen Famiglietti
Golf 10,11,12; Skills USA/VICA 11,12; TSA 9,10,11
Jonathon Gordon Farmer
Football 10,11,12; Basketball 9,10,11,12; Baseball 9,10,11,12;
Soundsation 10,11,12
Hailey Danielle Feiss

Candice Marie Felker

Nathan Wayne Finch

NHS 11,12; Key Club 9,10,11,12; Soccer 10,11,12; Who's Who 11, 12; Quill and Scroll 10,11,12

William Shannon Fifthian

Academic Challenge 9,10,11,12; Swimming 9,10,11,12; Chorus 9,10,12; NHS 12

Veronica Lynn Fordham



Stefanie Jeanne Fortier

Special Friends 10,11,12; Soccer 10,11,12; FBLA Pres. 11,12;

SCA 12; Yearbook Section Editor 12

Christopher P. Fox

Kevin Daniel Garris

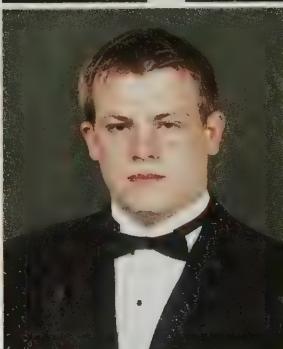
Jazz Band 11, 12; Band Co-pres 12; Pep Band Director 12; Key

Club 9,12; Special Friends 12

Kyle Kilbourn Gorvey

Soccer 9,10,11,12; FBLA 11; SADD 12; Cross Country 10;

Yearbook 12



Stephanie Marie Gaus

Special Friends 9, 12; Softball 9

Ashley Taylor Geissinger

Cheerleading 9,10,11,12; All-American Cheerleader 11; Key

Club 12; International Club 12

Ryan Thomas Gibson

NHS 11,12; Key Club 12; FCA 12

Andreanne Gingras

Field Hockey 10,11; SADD 9,10, Treas. 11, Pres. 12; Volleyball

10,11,12; NHS 11,12; Softball 9,10



Working was a way for Katie Northcutt to earn money for college. "It's nice to get a paycheck every week, although sometimes it's hard to work all afternoon," Katie said. Though a job added stress, the extra money helped.

Raise Money

Parents, Jobs Pay for College

\$10,000. This is the figure seniors faced paying for their freshman year in college.

A solution to this for some seniors was a part time job. "I am an installation technician for Electronic Systems and hope to use the money for a laptop and books for college," Tim Humphrey said. Trip was able to find a job that utilized his own personal skills, which made working a more enjoyable task. Seniors who were able to find a job they enjoyed had no problem putting in the extra hours.

Money for college is a personal requirement for many seniors. Some were compelled to help out as they could. "I am an installation technician for Electronic Systems and hope to use the money for a laptop and books for college," Tim Humphrey said. Trip was able to find a job that utilized his own personal skills, which made working a more enjoyable task. Seniors who were able to find a job they enjoyed had no problem putting in the extra hours.



Preparing a sub for a customer, Amanda Cagle works after school. "I enjoy working for Subway, because I get to see all of my friends since they eat there all the time," Amanda said. Amanda worked at Subway for about a year.

Whether to pay for tuition, books or other college requirements, having a job was an essential prerequisite for college.



Eliza Anne Greenman

Class Pres. 11; Soccer Capt. 9,10,11,12; International Club

11,12; Varsity Basketball 10

Casey Anne Grimes

Swimming 9,10,11; Key Club 9,10; FCA 10, 11; International

Club; Delta Epsilon Phi 10,11,12

Amanda Nicole Groves

Jason Andrew Haczewski

John Franklin Hamlett, Jr.

Alexis Glynne Hanna

Field Hockey 9,10,11; Volleyball 10,11,12; Softball 9,10,12,

Soundsation 10,11,12; SADD 12

Bryan Thomas Heldreth

Boys' State 11; Who's Who 11,12; Key Club 9,10 Comm. Head

12; Special Friends 11,12

Krista Nicole Henley

Elizabeth Marie Herman

Meredith Elizabeth Hicks

Volleyball 9,10,11,12; Basketball 9,10,11; Softball 9,10,11;

Special Friends 12; FBLA 12

Matthew Wayne Hirschberg

Baseball 9,10,11,12; Basketball 9,10,11 Capt. 12; FCA

9,10,11,12; Boys' State 11; JV Football 10

Jacob Lloyd Hollingsworth

Football 9 Capt. 10,11,12; Boys' State 11; Key Club 12

Managing Time

I work at Chick-Fil-A. I really like that they are closed on Sundays because I'm very involved with my church and I have a guaranteed day off. Chick-Fil-A is really good about helping to work around my schedule. They understand that I'm a student and support me.

~ Christie McReynolds



CON

PRO

Having a job during the school year is tough. There are many nights when I get home late and am simply too tired to study. But, I have to work in order to pay my bills and have more spending money.

~ Jeremiah Shriner



Working together to adjust the score during a Parks and Rec game, Alan Marks and Kristen Lindsay earn some extra money. "It's fun when we get to work together. It was nice to have company," Kristen said.

Counting laps for one of his students, Matt Beagle works as a coach for the Blue Dolphins. "I'm so close with my kids that I even talk to them when we don't have practice or a meet." Matt said. Matt tried to set aside some money for college, but most of it went toward his car.

Amanda Jenettie Hopson
Chorus 9, 10; Skills USA/VICA 11, 12
Jennifer Lynnell Hopson
Forensics 9, 10, 11, Capt. 12; Int. Club 9 V.P. 10, 11, Pres. 12;
Key Club 9, 10, 11, 12; Leo Club 11, 12; Tennis 9, 10
Grace Chi-Sung Hou
Key Club 9, 10, 11, 12; Tennis 9, 10
Crystal Lynn Hudson



James Michael Hughes
A/B Honor Roll 10, 11, 12; Football 12
Lester Earl Humphrey III
Laura Somer Hurr
Brent Austin Huskey
NHS 11, 12; Key Club 11, 12; SCA 11, 12; Baseball 9, 10, 11, 12;
Football 9, 10



Amanda Leigh Jenkins
James Joseph Jenkins
Jillian Quinne Jobson
Field Hockey 9, 10; Soccer 10; Int. Club 10, 11, 12; FCA 9, 10; Key
Club 10, 11
Krista Estelle Johnson



Rodney Lee Johnson II
TSA 9, 10, 11
Rebekah Lauren Jones
FBLA Sec. 11, 12; Int. Club 12
Jeremiah Powell Jordan
SCA 9, Sec. 10, V.P. 11, Pres. 12; Boys State 11, Mem. of Gov's
Cabinet, Mayor of Burke City; Key Club 9, 10, 12, Basketball 9,
10, Var. 11, Capt. 12; FCA 9, 10, 11
William John Kaoudis



Lisa Yvonne Kennedy
Allen Jameson King
Casey Erin Kluge
Who's Who 12; Garnet & Gold 10, Treas. 11, Sec. 12;
Soundsation 11, 12; Special Friends 9, 12; District Chorus 9, 10,
11, 12
David Bruce Knight
Band 9, 10, Treas. 11, Pres. 12; Key Club 10, V.P. 11, Pres. 12;
Academic Challenge 9, 10, 11, 12; Tennis 9, 10, 11, 12; NHS 11,
12



Natasha Lee Kormanik
Cheerleading 9, 10, 12; Soundsation 11, 12; Garnet & Gold 10;
Int. Club 12
Stacey Lee Krance
Christine Renee Kutchan
Cheerleading 9, 10, 11; FCA 9, 10; SADD 9, 10; Teacher's Aide 9
Kira Michele Lantz



Earn Privileges

Perks, Firsts Gain Respect

Excitement rose and parties started. June finally arrived and the fresh breeze of summer was there. Windows and tops were down and shorts were pulled from the closet shelf. Since mid-June, the class of '02 established itself as the next senior class.

There were certainly a number of privileges to becoming a senior. "The fact that this is my last year of high school and I get to go to college next year is the best aspect," Jonathon Farmer said.

Others, on the other hand, preferred senior parking, early, or just having the privilege of having a senior locker. "I use my locker because no one's ever looked in it. It's decorated with pictures and baubles," she said.

The arrival of crust pizza increased school lunches. "It's early and beat the teachers are pretty seniors out with Allen said. This allowed them to have a two-minute head

Everyone looked at their most important senior privileges differently. It took so long to get to the place to be able to enjoy them.



Between classes, senior Matthew Beagle visits his locker. It's much easier to leave my bookbag in my locker during lunch and classes when I don't need it. It also gives me more room to store my books neatly," Matthew said.

other hand, preferring to leave for lunch a larger locker. "I locker," April Payne everyday, and if in it, it's extremely tures and other

Slurpees and stuffed students purchasing nice to get to lunch line. Most of the good at letting the 4 plenty of time," Sam allowed them to get a start.

A freedom such as leaving for lunch early gave seniors an extra two minutes. "By the time 11 a.m. rolls around, I'm absolutely starving. The extra two minutes allows me to breeze through the lunch line, having extra time to inhale my food while others wait a good 5-10 minutes for theirs," Casey Grimes said.



Moving On

Going to college means living with your parents. This makes me become more and more responsible and helps prepare me for my life after college. Also, moving to a new city is a good aspect because I won't be around a lot of different people instead of being around family, one culture.

— Brian Huskey



CON

PRO

Leaving you family means moving to a different city. Not everyone likes moving. There are good and bad things about moving to a new city. Leaving the older generation.

— Lindsay Johnson



Arriving to school early, senior Diane Barnes enters the building. "I love having a senior parking spot. In the past years, I had to walk from the police station to the high school, which was unpleasant during bad weather. Now I only have to walk a few feet," Diane said.

Classes with friends makes school better. "We get to catch up on what's going on in our lives, while we are of course paying attention," Stacey Krance said. During sixth hour Stacey and Stacie Tenkley catch up on what happened during the day.

Having the same interests made a friendship stronger. "Jeremy and I have attended the same church, participated in the same sporting events, and have always been there for each other," Matt Hirschberg said. Matt and Jeremy Jordan discuss what's going on during lunch.



Leaving home

The advantages of heading off to college are you get to go to the movies, and you get a chance to live on your own. You have to leave before you're going to leave.

CON

PRO

I'll never get to see anybody again. I've made some great friends while I have been here. It will be hard leaving.

~Lauren Edmonds

Kellyn Patricia Larabee

Softball 9,10,11,12; Volleyball 10,11,12; Cross Country 9,10,11; Key Club 9,10, Tres. 11,12; Band 9,10,11,12

Amanda Lynn Larsen

Timothy Andrew Lawson

Cheerleading 10,11,12; Soundsation 10,11,12; Tennis 10

Deanna Mae Light

Skills USA/VICA 11,12; FCCLA 9,10



Katherine Elizabeth Lindberg

Girls State 11; Volleyball 11, Co-Captain 12; Softball 9,10,11, Co-Captain 12; SCA 9,10; Key Club 12

Kristen Marie Lindsay

Homecoming Court 9; Field Hockey 9,10,11; Class V.P. 9, Class Pres. 10, SCA Sec. 11, V.P. 12; NHS 11,12

Carin Anne Losares

Marching Band 9,10,11,12; Wind Ensemble 11,12; SADD 9; Special Friends 10,11; FCCLA 12

Angel Lynn Lushia



Alan Erwin Marks

Track 9,10,11,12; Cross Country 9,10,11,12; Debate 9,10,11,12; Forensics 9,10; FCA 9,10,11

Ryan Williamson Martin

Wrestling 11,12; Football 11; FBLA 11

Jennifer Nichole Matzeder

Leo Club 11,12; FCCLA 11; Key Club 11,12; Track 10;

Chase Pressley McCray

Football 9,10,11,12; TSA 9,10,11,12; FCA 9,10; Bowling 10,12



Cherish Friends

Relationships. Time Make Memories

Inseparable. Joined at the hip.

These were phrases used to describe best friends. High school was a time when special friendships were formed, grew, and lasted a lifetime.

Typically, a childhood best friend was a close neighbor. High school introduced sports, clubs, and cars, which led to new friendships based on shared interests, not neighborhoods.

"I met my best friend, she moved here in and did not become best friends until the start of our senior year,"

By the time students reached high school they understood friendship and knew more than an everyday friend. Friends are really cool here when needed,"

High school was a time for friends. Friends helped to grow. "My best friend is everything from clothes to say there for me and I am there for her," said Yarbrough.

When the seniors moved forward in their lives, they took with them the skills and knowledge they needed to find success. Many also took a high school friendship that will stay with them.



Friendships began in very strange ways. This one began with looks. "It happened in eighth grade when Mr. Coverdale constantly got us mixed up. That's when the whole twin thing started," Eric Stovall said. Eric and Adam Wallis enjoy playing video games together.

Stacey Krance, when ninth grade, but we remained friends until the start of Tara Stead said. Students reached high school the value of that a best friend was a day playmate. "Best because they are Kevin Garris said. Confusing and stressful times share the ups and downs with a friend and I share everything with her. She is always there for me and I am there for her," said.

graduated and moved forward in their lives, they took with them the skills and knowledge they needed to find success. Many also took a high school friendship that will stay with them.

Family was an important role in how friendships were formed. "Bryan and I are cousins, and his and David's parents have known each other since before we were born," Emily Turnage said.



Lindsey Nichole McDaniel

Key Club 9,10; SADD 9; Cheerleading 9,12; FCCLA 9,10; Skills USA/VICA 11,12

Patrick Donovan McIntyre

Track 9,10; International Club 11; Key Club 11

Christie Marie McReynolds

Governor's Spanish Academy 11; Wind Ensemble 9,10,11,12; Special Friends 9,10,11,12; National Honor Society 11,12; Acappella Choir 12

Jessica Dawn Mellott



Jeremy Thomas Moore

Bowling Club 9; Key Club 11; FBLA 12; Swimming 9

Jonathan Isaac Moore

Track 9,11,12; Cross Country 9,10; Wrestling 10

Starkey L. Moore

Lindsey Jeanette Morgan

FBLA V.P. 12; Skills USA/VICA 11; Forensics 9; Who's Who 10; School Board Student Rep. 11



Bradford Jay Morgart

Skills USA/VICA 10,11

James Michael Morris III

Justin Wayne Mulkey

Wrestling 9,10; Baseball 9,10,11,12; Football 9,10,11,12; Who's Who 11,12; FBLA 11,12

Brent Alan Myers

Ride Around

After meeting at Farm Fresh, Kathryn Anderson gets into a friend's car. "I like meeting at Farm Fresh because I hate to drive far to meet up with my friends," Kathryn said. Local businesses were popular spots for seniors to meet on weekends to carpool together.



Where to go? What to do? Who will drive? As seniors got ready to go out and have a good time with friends, many things came to mind. For seniors, carpooling became an instrument part of the weekends

"I like to carpool to things like dances and parties, especially when the occasion is right for it. Usually though, I like to stick with just driving myself around whenever possible," Jonathan Farmer said.

One big reason carpooling was beloved. "I must admit, I hate spending money on gas," Irene shared the responsibility of carpooling, seniors

Occasionally seniors are uncertain whether or not to carpool. I usually but lately I am always cause some discomfort and broke my radio," A car that was not in order was a reason for friend.

Whatever the reason to take the road in carpools, seniors agreed that carpooling was a great way to get around.



Ready to go out and ride around, Sam Allen gets into a friend's car. "After school my friends and I drive around aimlessly. I am excited when I don't have to drive and someone else does," Sam said. Carpooling allowed for shared responsibilities of driving.

seniors enjoyed the cause of the money I hate spending. Yannello said. Possibilities saved money of gas seniors had little choice to carpool. "When I like to take my car, the passenger has to connect my battery," Matt Hirschberg said. complete working on catching a ride with

son was for senior



Getting into her car, Missy Beimler takes Crystal Hudson home. "Crystal and I ride to and from school every day. We alternate who drives, but most of the time I drive," Missy said. Going to and from school was a way seniors carpooled together.

Cars, Friends Go Places

Driving Friends



I like being the driver when my friends and I go places because I have control over the music we listen to, the places we go, and the things we do. I also like driving because many of my friends have driving skills that make me want to have a heart attack.

~ Casey Grimes

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PRO



When I drive, I don't like it at all because all my friends can be annoying, rude, and extremely bothersome. I find that the less people, the better. Another reason I don't like driving is because my friends are always correcting me when I am trying to drive. It can really make me mad.

~ Richie Wrightman



Tanya Marie Myers

Basketball 9,10,11; Track 9,10

Katherine Allison Northcutt

Ronak Paresh Parikh

Newspaper 10,11, Editor 12; Debate 9,10,11, Capt. 12;

Scholastic Bowl 9,10,11,12; Key Club 9,10,11, VP 12; Odyssey of

the Mind 9,11,12

Brittany Nicole Paul

New Horizons 11,12



April Revelle Payne

Athletic Training 10,11,12; Swimming 11,12; Volleyball 10; Key

Club 10,11,12; Leo Club 12

Rebecca Ann Perdue

FCCLA 9,10; SkillsUSA/VICA 12; SADD 11,12; New Horizons 11

Christopher Joseph Price

Special Friends 9,10,11,12; FBLA 12; Band 9,10,11

Lindsey Marie Proctor

Girls State 11; Garnet and Gold 10,11, Pres. 12; Soundsation 11, 12; Acappella 9,10,11; FCA 9,10



Kathleen Ann Rabon

Special Friends 11,12; Acappella 9,10; Athletic Training 9, 10, 11, 12; SADD 9, 10

Samuel Lee Ratcliff

Skills USA/VICA 12, Track 9, Cross Country 9, FBLA 12

Kathryn Mary Ricklefs

Special Friends 9,10,12; Chorus 9,10,11,12; Athletic Training 9,10,11; Key Club 12

Katie Dawn Rogers

Athletic Training 10,11, Head Trainer 12; Basketball 9,10; Soccer 9,10; Track 9



Matthew Fielding Rogers

Swimming 9,10,11; FCA 9,10; FBLA 9,10,11,12; International Club 12

Cristoforo Russo

Joel Hugh Sanderson

Odyssey of the Mind 9,10,11,12; Football 10,11,12; Newspaper 12; Soundsation 9,10,11,12; National Honor Society 11,12

Melissa Ashley Saunders



Christina Marie Schultz

Special Friends 10,11,12; International Club 10

Robert Jeremiah Shriver

International Club 11, Secretary 12; Key Club 11,12; Cross Country 9, TSA 9,10,11

Michael Simmons

Barry Nicolas Smith



Christopher Ryan Spangler

Skills USA/ VICA 12

David McKay Stavely

Nicholas C. Stavrakis

Tara Leigh Stead

Mixed Chorus 9; Acappella 10,11, President 12; International Club 12

Eric Wayne Stovall

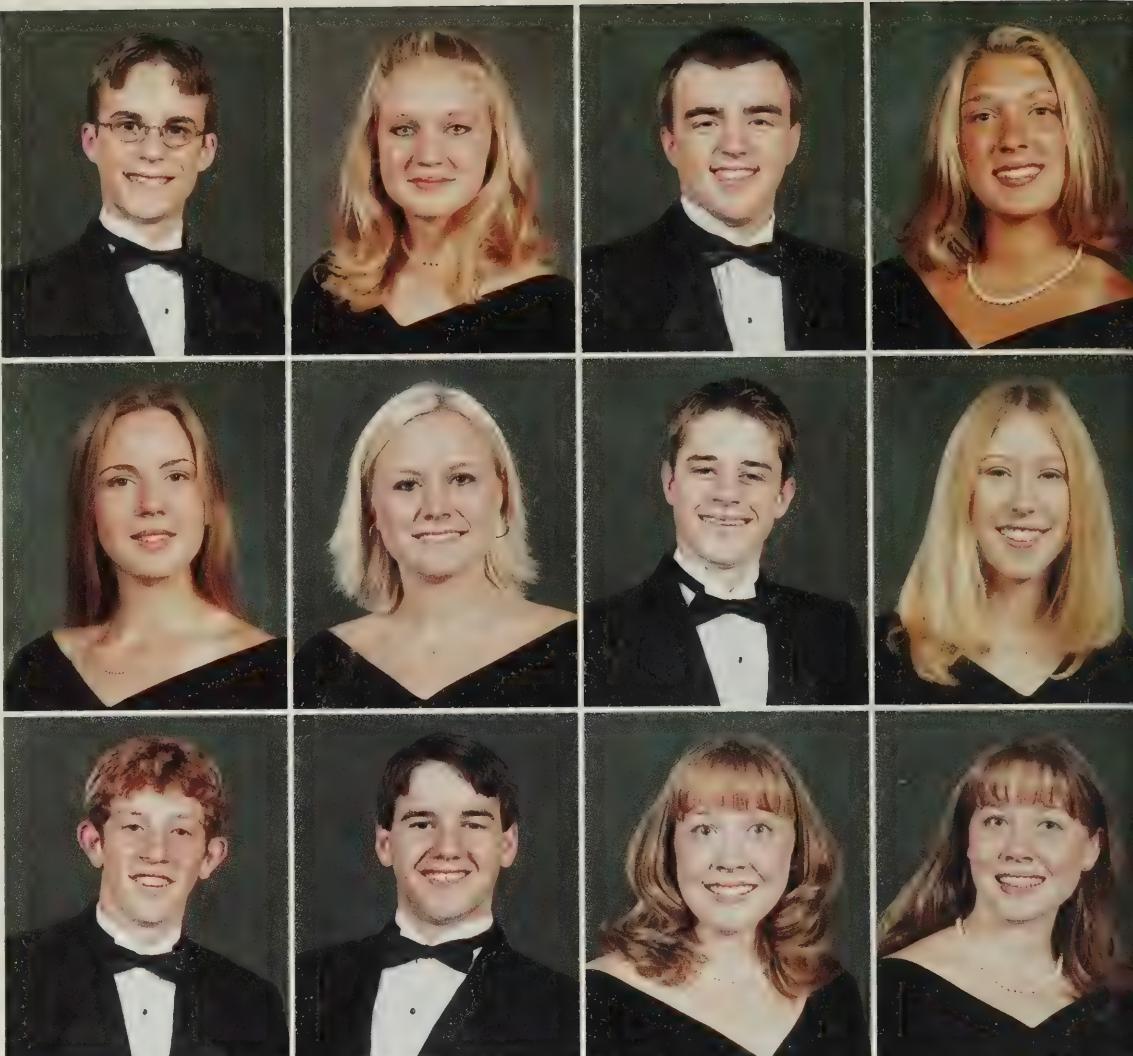
Band 9,10,11,12; Academic Challenge 10; Int. Club 12; Delta Epsilon Phi 11,12; NHS 11,12

Chanelle S. Suski

Nicholas Jay Sutton

g 9,10,12; Skills USA/VICA 11,12

Emily Camille Swartzel



Value Time

Parents, Children Become Friends



Seniors had many friends by the end of their high school careers, but only a handful included their parents on the list.

As the year progressed, the time neared when seniors would leave their homes and begin to depend on themselves. Parents experienced the first feelings of an empty nest.

Mother-daughter relationships grew strong through the year. "My mom and I are incredibly close; we depend on each other every day. She's really going to miss me when I move out, but she knows it's something I need to do and encourages me to move forward," Rebecca said. Rebecca moved here with her mother in November.

For parents, a child difficult to deal with. receive his college news. It's able to go to the col- to know he's begin- his life, but sad to on and our family will We will miss him more ever know," math Knight said. Mrs. David were always close.

Graduating proved to be bittersweet, and the empty nest was left with only me.

Graduating proved to be bittersweet, and the empty nest was left with only memories and visits to fill it.



As Minna stands, Patrick Brooks and his mom Jay, groom her. "When I'm actually home, my mom and I spend a lot of time together. While I'm at college, I'll e-mail and call my mom," Patrick said. The two planned to keep in touch while Patrick was away at college.



Jessica Leigh Tuten

Cheerleading 10,11,12; Class Sec. 11,12; Key Club 9,10,11,12; NHS Sec. 11,12; Newspaper 9,10,11,12

Oikas Kumar Vatsa

Int. Club 9,10,11,12; Mu Alpha Theta 11,12; NHS 11,12

VA Math League 10,11,12

Edward Lee Wagner

Jackson C. Wagner

Rayna Michelle Wallace

Happy Club 9,10; Key Club 9,10,11; Special Friends 10; FCA 9,10; Skills USA/VICA 12

Adam Christopher Wallis

NHS 11,12; Key Club 9,10,11,12; Swimming 9; Band 9,10,11

William Thomas Warren

Basketball 9,12

Richard Orrin Wightman

Class V.P. 10,12; FCA 9,10,11,12; SCA 10, Committee Chairman 12; Golf 9,10,11, Capt. 12; Baseball 9, 10

Debra Marie Wilkinson

Field Hockey 9,10,11; Soccer Manager 11

Robert Wayne Wilson

TSA 9,10; Football 9,10,11; Skills USA/VICA 10,11

Renee' Elizabeth Withrow

FHA 9,10; Skills USA/VICA 11,12

Bryan Patrick Wood

Taking Control



I guess the best part about college is that I won't have to do so many things. I won't have to live in the same tiny town with my parents who are divorced, and I won't have rules, so I can set my own agenda daily, nightly, and on weekends. I won't have to take useless, redundant classes that I personally find no purpose in.

— Sarah Taliaferro

CON

PRO

The worst part of leaving home is having to actually take responsibility for what is going on around me. My parents won't be there to keep picking up the pieces. But phone calls and visits home will always keep me from staying in college.

Alyssa Grimes



While dinner cooks, Chris Price talks to his mom. "The hardest part of leaving for college is that I always have my mother to turn to; in college, I won't," Chris said. Chris looked at in-state colleges so he would be close to home.

Before an exam, Rita Anderson's father helps her study. "I've been close to my father ever since I was a little girl. He has always been there for me. I will miss him terribly at college," Rita said. Rita planned to attend Longwood so she would not be more than a day's drive away from her father.

Irene Patricia Yannello

Athletic Training 10,11; Garnet and Gold 10,11; Special Friends 9,10,11; Leo Club 12; Soundsation 11, Pres. 12

Amber Marie Yarbrough

Track 10,11,12; SADD 9,10,11,12; Special Friends 9,10,11; TSA 9,12; Key Club 12

Jennifer Lynn Yetzer

FCA 9,10,11; Skills USA/VICA 11,12; FCCLA 9,10

Brian Matthew Young



Thomas William Young

Christopher James Zagursky

Maria Christine Zagursky

Christina Jayne Zahn



Brooke Ashleigh Zidenberg

Cheerleading 9,10, Capt. 11,12; Soccer 10; FCA 9,10; Track 9

Not Pictured

Grant Ryley Berland

Christopher Michael Branch

Alex Loren Carroll

Timothy J.D. Epps

Jason Ryan Ernzen

Justin David Ford

Ambar Holloway

Daniel Latham Richard Ingham

Brandon Geoffrey Laws

Joshua James Montalvo

J. Heather Panz

Mark Daniel Quinlan

Maria Kim Rounsville

Patrick James Stamas

Marci Robyn Stevens

Christopher Charles Walker



Seniors grab any chance they get to fill out college applications. "When I am not at work, I try to fill out my applications. I take advantage of all my free time to work on them," Heather Barr said. Heather used time before school to work at a table in the commons on one final application.



Plan Futures

College, Scholarship Applications Occupy Time

Write, rewrite, proofread, write again...

Applications for college and financial aid meant forms, recommendations, transcripts, and more. For students, these were tasks too big to handle alone.

In order to hear from colleges before April, students started applications early. "I had Mrs. May look over my essays and Mrs. Walsh look over my applications. They were great at offering suggestions," Grace Hou said. "From others paid off." Harvard University Seniors completed applications as well. "I put a lot of time into my scholarship applications. I was a semifinalist and won the general application prize is \$20,000, but forth my best efforts, since they are for college," Ronnie said. "I applied to Georgia Tech and Virginia Tech."



Filling out his college applications, Daisaku Azuma writes his personal statement. "I only spent twenty minutes on my applications," Daisaku said. The two colleges Daisaku applied to were Georgia Tech and Virginia Tech.

Applications were time consuming and stressful, but the hopes of receiving acceptances and money for college were enough to keep students on track.

After reading the instructions several times, Christina Schultz begins her application. "I applied to Longwood based on the atmosphere and the many activities they have there. What really made me apply there was the environment," Christina said. Christina received her application through the guidance office.



Biding Time

Writing scholarships will help me get money for college, so I am glad to do it. I am always looking for different scholarships on-line and through the guidance office. Hopefully I will get chosen out of everyone who has applied so I receive money to help with how expensive college is going to be.

~Diane Barnes



CON

PRO

Scholarships take a very long time to write. It is hard to find time through all of my homework to write them. I am not sure I will get around to writing any, because every time I try to make time, I am assigned to another project.

~April Payne



Students are told that it is a good idea to apply to several colleges. "I applied to CNU, JMU, and VWC. The applications take a while to fill out because I have to write essays, but once they are finished a lot of stress is taken off. I am really nervous about the decision I have to make between the three," Missy Beimler said. JMU was Missy's first choice.

Initial Impressions

What do you enjoy about high school?

By Jacob Holland



Free time in school became a dilemma. "I like bringing my CD player to school so I can listen to it during any free time I have throughout the day," freshman Michael Merchant said. Most teachers didn't mind, as long as all work was completed.

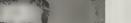
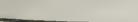
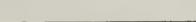
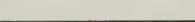
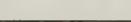
LAURENNE MCGOWAN, 11

"I enjoy participating in Special Friends because it gives me the chance to change a child's life."



The commons was a popular area to catch up with friends or just relax whenever possible. "I enjoy hanging out in the commons between classes so I can relax and talk with my friends," junior Jesse Bishop said. The couches and tables were used for social and study reasons daily.



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|  |  |  |  |  |  | Andreano, Daniel Andriliunas, Jeffrey Armstrong, Jessica Auman, Jessica Auslender, David Ayers, Nickolas | 9 10 9 9 9 10 |
|  |  |  |  |  |  | Azuma, Erika Babb, Keith Babb, Michael Bahr, Lindsey Baily, Ashley Baker, Brett | 9 9 9 9 9 9 |
|  |  |  |  |  |  | Barber, Brian Barbery, Matthew Barrett, Glen Bates, David Bates, Jefferson Baughman, Kristen | 11 10 11 10 10 9 |
|  |  |  |  |  |  | Bayne, Jessica Beadle, Lindsey Beale, Leland Bearekman, Adam Bearekman, Ryan | 10 9 11 10 9 |
|  |  |  |  |  |  | Becker, Kevin Becker, Lauren Beimler, Carol Bell, Holly Bell, Scott | 10 9 11 9 10 |
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| Brown, Adam | 11 |
| Brown, Jeremy | 11 |
| Brown, Lindsay | 9 |
| Brundige, Brent | 11 |
| Bryan, Paul | 10 |
| Bryant, James | 10 |
| Buffett, Jamie | 11 |
| Bulles, Amanda | 9 |
| Bulles, Daniel | 10 |
| Bullock, Charles | 9 |
| Bunting, Lindsay | 9 |
| Bunting, Rodney | 11 |
| Burcher, Aulden | 10 |
| Burdge, James | 9 |
| Burge, Benjamin | 9 |
| Burke, Anthony | 10 |
| Burnett, Michael | 9 |
| Burnham, Brian | 11 |
| Burns, Matthew | 10 |
| Burton, Faith | 9 |
| Butler, Cassie | 11 |
| Cain, James | 9 |
| Calcaterra, Michelle | 10 |
| Call, Kelly | 10 |
| Camp, Matthew | 11 |
| Campbell, Janet | 11 |
| Campbell, Joshua | 9 |
| Campbell, Kathryn | 10 |
| Caratachea, Matthew | 11 |
| Carlson, Chad | 9 |
| Carpenter, Joseph | 11 |
| Carroll, Sabrina | 10 |



Spread by Evan White

Troubling Times

What is the worst thing you've done in school?

"In eighth grade Steven Worley and I called 911 from the school and we got one day out-of-school suspension, but it snowed that day so it was cool."

-junior Matt Caratachea

"One time I played baseball with my friends in the commons on a day that the school was unlocked. We used a tennis ball and a broom stick we found in a closet, but someone came and we ran."

-sophomore Matt Barber

"I broke a light in the gym and got suspended for it. I still went to the dance and got in a fight. I got an out-of-school suspension for a week, along with in-school suspension for another week."

-freshman Chris Herndon

"Matt Camp and I got caught for possession of stink bombs by Mr. Wright and got community service at the school."

-junior Travis Hanberry





During English class, sophomore Chris Maxwell shoots a rubber band across the room. "Sometimes I mess around in class even when I know I'll get in trouble, but it's worth it. Who can resist a rubber band fight? Every once in a while it feels good to break the rules," Chris said. Mrs. Debbe Goddin gave her class a few free minutes the day before her mid-term exam.

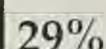


"I usually get in trouble for coming home late because my parents always want to know where I am. When I come home late they get worried."

junior David Stovall

Getting into Trouble

What do you usually get in trouble for?

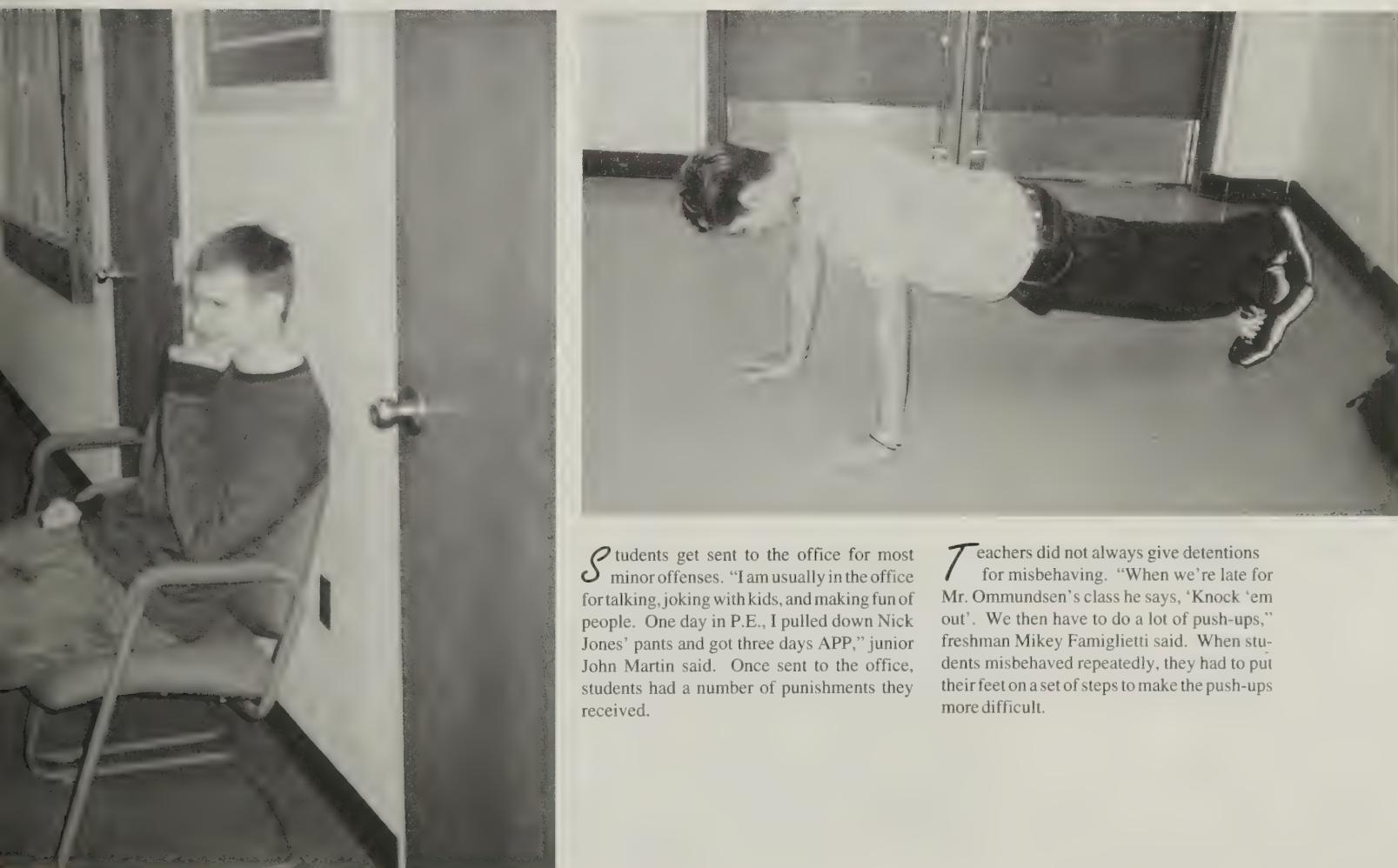
Messy Room  29%

Coming Home Late  27%

Being Disrespectful  25%

18%

*out of 50 underclassmen surveyed



Students get sent to the office for most minor offenses. "I am usually in the office for talking, joking with kids, and making fun of people. One day in P.E., I pulled down Nick Jones' pants and got three days APP," junior John Martin said. Once sent to the office, students had a number of punishments they received.

Teachers did not always give detentions for misbehaving. "When we're late for Mr. Ommundsen's class he says, 'Knock 'em out'. We then have to do a lot of push-ups," freshman Mikey Famiglietti said. When students misbehaved repeatedly, they had to put their feet on a set of steps to make the push-ups more difficult.

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| Catlett, Charles | 11 |
| Cecere, Michael | 9 |
| Chapman, Rachel | 11 |
| Charles, Darby | 11 |
| Chase, Devon | 11 |
| Christian, Alexandra | 9 |
| Christopher, Adam | 10 |
| Chung, Anthony | 10 |
| Clark, Jessica | 10 |
| Clifford, Megan | 9 |
| Close, Ashlea | 9 |
| Cobb, Amanda | 9 |
| Cobb, Ryan | 9 |
| Cole, Amy | 11 |
| Connell, Stacey | 11 |
| Conrad, Laura | 9 |
| Cook, Andrew | 9 |
| Cook, Cassie | 10 |
| Cook-Furr, Casey | 9 |
| Cooper, Joshua | 11 |
| Corker, Noah | 11 |
| Corneliussen, Sarah | 10 |
| Couvillion, Leslie | 10 |
| Cowan, Jonathan | 10 |
| Cox, Anne | 9 |
| Cox, Michael | 10 |
| Craig, Caitlin | 10 |
| Creedon, Mallory | 9 |
| Crockett, Beau | 9 |
| Crockett, William | 10 |
| Curtis, Danielle | 11 |
| Curtis, Dillon | 10 |
| Dancy, Christina | 11 |
| Daniels, Stefanie | 11 |
| Dashiell, Rebecca | 11 |
| Davidson, Christopher | 11 |
| Davis, Andrew | 10 |
| Dean, Ashley | 10 |
| Deans, Amber | 11 |
| Deepak, Ravi | 9 |
| Delill, Brock | 10 |
| Dewitt, Patrick | 11 |
| Dezern, Tyler | 10 |
| Di Gennaro, Joshua | 11 |
| Discioscia, Sara | 9 |
| Dixon, Marc | 10 |
| Dockens, Maranda | 11 |
| Doernte, Adam | 9 |
| Doernte, Grace | 11 |
| Dorney, Christopher | 11 |
| Dorney, Joseph | 10 |
| Doyle, Paul | 9 |
| DuBose, David | 10 |
| Duman, Nathan | 9 |
| Duncan, Jeffrey | 11 |
| Duncan, Sherry | 11 |
| Dunlap, Sarah | 9 |
| Dunn, Danielle | 11 |
| Duvall, Nicholas | 9 |
| Eck, Savannah | 9 |
| Edmonds, Joseph | 9 |
| Edwards, William | 9 |
| Efird, Courtney | 10 |
| Elliott, Jessica | 10 |





Catering Changes

What change affected you the most?

By Brandon McPherson



As a result of students leaving their trash, new rules were issued at lunch. Freshman Will Nunnally was one affected. "It's frustrating how teachers will ask me before lunch where I'm going," Will said. All students were influenced by the new rules.



ISAWAN NARISER, 11

"I like being able to socialize and make money at the same time at the new restaurant. Most of the people are really cool, so it is really nice working there."



Making an order, sophomore Bobby Hazelwood enjoys the benefits of working at KFC/Taco Bell/Pizza Hut. "I like it there because I am able to work with people from different backgrounds and the pay is good," Bobby said. All employees and customers appreciated the advantages of the new restaurant.

"I like the new Kentucky Taco Hut, because it brought many jobs for students to the Poquoson area, plus, their steak quesadilla is awesome."

-sophomore Matt Barber

"I personally like the Taco Bell because it is cool to have one in Poquoson instead of going all the way to York to get a taco."

-junior Bill Ikner

"The rule of being dismissed by tables at lunch has affected me the most because I eat slowly, and my table would not be dismissed. So now I eat alone in a teacher's classroom."

-junior Sarah Harker

"I think the new lunch rules have affected me a lot because I used to take a really long time to get to lunch, and leave lunch early. Now, I can't do either."

-sophomore Liz McClendon

"Having to get to lunch on time has been a lot of trouble. It is hard to get everything I need for the end of the day when there is only four minutes to get to lunch, and I hate to be tardy."

-sophomore Amanda McCuskey

Shuffle Sessions

What do you like about dancing?

By Stephanie Harvin



At her dance class, junior Lisa Willis spends time with her friends. "This is the first year I have danced, and I love it. It's great to have my friends in a class with me; it makes it so enjoyable," Lisa said. Lisa and her friends took contemporary dance together.

WHITNEY YOUNG, '99

"I have been dancing for six years. Some of my friends had been dancing for a couple of years, so I decided to take a class. It's hard work, but it's a blast."



During warm-ups, junior Lacey Maguire leaps across the dance floor. "I enjoy dancing. It's good exercise and I get to spend time with my friends. My favorite part of dance class is learning new routines," Lacey said. Lacey had been dancing for two years.



"Dancing is one of my favorite things to do. It allows me to completely unleash myself because I just get wrapped up in the music. Plus, Sabra and I always have really hot dance-offs."

-junior Kristal Newer

"I like to dance, but I would rather not when I am in front of people. In my room with the radio blasting, I think I'm a good dancer, but otherwise I am not."

-sophomore Jenna Harklerode

"I absolutely love to dance. It gives me a chance to get away from all of my problems or stress. It's also a great way to get rid of my extra energy. When I hear the music, I just have to dance."

-freshman Jessica Haney

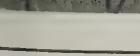
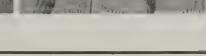
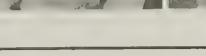
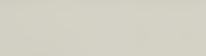
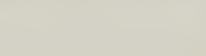
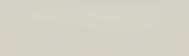
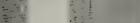
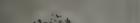
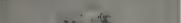
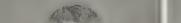
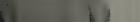
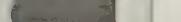
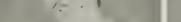
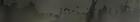
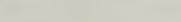
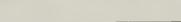
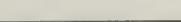
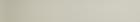
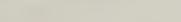
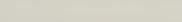
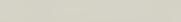
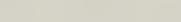
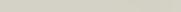
"I kind of like to dance, but I am not very good at it. I do have my own dance, it's called 'The Hallinger.' I created it during a lab in chemistry."

-sophomore Daniel Hallinger

"I like to dance with my friends because they know how to get in the groove. I like going to concerts and rocking to the music."

-junior William Murphy



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| Reckendorf, Nicholas | 11 |
| Reece, Garland | 10 |
| Remchuk, Ryan | 10 |
| Rex, Christopher | 9 |
| Rich, Casey | 10 |
| Richardson, Casey | 9 |
| Ricklefs, Martha | 9 |
| Riggs, Ashley | 10 |
| Robbs, Timothy | 11 |
| Roberts, Dayton | 9 |
| Robertson, Caroline | 10 |
| Robertson, Christopher | 11 |
| Rollins, Casey | 9 |
| Rollins, Patrick | 11 |
| Rollins, Roman | 11 |
| Roncaglia, Allison | 11 |
| Rose, Katherine | 10 |
| Rubin, Aaron | 9 |
| Russell, Anna | 9 |
| Russell, Timothy | 9 |
| Russo, Salvatore | 11 |
| Rutter, Laura | 10 |
| Sanderson, Amanda | 11 |
| Sanderson, Rebecca | 9 |
| Savchenko, Curtis | 9 |
| Sawicki, William | 10 |
| Sawyer, Christopher | 11 |
| Scheepers, Molly | 10 |
| Scheib, Benjamin | 9 |
| Schuller, Emily | 9 |
| Schultz, Joshua | 10 |
| Scott, Michael | 11 |



Spread by Stephanie Harvin

Collecting Coins

Do you think fundraising is effective?

"Yes, fundraising is extremely effective. I had to fundraise for money to go to a baseball tournament in Arizona. It worked out very well. I held a raffle and asked for sponsors. People were very generous."

-junior Jimmy Greene

"I don't think fundraising is very effective because most people don't put forth effort, so it is hard to find people who are going to be enthusiastic about selling the fundraising product. It's not very effective because most people are not going to try very hard to sell whatever is being sold."

-junior Nick Longstreet

"I personally like fundraising. I enjoy buying all the cool candy, and it really helps out our school. Plus, I just like selling stuff to my grandparents."

-freshman Lindsey Beadle





*A*s she checks over her order, sophomore Danielle Hardin counts the number of items she has sold. "Fundraising is a great way to get money for under-funded sports like field hockey. It's really easy too, all I have to do is take a few orders. The customers are happy and I get paid. It's a win-win situation," Danielle said. Danielle sold over \$200 for the field hockey team.



"Fundraising is usually an effective way to bring money in quickly. However, it can be difficult to sell off-the-wall products like \$30 candles," junior Lindsey Gillikin said.

Fundraising

What is your favorite way to fundraise?

Carwashes 40%

Food Sales 36%

Giftwrap 16%

Other 8%

*out of 50 underclassmen surveyed



*L*ooking over her cookie dough order, sophomore Sarah Woodard makes sure there are no mistakes. "I would not want a customer to get something they did not order. I enjoy fundraising. It can be tedious sometimes, but it really can help make a sizable profit," Sarah said. Sarah raised money to help support the chorus program.



*W*hile picking up her fundraising order, junior Jessica Knaust talks to Mrs. Heather Romano. "Fundraising is a cool thing, although I was a little bit lazy. I didn't really know anyone in my neighborhood, so I didn't sell very much," Jessica said. Jessica was an exchange student visiting from Germany.

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| Semeyn, Kristin | 9 |
| Sharpe, Abby | 10 |
| Shaw, Catherine | 10 |
| Shaw, Gregory | 10 |
| Shaw, Jason | 11 |
| Shearn, Morgan | 9 |
| Shelton, Christopher | 9 |
| Shelton, Marybeth | 10 |
| Sheridan, William | 10 |
| Shields, Brian | 11 |
| Shook, Brandy | 10 |
| Shuck, Zane | 9 |
| Simmons, Travis | 11 |
| Simon, Courtney | 10 |
| Slavens, Brandon | 11 |
| Smeltzer, Alana | 11 |
| Smeltzer, Holly | 10 |
| Smith, Evan | 9 |
| Smith, John | 11 |
| Smith, Maria | 9 |
| Smith, Megan | 11 |
| Smith, Thomas | 11 |
| Snow, Jeffrey | 9 |
| Sokolowski, Paul | 11 |
| Sommer, Lauren | 11 |
| Speigner, Melinda | 11 |
| Spencer, Joel | 10 |
| Spring, David | 11 |
| Spring, Jessica | 9 |
| Stacey, Roxanne | 10 |
| Stanfield, Joshua | 9 |
| Stavely, Ian | 10 |
| Stead, Cody | 9 |
| Steele, Elizabeth | 10 |
| Steele, Melissa | 11 |
| Stephenson, Joshua | 9 |
| Stone, Thomas | 10 |
| Stough, Ryan | 9 |
| Stout, Jenna | 11 |
| Stovall, David | 11 |
| Strickland, Lorian | 10 |
| Strickland, Robert | 9 |
| Strout, Danielle | 10 |
| Swanson, Ann | 10 |
| Swilley, Sabra | 11 |
| Swilley, Stuart | 9 |
| Sykes, Joy | 9 |
| Tabor, Heather | 10 |
| Taliaferro, Christopher | 9 |
| Tarkenton, Ashley | 9 |
| Tartini, Devin | 11 |
| Tate, Jr. Ira | 11 |
| Taylor, April | 11 |
| Thayer, Nicholas | 11 |
| Thomas, Ellen | 11 |
| Thomas, Katherine | 11 |
| Tignor, Kristin | 10 |
| Torrenti, Andrea | 10 |
| True, Christopher | 10 |
| True, Laura | 10 |
| Valade, Adrienne | 9 |
| Villanueva, Ashley | 11 |
| Wagner, Laura | 11 |
| Waling, Sarah | 9 |





E

vening Exposures

How do you spend your week?

By Brandon McPherson



Keeping her priorities straight, junior Amory Hunt studies to sustain her grades and rewards. "I study because I have to maintain good grades to keep my privileges, like my car," Amory said. Freedom, such as a car, was a good motivation to get students to study each night.



MATT HUNTER
"On a normal school night with tests and homework for the next day, I usually like to spend up to three hours on the phone, and then start on my studies late at night."



After homework was done and television was boring, students turned to reading. Sophomore Bobby Hodges was no different. "After I finish my homework I will read a book concerning the Civil War, because I find it interesting," Bobby said. Exciting books attracted students who finished school assignments.

"I go to karate class on Mondays and Wednesdays and study every night. It differs on the weekends because I relax on the weekends and usually just sleep and watch movies."

-sophomore Jeb Bates

"I work, do my homework and go to sleep. On the weekends, there is a possibility that I have two hours to hang out."

-junior Anneka Munk

"Usually I stay after school to do journalism work, volunteer for a few hours at PES, or go to clubs like sailing or Key Club. If I have some time left over I'll do homework. My weekend is really different. I do makeup work to get ahead and hang out with friends at the movies or sailing regattas."

-sophomore Aulden Burcher

"Usually I have various activities after school, including softball, basketball, and piano. At some time in the week, I work out with my Dad. On the weekend, I have church and volunteer work with Leo Club."

-freshman Kate Leeming

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| Walker, Erin | 11 |
| Wallis, Erin | 10 |
| Wallisch, Melissa | 10 |
| Walsh, Martin | 9 |
| Ward, Lauren | 9 |
| Ward, Matthew | 9 |
| Ward, William | 11 |
| Warner, Ryan | 10 |
| Warner, Steven | 10 |
| Washburn, George | 10 |
| Watson, Erika | 9 |
| Weaver, Andrew | 9 |
| Wells, Michael | 9 |
| West, James | 9 |
| West, Mason | 11 |
| Weston, Kimberly | 11 |
| White, Andrew | 11 |
| White, Evan | 11 |
| White, Melissa | 11 |
| White, Patrick | 9 |
| Wightman, Veronica | 10 |
| Wilkinson, Ottelia | 11 |
| Williams, Nicholas | 10 |
| Willis, Lisa | 11 |
| Wilson, Alex | 10 |
| Wilson, Collin | 11 |
| Wilson, Douglas | 10 |
| Wilson, Rachel | 11 |
| Winder, George | 10 |
| Wittkopp, Draper | 9 |
| Woisard, Kevin | 9 |
| Wood, Daniel | 10 |
| Wood, Jennifer | 10 |
| Wood, Jessica | 10 |
| Wood, Robert | 9 |
| Wood, Timothy | 9 |
| Woodard, Sarah | 10 |
| Woodard, Travis | 11 |
| Woodard, William | 11 |
| Woody, Kelly | 10 |
| Woolard, Ashley | 11 |
| Woolf, John | 10 |
| Worley, Steven | 11 |
| Wright, James | 9 |
| Yannello, Sara | 9 |
| Yeager, Alyssa | 9 |
| Zagursky, Victoria | 9 |
| Zanks, Shelby | 11 |
| Zaremba, Jonathan | 10 |
| Zender, Allen | 10 |
| Zidenberg, Joshua | 10 |



Part-time Projects

What is one of your hobbies?

"My hobby is music. I love all kinds. To blast the radio or a good CD is the ultimate relaxation for me."

-sophomore Jenna Harklerode

"My hobby is cars. The first fast cars I rode in were a Corvette and a Camaro. Since then I've been in love with cars and how they operate."

-junior Patrick Rollins

"One of my hobbies is designing websites. I've been designing for about three years. I usually make them for free for different bands or record labels. I've only asked to get paid once, because it was a difficult website. Check out <http://www.andmoremusic.cjb.net>."

-junior Josh McClaire

"Computers are my hobby. I can fix absolutely anything wrong with a computer."

-freshman Patrick White



While sitting in the parking lot of Emmaus Baptist Church, junior Canon McCray plays guitar. "My favorite guitar is my Washburn Millennium Acoustic. I have a total of six guitars, but only about four of them are in working condition. I've been playing for about two and a half years," Canon said. Canon's favorite song to play was "Nothing Else Matters" by Metallica.

Not all skateboards are bought in stores. "I started building skateboards a few years back when one of mine broke and I was too poor to buy a new one. Usually when people think of skateboards, they think of the 'New School' shape with the lip on both ends, but mine are flat and rocket shaped. Vintage style boards are the only ones I can ride," sophomore Sonny Washburn said.

Arriving Beating bell gives extra time

By: Evan White

Early

Have you ever wondered what goes on at your school before you are even awake?

Things went on before students entered the doors to start the day. The school had to be unlocked, lights turned on, chairs set up, and lunch food started. Teachers arrived before the majority of students did. They did this to use the copying machine, plan their day, or just have some peace and quiet. "I arrive between 6:40 and 6:45 a.m. I have several students come in early to get help before school starts," Mr. Jeff Gross said. Teachers came in early to help students so they would not have to stay after, or it was more convenient for the student.

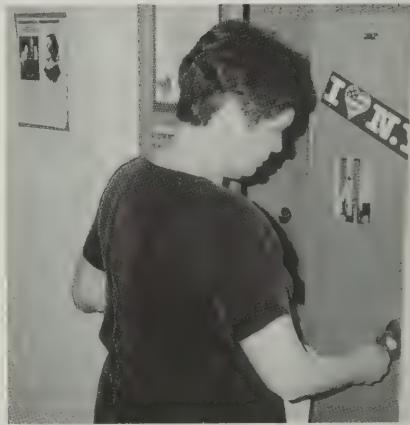
Some teachers don't arrive as early as the rest. "I arrive at 7:10 a.m. because I have to get my children ready in the morning and it's hard to get to school any earlier without compromising their time," Mrs. Nancy Griffith said. Teachers who didn't arrive as early had less time to get things together or to beat the line at the copying machine.

Although most of the teachers lived in Poquoson, those who did not have the short commute had to adjust their routines accordingly. "If I hit all green lights I can make it in 12 minutes. On a bad day it can take almost 20 minutes. It would make sense to plan for a 20 minutes commute, but those 8 minutes of extra sleep are too tempting," Mrs. Helen Smith said. More than half the teachers lived in Yorktown, Grafton, Hampton, and Williamsburg.



Holding a beaker of Ester, chemistry teacher Mrs. Mary Beth Leavitt smiles as sophomore Sara Griffith cringes at the smell of pineapple oil. "I usually have to come in 10 minutes earlier in the mornings to prepare for a demonstration. Labs take longer so I usually set those up the afternoon before," Mrs. Leavitt said. Mrs. Leavitt usually had one demonstration or lab each week.

Standing in front of the school, assistant principal Mr. Bernard Wright watches over the parking lot. "In the mornings I monitor the flow of traffic and people who are entering the school, in order to make a safe and secure environment," Mr. Wright said.



Unlocking her classroom door, Mrs. Debbe Goddin begins her day. "I arrive at school between 6 and 6:15 a.m., because my husband wakes me up at 5 a.m. when he goes to Norfolk," Mrs. Goddin said. The advantages of arriving early were that there were not lines at the copying machine, there was peace and quiet, and there was time to enter grades into the computer.

While eating breakfast, Mr. Bob Gemmill reads the newspaper. "For breakfast I eat a bowl of cereal and I usually drink juice or water instead of coffee, like most people," Mr. Gemmill said. Mr. Gemmill's favorite kind of cereal was Puffed Kashi.



Top 5 Breakfasts

- 1) Cereal
- 2) Bagels
- 3) Eggs and Bacon
- 4) Fruit
- 5) Pancakes



Mr. Kenneth Bennett H&PE II; Wt. Training; Girls' Basketball; Baseball

Mrs. Paula Bennett Pots/Crafts; Art III/IV; Studio Art I, II; Key Club

Mr. Donald Bock Principal

Mr. Todd Bowden Alg I Part I; Alg II; Boys' Basketball; Softball

Mrs. Patricia Boyle Prep Eng 9 Rdg; Resource

Mrs. Susan Brooks Alg I Part I; Math Essential; Junior Class

Mrs. Elina Burns Cafeteria Worker

Mrs. Judy Camp Cafeteria Manager

Mrs. Myrna Champ Cafeteria Worker

Mrs. Beatrice Christman Spanish I, III

Mr. Howard Clark Wld Studies I, IA

Mrs. Linda Collins Cafeteria Worker

Mrs. Linda DuBose Eng 9, 9A; Freshman Class

Mrs. Betty Duty Bookkeeper

Mrs. Cindy Elliott Resource Eng; Resource

Mrs. Paulette Evans Cafeteria Manager

Mrs. Alynn Farmer Resource Aid; Debate; Sophomore Class

Mrs. Bonnie Fay Prep Eng 9; Eng 9; AP Eng 12; Eng Dept Chair; Freshman Class

Mr. Tom Fay Spanish I, IV, V; Varsity Scholastic Bowl; Foreign Lang Dept Chair

Mrs. Mary Lou Ferguson Resource Aid; Sophomore Class

Mr. John Forrest Eng 12; Eng 9A; Assistant Track; Freshman Class

Mrs. Susan Fournier French I, II, III, IV

Mrs. Barbara Freeman Trig/Int. Calc, AP Statistics

Mrs. Joyce Gaines Biology, Aq&Terr Ecol

Mr. Joe Garrity E. Science A, Physics, Girls' & Boys' Cross Country

Mr. Bob Gemmill Biology A, Anat/Genetics

Mrs. Debbe Goddin Pre AP Eng 10, Eng 10

Mrs. Nancy Gore Alg II, AP Calc AB, Math

Dept Chair, Mu Alpha Theta, VA Math League

Mrs. Candis Griffin Coll. Reading, Dev Reading

Mr. Craig Griffith Spanish II, III, Girls' & Boys' Swimming



Arriving at 5:45 a.m. each morning, Mr. Phil Miller cranks up the opening to A-Hall. "Since I'm the **first one at school**, I have to unlock all the **outside doors** and turn on all the lights. I also have to make sure no one has messed up the building since it was last **cleaned**," Mr. Miller said. He also kept the building clean throughout the day by sweeping the floors. He greeted students and visitors and cleaned the lunch tables after each lunch.

Mrs. Nancy Griffith Eng 9, 11, 11A, Forensics

Mrs. LeeAnn Hartley Alg I Part II, Resource, Math Essnt., FCA, SADD, Senior Class

Mrs. Paula Hayes Guidance Clerk

Mrs. Myra Holt Comp Inf. Sys, Comp Desktop, Keyboard/Comp App, FBLA

Mr. Fred Kimsey Co-OpTech I, II; Skills/ VICA USA

Mrs. Janet Knight Alg II/Trig, Geom

Mrs. Denise Junghans US VA Hist, Soc. Studies Dept. Chair, Junior Class

Mr. John Kain PE II & Health, PE I & Drv. Ed.

Mrs. Cynthia Killough Wld Studies II, Psych

Mr. John Kohlrieser Geometry

Mrs. Gail LaRue Alg I Part II, Alg

Mr. Scott LaRue AP Biology, Oceanog, Aq&Terr Ecol, Science Dept. Chair

Mrs. Sandra Lawson Secretary

Mrs. Mary Beth Leavitt Chem A, SADD

Mrs. Dot Little Women's Ensemble, Mix Chorus, Swing Jazz, Acap Choir, Fine Arts Dept. Chair

Mr. Matt Luther Resource, Prep/Testing, Job Coach, Assistant Track; JV Football

Mrs. Jeanne Martin Alg II, Math Analysis

Mrs. Judy McCormick Assistant Principal

Mrs. Gene Miller Library Assistant

Mr. Philip Miller Custodian

Mrs. Becky Morrison AP US Hist, US VA

Hist

Mrs. Janice Moyer Cafeteria Worker

Mrs. Ginny Napier Guidance Counselor,

Guidance Director, NHS

Mr. Dave Nelson US VA Gov't, Athletic Director

Mr. Torbjorn Ommundsen Energy/Power, Mat. Proc I/III, Power/Trans, TSA

Mrs. Kathleen Ozment Chem A

Mr. Marion Parrish E. Science, Chem A,

Junior Class, Science Club

Mrs. Sharon Pauls PE II &Health, Health & PE Dept. Chair

Mrs. Susan Pedulla Cafeteria Worker

Mrs. Barbera Rich Resource, E. Science, Special Ed. Dept. Chair, Debate, Key Club



While sitting in the teacher's lounge during their sixth period planning, Mrs. Trish Boyle and Mrs. Shelby Scott socialize while they work on the baby contest poster. "I enjoy spending time getting to know other staff members while we work," Mrs. Boyle said. Planning periods were not strictly work time.



Working Lessons planned during free hour

By: Lyndsie Junghans

Daily

Guarding the front door, running errands, and standing in line for the single copy machine were all part of a teacher's day. An important part of teachers' days was spent not only in the classroom with students, but also in their planning.

Although teachers found their assigned time for sitting at the front desk restrictive, some enjoyed the freedom it gave them. "I enjoy door duty. It gives me a chance to meet and greet students coming in from New Horizons and Governors school," Mrs. Cindy Elliott said.

Teachers had such a wide variety of responsibilities that they spent their time running to different activities. Mrs. Dot Little was a chorus teacher and was responsible for fund raising and trips. "I don't have any leisure time during my planning. I have other activities such as fund-raising reports, planning for spring trip, competitions, as well as planning for class time," Mrs. Little said.

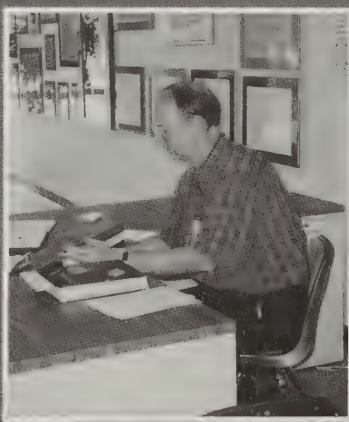
The two planning periods each teacher had was not enough time to complete their teaching tasks. Nearly all teachers found that they also used their personal time in the evening for school work. "I use all of the two periods each day, plus about an hour and a half at home. That time is evenly divided between grading and plotting new strategies," AP government and World Studies II teacher Mr. Kip Flynn said.

Planning periods were not completely free or relaxing. Teachers worked to free up other time in their day. "I try to free up my leisure time after school by working diligently during my unassigned time at school," Spanish teacher Mr. Tom Fay said. Planning was time to organize and prepare to teach students throughout the day.



A teacher's planning period was usually spent working, but sometimes teachers needed a break. "Some times when I'm really tired, I use it to visit with other faculty and maybe work on a crossword puzzle," Mrs. Jeanne Martin said. Mrs. Martin works on a crossword puzzle while she visits with Mrs. Cindy Elliott.

Once every eight days teachers had desk duty. They found this as accepted part of their routine. "While ~~door duty is not a major inconvenience~~, it does impact a teacher's planning time for class instruction," Mr. Glenn Voegelin said. His sixth hour was his time to watch the door.



Most teachers agreed that waiting to make copies was a pain, but Mr. Fred Kimsey had no problem with it. "I spend no time at the copier because I get to school at 6:20," Mr. Kimsey said. It turned out that getting to school a little earlier solved a problem that other teachers faced throughout the day.

Top 5 Lunches

- 1) Salad
- 2) Soup and Honey Buns
- 3) Sandwiches
- 4) School Spaghetti
- 5) Frozen Dinners



The appetizing look and the fact that it is so healthy makes salads the number one choice to eat by teachers. "Every Monday and Thursday I eat my salad with crackers," Mrs. Becky Morrison said. With a baby on the way, it was important for Mrs. Morrison to eat healthy.

Staying Hours after school pay off Overtime

By: Andrew White

The final bell of school rings, after school activities start, and everyone leaves, except for the faculty.

In the afternoon, teachers took the responsibility to sponsor a club, which meant they had to be present at every meeting, well as other tasks required by the club. "I sponsor the Leo Club, which is officially sponsored by the Lions Club. The club is a service-oriented with about thirty-five members. Some of the students' activities include delivering Meals-on-Wheels once a month, helping with the Kids Island clean up, and participating in the Adopt-a-Pet Pal at the Animal Aid Shelter. All the activities keep me after school at least four hours a month just for meetings, plus providing transportation for activities participated in by the students," Mrs. Mary Stallings said.

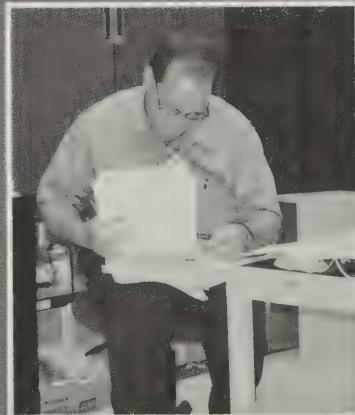
Making some extra money inspired teachers to stay after school. "Ms. Ozment and I share APP three days a week after school. APP lasts for about an hour and fifteen minutes, and it is not always fun, but it is a good way to supplement my teacher's salary," Mrs. Denise Junghans said.

Other teachers coached sports in the afternoon, or helped with other activities that involved a sport, such as weightlifting. "Every Monday, Wednesday and Friday I stay after school and lift weights with anyone that comes. I also help coach track and I am head coach of the JV football team and I occasionally substitute for GED a couple nights. These activities require me to stay after school at least two hours a day," Mr. Matt Luther said. Whether it was volunteering, coaching, or making some extra cash, the faculty put in many extra hours after school throughout the year.



Before the swim meet, senior Kathryn Anderson and junior Alex Forrest talk to Coach Craig Griffith. "The swimmers were always trying to convince me to get their events changed," Coach Griffith said. The practices were changed from the morning to evening to allow students to sleep longer.

Reading library gives technology specialist Mr. Dale Rush gets and maintains records. "In a normal day I have to run new cattle, install hardware, and troubleshoot accounts," Mr. Rush said. Mr. Rush also trained all the faculty and staff to use the computers correctly.



In the afternoon, behind-the-wheel instructor Mr. Scott LaRue gets into the car with his students. "It is a great part-time job and I get to know students in a more positive way than in the classroom," Mr. LaRue said. Most students taking behind-the-wheel were sophomores because of the new law that required students to be fifteen and a half to get the permit.

After work, resource aid Mrs. Alynn Farmer leads a class in step aerobics. "I teach aerobics because I enjoy it. Being a fitness instructor is a great way to stay in shape, help others get in shape, have a lot of fun and make a little extra money," Mrs. Farmer said. She taught seven classes a week.



Top 5 Activities

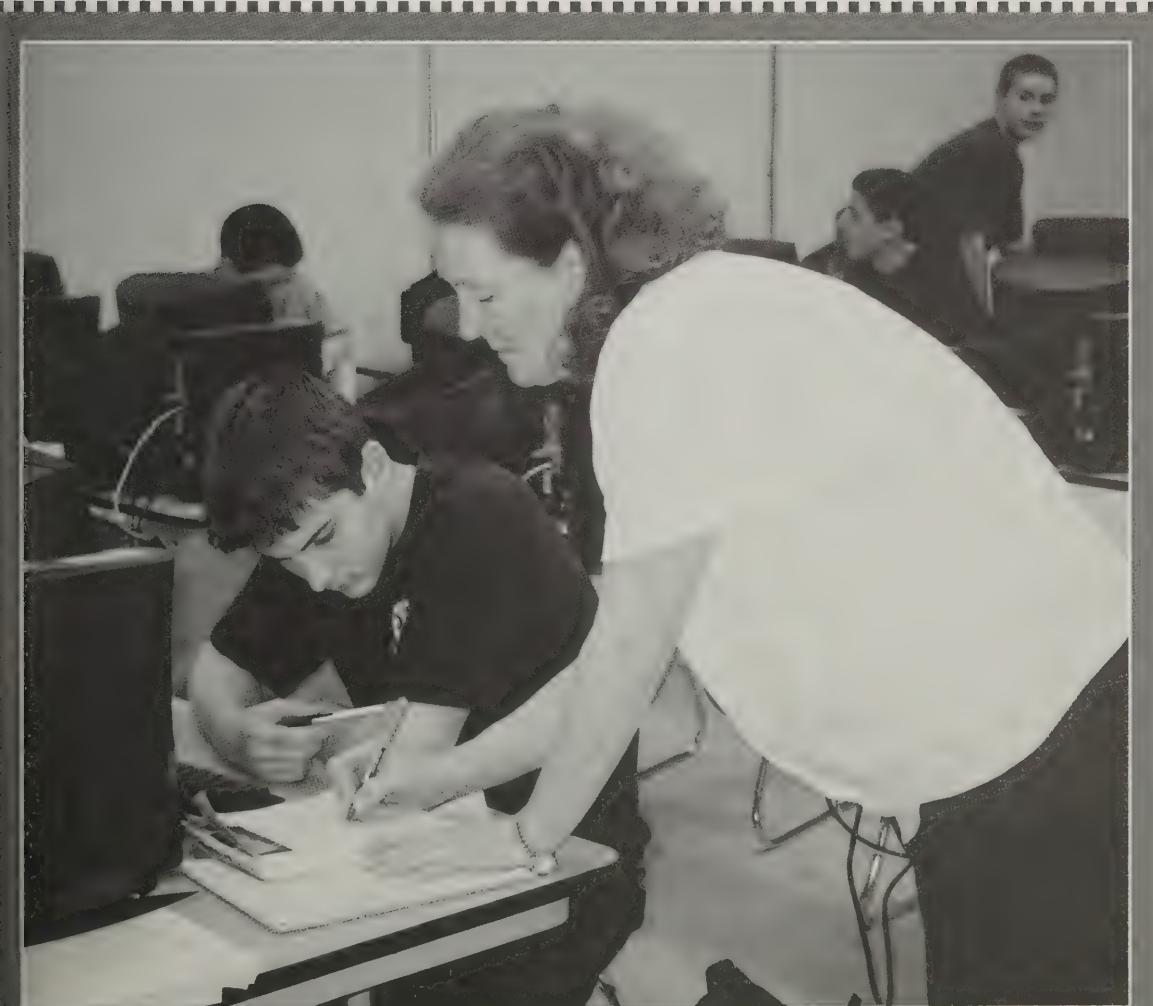
- 1) Fitness
- 2) Reading
- 3) Coaching
- 4) Volunteering
- 5) Spending Time With Family



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Mrs. Ann Rudy Keyboard/Comp. App.; Accounting; CmpNetwrkSoft; FBLA
Mr. Dale Rush Technology Specialist
Mrs. Shelby Scott Wld Studies I; Senior Class
Mrs. Karen Shepherd Beg Drama/Theater; Eng 10,12
Mrs. Debbie Singleton Nurse; Odyssey of the Mind; Key Club

Ms. Helen Small German I, II, III, IV; Delta Epsilon Phi; Int'l Club
Mr. Ed Spain Tech Draw; Arch. Draw; Material Pro II; Engr.Draw/IngEng; Golf; TSA
Mr. Doug Spruill Band Director
Mr. Craigie Stallings US VA Gov't; Wld Studies II
Mrs. Mary Stallings Media Specialist; Leo Club
Mrs. Judy Sullivan Guidance Secretary
Mrs. Allison Sutton Guidance Counselor; NHS
Mrs. Dott VanDervort Eng 11, 11A; Yearbook; SCA
Mr. Mark VanDervort AP Eng 11; Journ I,II,III,IV; Newspaper; Activities Director
Mr. Glenn Voegelin Eng 10, 12A
Mrs. Rosie Walsh Guidance Counselor; NHS
Mr. Bernard Wright Assistant Principal

Mrs. Joan Wynn Life Skills; Parent/Foods; Family Life Mgmt, Ntr/Wellness; Career & Technical Education Dept. Chair; FCCLA
Mr. George Yeager H&PE II; Baseball



After school, Mrs. Sharon Pauls helps freshman Mike Cecere find information for his Budget Project. "The purpose of the project is to show students the reality of living on their own. Students found information on occupations, housing and real estate. I helped students set up spreadsheets, and hopefully how to budget their income, allowing for possible financial setbacks. Students also learned who to contact in order to get loans and insurance," Mrs. Pauls said. She stayed after school almost every day to help anyone who needed to work on the project.

WE ARE . . . Charging The Scene

By David Knight

The Bulls played a role in the community in a number of ways. Some Bulls joined the working environment, while others lent a hand in volunteer efforts. The community supported the Bulls as they faced challenges in school.

Busch Gardens was a popular work site for many Bulls. "This is my second year working at Busch Gardens, and the reason I went back is because I love the people I work with. I know that no matter how rough a day goes, when guests leave the park, I have friends who will always make me smile," senior Corie Dumont said. The Bulls stressed the importance of finding a friendly working environment that suited them.

Others volunteered in the community. "FCCLA generously collected and donated 38 pairs of glasses. Leo Club brought them to a center and helped clean and organize them. The recipients were really grateful for our help," junior Christina Dancy said.

Many believed growing up in Poquoson was a luxury. "Poquoson has been an excellent place to grow up in because of the extensive school programs. Besides the schools, the Parks and Rec activities were great," junior Baiju Bhatt said.

No matter how the Bulls fit in with the community, they all had a niche. With Poquoson's support, We Are Part of the Bullpen.

Helping Kiwanis Clubbers just Josh Di Gennaro senior Ronnie Pa work on the floats the Christmas rade. "The Key Club has a good record for floats, we wanted to keep the tradition alive. Everything came together pretty well and all the hard work paid off; we got a place in the competition," Ron said. The Key Club often lent a hand to its sponsor Kiwanis Club.



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Helping Out the Community

Filling envelopes, freshmen Lindsay Bunting and Meagan Black volunteer at the school board office. A community service seal will be placed on the diploma of any student who fills fifty hours of community service per year. "I enjoy volunteering a lot because a few of my friends volunteer at the same place as I do. We enjoy the company and the satisfaction of knowing that we are helping the community. It was convenient to volunteer in Poquoson so that we did not have to travel too far," Lindsay said. Students volunteered in Poquoson and surrounding areas throughout the year.

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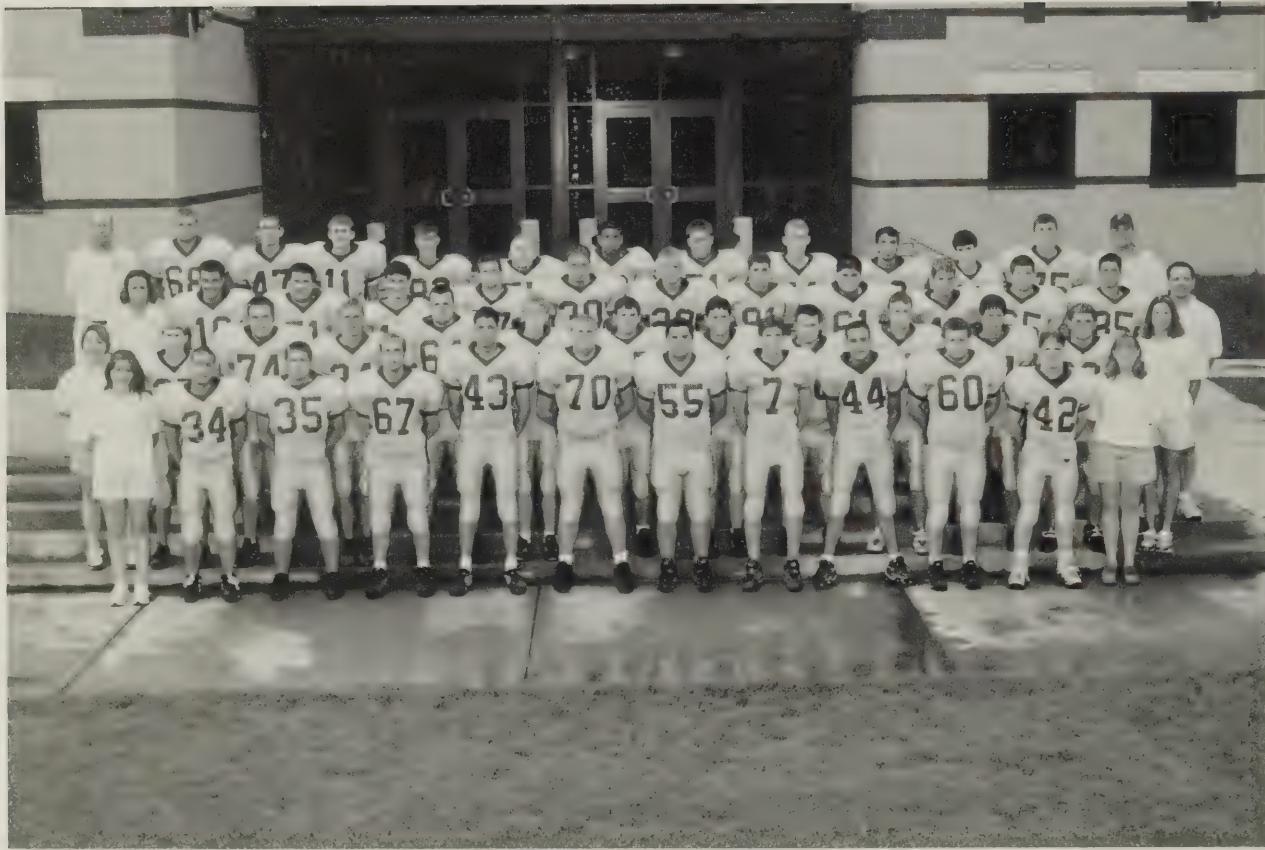
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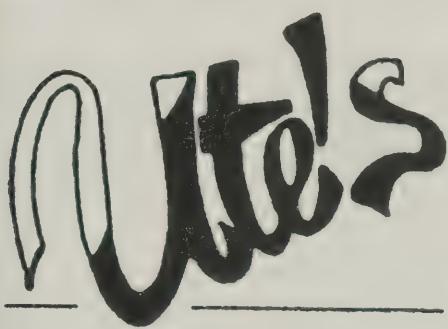
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JV Boys Soccer. Front: Josh Stanfield, John Fielder, Brandon Knight, Michael Beagle, Billy Bruce. Row 2: Vinny Pedulla, David Marconi, Stephen Phillips, Ryan Bearekman, Josh Schultz. Row 3: Evan Smith, Todd Hunt, Chris True, David English, Austin White. Row 4: Bobby Hodges, David Myers, Chad Carlson, Daniel Gibson, James Bryant. Back: Manager Brian Fithian, Coach MacArthur, Manager Brandon Routten, Manager Chris Russo.

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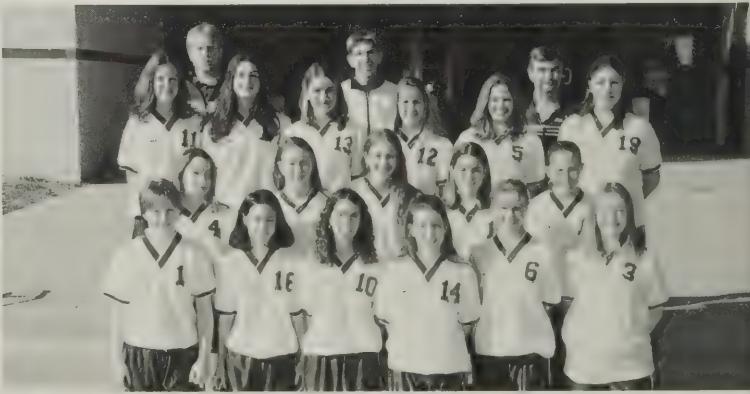
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JV Girls Soccer. Front: Alison Yeager, Rebecca Sanderson, Linda Laarz, Melissa Wallisch, Megan Clifford, Danielle Hardin. Row 2: Alex Christian, Brittany Keeton, Erin Wallis, Courtney Simon, Sara Yanello. Back: Bethany Riggs, Selena Hunt, Molli Scheib, Leanne Bertram, Brenna Smith, Erica Watson.



Congratulations Seniors!

The city is proud of your accomplishments and wishes you a successful future.

City of Poquoson



Applying Free Time

Students volunteered their free time through clubs to help the community. Junior Erin Boyle gives her time through Key Club. Before she started working with the children they sometimes got a snack. "I helped elementary school kids with their work in a tutoring program from three to four in the afternoons. I mostly helped with homework and played games with them until it was time for them to go. I love working with little kids because they are still excited about learning, and really appreciate the special attention given to them," Erin said. Erin worked with the fifth grade students twice a week for a month.

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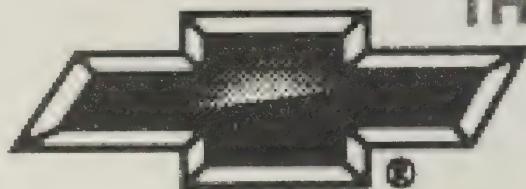
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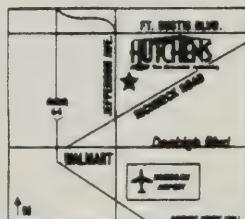
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Students volunteered free time to help out around the community. Sophomore Jenna Harklerode and her friends visited a retirement home regularly to play games with the residents. "Once a week I go to Dominion Village. We participate in all sorts of activities, from serving drinks to playing Bingo with the senior citizens. It has definitely been a challenge on my patience, but in the end it's been worth it," Jenna said. In addition to assisting the elderly, Jenna's volunteer hours helped her work towards receiving a community service seal on her diploma. Sophomores needed to have 150 hours of volunteer service to receive this seal.

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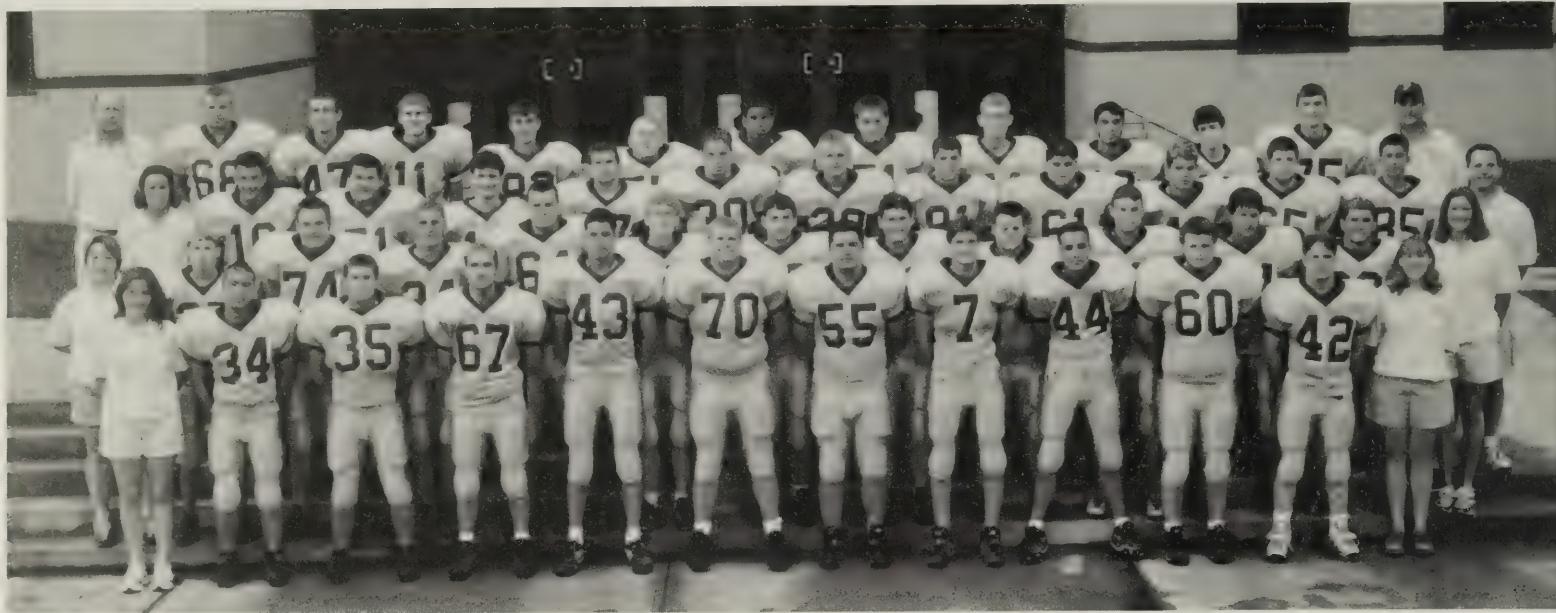
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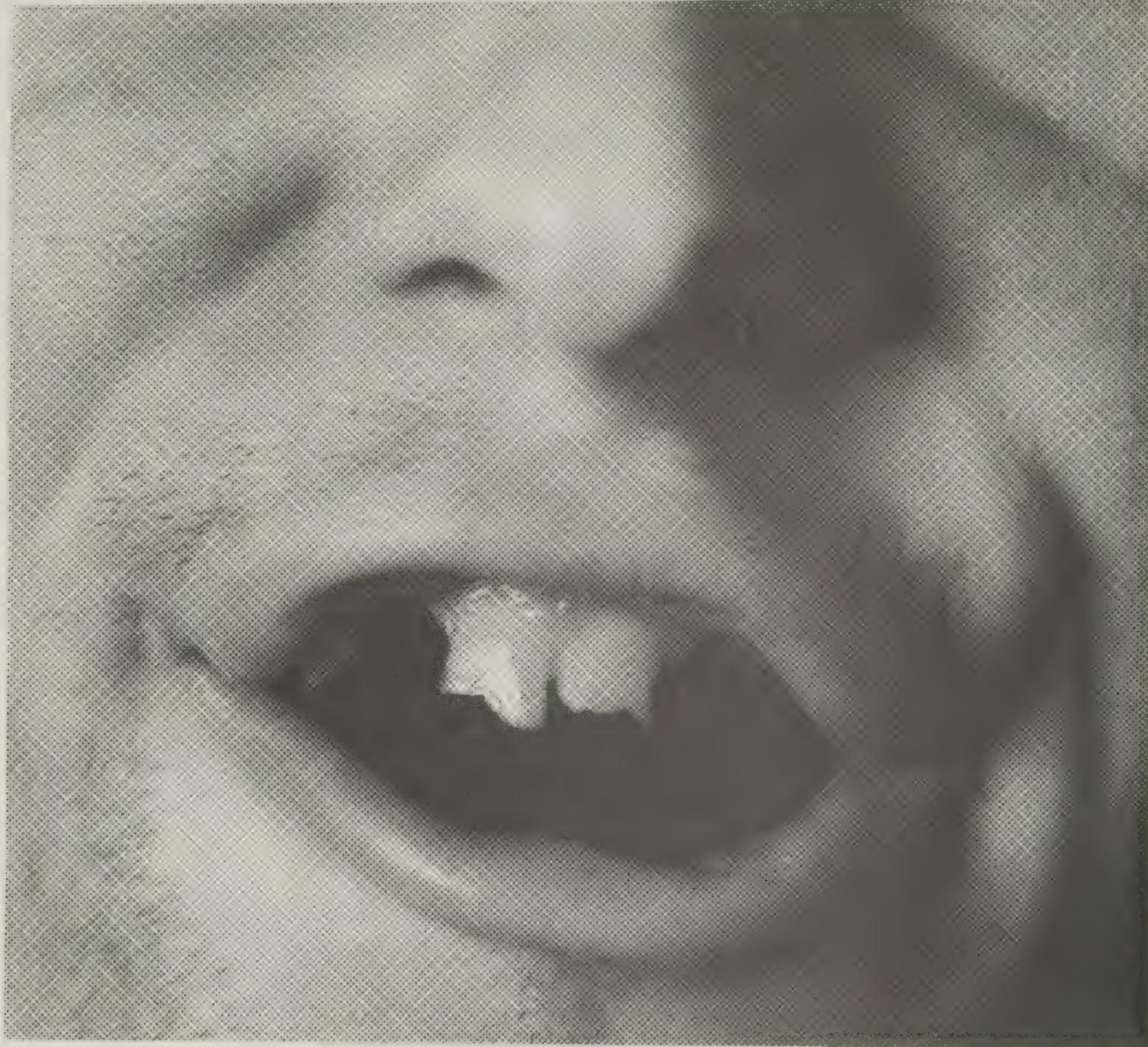
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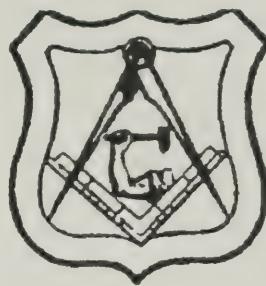
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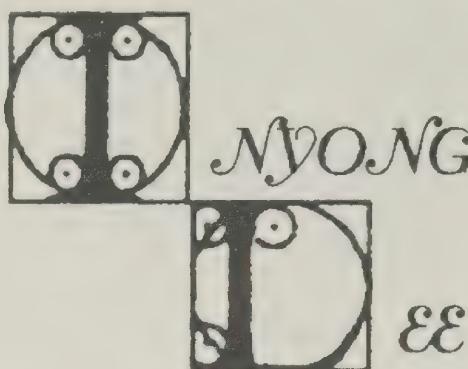
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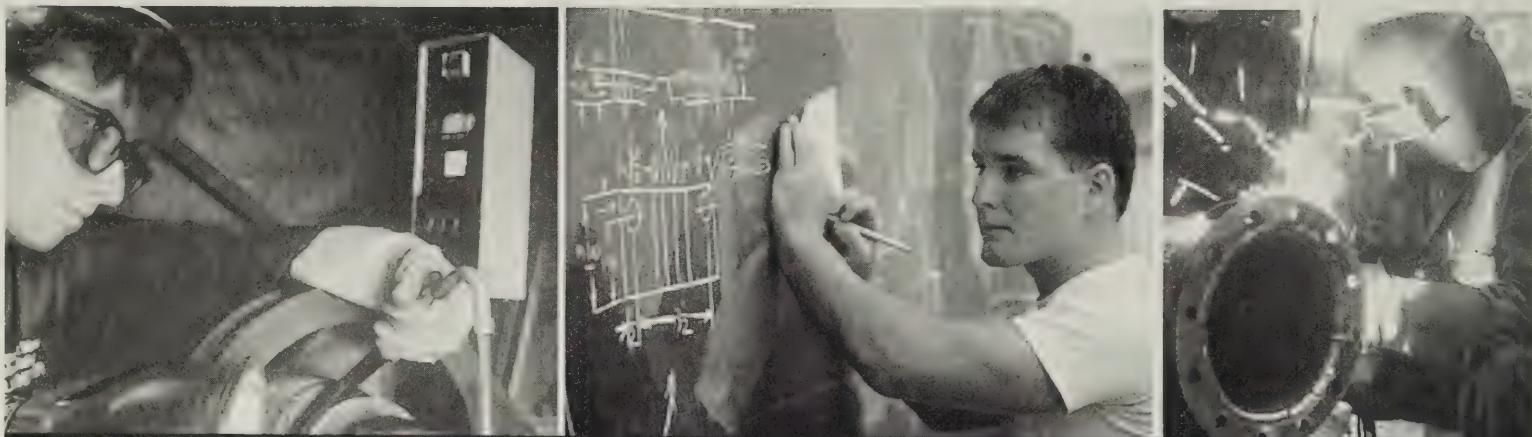
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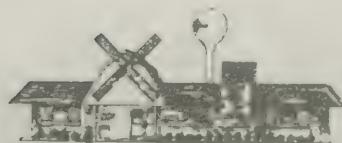
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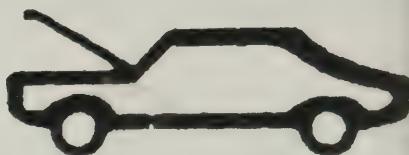
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Consumer and Family Science Program Completers



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Melissa Beimler



Rebecca Bunch

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St. Kateri Tekakwitha Catholic Community



Volunteers Pass Out Water

Senior Maggie Bowden volunteers with seniors Christina Black and Kathryn Anderson at the Seafood Festival. "For Key Club, I volunteered at the CAUSE 5K run. Not only was I able to help out for a worthy cause, but I got to do it with friends. Volunteering is always a rewarding experience and Key Club provides a great opportunity to do so. We handed water to the runners. We organized an assembly line to hand out the water and keep the cups filled, which really helped us to be ready when a large group of runners passed us. Also, everyone was very appreciative. Even though I didn't run to raise money, I felt proud that I helped in some way," Maggie said.

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Thanks Casey and Lindsay!



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Key Club



would like to congratulate its graduating seniors & challenge them to continue serving their community

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Being in a band takes work and patience. "Our band has been together for about two years. We've played all over the Peninsula. My favorite place to play would have to be the Luna Sea because there were a bunch of guys going crazy to our music for like three hours straight. We have yet to play with any big bands, but I hope we can soon. We've been paid for a gig at a skatepark in Gloucester. We made about \$160 altogether with selling our CD. That was probably our best show because there were a ton of people there and Tara Stead and Beth Hunter made us rice crispy treats before hand," junior Matt Caratahcea said. ...And More has recorded two CDs.

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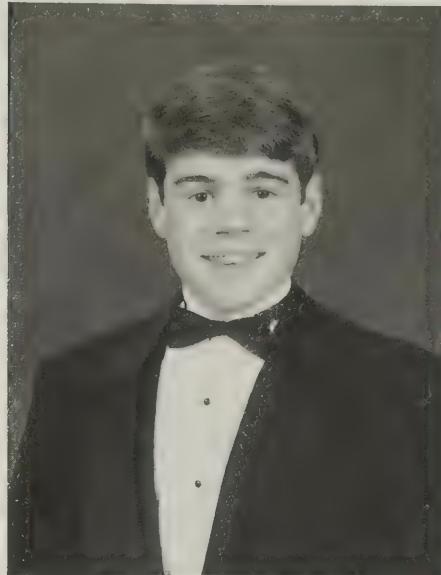
Congratulations
2002
Islander
Yearbook
Staff

**Best Wishes to
Poquoson High School
and to the
Class of 2002**

**Commonwealth
Financial
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**Chris Cruz
(757) 868-7130
chris.cruz@usa.net**

The Exchange Club of Poquoson Salutes PHS Youth of the Month Winners



David Knight

Youth of the year

Serving the
Poquoson Community
since 1982.

October



William Filhian

November



Ronnie Parikh

December



Christina Zahn

March



Jessica Tuten

January



David Knight

April



Amber Yarbrough

May



Jeremy Jordan

February



Grace Hou



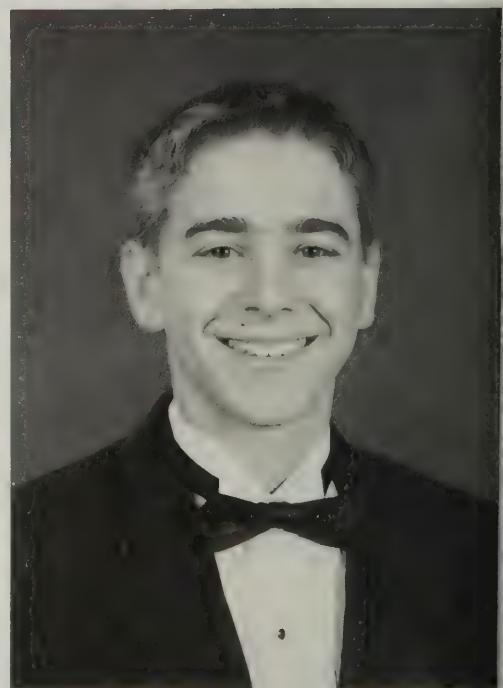
Vikas and Adam in Preschool



Adam,

We cannot imagine where 18 years have gone! You know we are so proud of you for the person you have become. We pray for you from 2Thessalonians 2:15 that you will "stand firm and hold on to the teachings we passed on to you." We also pray the Lord will guide you as he promised in Isaiah 30:21, "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it." It's going to be lonely here without you. We miss you already but know you are ready to take this next step in your life. We love you!!

Dad, Mom, Erin, Shawn, and Tyler



Adam Wallis

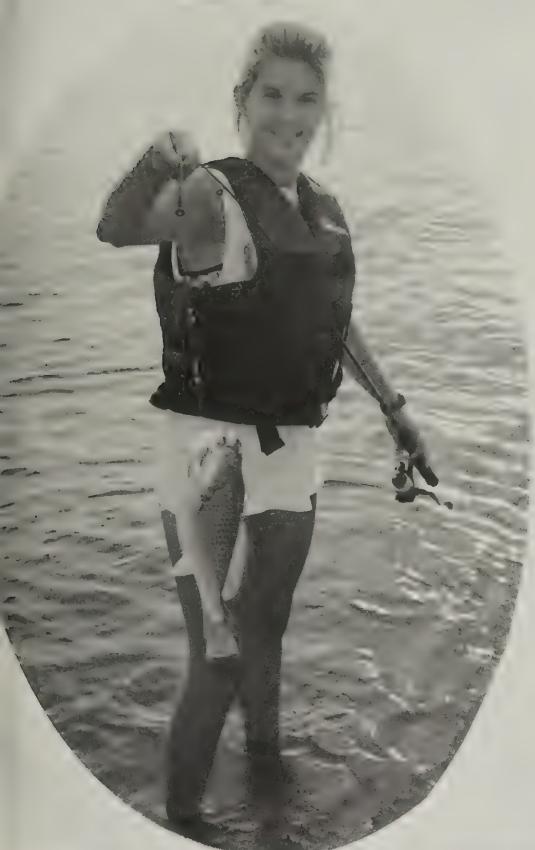
AMBER YARBROUGH

Amber,

Remember the moments and great times you had as a child and know you'll have many more as an adult. You've won the respect of others by being yourself. Follow your heart in all you do and your dreams will come true! Good Luck in college!!!

We are very proud of you!!

Our Love,
Dad, Mom & Johnny



From Preschool to High School....

CONGRATULATIONS

April Payne

You are our little miracle,

Our dream come true!

*You have **ALWAYS** made us
proud!*

Love,

Mom and Dad





Candice,

From the day you were born, you have been our hearts' joy. We watched you while you slept, and dreamed what all parents dream. From preschool to high school, you have given us pride and joy in the young woman you have become. Memories are our greatest joy, always treasure them throughout your life, for they will be a smile to your life and heart. We are so proud of your accomplishments, but especially of you. Make all of your dreams come true and make a difference in this world. You can do it!



Krista Johnson 2002



Krista,

We love your smile, your spirit, your warm and tender heart. May God bless you and keep you always.

Congratulations,
Mom, Dad, and

Michael





We will miss long conversations at the kitchen table, Academic Challenge meets, and your easygoing, good-natured company on family outings. But mostly we will miss your voice; the midnight arias, the car trip falsettos, and of course Homer, Lars, and company. May you achieve the greatest success in everything you attempt, but remain the thoughtful, unassuming person that you are today.

Love,

*Mommy, Daddy, Rachel,
Diana, and Brian*





*Casey
You changed our lives.
You filled our hearts with love
and our home with music.*

*You give us more
than we could ever have
without you.*

*We love you,
Mom, Dad & Lindsay*





*Ashley Taylor
Geissinger*



*Ashley,
This is just the beginning of your adventure!*

*Your strength, beauty, mind and heart will
help you achieve a fantastic life.*

So, live, love, laugh and DREAM!

*Love bunches and bunches,
Mom, Dad, Brittany and Jordan*



Amanda Cagle

*Amanda, Adorable
This is who you are.
Memorable
Hold on to your dreams
Athletic
and remember there's
no such word as "can't."
Never a dull moment
You have a wonderful
future ahead.
Delightful
We're so proud of you!
Love
Artistic
Dad, Mom and Mike*



Christina

We cannot begin to list the many qualities you possess. We can only thank you for blessing us the way you have over the past eighteen years. You are an incredible person with unlimited potential. So, reach for the stars, Christina. They are yours for the taking!

*Love Always,
Your Family*



Natasha Kormanik

2002

For I know the plans I have for you, declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11



Natasha my sweet baby,
Good luck at VCU. Work
hard and have the best time
of your life. We are proud of
you. We love you.

Much Love,
Mom and Cecile



ANDREANNE GINGRAS

Dear Andy:

H umour, yes it's your asset
A ssertiveness, it's growing consistently
P ride, you filled our days
P atience, keep working on it
I ntuition, it's your sixth sense
N egotiation, you excel
E ndurance and character, you possess
S erenity, it's painted in your face
S uccess in your life, it's a promise!

Love,
Mom, Dad, Caro, Mayd, Jean, and Ryan



Maggie Bowden and Meredith Hicks

Mere,

It has been six great years. You have been, and still are, everything I could ever ask for in a friend. Your loyalty is unwavering, your caring unconditional, and your humor unending. From seventh grade AAU basketball to twelfth grade Garnet and Gold, every moment we have spent as friends has been wonderful. I am so proud of you and all that you have accomplished. You are definitely one of a kind, and I know you will accomplish great things in life. It is an amazing comfort to know that no matter where I go in life, I will always have you to support me. Remember, "Don't be a nerd, come see Merd," goes both ways. Whenever you need me, I will be there, just as you have been for me. I love you and wish you all the luck in the world.

Congratulations and much love,
Maggs



Maggs,

Friendships are one of the finer things in life. Friends are always there to help you and to give you a shoulder to cry on. They listen to your problems and offer helpful advice. Friends can always make you smile when you are down. Everyone should be lucky enough to find a friend like this. I'm glad I found mine so early in life.

Congratulations on all of your accomplishments and good luck in the future.

Love,
Mere



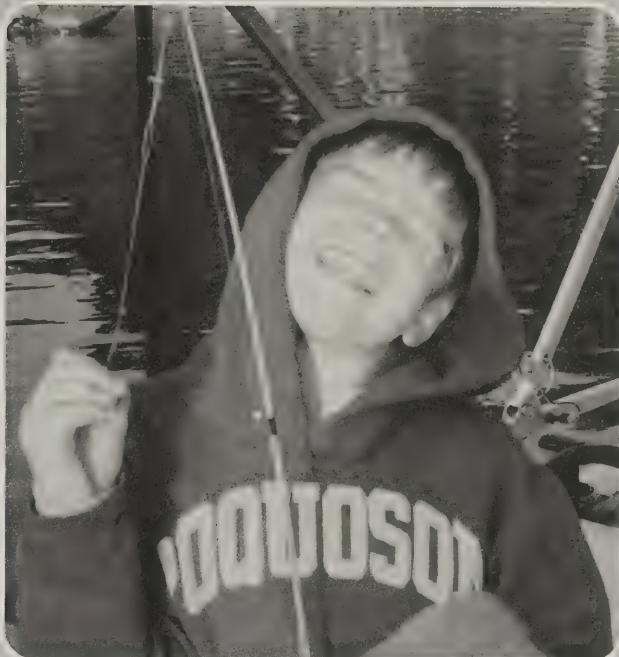
The entire Zidenberg family is proud of you and all your accomplishments. We have enjoyed watching you mature into a wonderful young woman. We all wish you the very best in the future and continued success in all your endeavors.

Love,
Dad, Pam, Grandma Jan, Grandpa Ted, Dawn, Jerry, Grandma Ruth, Denise, Ron, Doreen, Steve and Amy



Brooke Zidenberg

DAVID KNIGHT



**We'll Love You Forever.
We'll Like You For Always.
As You Move On, We Hope You Dance!
Love,
Mom, Dad, Brandon, and Matthew**

Case, Em, and Maggs



Emily Camille

Casey Anne

Maggie Kyle



Dear Emily,

As you begin your exciting new venture in life, know that in your happiest and greatest moments, we will celebrate with you. In your times of sadness and disappointments, we will comfort you. The joy you bring to us is immeasurable. We'll miss your laughter and your fun-loving spirit. Always keep in mind that ... "The RIGHT thing is not always POPULAR and the POPULAR thing is not always RIGHT."

All Our Love,
Mom and Dad

Dearest Case,

Thank you so much for being a part of our lives for the past seventeen years. You have constantly amazed us at the challenges you have undertaken, struggled at times with, and then succeeded at. It has been a joy watching you grow, learn to stretch your wings and now fly. The future holds wonderful things - have a great time with it.

Love,
Mom and Dad

Maggs,

When you were younger you always asked how you could be a princess. Why did you ever stop asking? Live regally, a nobly, and marry a prince. We are so proud of all you have accomplished.

Love,
Mom, Dad, Molly, and Albert

Proverbs 16:3 "Commit your work to the Lord, and then your plans will succeed."



Matthew Beagle



Congratulations!!!

We are so proud of the respectable young man you've become and the values you demonstrate so well. May God continue to bless you and guide you on your journey through life. Keep up the good work and remember to make the most of every day. You will always have our love and support.

All our love,

Mom, Dad, and Michael



K
A
T
H
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Y
N



*As a child
you were our challenge,
strong willed and full of mischief.
And we loved you then.*

*As a young adult
you are our reward,
Making us extremely proud.
And we love you now.*

*We will always love you...
As much as a bee sting hurts.
Mommy and Papa
(your unknown heroes)
Rachel and Martha*

R
I
C
K
L
E
F
S



Emily,

As I look back on my childhood at the memories that mark the cornerstones of my life, there is one thing that remains constant, the everlasting bond we share. Every smile, every tear, every dream in my life has been experienced by you. No one in this world will ever know me the way you do. Remember that you can always depend on me. From your first word to your very last, I will listen. From your first footstep to your final stride, I will support you. As we move on with our lives and go our separate ways, I want you to know that no matter how much distance is between us, it can never change the distance of our hearts. No matter what road we journey down in life, you will always be a part of me. We will make new friends and lose touch with old ones, but I know that no matter how my circle of friends changes, you will remain my one steadfast friend. "We all take different paths in life, but no matter where we go, we take a little of each other everywhere."

Love always,
Ames



Amy,

I have known you and loved you more dearly than anyone else I have ever known in my life. You have been my light and my smiles, and when I needed it, my kick in the butt. We have fought and we have cried, but most of all, we have loved. Through everything, I have known I could come to you, when I was sick, you were the only one who understood me perfectly. Everyday I thank God that I have so many best friends, but first and foremost, I thank Him that you are the very best friend I have. My love for you is unwavering, even when everything else in my life seems like a shot in the dark. You never cease to amaze me and overjoy me at the beautiful woman you have become. I am proud to have you as my sister, and I am honored to have you love me. Of all the promises I have made in my life one I know I will keep forever: I will stand by you and be here for you until my very last breath. I will hold your hand if you are frightened and you will pick you up if you fall. "If it is too hard to look behind you at the past and you are too scared to look ahead at what's to come, look beside you, and there your best friend will be, waiting to take your hand and guide you." I will always be your best friend Amy. I love you more than my own life.

SHMILY,
Em

Amy & Emily Turnage



Amy and Emily,

Eighteen years ago, we were blessed with two tiny bundles of joy that enriched our lives completely. As each year passed, we watched in awe and wonder as you both changed from sweet little girls to beautiful young ladies.

May you never stop laughing, loving, and dreaming. Reach for the stars and never settle for anything less. Both of you can accomplish anything you put your minds to. Hold your heads up high, learn from your mistakes, and never take a single day for granted.

Just remember how much we love you and that we will always be there for you no matter what.

"I'll love you forever, like you for always, as long as I'm living, my babies you'll be."

Love you both,
Mom and Dad



"The Twins"



Rita Anderson

Whatever you strive for
Whatever you do
Your family's behind it
And will help see you
through.

We love you!
Mom, John, and Rachel



*"For I know the thoughts that I have for you...
thoughts of peace, of good things, of a hope and a future."*

Jeremiah 29:11

Lindsey Proctor

There is no way for you to possibly know how wonderful it has been to see you grow into a young woman.

*We love you!
Mom and Dad*

*P.S. Can I have your room?
Ashley*



Kellyn Larrabee 2002

*I have a wonderful, happy, and successful future!
You will always be the light in my life and
I'll love you forever!
Love,
Mom*



Stefanie Fortier



Stefanie,

Congratulations on all your accomplishments and thank you for all the proud moments you have allowed us to share. We love you and wish you much success in achieving your goals for the next four years and the rest of your life.

Much Love,

Your Family



Rita
Anderson

Your big day has finally arrived! All those years of hard work and study, along with many sleepless nights, will finally be realized when you walk across that stage and receive your diploma. Be proud of what you've accomplished in life's arena, not only academically, but also in those areas of life that further help to shape your character and purpose. Realize that this day is but a stepping-stone to greater challenges and always believe that you possess all the tools necessary to conquer whatever comes your way. As you proceed on life's continuing journey, take comfort knowing that you'll never really be alone because our prayers will always be given for your care, safety, and success. No one could be more proud of a son or daughter than we are of you this great day! Continue to carry yourself with grace, dignity, and compassion, for you are loved far beyond what you will ever fully know or we are able to show!

Love,
Dad, Sarah, Jubilee, Samantha, & Emma

Christina Black



Kristen Lindsay



Kristen,

Of all the treasures life gives us, friendship is the sweetest.

Friendship is a rare gift of being accepted and cared for by another unconditionally. Such unwavering acceptance enables us to reach potentials

we may not have ever known. We have shared some of the best and most difficult of times. I have given you my blind trust and you have never let me down.

Our friendship did not develop at a very young age, but it will surely grow into a very old age. I look forward to sharing future milestones with you...

Christina



Christina,

How can I ever thank you enough for all of the beautiful memories? We have had so many good times together and we are going to have many, many more.

Very few people are fortunate enough to find that one best friend that they never argue with and can trust with anything. I am so lucky to have found you. I know that we will remain best friends throughout our lives; and I know that where ever we go or whatever we do, you will always be a special part of my life.

Kristen





Jeremy Jordain

From your first moments, at 11 lbs. 2 ozs., we knew that you were special! Over the years, you've grown into a fine young man with uncompromising character and principle.

You have a unique gift for caring about others, making friends with any stranger and exciting children in your presence.

As you begin the next phase of your life, we pray that you will continue to focus those energies on making a difference in others.

The Memories Are Priceless.

We love you,
Mom, Dad, and Josh



Wherever you go, go with all your heart.

Confucius

With all our love,
Mom, Dad, and Amy,
Grandmother,
Grandma and Grandpa



Thomas H. Fairchild

Dustin Esposito



May the road rise
to meet you
and the wind
always be
at your back.

Good Luck to Our Sons:
Cawley and Esposito
Families

Congratulations!

Curtis Cawley





Grace Hou

Above all else, guard your heart, for it is the wellspring of life." (Prov. 4:23)



Grace,

What a journey you have experienced in the past seventeen short years. Your accomplishments have been awesome and way out of our expectations. "How can we thank God enough for you in return for all the joy we have because of you?" (I Thessa. 3:9)

May all your dreams and wishes come true in college and beyond, and be filled with love, humanity, gratefulness and joy.

Mom, Dad, Grandmas and Grandpa

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight." (Prov. 3:5-6)



Nathan,

You are a true blessing in our life. We are proud of you and your accomplishments. Good luck at The College of William and Mary!

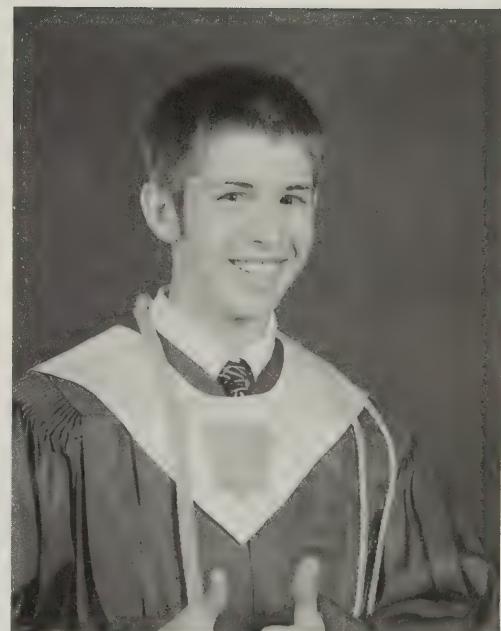
We love you!

Mom, Dad and Justin

"Read, everyday, something no one else is reading. Think, everyday, something no one else is thinking. And, do, something no one else is doing. It is bad for the mind to continually be part of unanimity."

~Christopher Morley

Nathan Finch



Congratulations Sam Allen



Sam,
It's been so much fun
to see the changes in
you. We've been lucky
to have you around!
Your abilities will take
you far. Good luck
next year at Indiana
and beyond!

Love,
Dad, Mom, &
Whitney

Alexis Hanna, Jill Jobson, & Meredith Hicks



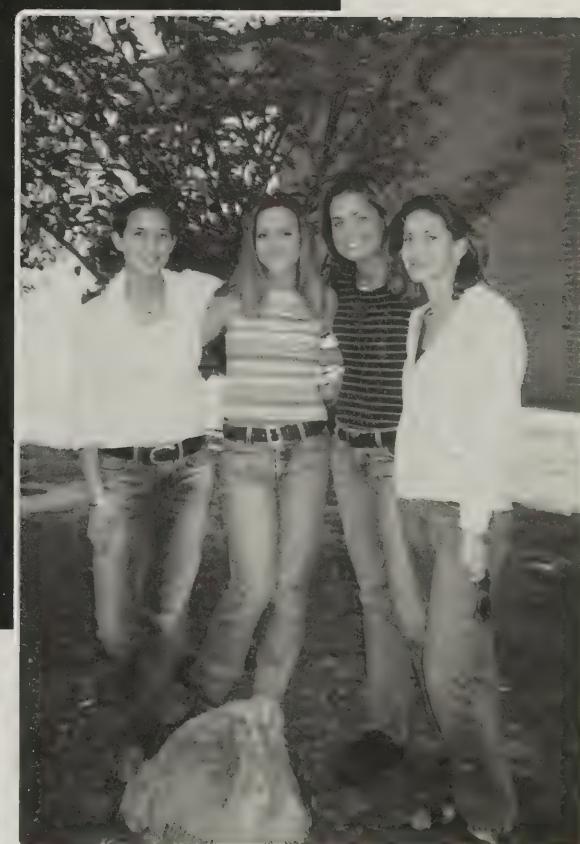
Dear Seniors,
CONGRATULATIONS, we made it! Wherever
life leads you after high school, enjoy every
minute of it. Have fun this summer, and remem-
ber: don't do anything we wouldn't do!
With love,
Alexis, Jill, & Meredith



Congratulations Kristen Lindsay



Good luck at Virginia
Tech. Always remember
to keep smiling!
We love you,
Mom & Dad





Alan Marks,

Congratulations on this achievement in your life, and good luck in all your future endeavors. You have been a true blessing to us and we have enjoyed watching you grow and change over the years. We know you will succeed in whatever you do.

Always remember to never forget where you came from, the things you have learned, the people who helped you along the way, and most of all, how to have fun.

*Love,
Mom, Dad, and Lee*





Jennifer Matzeder

From that adorable little blonde haired girl I sent off to kindergarten, to the beautiful, confident young lady that you are now, you have accomplished so much in this short time, and still have so many wonderful things ahead of you.

Jenny, you have been an endless source of joy to us, and the pride we feel for you is immeasurable. Our wish for you and your future is very simple. Let your life be filled with love, happiness, and success.

Love,
Your Family



Christina SCHULTZ



With a daughter whose thoughts, love, understanding, and respect for others is second to none, we are continually blessed with her achievements. We count our blessings for her arrival and continued presence in our lives. Her accomplishments in life and its struggles are met with a continued perseverance to do her best - she did and won. We are so, so proud of our little girl and wish her the very best. We love you Christina.

Dad, Mom, Joshua, and Jeremy



Brent A. Huskey

Congratulations Brent
We are so proud of
you.
Love,
Mom, Dad, Aaron
and Keith



Rosanna Dominguez

Rosanna,

You've lit up our days, in so many ways.
Your strong sense of determination
granted you much success.
Go explore the world...gathering much
knowledge and wisdom.
Always remember your family and know
that we will be here for you.
Be a little serious (if you must) and always
somewhat curious.
But, please - always smile, laugh, love and
enjoy life! All our love,

Mom, Dad, Christina and Grandpa



Stacey,

"Somewhere out there... out there, out where dreams come true."
We've always enjoyed your zest for life, your bright smile and your sense of
adventure. We wish you all the success in the world as you go out and make
YOUR DREAMS COME TRUE.

We love you,
Mom, Dad, Rachal, Dennis,
Hollie, and Heather

Stacey Krance

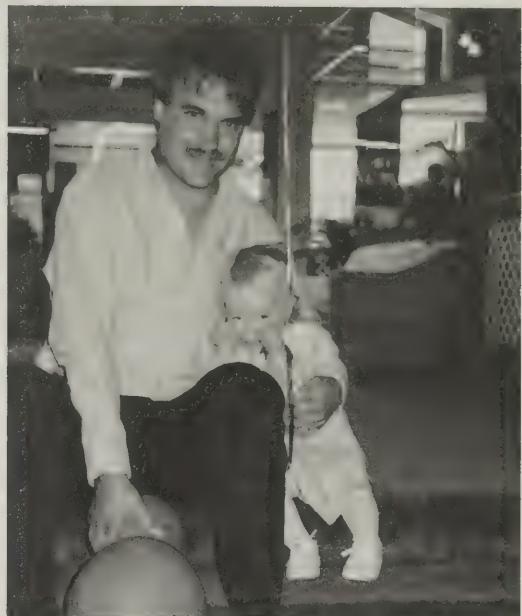


Lindsey Bomba



Congratulations!
Today is your day.
You're off to Great Places!
You're off and away!
You have brains in your head.
You have feet in your shoes.
You can steer yourself
any direction you choose.
Oh the places you'll go!
There is fun to be done!
There are points to be scored.
There are games to be won.

Excerpts from *Oh, the Places You'll Go!!* by Dr. Seuss



We hope that we have given you special memories that will make you strong when you feel weak, make you stand up when it is easier to sit, make you laugh in the face of challenge, and make you love when no one loves. We are filled with treasured memories that you have given us. They will last through our lifetimes. Thanks, Pete, for being the most special person in our lives.

Mom and Dad



Heather Bahr



As surely as the days past,
A little girl grows up too fast,
The picture books are put away,
No time to loaf, no time to play,
As memories return and glow,
with dear events from long ago.
You tuck her safe in bed once
more,
and tiptoe out and shut the
door.
With all our love,
Your family





Irene Yanello



indz-
you have been such an amazing friend, always inspiring me to do so much. We've shared so many memories together, and it's been a blast. Whatever happens this fall, I know that we will always remain best friends! May God bless you and whatever your endeavors may be. I know you will succeed in whatever you do!

Love,
Irene

I pity anyone who doesn't have an "Irene." She is the one who already knows your reaction to new and unusual things. She listens when you ramble on and on, about anything or nothing. She never once makes you feel like less of a person, even when the world shows you how ugly it can be. Her smile can brighten up your day, even if you got a bad grade, have bad hair, and feel all-around crummy. She respects the difference you and she have, and is open to discussion, no matter the subject. She makes great brownies, loves the Lord, and gives from her heart. I truly pity anyone who doesn't have an "Irene." Everyone needs one. I'm so lucky to have one!

Lindsey



Lindsey Proctor

Bill Kaloudis

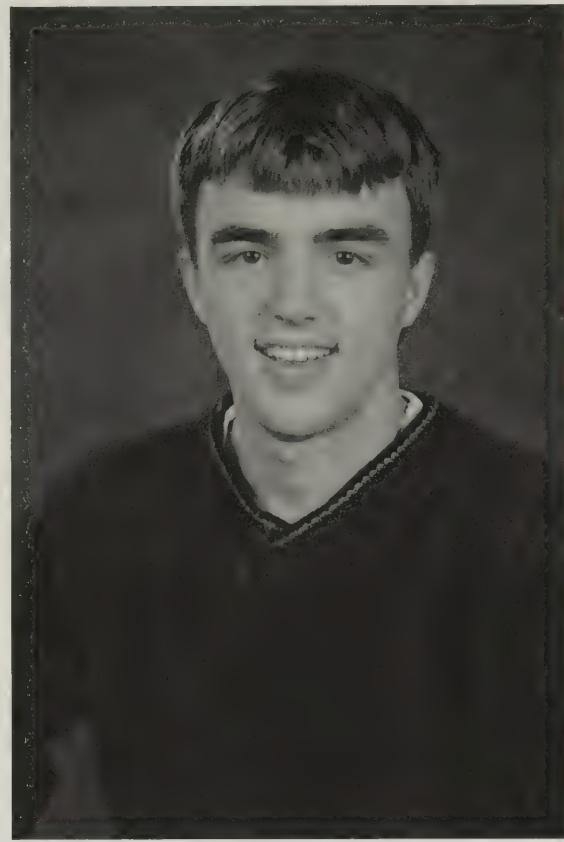


Bill,
We are all so very proud of you. We could not have asked for a better son. Congratulations, believe in yourself and may all your dreams come true.

Love,
Mom, Dad,
Diana, Zack and
Caroline



*Snips and snails and puppy dog tails,
That's what little boys are made of...*



Nick Sutton

You were determined to do it your way, always over things and not around and having two older sisters made it tough. As a little boy, you liked being adventurous and made friends easily. Even the postman would leave bubble gum with the mail. Having all the sand out of the sandbox with your tonka truck was so much fun... You were all boy! Those were the days. As you grow into a young man, may you always keep a part of that little boy. Remember to always try your best and you will succeed. The future is yours.

Love,

Mom, Dad
Kristi and Josi



"Our Girl,
She Crawled,
She Walked,
She Ran,
She Jumped,
She Played,
Now she is ready to fly"



"The grand essentials to happiness in this life are something to do, something to love, something to hope for."

J. Addison

Katie Rogers



"We Love You,"
Mom & Dad



Rosanna Dominguez & Jeremy Jordan

From Pre-school



To

Prom



Friends...they cherish
each other's hopes.
They are kind to each
other's dreams.

-Henry David
Thoreau



Love Always,
Your Families

Chris Davis

To my Son,

Chris, you have grown up before my eyes! I can't believe it's graduation time! You were such a GREAT kid and you have turned into an EXCEPTIONAL man. No matter how grown-up you get, you will always be my baby!

Now it's graduation and the first chapter of your life is over. I hope and wish that the next chapters of your life are filled with love and success and the kind of happiness that comes from your heart and soul.

Congratulations on your graduation!

Love you more than all the sand in the world!!

Mom



Congratulations and Best Wishes,
Life is a bowl of peaches and cream,
Enjoy the fruit and savor the sweets!

Love Always,
Dad & Ronda

**Jillien
Jobson**





**Sam
Ratcliff**



**Chris
Price**

We all take different paths in life, but no matter where we go, we take a little of each other everywhere.



DREAM BIG!
THERE IS
LITTLE
POWER IN
LITTLE
PLANS.



Congratulations!
All our love,
Your Families

"Hanging in there,"... one of life's most important lessons.

Congratulations and best wishes.

Love,
Grandma, Grandpa Perdue and Nick



Rebecca Perdue



I've seen you grow up into such a beautiful young woman. I am very proud of you and I know you'll accomplish all of your dreams.

Love,
Cathy and Jessie





Christina Zahn



Congratulations Christina! You have filled our lives beyond our wildest expectations and provided memories we will cherish forever. In every community we lived, we saw you grow, succeed, and make great friends. Follow your dreams, always remember that life's greatest rewards come from special relationships with family and friends. We are so proud of you and will always love you.

Mom, Dad, and Laura



Lauren Edmonds

We are so proud of the young lady that you have become. Continue to follow on the path that God leads you and remember that we will always be here for you!

We love you,
Dad, Mom, and Joseph



Go Gators!



“Being confident of this very thing,
That he which hath begun a good
work in you Will perform it until the
day of Jesus Christ”

Philippians 1:6

Irene Patricia Yanello



- You started your life an army brat; born in Frankfurt, Germany...then growing up in Arizona, Kansas, Tennessee, Kentucky, Stuttgart, and Virginia.

- Having been in many schools and overcoming obstacles, you have shown what a strong, sensitive, caring and amazing person you are.

- You have accomplished so much early in life, and we are beyond words on how proud we are of you!

Love,

Mom, Dad, Sara,
and Vincent



Katherine Lindberg



*Katherine,
So many treasures
await you in your
journey of life and being
blessed with you has
been ours. You are the
daughter everyone
wishes they had. Our
love will always be with
you.
Mom, Dad, Kristian,
Shannon, Ashland and
Kiersten*





Katherine Lindberg & Matt Hirschberg

People don't talk much about the love friends have for one another. We talk about liking friends, but some friends add so much to our lives that "like" just isn't strong enough...

There is a special bond between two friends that once found can never be broken, shattered or misplaced. The two of you were lucky and found that bond at an early age. Always stay true to your friendship.

Love,
your families



Jake Hollingsworth



Remember the words from Grandaddy: "Work hard and good things will follow. I am always with you."
~ Tommy Green
PHS class of 50



Jake,
We are so proud of your accomplishments.
Love,
Mom, Elliott, Josh & Justin



You've *run* a long way
Jonathan !!



Best Wishes
from your
family !





Kathleen Ann Rabon

~Pussycat~

You have been a joy since birth and we have loved watching you grow into a wonderful young woman. We feel we are truly blessed. Wishing for you all the best life has to offer.

*Love you always,
Mom & Dad*



Erin Connolly



Erin,
We are so proud of you today and every day.
The combination of your
determination, intelligence,
personality, honesty, and beauty makes us
confident of your success in life.
DON'T let them tell you NO!
Love,
Mom, Dad, Larissa, Brian & Matrasa



Missy,
You have been a blessing in our lives. You have
always strived to do your best and we are very
proud of you. May all of your dreams and goals
in life be fulfilled. Remember that we'll always
be here to support you.

We love you!
Mom, Dad, and Family



Missy
Beimler



Matthew Hirschberg



State of Mind

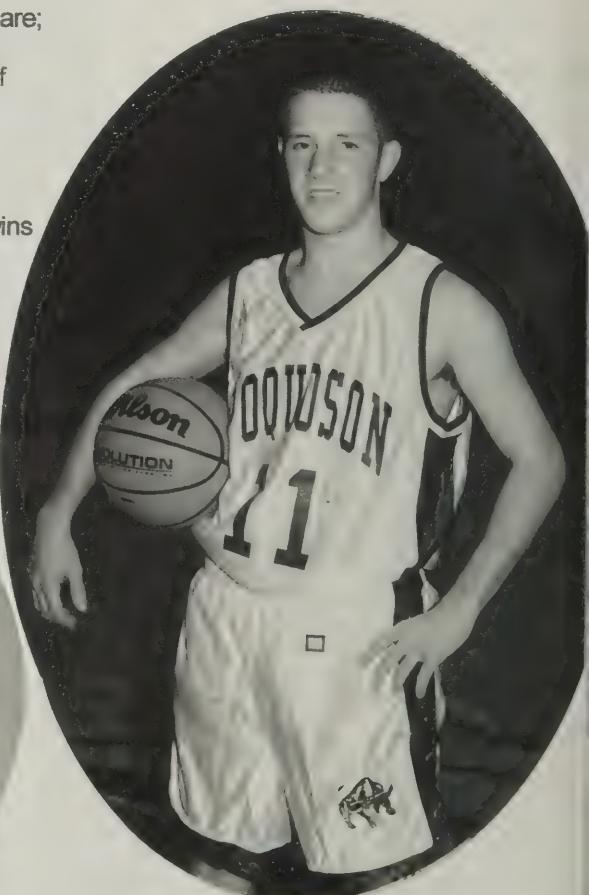
If you think you are beaten, you are;
if you think you dare not, you don't.
If you like to win, but think you can't,
it's almost a cinch you won't.

If you think you'll lose, you're lost;
for out in the world we find
success begins with a fellow's will;
it's all in the state of mind.

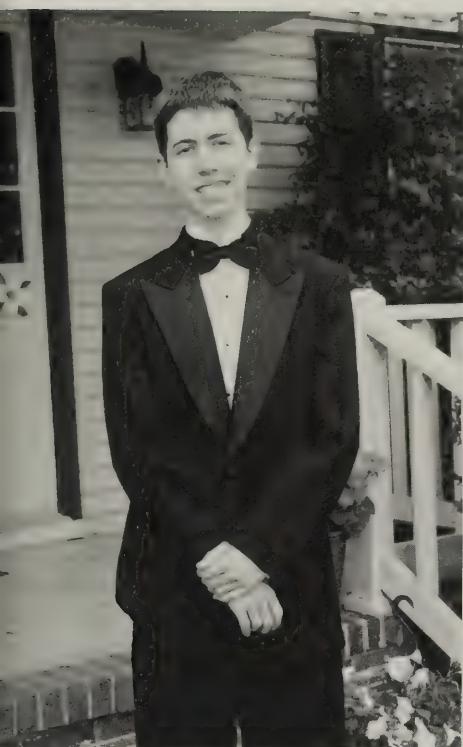
If you think you're outclassed, you are;
you've got to think high to rise,
you've got to be sure of yourself
before you can win the prize.

Life's battles don't always go
to the stronger or faster man;
but sooner or later the man who wins
is the man who thinks he can.

Congratulations Matt!
I KNOW you can!
Love, Mom



Congratulations, Jeremy T. Moore!



AS YOU JOURNEY FORTH, TAKE
WITH YOU:
-TREASURED MEMORIES
-HOPE FOR THE FUTURE
-AND THE LOVE OF YOUR
FAMILY

MUCH LOVE,
DAD, MOM, AND KRISTI



1st Runner Up Virginia State Cheerleading



Timothy

We are so proud of you !

Determination has always been your strongest characteristic !

Allow that determination to carry you far in life.

Be determined to always give your best, be your best, & do your best.

Always let God lead in your life and your life will be blessed.

Whether you're surfing the waves in Tahiti or cheering at the Super Bowl,
remember that we love you and you are always in our hearts.

To Timothy, my dearly beloved son: Grace, mercy, and peace,
from God the Father and Christ Jesus our Lord"

(II Timothy 1:2)

Dad, Mom
Becca, Randall, Cacky





Diane Barnes,

You have been a joy and a blessing to our lives. You have grown from our "Little Princess" to a lovely young woman. Good Luck at East Carolina University. We are very proud of you. May God bless you and direct your paths.

Love,
Your Family





Cristoforo Russo

FALO #2,

AS TOUGH AND
BURLY YOU SEEM
TO BE, THE TEDDY
BEAR IN YOU IS ALL
WE SEE.

ALL OUR LOVE
FOREVER,
DAD, MOM, JOSIE,
ANNA, & JOEY



Debbie Wilkinson

Debi's is a kind & generous heart
She is very smart
Debi's not just a survivor
She is a thriver
She is tough
but not too rough
Her family is truly blessed
because she's the best.
We love you dearly Deb,
Mom, Dad, John,
Becky, & David



Marc Famiglietti

Congratulations Marc

We are very proud of all you have accomplished. The rest of your life is up to you and we will support and love you no matter what road you choose.

Love.

Mom, Steve, & Mikey



Christie McReynolds



If you think you can win with God's help you will! You will be a wonderful nurse! You are smart, kind, beautiful inside and out, gentle and strong in your faith and Christian walk! I'm so proud of you! Your beautiful smile brings joy to everyone! You are such a blessing and you have brought so much happiness into my life! Keep up the beautiful music of your flute and the song in your heart and keep up your Spanish! Congratulations on all your achievements and the many to come! We love you!

Mommie
and
Rebecca

Mark 9:23



The Lord is my light and my
Salvation, whom shall I fear?

Psalms 27:1

Jessica Leigh Tuten



We are so proud of you and all your accomplishments. You always have a fierce determination to do well at whatever you attempt. Keep that spirit, stay focused, and reach for the stars. You can do anything you put your heart and mind into. Cherish your memories and make new ones each day.

Good luck at William and Mary!



Christine Kutchen

"We are very proud of you. We wish you much success in your future!"

Love,

Mom & Dad Lawson



"Though High School is over, life is just beginning. I wish you the best of luck in all that you do.

Remember to keep trying and keep your head up. I will be by your side."

Love ya,

Ryan





STARKEY
MOORE



Congratulations Starkey,
On a great high school experience. We are very proud
of you for all you have accomplished and the
obstacles you have overcome. The future is yours.

Love,
Mom, Dad, Jamie, and Justin Moore





**The World is your stage.
Go out and take hold.
We are very proud of you!!
...Break-A-Leg...
We love you,
Mom, Dad, and Cody**

CORIE DUMONT



Joel

You are - from precious baby days to now - the most personable companion - sensitive, determined, passionate, faithful, caring, and fun. May your life be filled with joy and grace.

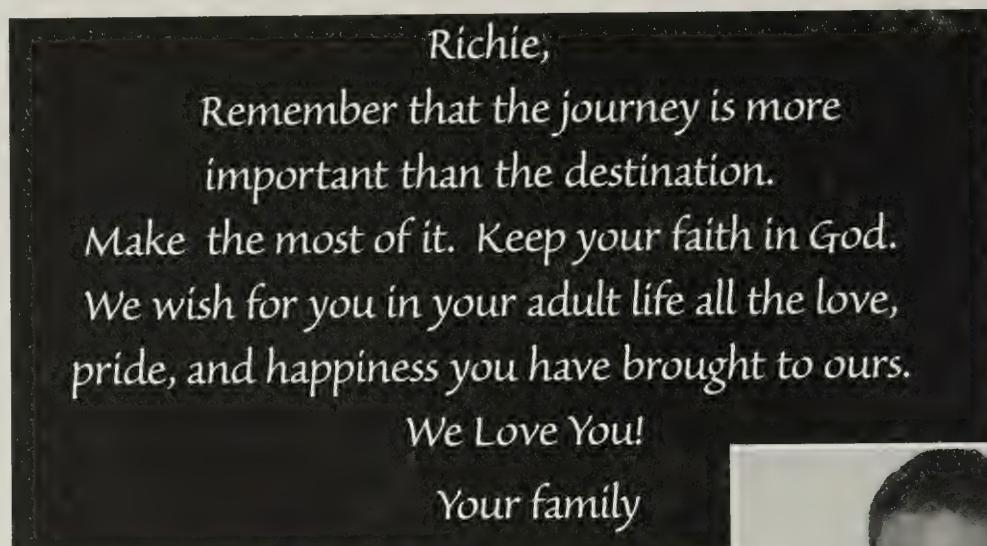
All our Love,
Mom, Dad, Maryanne,
Susanna, and Eileen

**Joel
Sanderson**

**"Be Thou
My Vision, O
Lord of my
heart...
...Waking or
sleeping,
Thy
presence
my light."
- ancient Irish
hymn**



Richie Wightman



Jessica Tuten & Kellyn Larrabee

Dear Jessica,

I can't believe the time is actually here where we are about to graduate and go into the real world without each other.

There has never been a time that I can remember where you weren't there when I needed you or when you needed to come to me. I will never ever forget the funny, heartfelt, and just plain awesome memories we have made with each other. I just wanted to thank you so much for being an awesome best friend and being there for me even when it seemed like our busy schedules wouldn't allow it. I just wanted to let you know that you will always have a place in my heart, and I hope we never lose our friendship.

Friends always and forever,
Kellyn



Dear Kellyn,

Through thick and thin we have had each other. For years now you have always been the one person I can turn to no matter what. I know we may have drifted apart at some points, but we always found our way back to each other. All the memories we have made hold a special place in my heart. I know no matter where we go in life, we will always have each other. You are irreplaceable! I love you like a best friend and sister!

Love and friendship forever,
Jessica

ALEXIS HANNA



You are the light of our lives. Go out into the world and make your own way. Whichever way you choose, we're certain you'll make us proud. We love you!
-Mom & Dad



Congratulations National Merit Finalists



William Fithian



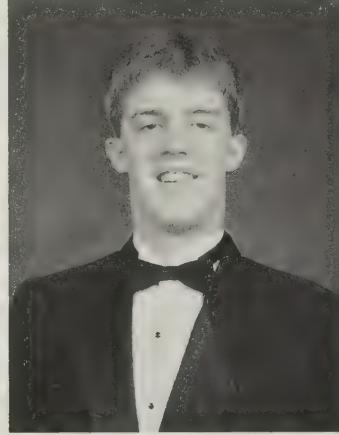
Grace Hou

These students achieved this status from their performance on the PSAT/NMSQT test which they took as juniors. Only the top 1/2% of scorers in the country receive this honor. Finalists are eligible for scholarships from colleges, corporations, and the National Merit Corporation.

National Merit Commended Students



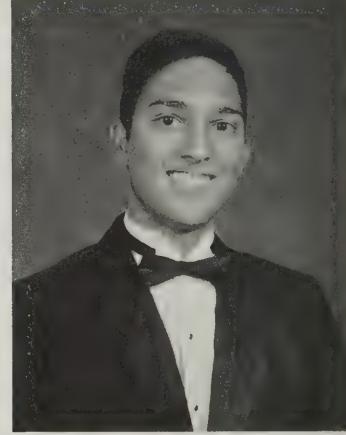
Ryan Gibson



Brent Meyers



Katie Northcutt



Ronnie Parikh

Commended students scored nationally in the top 5% on the junior PSAT/NMSQT.

Presidential Scholars



William Fithian



Grace Hou

The White House Commission on Presidential Scholars recognizes up to 141 students from across the country for their superior academic achievement, personal characteristics, leadership, and service activities or fine arts accomplishments. Two of the three Virginia students are William S. Fithian and Grace C. Hou. They were honored for their accomplishments during a National Recognition Week in June and received the Presidential Scholars Medallion at a ceremony sponsored by the White House.

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After Prom wasn't just fun and games. "My mom decided to help out with an After Prom room, so she had Amy and me get our friends together for a painting party. We painted life-size cutouts of Disney characters for almost six hours. We ordered pizza and sodas and listened to music. The paint ended up on more than just the pictures," senior Emily Turnage said.

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Unscrewing the saddles to the bridge of his guitar, junior Steven Worley puts on his new parts. "I've been wanting a new guitar for a long time, but I didn't have enough money to buy the kind of guitar that I wanted. Since I had an old guitar that I never really played, I decided to fix it up and customize it," Steven said. Steven replaced the tuning machines, pickguard, input jack, and pickups.

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Dribbling the ball, senior Maria Zagursky plays soccer on the girls' varsity team. "I enjoy playing soccer in general, but I especially enjoy playing for PHS because I have tons of fun with my teammates," Maria said. As the team grew closer together, the game became more enjoyable for all team members.

The team reached the Region I post-season games.



Bubbling an answer, sophomore David Myers works through the American Math Contest. "I thought the AMC was hard. A few questions were easy, but most were impossible. I took it because I wanted to test my knowledge against other students," David said. Students also participated in VA Math League, placing first in the region.





After hearing his name called, senior Young Choi walks to the podium during the awards ceremony to receive the R. Fletcher Grey Award. "I feel great and terrible. I feel great because I got the award. I feel terrible because other people deserve the award more than me," Young said. Choi's determination in overcoming a language barrier earned him the honor.



As he watches his ball roll toward the hole, junior Dave Porter spends some time in the golf room at After Prom. "I did really well at golf. I had a hole in one earlier. Tiger Woods better watch out," Dave said. Students enjoyed activities including games in classrooms, BINGO in the cafeteria, and rock climbing in the gym.

WE ARE . . . The Bull Islanders

The Bull represented both our mascot and our pride. "Breaking through barriers and charging ahead" accompanied a mural of a bull in the Commons. The Bulls followed this motto and displayed its theme both in and out of school.

The Bulls never failed in displaying their pride. "I show my pride by taking part in activities and supporting athletic teams. It's great to go to basketball and football games sporting PHS colors and showing Islander pride," senior Maggie Bowden said.

The Bulls reached the post-season in football, basketball, baseball, and both boys' and girls' tennis. They reached state competition in academic challenge, debate, and forensics, and world competition in OM. The band earned the school's first VA Honor Band Award. The SCA donated a \$2000 sidewalk to the school grounds. The Bulls raised \$3000 to be donated to the charity soccer tournament supporting breast cancer research. They broke through barriers and charged ahead. We Are The Bull Islanders.

WE ARE . . .



The Bull Islanders

Fastening the pin to his collar, Principal Donald Bock awards senior David Knight with the Order of the Bullpen honor. "I can't describe how honored I feel about receiving this award. I'm just thrilled to know that I have made a difference in Poquoson. It's such a great place; I know next year's seniors will make it even better," David said. The Order of the Bullpen was also awarded to teachers Mr. Kenny Bennett and Mrs. Denise Junghans for their contributions to the school.





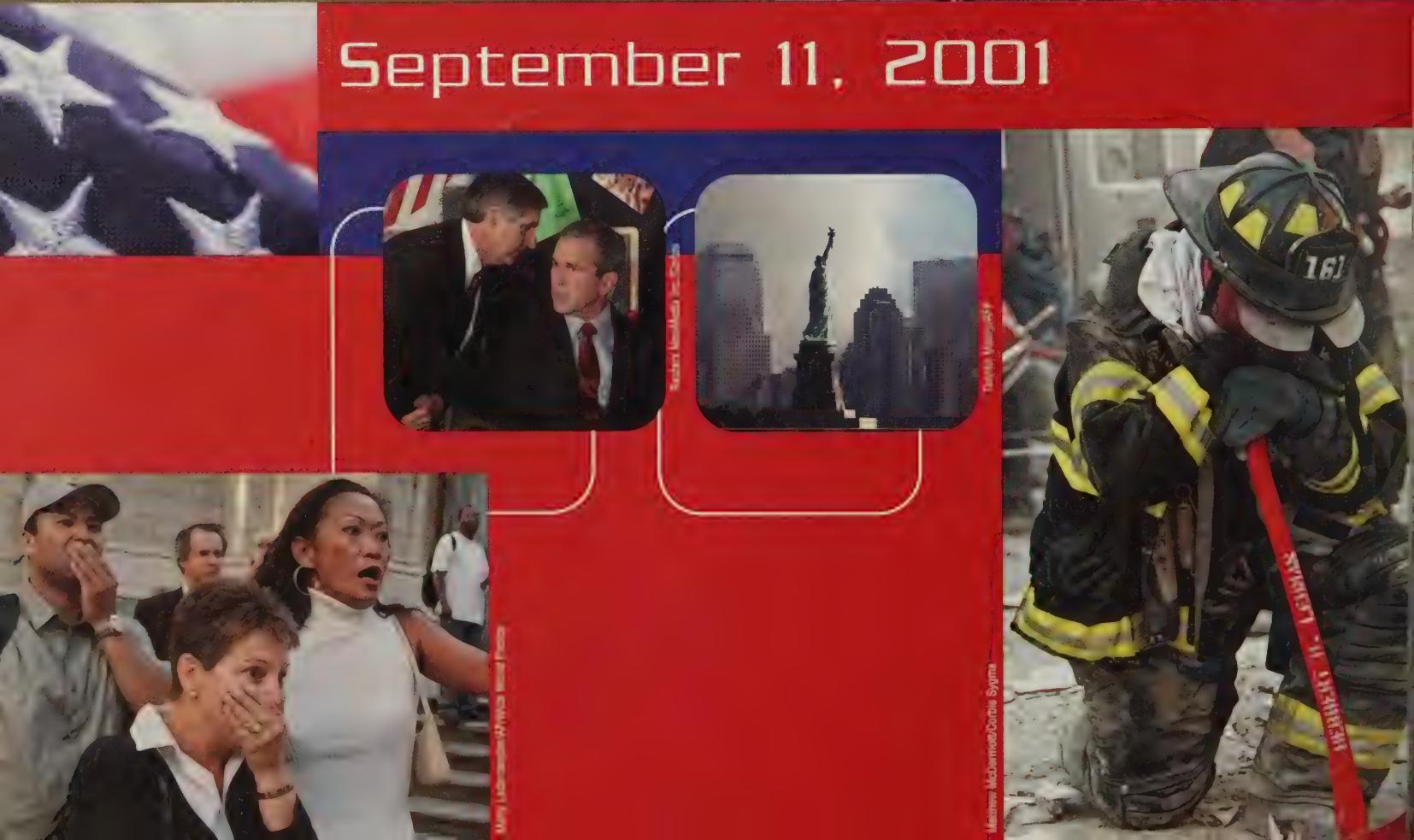
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A portion of the proceeds from all World Beat sales will go directly to the September 11 Jostens Disaster Relief Fund.





September 11, 2001





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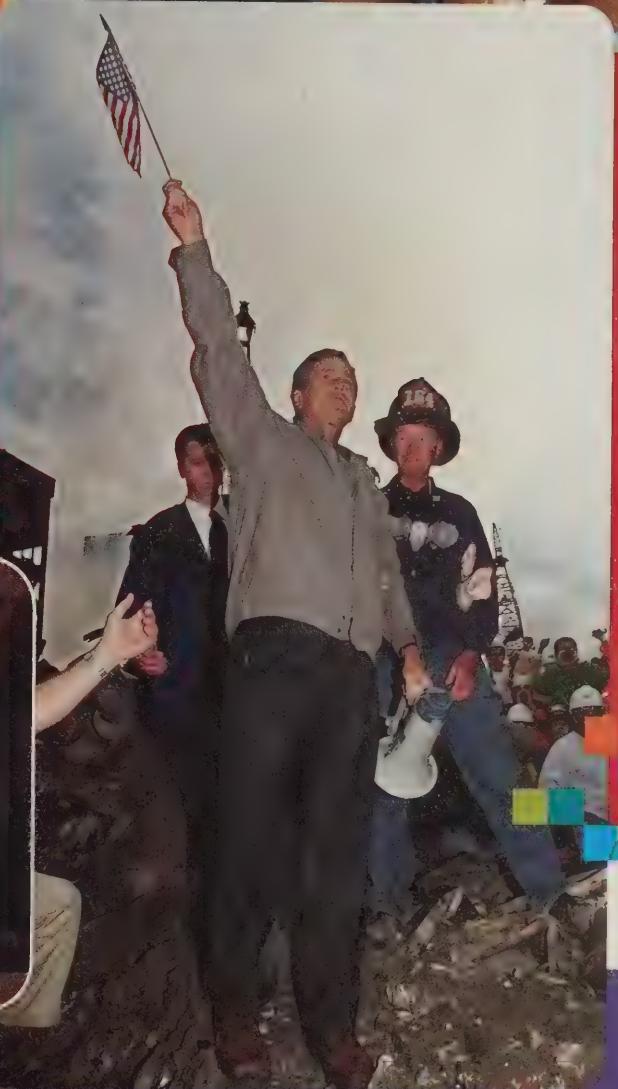
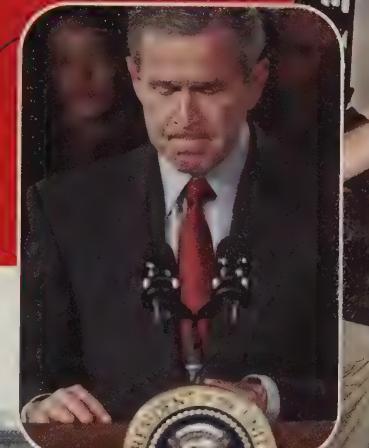
"We will rally the world to this cause by our efforts, by our courage. We will not tire, we will not falter and we will not fail."

Reuters NewMedia Inc./Corbis

—President George W. Bush



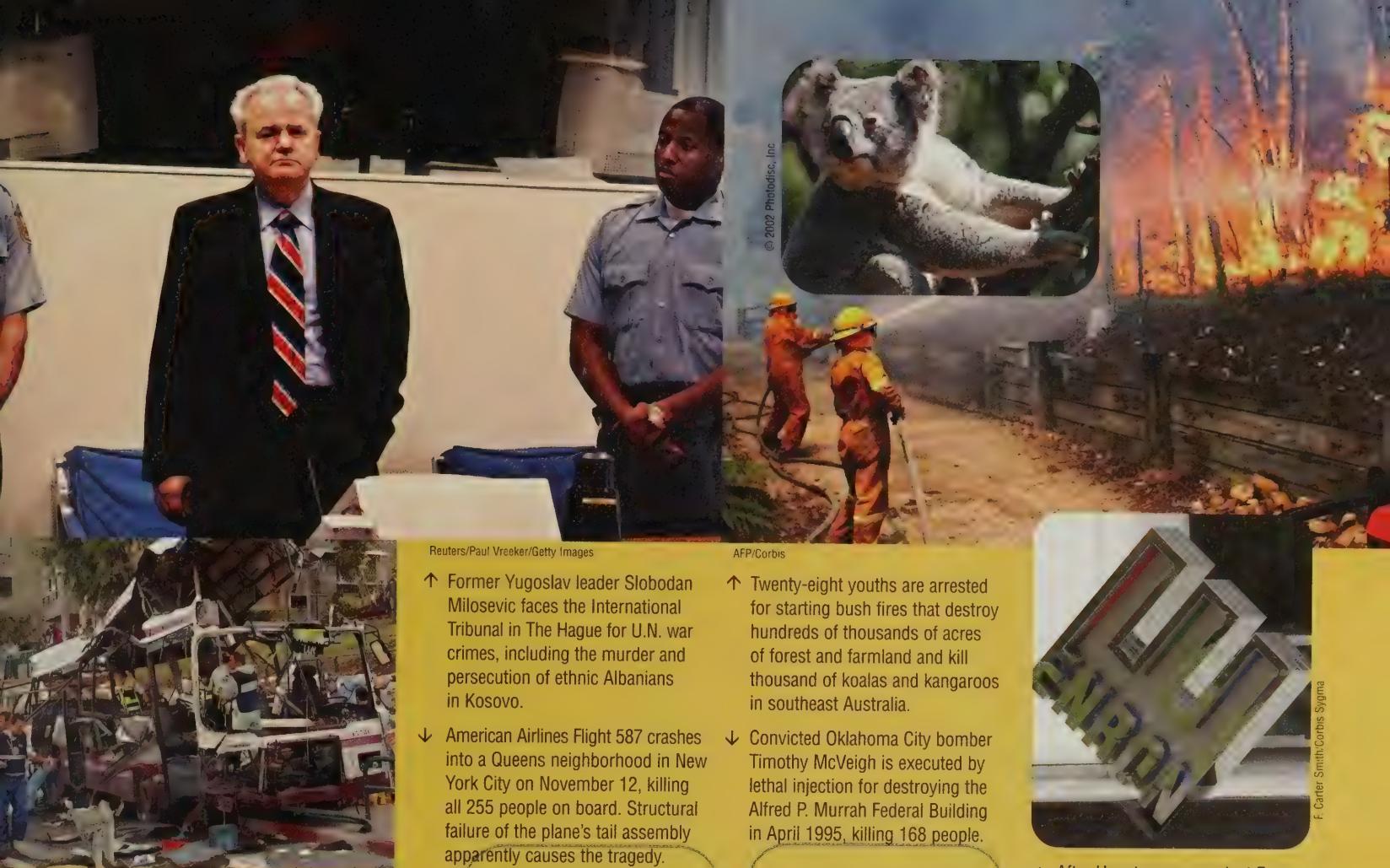
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Doug Mills/AP/Wide World Photos



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↑ Violent Israeli-Palestinian confrontations escalate as Prime Minister Ariel Sharon and PLO Leader Yasser Arafat struggle to find an answer to their countries' ongoing hatred for one another.

↓ The U.S. welcomes overwhelming support and aid from dedicated allies in Operation Enduring Freedom, including Great Britain's Prime Minister Tony Blair.

↑ Former Yugoslav leader Slobodan Milošević faces the International Tribunal in The Hague for U.N. war crimes, including the murder and persecution of ethnic Albanians in Kosovo.

↓ American Airlines Flight 587 crashes into a Queens neighborhood in New York City on November 12, killing all 255 people on board. Structural failure of the plane's tail assembly apparently causes the tragedy.



Chris Gardner/AP/Wide World Photos

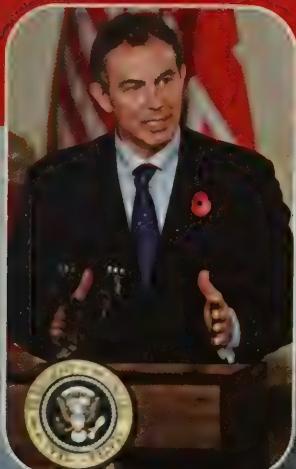
↑ Twenty-eight youths are arrested for starting bush fires that destroy hundreds of thousands of acres of forest and farmland and kill thousands of koalas and kangaroos in southeast Australia.

↓ Convicted Oklahoma City bomber Timothy McVeigh is executed by lethal injection for destroying the Alfred P. Murrah Federal Building in April 1995, killing 168 people.



Gamma Presse Images

↑ After Houston energy giant Enron collapses, thousands lose their life savings, accounting firm Arthur Andersen encounters accusations of unethical practices, and the General Accounting Office sues the Executive Branch for confidential transcripts in its investigation of the scandal.



FRICK BOWMAN/AP/Wide World Photos

↓ U.S. and allied forces mount Operation Enduring Freedom in Afghanistan, driving the repressive Taliban regime from power.

↓ President Bush establishes a new cabinet position, Director of Homeland Security, to coordinate the fight against domestic terrorism. Former Pennsylvania governor Tom Ridge becomes the first incumbent.

AFP



J. Scott Applewhite/AP/Wide World Photos

↓ As Operation Enduring Freedom begins, the U.S. military airdrops food rations to the starving people of Afghanistan.



REBA JAHANZADEH/AP/Wide World Photos

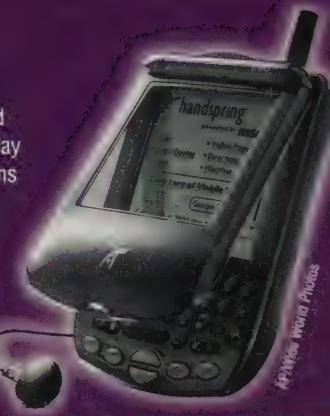




Issue Inouye/AP/Wide World Photos

← In November, stargazers are treated to a spectacular shooting star display as the Leonid meteor shower returns after a 33-year absence.

→ Combination PDAs and cellular phones take portable communication to the next level of convenience.



AP/Wide World Photos

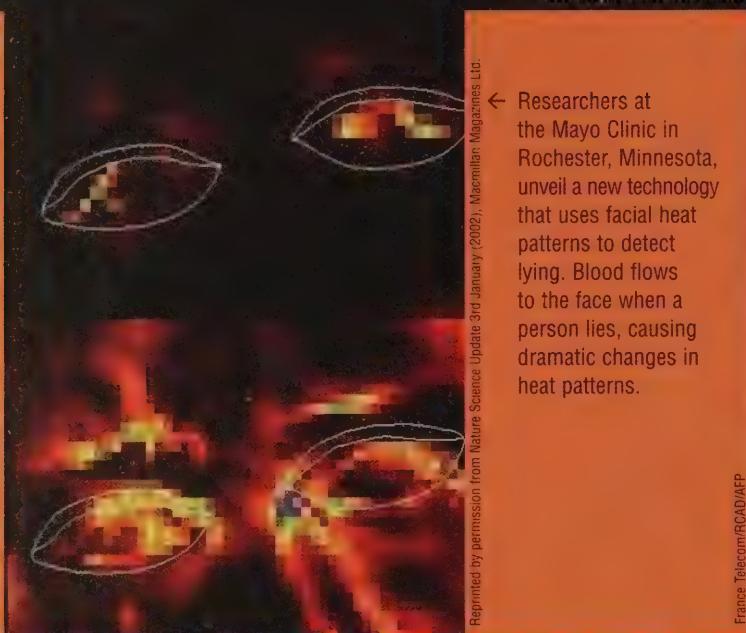
↓ American surgeons in New York perform the first remote control surgery. Signals sent through fiber-optic lines enable robotic surgical arms to operate on a gallbladder patient in France.



France Telecom/RCA/AFP

← Researchers at the Mayo Clinic in Rochester, Minnesota, unveil a new technology that uses facial heat patterns to detect lying. Blood flows to the face when a person lies, causing dramatic changes in heat patterns.

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Sci-Tech



Dr. Vargas Nikas, SPL Photo Researchers, Inc.



↑ Scientists at Massachusetts General Hospital discover that beauty triggers a brain response in men that is similar to reactions to cocaine and money.

← President Bush approves stem cell research, but only on cells already extracted. The research is highly controversial because extracting the cells kills human embryos.



Bruce Bedford/AP/Wide World Photos

↑ Winter weather buffs are left out in the heat as Americans experience record warm temperatures across the country in December and January.

→ Scientists report that vast fields of carbon dioxide ice are eroding from the poles of Mars. Over time, this could possibly prompt the return of water to the Red Planet.

AP/Wide World Photos

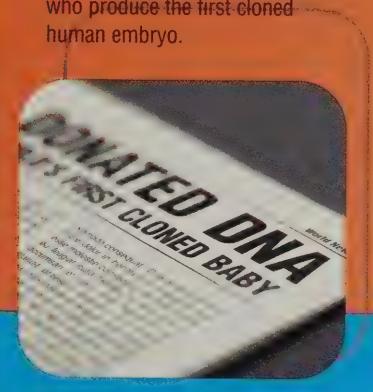




Reuters/Charles Platiau/Getty Images

↑ A new class of giant squid is discovered. The new squid can grow to lengths of 25 feet, and has fins and 10 spidery arms with elbows.

Japan Marine Science and Technology Center



↓ Dr. Judson Somerville donates his own DNA to researchers who produce the first cloned human embryo.



AP/Wide World Photos

↑ On November 7, the supersonic Concorde airplane flies for the first time since the July 2000 crash that killed 113 people. Flight F002 travels from Paris to New York in just under four hours.

↓ Scientists in Argentina discover several 80-million-year-old unhatched dinosaur eggs with petrified dinosaur embryos inside.

↓ Apple releases the sleek new iPod, allowing users to store up to 1,000 digital song files for on-the-go enjoyment.



Reuters NewMedia Inc./Corbis

↑ The MR2 camera pill allows doctors to examine the inside of the human intestine without surgery. Patients swallow the "pill," which transmits digital images to a data recorder.



Courtesy of Apple Corp. via Getty Images



Reuters/Jim Bourg/Getty Images

↓ The Segway Human Transporter, a gyro-controlled scooter invented by Dean Kamen, is tested by police and postal workers in several states.

ABIOMED/Getty Images





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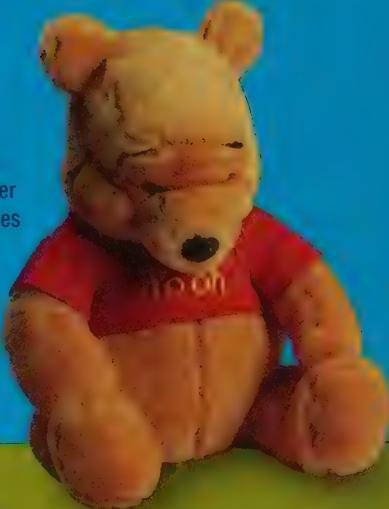
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Marnie Crawford Samuelson

← The American economy enters a recession in March 2001, and the situation worsens significantly after September 11. Unemployment rises to its highest rate in six years.

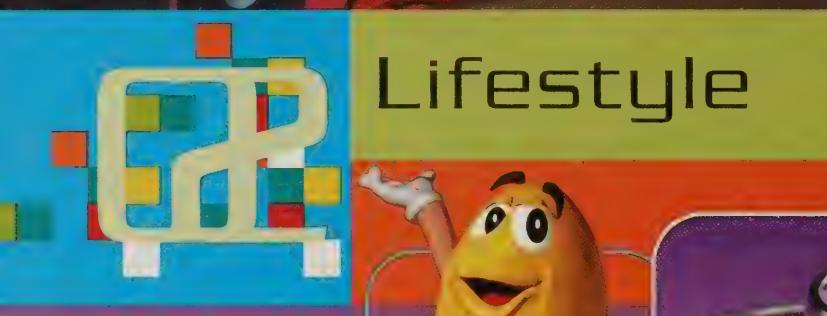
→ Winnie the Pooh, fondly known by countless children and adults as "the tubby little cubby all stuffed with fluff," celebrates his 75th birthday.



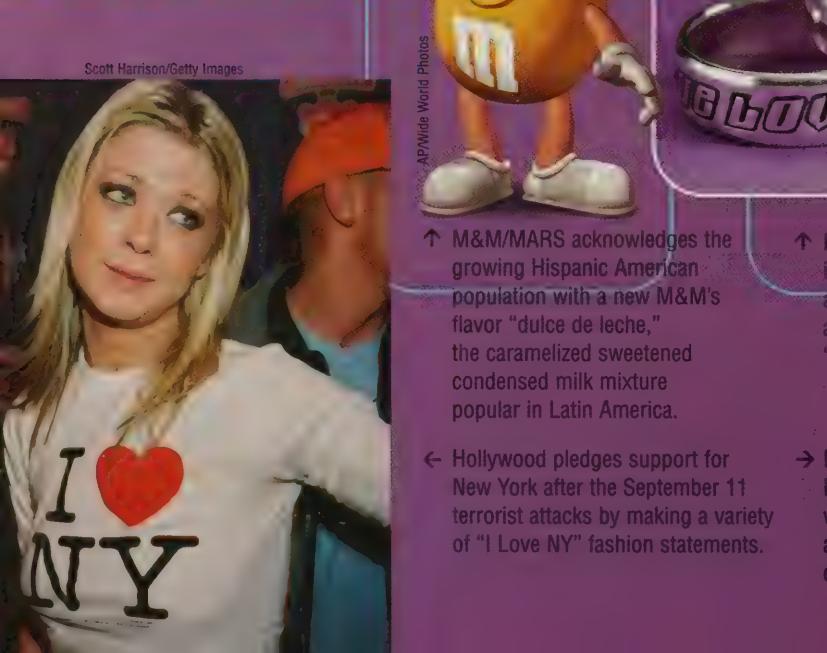
↓ Popular shoemaker Vans releases a shoe of a different color—white shoes that turn yellow, pink or blue in the sunlight.



← Summer camps that teach skills to prepare children for the business world become popular with career-conscious kids and parents.



Lifestyle



↑ M&M/MARS acknowledges the growing Hispanic American population with a new M&M's flavor "dulce de leche," the caramelized sweetened condensed milk mixture popular in Latin America.

← Hollywood pledges support for New York after the September 11 terrorist attacks by making a variety of "I Love NY" fashion statements.

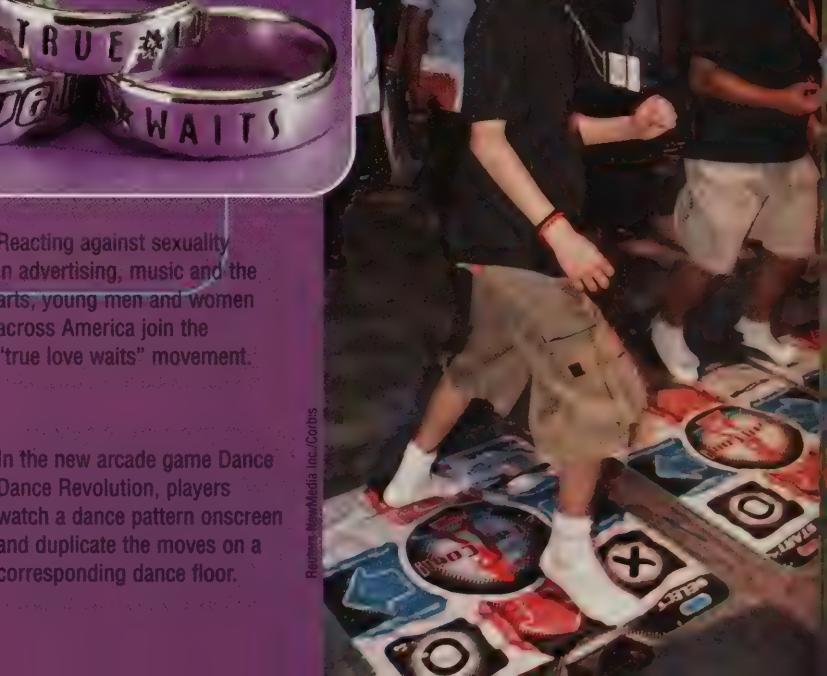


↑ Reacting against sexuality in advertising, music and the arts, young men and women across America join the "true love waits" movement.

AP/Wide World Photos

→ In the new arcade game Dance Dance Revolution, players watch a dance pattern onscreen and duplicate the moves on a corresponding dance floor.

REUTERS/NewsMedia Inc/Corbis





Reuters/Walter Fritz/Hulton Archive/Getty Images



Wilfredo Lee/AP/Wide World Photos

↑ Bobbleheads make a comeback, representing not only sports figures but also pop music superstars such as 'NSYNC.



©2002 Photodisc, Inc.

↑ Hoping to perpetuate its mystique with motorcycle fans, Harley-Davidson unveils the V-Rod, its first new "hog" in a half-century.

↓ Teens across the country are on a roll with retro style roller skates and the newest fad: shoes with retractable wheels.



↑ The *Journal of the American Medical Association* reports that childhood obesity has reached epidemic proportions thanks in part to larger fast food servings and in-school soda machines.

↓ Cover Girl turns lips into a work of art with LipArt. The new fad comes complete with stencils, a freestyle lip brush and 26 shades for creating unique lip designs.



PepsiCo

↑ Extreme soda drinkers receive another huge jolt of caffeine as Mountain Dew introduces its newest beverage—cherry flavored Code Red.



Samuel Hoffmann/AP/Wide World Photos

← Topps releases an "Enduring Freedom" card set featuring portraits and bios of many leaders involved, including President Bush and Secretary of Defense Donald Rumsfeld.

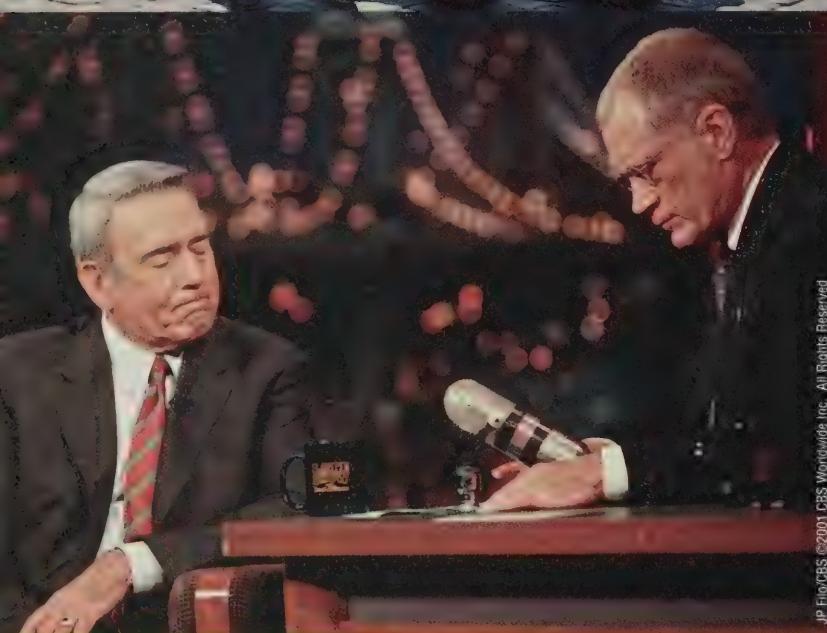


← The American flag shows up anywhere and everywhere as patriots across the country display their support for U.S. troops battling in Operation Enduring Freedom.



← Shrek and Donkey, voiced by Mike Myers and Eddie Murphy, hit the theaters to teach a valuable lesson about true love in *Shrek*.

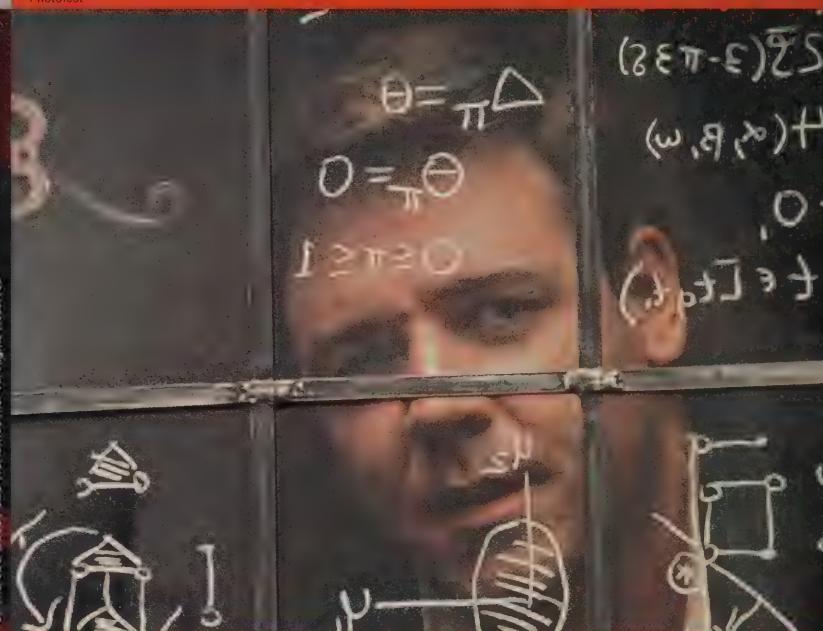
→ MTV, the first television network devoted exclusively to popular music, celebrates its 20th anniversary.



← CBS's "Late Show with David Letterman" helps people cope with their emotions in the weeks after the September 11 terrorist attacks.

Photofest

→ Russell Crowe receives his third straight Oscar nomination for Best Actor with his challenging role as a paranoid-schizophrenic in *A Beautiful Mind*.



Entertainment

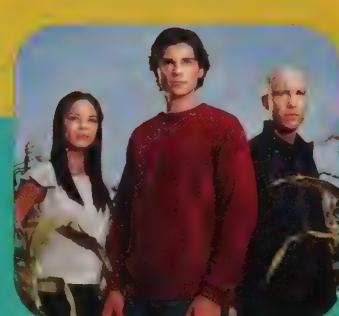


Reuters/Monty Brinton/CBS/Getty Images



↑ 1970s Swedish band Abba enjoys revival in the Broadway smash hit *Mamma Mia!* The musical features three intertwined love stories and over 20 of Abba's greatest hits.

← The Emmy Awards for Best Actress and Best Supporting Actress in a Comedy go to CBS's "Everybody Loves Raymond" stars Patricia Heaton and Doris Roberts.



Reuters/Frank Ockenfels/The WB/Getty Images

↑ The WB scores a flyaway hit with "Smallville," the story of Superman's high school years. The show stars newcomer Tom Welling as the young Superman.

→ Actor Josh Hartnett solidifies his role as a leading man in Hollywood with a pair of blockbuster war movies: *Pearl Harbor* and *Black Hawk Down*.



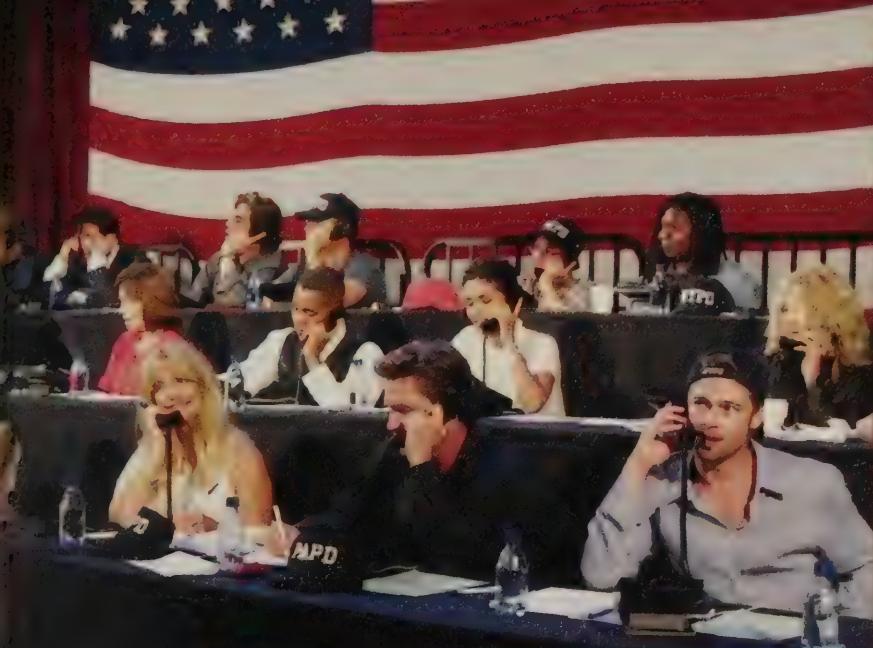


Photo ©Berliner Studio/BE

AP/Wide World Photos

↑ Entertainers and major TV networks come together in historic fashion for the "America: A Tribute to Heroes" telethon, raising over \$150 million for September 11 relief efforts.

↓ Nintendo's Gamecube and Microsoft's X-Box enter the video game market to compete with Sony's smash-hit PlayStation 2.



Photofest

↑ Popular WB TV series "Buffy the Vampire Slayer" receives rave reviews for presenting an entire episode as a musical.

↓ The highly anticipated movie *Harry Potter and the Sorcerer's Stone* sets records for opening weekend, and first, second and third place single-day box-office totals.



Newshakers/Getty Images



Photofest



Photofest

↑ Kiefer Sutherland stars in Fox's Golden Globe winner "24." The show is delivered in two dozen real-time episodes based on one action-packed day in the life of fictional CIA agent Jack Bauer.

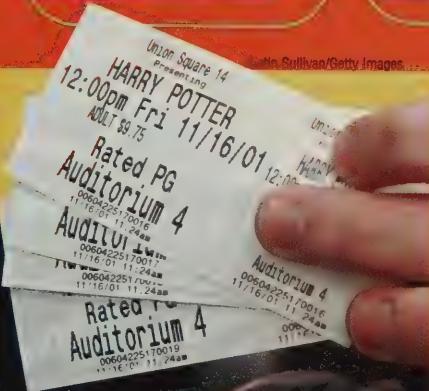


Photo ©Sullivan/Getty Images

Photofest



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↑ Sony Pictures, Warner Bros., Universal, MGM and Paramount movie studios discuss the joint creation of Moviefly—the first Internet-based downloadable movie rental system.

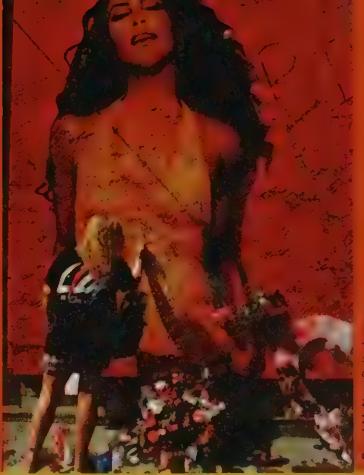


ED BOSCH/ALAMY PHOTOS/RETNA LTD USA

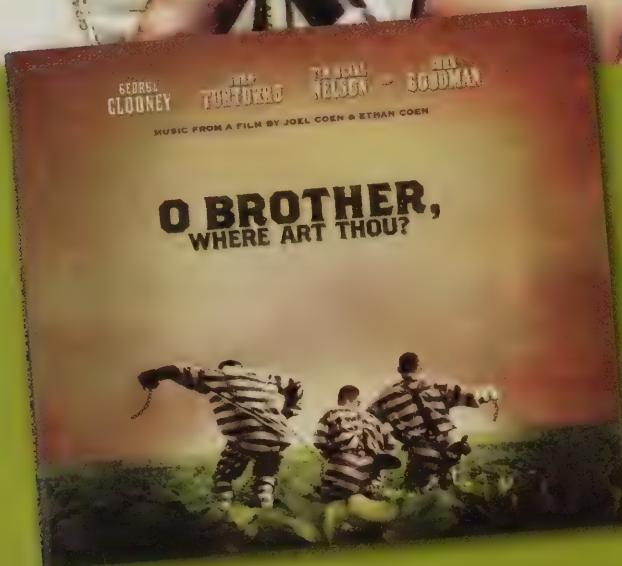


← Popular rapper Ja Rule is nominated for the 2002 NAACP Image Awards Outstanding Hip-Hop/Rap Artist for the song "Livin' It Up."

→ Singer/actress Aaliyah is killed in a private plane crash in the Bahamas. During her eight-year career, Aaliyah released three hit CDs and appeared in several feature films.



David McNew/Getty Images

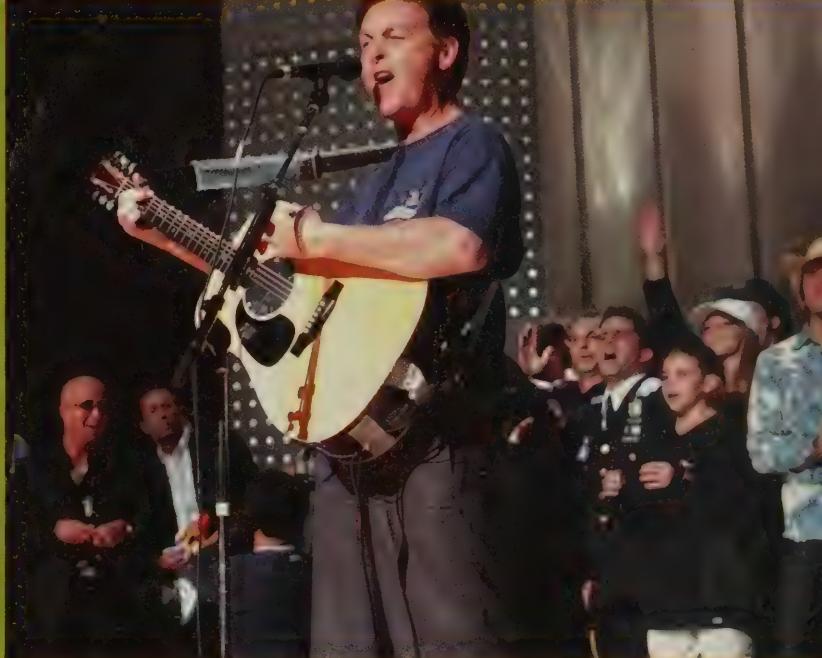


↑ The music from the hit movie *O Brother, Where Art Thou?* becomes country music's top-seller for 2001 and receives a Grammy nomination for Album of the Year.

ALL ACTION FILM MAGICAL ACTUATION Ltd. USA

Kevin Mazur/WireImage.com

↓ Musicians join together for several concerts, including The Concert for New York City, to pay tribute to the victims and raise money for recovery efforts after the September 11 terrorist attacks.



Music

Randi Lynn Beach/Getty Images



↑ Neil Young's song "Let's Roll" celebrates the spirit of the passengers who overtook hijackers on Flight 93 in Pennsylvania on September 11.

Carlos Alvarez/Getty Images

← Colombian music sensation Shakira brings her high-energy Latin pop to the U.S. with her first English-language album, *Laundry Service*.



↑ To benefit AIDS research and September 11 relief efforts U2's Bono recruits musicians to record Marvin Gaye's "What's Going On." Participating artists include Nelly Furtado, Fred Durst, Gwen Stefani, Moby and many more.

Ethan Miller/Vegas Sun/Corbis Sygma

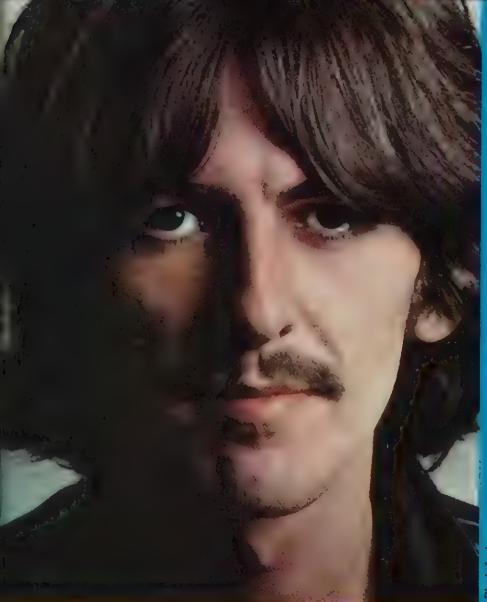
→ Modern rock group Incubus storms onto the music scene with the release of the widely acclaimed album *Morning View*.





Reuters/Ethan Miller/Las Vegas Sun/Getty Images

Shawn Baldwin/AP/Wide World Photos



Photoest

↑ Legendary Beatles' guitarist George Harrison, the so-called "Quiet Beatle," dies after a three-year battle with cancer.

↓ Rock bands like P.O.D. use their faith to help bring the Christian rock/pop music message into the mainstream music scene.

Zach Cordiner/Retna Ltd. USA



Eric Jamison/AP/Wide World Photos



Nick Laham/Newsmakers/Corbis Images

↑ Irish rock group U2's Elevation Tour is the top-grossing tour of the year, earning U2 the title of Band of the Year from both *Spin* and *Rolling Stone* magazines.

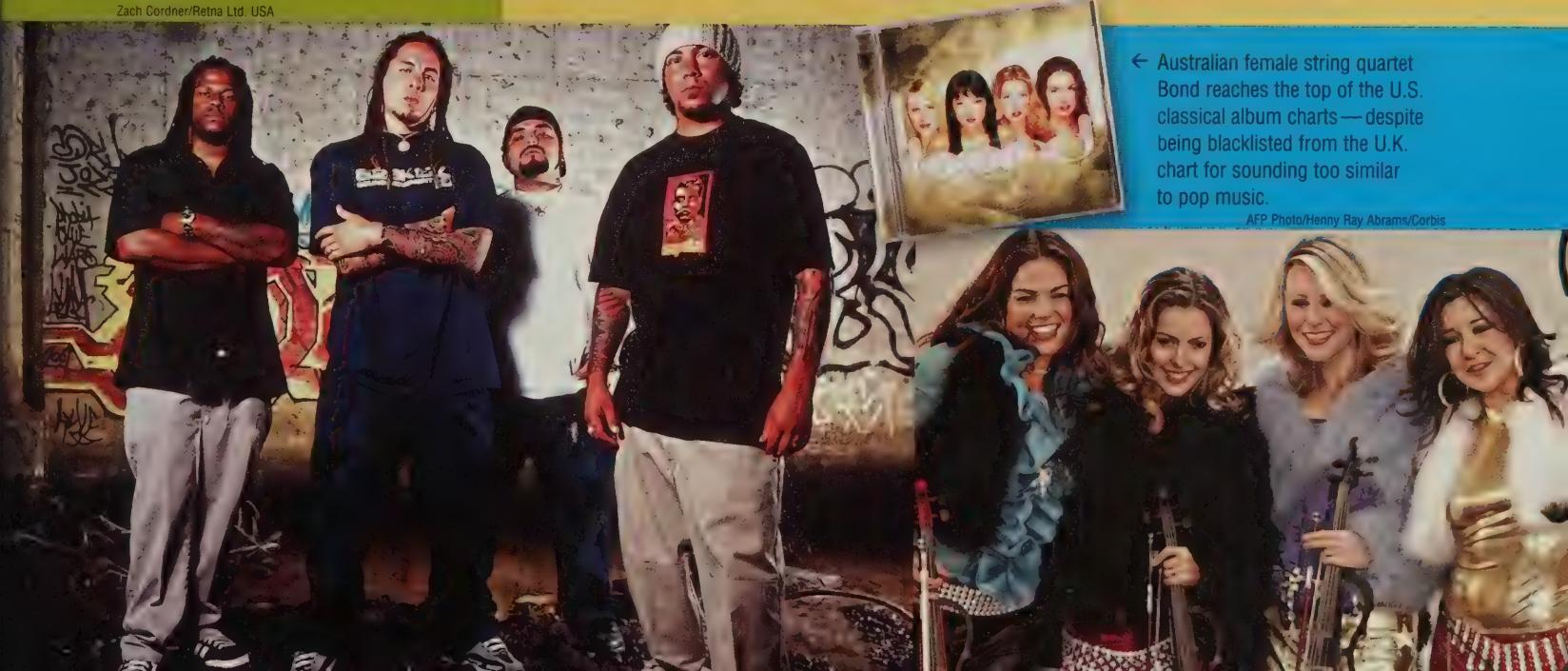
↓ Fatboy Slim wins six MTV Video Music Awards for his video for the song "Weapon of Choice," featuring a dancing Christopher Walken.

↑ Alicia Keys wins two American Music Awards for Favorite New Artist in both the Pop/Rock and the Soul/R&B categories for her debut release *Songs in A Minor*.

↓ Country singer Tim McGraw wins five *Billboard* Music Awards, including Country Album of the Year for *Greatest Hits*.

↑ Limp Bizkit guitarist Wes Borland leaves the band to pursue his own musical career.

Eric Jamison/AP/Wide World Photos



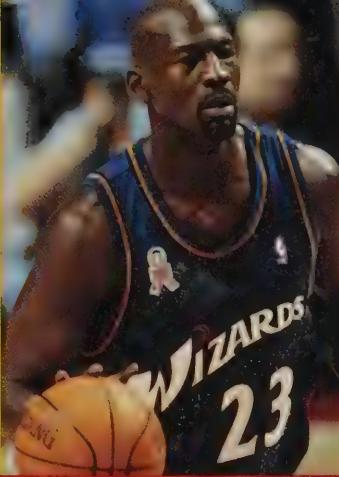
← Australian female string quartet Bond reaches the top of the U.S. classical album charts — despite being blacklisted from the U.K. chart for sounding too similar to pop music.

AFP Photo/Henny Ray Abrams/Corbis

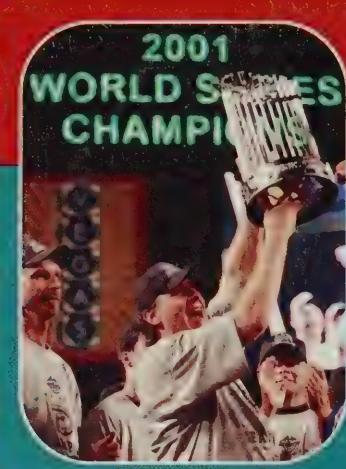


← The 14-point underdog New England Patriots shock NFL viewers by kicking a dramatic last-second field goal to upset the St. Louis Rams 20-17 in Super Bowl XXXVI.

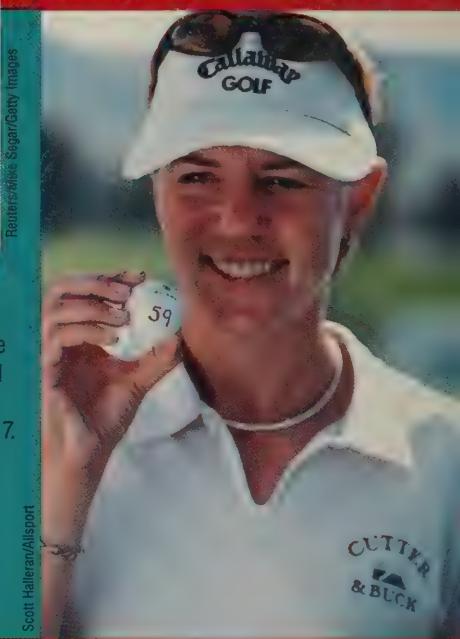
→ Michael Jordan, 38, returns to the NBA with the Washington Wizards. Jordan fills arenas nationwide and propels the previously doormat Wizards to instant respectability with an over-500 record.



Diane Burleson/AP/Wide World Photos



↓ Swedish golf superstar Annika Sorenstam wins the 2001 money title, eight tournaments and Player of the Year, and sets over 30 LPGA records, including the all-time low score of 59.



Reuters/Keystone/Sygma

Scott Halleran/Allsport

↑ The Arizona Diamondbacks stun the New York Yankees to win the World Series with a two-run rally in the bottom of the ninth inning of Game 7.

← San Francisco's Barry Bonds makes baseball history with 73 home runs and an astounding slugging percentage of .863—both all-time records.

Sports



Reuters/Mike Blake/Hulton Archive/Getty Images



↑ After her team loses only five games all season, playoff MVP Lisa Leslie leads the Los Angeles Sparks over the Charlotte Sting to win the 2001 WNBA Championship.

Danny Loh/Salt Lake Tribune/Corbis Sygma



↑ Snowboarders Danny Kass, Ross Powers and J.J. Thomas give the United States its first medals sweep in the Winter Olympics since 1956.

← In July, Dale Earnhardt Jr. wins the Pepsi 400 in Daytona, Florida. Ironically, Earnhardt's victory comes on the same track where his father died just five months earlier.

→ In November, NASCAR superstar Jeff Gordon wins his fourth Winston Cup Championship.



Larry Gibson/AP/Wide World Photos



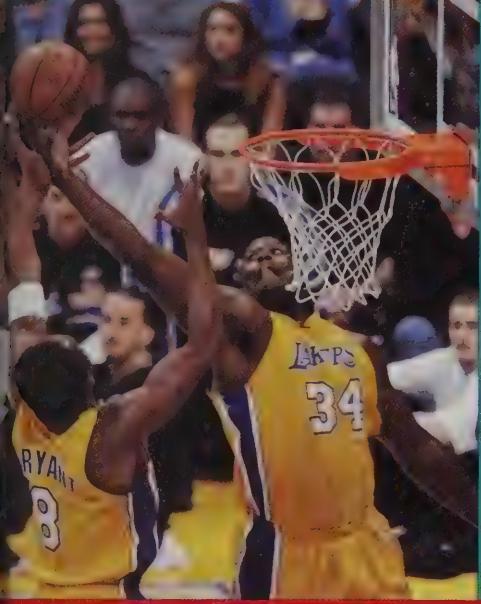
David Martin/AP/Wide World Photos

↑ Former Georgia high school homecoming queen Ashley Martin becomes the first female to score in Division 1-AA college football by kicking three extra points for Jacksonville State.



David Zalubowski/AP/Wide World Photos

↑ The Colorado Avalanche skate to victory in the 2001 NHL Finals against the New Jersey Devils, marking the first Stanley Cup win for 20-year veteran Ray Bourque.



Jeff Gross/Getty Images

↓ Future Hall of Famers Tony Gwynn, Mark McGwire and Cal Ripken Jr. all retire from major league baseball at the end of the 2001 season.

Reuters NewMedia Inc./Corbis

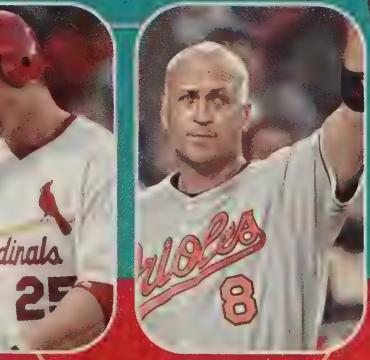
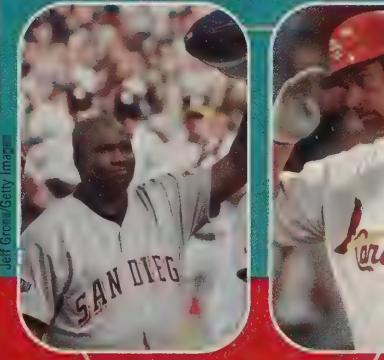
Bill Greenblatt/Corbis Sygma

Kevin Sullivan/OCR/WireImage.com



Rick Stewart/Allsport

↑ In 2001, superstars Kobe Bryant and Shaquille O'Neal propel the Los Angeles Lakers to their second straight NBA title.



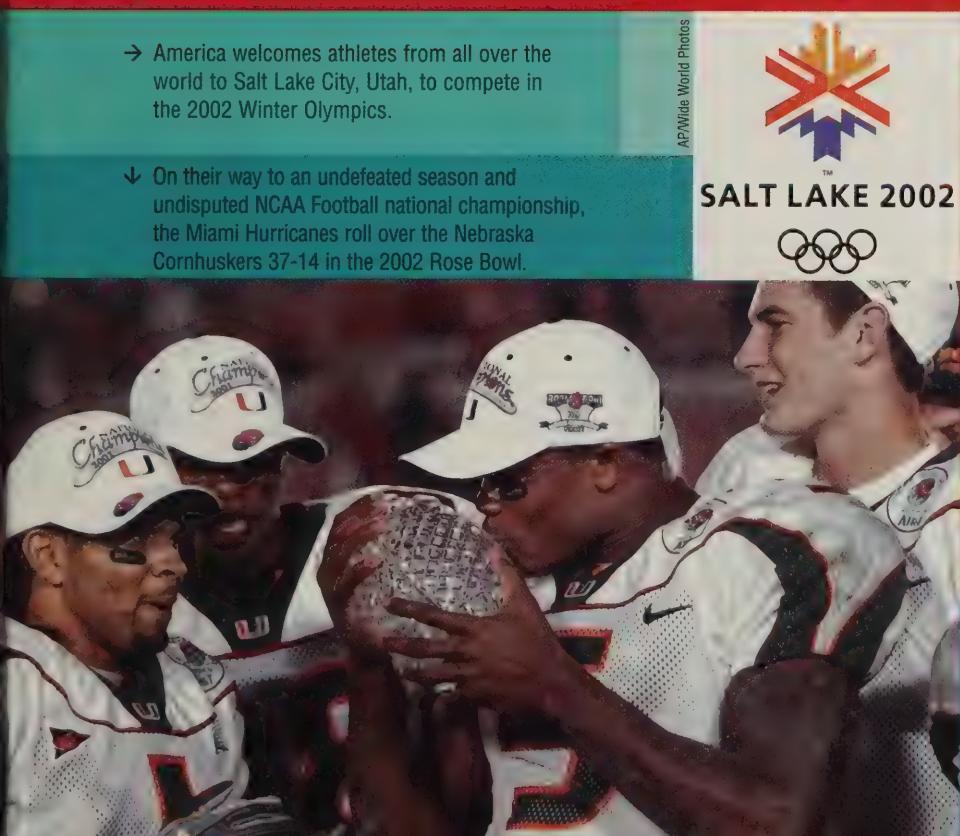
↑ The NFL season begins on a tragic note when Minnesota Vikings tackle Korey Stringer collapses at practice and dies a day later from heatstroke complications.

→ America welcomes athletes from all over the world to Salt Lake City, Utah, to compete in the 2002 Winter Olympics.

AP/Wide World Photos



↓ On their way to an undefeated season and undisputed NCAA Football national championship, the Miami Hurricanes roll over the Nebraska Cornhuskers 37-14 in the 2002 Rose Bowl.



↑ In the first Saturday night women's U.S. Open final, tennis ace Venus Williams defeats her younger sister Serena 6-2, 6-4.

Mark J. Terrill/AP/Wide World Photos

Amy Sancetta/AP/Wide World Photos



← An estimated 350 search-and-rescue dogs brave fire, dehydration, toxic fumes and rubble collapse as they comb the World Trade Center wreckage for survivors and victims.

→ Terrorist mastermind Osama bin Laden tops the FBI's most wanted list for his role in the September 11 terrorist attacks.

FBI TEN MOST WANTED FUGITIVE

MURDERER OF U.S. NATIONALS INSIDE THE UNITED STATES CONSPIRACY TO MURDER U.S. NATIONALS OUTSIDE THE UNITED STATES, ATTACK ON PUBLIC PLACES AND OTHER CRIMES AGAINST HUMAN BEINGS

USAMA BIN LADEN



Source: FBI. Photo: AP/Wide World Photos. For Color, See Page 10. Also Available: Standard Colors

DESCRIPTION

| | |
|-------------|--------------------------|
| Sex: | Male |
| Height: | 5'7" (1.70 m) |
| Weight: | Approximately 165 pounds |
| Color: | Black |
| Complexion: | Dark |
| Hair: | Black |
| Eyes: | Dark |
| Markings: | None |

CAUTION

OSAMA BIN LADEN IS WANTED FOR THE TERRORIST ATTACKS ON THE UNITED STATES AIRLINES IN 2001, THE TERRORIST TAOS AND KABUL, AFGHANISTAN, AND THE TERRORIST ATTACKS AGAINST THE UNITED STATES

RWARD

The United States Government is offering a reward of up to \$25 million for information leading directly to the apprehension of Osama bin Laden.

www.fbi.gov



Nick Ut/AP/Wide World Photos

← New York Mayor Rudy Giuliani makes many public appearances in an effort to make New Yorkers and all Americans less afraid to return to normalcy after September 11.

Daniel Hulshizer/AP/Wide World Photos

← Sarah Jane Olson, once known as Kathleen Soliah, is charged with domestic terrorism as a member of the Symbionese Liberation Army in the 1970s and sentenced to 20 years to life.

→ Hired as campus spokesmen for First USA Bank, New Jersey high school seniors Chris Barrett and Luke McCabe become the first students to finance their college educations through corporate sponsorship.



Faces



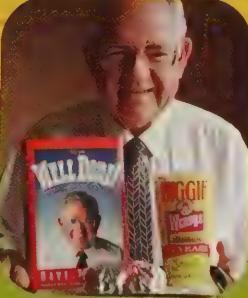
Joe Buissink/AP/Wide World Photos

→ Actress/singer Jennifer Lopez marries dancer/choreographer Cris Judd in September.



James Hill/Gamma Images

↑ Wendy's founder and familiar television figure Dave Thomas succumbs to liver cancer at age 69.



Chris Kasson/AP/Wide World Photos

↑ NBC's TV game show "The Weakest Link" gains popularity thanks to the assertive demeanor of British hostess Anne Robinson.



Jill Connolly/AP/Wide World Photos

← John Walker Lindh, a 20-year-old California native, becomes a prisoner of war after he is found in Afghanistan fighting for the Taliban forces. As a U.S. citizen, Walker may face charges of treason.



James Hill/Gamma Images

jostens

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WE ARE



Colophon

"We Are..." the 48th volume of the Poquoson High School's *Islander*, was published by Josten's Publishing in Winston-Salem, North Carolina, with a press run of 625 copies. The student cost of the *Islander* was \$45. The theme was created at the 2001 Herff Jones conference, Gettysburg Yearbook Experience Plus, by editor-in-chief David Knight.

The 292-page annual has 48 pages of color and is printed on 80 and 100 pound gloss paper. Endsheets are printed on natural paper with maroon ink. The *Islander*'s maroon, craftline embossed cover is of a mission grain with a hot-foil metalay. Clubs, faculty, sports, senior, and underclass pictures were provided by Candid Color photographers. Other special school events were also covered by Candid Color. Yearbook pages were created on Pagemaker 6.5 and submitted on disk to Josten's Publishing.

The captions in Lifestyles appeared in Palatino 8 with the first two words of every caption being in the italicized style. Headlines were written in Mistral 24 and Nueva BoldExtended 18. Alternative copy fonts included the following fonts and point sizes: AvantGarde 10, Colossal Bold 10, and Palatino 10. In Events, the headline fonts were GillSans UltraBold 65 and Nueva Roman 12. Body copy appeared in Helvetica 10 with a start letter of Helvetica 120, and captions appeared in Palatino 8. Alternative copy fonts included Impact 100, Palatino 12, and Bookman 12. The byline font was Pepita MT 12. Sports' captions were in Arial 8 with the first three words in bold and italicized. Team lists were in Arial 8 and bylines in Palatino 12. Hobo 84 and Santivo Light 18 were used for the headlines. Body copy font was written in Arial 10 with a start letter of Arial 82.5. Academics fonts appeared in Arial 12. Ozwald 28 and Helvetica 12 were fonts used in the headlines and Palatino 10 as the bylines of Clubs. Club pictures were captioned in Nueva Roman 8 and candid pictures were captioned in Palatino 8 with the first sentence in Nueva Roman 10. Alternative copy appeared in GillSans UltraBold 35, Nueva Roman 18, Helvetica 10, Palatino 9, and Poetica Chanceryl 15. Body copy was written in Garamond 11 with initial letters in Ozwald 31.3. Seniors used Biffo MT 10 for names and Myriad Tilt 8 for statistics. Body copy appeared in Arial 10, while captions appeared in Arial 8 with initial letter in Hobo 22.8. Headlines appeared in Hobo 48 and subheads in Hobo 14. The fonts of the alternative copy included Lithos Regular 24, Joanna MT 9, Lithos Regular 25.6, Hobo 22.8, and Arial 8. Alternative copy of Underclass was Nueva Roman 12, Bellevue 12, Myriad Roman 10, Freestyle Script 29.2, Biffo MT 11, and Myriad Roman 11. The headline for Underclass was Freestyle Script 48 with initial letter Freestyle Script 145, and the subhead was University Roman 18. The byline was Santivo Roman 10. Underclass names appeared in Arial 10. The copy in Academics section was Palatino 10 with subhead in 18 and captions in Helvetica 8. The mainhead was Helvetica 60, with alternative copy in Palatino 12 and 36. The Opening and Closing included University Roman 70, Viva Regular 16, 37, 63, 109.5 Viva Regular 109.5, Arial 12 and 16. Divider fonts were comprised of University Roman 100, Viva Regular 14, 35.5, 90, 103, Bellevue 14, and Arial 10 and 14.

The 2000-2001 *Islander* won several honors, including Columbia Scholastic Press Association Silver Medalist. It also received First Class from the National Scholastic Press Association with Marks of Distinction in coverage, concept, and writing and editing.

The 2001-2002 *Islander* staff would like to thank all of the people who contributed to "We Are..." especially our Josten's Company representative, Mr. Joe Boocks, our advisor Mrs. Dott VanDervort, and our friend Mrs. Debbe Goddin, for their patience and guidance.



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